

'Sticky Challenges'

Overview & Purpose: Short fun activity to promote problem solving skills, cooperation and collaboration.

Description: Teams unravel a full roll of masking tape within the confines of a marked boundary.

What you will need: A roll(s) of 1 inch masking tape.

Numbers: Suitable of teams of 8 to 15.

Time: 15 – 30 minutes.



1 Part one: Mark out an area with chalk, masking tape or cord sufficient for the team to assemble, put their arms out and rotate gently without touching others in the team.

2 Part two: Explain to the team(s) they must unroll the whole roll of paper masking tape.

3 Part three: The team(s) must remain inside the marked area throughout the activity.

4 Part three: Explain The Tape, must not break; stick to itself, touch clothing or inanimate objects. The tape must remain in its shape (flat) at all times.

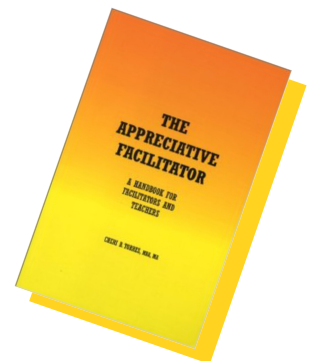
Accept the challenges
so that you can feel
the exhilaration of
....**SUCCESS**

Provide a learning ethos
where pupils
Accept Challenges
to develop their
Growth Mindset

This activity looks easy at the outset however it becomes more challenging as the team realise the length of the paper masking tape, it is at this point the team must accept and complete set challenges individually and collectively.

Tip for facilitators: The experiential learning model is enhanced through the appreciative enquiry and review process. Cheri B. Torres author of *The Appreciative Facilitator* (2001) provides tools for teachers and facilitators and holds a PhD in Educational Psychology specialising in Appreciative Enquiry and Collaborative Learning.

Alternatively we provide enhanced facilitation ideas in our book *The Pocket Facilitators Handbook* (Paul Lee (2013) Positive Images – Positive Effect).



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