

HIGHLAND WHOLEFOODS WORKERS' CO-OPERATIVE

# VEGAN PRICELIST

APRIL 2018



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
<b>BABYCARE PRODUCTS</b>	<b>BIO D</b>					
	NAPPY FRESH	10203	500g	12	2.86	Y
	<b>BEAMING BABY</b>					
	BABY WIPES ORG	19565	72wipe	12	4.53	Y
	BIO-DEGR NAPPIES JUN 15kg	21031	34pcs	4	14.29	N
	BIO-DEGR NAPPIES MAXI 7-11	21032	34pcs	4	11.99	N
	BIO-DEGR NAPPIES MAXI+9-15	21033	34pcs	4	14.84	N
	BIO-DEGR NAPPIES MIDI 5-8	21034	40pcs	4	13.19	N
	BIO-DEGR NAPPIES MINI 2-6	21035	20pcs	8	6.04	N
	NAPPY SACKS FRAGR DEGRDBLE	20535	60bags	10	2.99	Y
<b>BEANS &amp; PULSES, DRIED</b>	<b>HIGHLAND WHOLEFOODS PRE-PACKS</b>					
	ADUKI BEANS	6125	500g	6	2.35	N
	BLACKEYE BEANS	6497	500g	6	2.15	N
	BORLOTTI BEANS	6137	500g	6	2.18	N
	BUTTER BEANS	6499	500g	6	3.24	N
	CANNELLINI BEANS	6498	500g	6	2.45	N
	CHICKPEAS	6149	500g	6	2.35	N
	FLAGEOLET BEANS	6663	500g	6	2.99	N
	GREEN SPLIT PEAS	6500	500g	6	1.48	N
	HARICOT BEANS	12176	500g	6	2.10	N
	MARROWFAT PEAS	6182	500g	6	1.62	N
	MUNG BEANS	6188	500g	6	2.65	N
	PINTO BEANS	6235	500g	6	1.83	N
	RED KIDNEY BEANS	6245	500g	6	2.38	N
	YELLOW SPLIT PEAS	6281	500g	6	1.45	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	BLACK TURTLE BEANS	16896	1kg	6	3.36	N
	BLACKEYE BEANS	4914	1kg	6	3.75	N
	BORLOTTI BEANS	16897	1kg	6	4.46	N
	BUTTER BEANS	4915	1kg	6	6.08	N
	CHICKPEAS	4923	1kg	6	4.09	N
	FLAGEOLET BEANS GREEN LIMAS	16899	1kg	6	5.39	N
	GREEN SPLIT PEAS	4924	1kg	6	2.28	N
	HARICOT BEANS	4916	1kg	6	3.61	N
	RED KIDNEY BEANS	4918	1kg	6	3.99	N
	YELLOW SPLIT PEAS	4925	1kg	6	2.27	N
	<b>GREENCITY</b>					
	BEAN MIX DELUXE	14514	500g	5	2.59	N
	<b>OSPPIO</b>					
	BLACK TURTLE BEANS	13605	3kg	4	8.20	N
	BLACKEYE BEANS	4	3kg	4	7.99	N
	BORLOTTI BEANS	2063	3kg	4	10.40	N
	CANNELLINI BEANS	7	3kg	4	9.50	N
	CHICKPEAS	9	3kg	4	7.99	N
	GREEN SPLIT PEAS	45	3kg	4	3.99	N
	HARICOT BEANS	15	3kg	4	7.56	N
	MARROWFAT PEAS	27	3kg	4	4.50	N
	PINTO BEANS	31	3kg	4	7.80	N
	RED KIDNEY BEANS	34	3kg	4	8.25	N
	YELLOW SPLIT PEAS	47	3kg	4	3.75	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	ADUKI BEANS	23293	3kg	4	9.99	N
	FLAGEOLET BEANS	22783	3kg	4	13.85	N
	MUNG BEANS	22784	3kg	4	11.72	N
	SOUP MIX	23776	3kg	4	9.34	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACKS</b>					
	ADUKI BEANS ORG	14515	500g	6	2.50	N
	BLACK TURTLE BEANS ORG	22547	500g	6	2.08	N
	BUTTER BEANS ORG	14517	500g	6	3.14	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CHICKPEAS ORG 500G	6304	500g	6	2.69	N
	GREEN SPLIT PEAS ORG	14520	500g	6	2.10	N
	MUNG BEANS ORG 500g	22548	500g	6	2.93	N
	PINTO BEANS ORG	6327	500g	6	1.99	N
	RED KIDNEY BEANS ORG	6336	500g	6	2.15	N
	SEVEN BEAN MIX ORG	7771	500g	6	2.24	N
	YELLOW SPLIT PEAS ORG	22546	500g	6	1.65	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	ADUKI BEANS ORG	22706	1kg	6	4.85	N
	BEAN MIX ORG	22710	1kg	6	4.52	N
	BLACK TURTLE BEANS ORG	22704	1kg	6	5.00	N
	CHICKPEAS ORG	4893	1kg	6	4.95	N
	GREEN SPLIT PEAS ORG	22709	1kg	6	4.30	N
	HARICOT BEANS ORG	22703	1kg	6	3.90	N
	MUNG BEANS ORG	22702	1kg	6	5.58	N
	PINTO BEANS ORG	22707	1kg	6	3.85	N
	RED KIDNEY BEANS ORG	22705	1kg	6	4.15	N
	SOYA BEANS ORG	22711	1kg	6	3.50	N
	YELLOW SPLIT PEAS ORG	22708	1kg	6	3.25	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	ADUKI BEANS ORG 3KG	3	3kg	4	12.26	N
	BLACK TURTLE BEANS ORG 3KG	1657	3kg	4	14.11	N
	CHICKPEAS ORG 3KG	11	3kg	4	12.63	N
	GREEN SPLIT PEAS ORG 3KG	7507	3kg	4	10.58	N
	HARICOT BEANS ORG 3KG	17	3kg	4	9.38	N
	MUNG BEANS ORG 3KG	30	3kg	4	14.40	N
	PINTO BEANS ORG 3KG	33	3kg	4	9.28	N
	RED KIDNEY BEANS ORG 3KG	37	3kg	4	10.66	N
	SEVEN BEAN MIX ORG 3KG	17016	3kg	4	11.24	N
	SOYA BEANS ORG 3KG	44	3kg	4	8.18	N
	YELLOW SPLIT PEAS ORG 3KG	49	3kg	4	7.35	N
	<b>ORGANIC BULK</b>					
	ADUKI BEANS ORG 25KG	3B	25kg	1	90.57	N
	BLACK TURTLE BEANS ORG 25KG	1657B	25kg	1	69.67	N
	BUTTER BEANS ORG 5KG	23899	5kg	1	27.37	N
	CHICKPEAS ORG 25KG	11B	25kg	1	93.68	N
	GREEN SPLIT PEAS ORG 25KG	7507B	25kg	1	62.70	N
	HARICOT BEANS ORG 25KG	17B	25kg	1	66.72	N
	MUNG BEANS ORG 25KG	30B	25kg	1	108.47	N
	PINTO BEANS ORG 25KG	33B	25kg	1	65.77	N
	RED KIDNEY BEANS ORG 25KG	37B	25kg	1	77.30	N
	SEVEN BEAN MIX ORG 12.5KG	17016B	12.5kg	1	41.08	N
	SOYA BEANS ORG 25KG	44B	25kg	1	56.68	N
	YELLOW SPLIT PEAS ORG 25KG	49B	25kg	1	49.83	N
	<b>NON ORGANIC BULK</b>					
	ADUKI BEANS SACK 25KG	1	25kg	1	65.53	N
	BLACK EYE BEANS SACK 25KG	22064	25kg	1	62.95	N
	BUTTER BEANS SACK 25KG	25	25kg	1	128.97	N
	CANNELINI BEANS SACK 25KG	22465	25kg	1	75.00	N
	CHICKPEAS SACK 25KG	21272	25kg	1	71.43	N
	FLAGEOLET BEANS SACK 25KG	13	25kg	1	103.93	N
	GREEN SPLIT PEAS SACK 25KG	22060	25kg	1	26.99	N
	HARICOT BEANS SACK 25KG	22066	25kg	1	59.37	N
	MUNG BEANS SACK 25KG	14766	25kg	1	84.73	N
	RED KIDNEY BEANS SACK 25KG	22065	25kg	1	70.00	N
	YELLOW SPLIT PEAS SACK 25KG	22061	25kg	1	25.87	N
	<b>THE RAW CHOCOLATE CO</b>					
<b>SUPERFOODS</b>	CACAO NIBS FT ORG	23285	150g	6	4.20	N
	COCONUT PALM SUGAR ORG	22743	230g	6	3.63	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	HEMP PROTEIN POWDER ORG	22744	230g	6	7.99	N
	LUCUMA FRUIT POWDER GF ORG	21205	180g	6	8.49	N
	RAW CHOC COATED GINGER ORG FT	24755	28g	12	1.48	Y
	VIRGIN CACAO BUTTER ORG	22742	240g	6	7.99	N
	<b>SUN &amp; SEED</b>					
	CHIA SEED ORG	21521	90g	20	2.49	N
	<b>YAOH</b>					
	HEMP SEED HULLED ORG	14941	125g	1	3.89	N
	<b>LINUSIT</b>					
	LINUSIT GOLD	12945	250g	10	4.25	N
	MILLED FLAX SEED ORG	17692	450g	6	6.15	N
	SPROUTED FLAX POWDER ORG	16600	250g	6	4.99	N
	<b>NATURYA</b>					
	CHIA SEEDS ORG	23418	300g	6	7.62	N
	SPIRULINA POWDER ORG	23350	200g	6	11.40	N
	WHEATGRASS POWDER ORG	24000	200g	6	12.38	N
	<b>PREWETT'S</b>					
	GROUND FLAXSEED ORG	21752	175g	6	2.19	N
	<b>BIONA</b>					
	HEMP SEED WHOLE ORG	23461	250g	8	2.50	N
	<b>ARTISAN GRAINS</b>					
	CHIA SEEDS GF	21994	125g	6	2.99	N
	<b>LINWOODS</b>					
	FLAXSEED MILLED GF ORG	24209	425g	12	5.60	N
<b>BISCUITS &amp; COOKIES</b>	<b>BIONA</b>					
	MAPLE SYRUP WAFFLES ORG	22769	175g	12	2.29	N
	<b>DOVES FARM</b>					
	DIGESTIVE BISCUITS ORG	1507	200g	12	1.20	N
	FRUITY OAT DIGESTIVES ORG	10983	200g	12	1.49	N
	GINGER OAT BISCUITS ORG	21701	200g	12	1.79	N
	<b>TRAI DCRAFT</b>					
	DOUBLE CHOC COOKIES FT	23262	180g	8	1.85	N
	<b>NAIRNS</b>					
	FRUIT & SPICE OAT BISCUITS	16253	200g	10	1.69	N
	MIXED BERRIES OAT BISCUITS	16254	200g	10	1.69	N
	STEM GINGER OAT BISCUITS	16255	200g	10	1.69	N
	<b>LAZY DAY</b>					
	BELGIAN DARK CHOC TIFFIN GF	19446	5pack	8	2.85	N
	CHOCOLATE ORANGE SLICE GF	22130	5pack	8	2.79	N
	DARK CHOCO GINGER BISCS GF	19437	8biscs	8	3.09	Y
	MILLIONAIRES SHORTBREAD GF	19445	5pack	8	2.79	N
	SCOTTISH SHORTBREAD GF	19439	8biscs	8	2.81	N
	<b>ANGELIC GLUTEN FREE</b>					
	ANGELIC MIXED CASE TPACK GF 8	22004	40g	48	1.20	N
	CHOC CHIP OAT BISCUITS GF	23226	150g	8	2.60	N
	CRANBERRY CRUNCH GF COOKIES	21105	125g	8	2.60	N
	DOUBLE CHOC GF COOKIES	21109	125g	8	2.60	N
	GINGER CRUNCH GF COOKIES	21110	125g	8	2.60	N
	HONEY & OAT BISCUITS GF	23227	150g	8	2.60	N
	ORANGE CHOC COOKIES GF	21108	125g	8	2.60	N
	ROSEMARY & SALT BISCUITS GF	22297	150g	8	2.60	N
	SEA SALT BISCUITS GF	22821	150g	8	2.60	N
	SWEET CHILLI BISCUITS GF	22299	150g	8	2.60	N
	<b>PULSETTA</b>					
	LEMON OAT THINS GF	22923	150g	8	2.70	N
	VANILLA OAT THINS GF	22925	150g	8	2.70	N
<b>BODY CARE</b>	<b>PITROK</b>					
	DEODORANT SPRAY FOR MEN	17563	100ml	6	4.99	Y
	DEODORANT SPRAY NATURAL	8798	100ml	6	5.17	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>URTEKRAM</b>					
	EUCALYPTUS CRYSTAL DEODORANT	22842	50ml	6	4.89	Y
	NO PERFUME CRYSTAL DEODORANT	22846	50ml	6	4.89	Y
	ROSE BODY LOTION ORG	22848	245ml	6	6.69	Y
	ROSE CRYSTAL DEODORANT	22850	50ml	6	4.89	Y
	<b>WELEDA</b>					
	ARNICA MASSAGE BALM	2572	50ml	6	9.39	Y
	DEODORANT CITRUS	1374	100ml	1	9.98	Y
	DEODORANT SAGE	1297	100ml	1	9.98	Y
	<b>FAITH IN NATURE</b>					
	3-IN-1 FACIAL WIPES	18991	25wipe	12	3.25	Y
	DEODORANT NAT CRYSTAL STICK	19205	100g	6	3.85	Y
	DEODORANT ROLL ON ALOE&CHAM	20966	50ml	6	3.99	Y
	DEODORANT ROLLON ALOE&G/TEA	20967	50ml	6	3.99	Y
	FOAM BATH ALOE VERA	14739	400ml	6	5.45	Y
	FOAM BATH COCONUT	22652	400ml	6	5.60	Y
	FOAM BATH GRAPEFRUIT & OR	22338	400ml	6	5.60	Y
	FOAM BATH LAVENDER & GERAN	15822	400ml	6	5.60	Y
	FOAM BATH LEMON & TEA TREE	23544	400ml	6	5.60	Y
	FOAM BATH SEAWEED	19309	400ml	6	5.72	Y
	FOAM BATH TEA TREE	14740	400ml	6	5.45	Y
	SHOWER GEL (MENS) BLUE CEDAR	23409	400ml	6	5.60	Y
	SHOWER GEL FRAGRANCE FREE	23408	400ml	6	5.60	Y
	<b>YAOH</b>					
	HEMP SEED OIL MOISTURISER	17405	56g	12	5.95	Y
	HEMP SUN BLOCK SPF15 ORG	17131	240ml	6	9.85	Y
	HEMP SUN LOTION SPF30 ORG	17816	240ml	6	9.85	Y
	HEMPSEED OIL AFTERSUN ORG	22980	240ml	12	8.10	Y
	PAPAYA & HEMP MOISTURISER	16688	56g	12	5.95	Y
	YAOH HEMP LIP BALM MIX CASE	16145	4g	36	2.92	Y
	<b>SIMPLY GENTLE</b>					
	COTTON BUDS ORG	16056	200s	24	2.09	Y
	<b>WHITE RABBIT</b>					
	CHOCOLATE ORANGE LIPBALM	24459	15ml	1	3.99	Y
	COCONUT & ROSEHIP CALMING CREAM	24456	100ml	1	17.50	Y
	COMFORT CLEANSING BALM&FACECLOT	24458	100ml	1	15.00	Y
	IT'S ALL ABOUT M.E. NIGHT CREAM	24463	100ml	1	19.99	Y
	LIME & COCONUT CLEANSING WATER	24457	200ml	1	15.00	Y
	OLIVE & AVOCADO SERUM	24462	50ml	1	19.99	Y
	ORANGE & ALOE TONER	24460	100ml	1	12.60	Y
	ROSE & FRANKINCENSE DAY CREAM	24461	100ml	1	17.50	Y
	ROSEHIP & CAMELLIA DAY CREAM	24464	100ml	1	17.50	Y
	<b>ISLE OF SKYE SEAWEED CO</b>					
	PEPPERMINT&SEAWEED LIP BALM	24736	10g	1	4.49	Y
<b>BODY SOAPS</b>	<b>BIO D</b>					
	SANITISING HAND WASH FRAG FREE	21646	500ml	6	3.93	Y
	SANITISING HAND WASH FRAG FREE	21986	5lt	1	13.35	Y
	SANITISING HAND WASH GERANIUM	22857	500ml	6	4.18	Y
	SANITISING HAND WASH LIME & ALOE	22858	500ml	6	4.18	Y
	<b>CAURNIE</b>					
	LAVENDER SOAP UNWRAPPED	1387	100g	12	1.85	Y
	LAVENDER SOAP WRAPPED	1386	100g	12	2.39	Y
	MANDARIN SOAP UNWRAPPED	1394	100g	12	1.85	Y
	MANDARIN WRAPPED	1393	100g	12	2.39	Y
	NETTLE SOAP UNWRAPPED	21201	100g	12	2.35	Y
	NETTLE SOAP WRAPPED	21200	100g	12	2.89	Y
	ROSE SOAP UNWRAPPED	1391	100g	12	1.85	Y
	ROSE SOAP WRAPPED	1390	100g	12	2.39	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>FAITH IN NATURE</b>					
	HANDWASH ALOE VERA & TEA TREE	17079	300ml	6	4.19	Y
	HANDWASH COCONUT	22654	300ml	6	4.19	Y
	HANDWASH GRAPEFRUIT & ORANGE	22340	300ml	6	4.19	Y
	HANDWASH LAVENDER & GERANIUM	17080	300ml	6	4.18	Y
	HANDWASH SEAWEED	19310	300ml	6	4.40	Y
	SOAP UNWRAPPED COCONUT 8	22657	100g	18	1.55	Y
	SOAP WRAPPED ALOE VERA ORG	15435	100g	6	1.95	Y
	SOAP WRAPPED COCONUT	22659	100g	6	1.95	Y
	SOAP WRAPPED HEMP LMNGRSS TTRE	15433	100g	6	1.95	Y
	SOAP WRAPPED LAVENDER	13758	100g	6	1.95	Y
	SOAP WRAPPED NEEM & PROPOLIS	13759	100g	6	1.95	Y
	SOAP WRAPPED ORANGE	13760	100g	6	1.95	Y
	SOAP WRAPPED ROSEMARY	13761	100g	6	1.95	Y
	SOAP WRAPPED SEAWEED	15434	100g	6	1.95	Y
	SOAP WRAPPED TEA TREE ORG	18018	100g	6	1.95	Y
	<b>ECO SOAPS</b>					
	LEMONGRASS SOAP	22535	100g	1	3.39	Y
	PATCHOULI & LIME SOAP	22542	125g	1	3.60	Y
	SOAP BAR EUCALYPTUS & MINT	21662	125g	1	3.39	Y
	SPLICED CITRUS SOAP	23752	100g	1	3.20	Y
	SWEET ORANGE SOAP	22536	125g	1	3.39	Y
	TEA TREE & LEMON SOAP	22541	125g	1	3.39	Y
	<b>GREENCITY</b>					
	GERANIUM & ROSE PETAL SOAP	23400	115g	12	1.38	Y
	GRAPEFRUIT & ALOE VERA SOAP	23401	115g	12	1.38	Y
	LIME & LEMONGRASS SOAP	23403	115g	12	1.38	Y
	MANDARIN & GINGER SOAP	23404	115g	12	1.38	Y
	SANDALWOOD & CEDAR SOAP	23405	115g	12	1.38	Y
	WHITE LAVENDER SOAP	23402	115g	12	1.38	Y
	<b>EMPORIUM</b>					
	MYSORE SANDALWOOD SOAP	24214	75g	1	1.70	Y
	<b>FRIENDLY SOAP</b>					
	TRAVEL SOAP (SHAMPOO SOAP DEOD)	24409	95g	6	2.55	Y
<b>BOOKS, MAGAZINES</b>	<b>NEW INTERNATIONALIST</b>					
	VEGAN LOVE STORY: THE COOKBOOK	24166	book	1	19.99	N
	<b>VEGAN LIVING</b>					
	VEGAN LIVING MAGAZINE	24759	mag	1	4.99	N
	<b>PLANTBASED</b>					
	PLANTBASED MAGAZINE	24586	mag	1	4.99	N
	<b>VEGAN FOOD &amp; LIVING</b>					
	VEGAN FOOD & LIVING MAGAZINE	24760	mag	1	4.99	N
<b>BREADS &amp; CRISPBREADS</b>	<b>BIONA</b>					
	PUMPERNICKLE BREAD ORG	10343	500g	6	2.82	N
	RYE & PUMPKIN SEED BREAD ORG	21354	500g	6	2.09	N
	RYE & SUNFLOWER SEED BREAD ORG	21355	500g	6	1.99	N
	RYE BREAD CHIA & FLAX ORG	24367	500g	6	2.19	N
	RYE BREAD ORG	8515	500g	6	1.99	N
	<b>FINN CRISP</b>					
	MULTIGRAIN CRISPBREAD /9	17939	175g	9	1.70	N
	ORIGINAL THIN CRISPBREAD /9	17940	200g	9	1.44	N
	RYE CRISPBREAD ORIGINAL	16824	250g	12	1.44	N
	<b>KALLO</b>					
	CORN CAKE SALT THIN SLCE GF ORG	14839	130g	12	1.79	N
	GRISSINI BREADSTICKS	23176	125g	12	1.30	N
	<b>DR KARG</b>					
	3 GRAINS & 3SEED CRISPBRED ORG	21429	200g	8	2.70	N
	CLASSIC 3 SEED CRISPBREAD ORG	15534	200g	8	2.50	N
	SEEDED SPELT CRISPBREAD	15536	200g	8	2.79	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>RAKUSEN'S</b>					
	TRADITIONAL MATZOS	18204	300g	10	1.97	N
	<b>ORGANICO</b>					
	GRISSINI CLASSIC BREADSTICK ORG	21042	120g	8	2.20	N
	<b>HIGHLAND CRACKERS</b>					
	CUMIN SEEDED CRACKER 4	24638	100g	14	2.50	N
	SEEDED CRACKER 4	24026	100g	14	2.50	N
	<b>ANGELIC GLUTEN FREE</b>					
	MULTI SEED CRACKERS GF	23576	150g	8	2.60	N
	<b>AMISA</b>					
	CRISPBREAD BUCKWHEAT GF	24408	120g	12	2.58	N
	<b>EVERFRESH</b>					
	MALT RAISIN LOAF ORG	74	290g	8	1.45	N
	RYE SOURDOUGH BREAD ORG	78	400g	8	1.53	N
	SPROUTED RYE BREAD NAS ORG	23534	400g	8	1.80	N
	SPROUTED SPELT BREAD NAS ORG	22754	400g	8	2.59	N
	SPROUTED WHEAT BREAD ORG	229	400g	8	1.79	N
<b>CAKES</b>	<b>EVERFRESH</b>					
	BANANA CAKE ORG	14891	300g	8	3.37	N
	CARROT CAKE WITH RAISIN ORG	7661	400g	8	3.37	N
	<b>ANGELIC GLUTEN FREE</b>					
	CHOC COCONUT & OAT SLICE GF	23990	185g	6	2.80	N
	CHOCOLATE BROWNIE SQUARE	23993	200g	6	2.80	N
<b>CHILLED, MARGARINES</b>	<b>BIONA</b>					
	COCOMEGA COCONUT SPREAD ORG	22667	250g	8	3.90	N
	<b>SUMA</b>					
	SOYA SPREAD NO GMO	917	500g	8	1.99	N
	SOYA SPREAD ORG	23773	500g	8	3.92	N
	SUNFLOWER SPREAD NO GMO	924	2kg	6	7.55	N
	SUNFLOWER SPREAD	23796	500g	8	1.98	N
	<b>PURE</b>					
	OLIVE SPREAD GF	22676	500g	16	3.09	N
	SUNFLOWER SPREAD-DAIRY FREE	20606	500g	16	2.49	N
<b>CHILLED CHEESE SUBSTITUTES</b>	<b>TOFUTTI</b>					
	ALT.CREAM CHEESE HERB&CHIVE	8490	227g	12	3.21	N
	ALT.CREAM CHEESE ORIGINAL	4108	223g	12	3.21	N
	CHEDDAR STYLE SLICES	14796	8slice	24	2.42	N
	CREAMY SMOOTH ALT.CHSE GAR HERB	4107	223g	12	3.21	N
	<b>BUTE ISLAND</b>					
	GREEK STYLE SHEESE	23852	200g	6	2.36	N
	MATURE CHEDDAR STYLE SLICES	24185	200g	6	2.39	N
	MILD CHEDDAR STYLE MELTY	22383	227g	6	2.89	N
	MOZZARELLA STYLE GRATED SHEESE	24322	200g	4	3.15	N
	RED CHEDDAR STYLE MELTY GF	22384	227g	6	2.85	N
	SHEESE CARAMELISED ONION	24224	200g	6	2.61	N
	SHEESE MATURE CHEDDAR STYLE	24420	200g	6	2.35	N
	SHEESE MELTY BLUE STYLE GF	24411	227g	6	2.81	N
	SHEESE STRNG CHEDDAR STYLE MELTY	24344	227g	6	2.83	N
	SHEESE WENSLEYDALE & CRANBERRY	24176	200g	6	2.65	N
	<b>VBITES</b>					
	WHITE CHEDD STYLE CHEEZLY GF	24295	190g	6	2.47	N
	<b>VIOLIFE</b>					
	CHEESE SUB GF SOYA FREE CHEDDAR	23443	400g	7	5.89	N
	CHEESE SUB GF SOYA FREE PIZZA	23500	400g	7	5.89	N
	CHEESE SUB ORIG GF SOYA FREE	23375	400g	7	5.89	N
	CREAM CHEESE SUB ORIG GF	23616	200g	12	3.25	N
	MEDITERRANEAN/HALLOUMI STYLE	24576	200g	12	4.35	N
	PROSOCIANO PARMESAN SUB GF	23726	235g	8	9.34	N
	SMOKED CHEESE SUB GF VGN	24296	400g	7	5.89	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	TOMATO & BASIL CHEESE SLICES GF	23715	220g	12	3.59	N
	VIOLIFE BLUE CHEESE SUB	24577	150g	12	3.72	N
	<b>NUTCRAFTER</b>					
	CHIVE FRAWMAGE	24412	120g	6	3.79	N
	INDULGENT AIR AGE FRESH CHIVE	24269	200g	6	8.59	N
	NUTCRAFTER ANCIENT GOMASIO	24095	200g	6	11.15	N
	OPULENT AIR AGED BLK PEPPER	24271	200g	6	9.10	N
	ORIGINAL SPREADABLE FRAWMAGE	23901	120g	6	3.79	N
	SCRUMPTIOUS AIR AGED SD TOM	24270	200g	6	9.09	N
<b>CHILLED CONVENIENCE</b>	<b>CLEAR SPOT</b>					
	TOFU PLAIN ORG GF CLEARSPOT	23123	280g	8	2.25	N
	TOFU PLAIN ORG GF LARGE	24093	450g	6	3.53	N
	TOFU SMOKED ORG GF CLEARSPOT	23124	225g	8	3.09	N
	<b>MACSWEENS</b>					
	HAGGIS VEGETARIAN	478	1lb	6	4.95	N
	<b>TAIFUN</b>					
	BASIL TOFU WITH FRESH HERBS	22436	200g	6	4.15	N
	CURCUMA TURMERIC TOFU ORG	24640	200g	6	4.25	N
	FETO ANTIPASTI KORFU ORG	24566	125g	5	4.90	N
	FETO NAT TOFU ORG FERMENTED	24359	200g	5	3.90	N
	FETO TOFU HERBS ORG FERMENTED	24472	200g	5	3.90	N
	FETO TOFU PEPPER ORG FERMNTD	24473	200g	5	4.26	N
	SMOKED TOFU ALMOND & SESAME ORG	8604	200g	6	4.26	N
	TOFU FILLETS WILD GARLIC	23478	160g	8	3.59	N
	TOFU SMOKED TAIFUN	23481	200g	6	3.59	N
	WIENER FRANKFURTERS ORG	19623	300g	6	5.61	N
	<b>BIONA</b>					
	LUCKY STARS PUMPKIN/TOFU	24360	250g	4	4.49	N
	<b>VBITES</b>					
	MAKING WAVES FISHLESS CAKES	24303	150g	6	2.79	N
	RASHERS VEGAN STREAKY	6957	115g	6	2.80	N
	SAGE & MARJORAM SAUSAGES	20269	295g	6	3.03	N
	SMOKED SALMON STYLE SLICES	24524	100g	6	2.25	N
	<b>VIANA</b>					
	DONER KEBAB ORG	24518	200g	6	4.15	N
	REAL SMOKED FIRM TOFU	22620	250g	6	3.15	N
	<b>RAW HEALTH</b>					
	SAUERKRAUT FRESH ORG GF	24017	410g	6	4.94	N
	<b>LAURIE'S TUMMY LOVING</b>					
	BEETKRAUT JUNIPER&BLCK PEPPER	24207	410g	8	6.15	N
	SAUERKRAUT KIMCHI ORG	24124	410g	8	6.15	N
	<b>FOLLOW YOUR HEART</b>					
	ORIGINAL VEGENAISE GF	24649	340g	6	3.35	N
	SOYA FREE VEGENAISE	24471	340g	6	3.71	N
	<b>WHEATY</b>					
	SEITAN MEDALLIONS ORG	24496	175g	5	4.10	N
	SEITAN SMOKED SLICES	24503	100g	10	2.64	N
	<b>REAL LANCASHIRE PUDDING</b>					
	BLACK PUDDING VEGAN PUD	24519	200g	1	1.90	N
	<b>BURY BLACK PUDDING CO</b>					
	BLACK PUDDING VEGAN	24578	220g	12	1.73	N
	<b>TIDEFORD ORGANIC</b>					
	FRESH WHITE MISO ORG GF	24579	320g	8	4.80	N
<b>CHILLED DESSERTS</b>	<b>PROVAMEL</b>					
	SOYA YOGHURT ORG	20762	500g	6	2.37	N
<b>CHOCOLATE &amp; CAROB</b>	<b>DIVINE</b>					
	DARK CHOC 70% GINGER & ORANGE FT	20931	90g	15	2.60	Y
	DIVINE 70% DARK CHOC FT	13399	90g	15	2.60	Y
	DIVINE 70% DARK CHOCOLATE FT	15730	40g	30	1.09	Y



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	DIVINE DARK CHOC & RASPBERRY FT	20745	90g	15	2.60	Y
	DIVINE DARK COCOA 85% CHOC FT	20930	90g	15	2.60	Y
	DIVINE DK CHOC 70% MINT FT	18179	100g	15	2.60	Y
	<b>BOOJA BOOJA</b>					
	CHAMPAGNE TRUFFLES ORG	15359	138g	6	9.50	Y
	HAZEL PRALINE CRUNCH TRUFFLE ORG	14230	105g	8	6.99	Y
	MIDNIGHT ESPRESSO TRUFFLES ORG	14231	105g	8	6.99	Y
	RUM SOZZLE CINNAMON TRUFFLE ORG	21111	105g	8	6.99	Y
	STEM GINGER WINE TRUFFLES ORG	14229	105g	8	6.99	Y
	<b>LYME REGIS</b>					
	MARZIPAN ORANGE BAR ORG	16666	40g	24	1.04	Y
	<b>ORGANICA</b>					
	CHEWY APRICOT DREAM ORG	23748	40g	24	0.99	Y
	CREAMY MARZIPAN DREAM ORG	22143	40g	24	0.99	Y
	GOLDEN COCONUT DELIGHT ORG	14882	40g	24	0.99	Y
	HAZELNUT NOUGAT DELIGHT ORG	16180	40g	24	0.99	Y
	<b>MONTEZUMA'S</b>					
	DARK CHOC ABSOLUTE BLACK 100%	24150	100g	12	2.59	Y
	DARK CHOC.ORANGE & GERANIUM ORG	17742	100g	12	2.59	Y
	DARK CHOCOLATE CHILLI ORG	17743	100g	12	2.59	Y
	GIANT BUTTONS DARK CHOC ORG	21684	180g	8	3.75	Y
	VERY DARK CHOC 73% ORG	17754	100g	12	2.59	Y
	<b>SEED &amp; BEAN</b>					
	DARK CHOC COCONUT & RASP ORG	20810	85g	8	2.69	Y
	<b>MOO FREE</b>					
	MINI MOOS BUNNYCOMB BAR GF	23266	25g	15	0.93	Y
	ORIGINAL MOO FREE CHOC GF ORG	24063	100g	12	2.89	Y
	<b>RAW HALO</b>					
	DARK & MINT CHOC BAR ORG	23976	33g	20	2.79	Y
	DARK & NIBS CHOC BAR ORG	23973	35g	20	2.79	Y
	DARK GINGER & PECAN CHOC ORG	23977	35g	20	2.79	Y
	DARK LEMON & PINK SALT CHOC ORG	23978	33g	20	2.79	Y
	DARK SWEET ORANGE CHOC BAR ORG	23975	33g	20	2.79	Y
	MYLK & CRISPIES CHOC BAR ORG	23966	35g	20	2.79	Y
	MYLK & PINK HIMALAYA SALT ORG	23969	32g	20	2.79	Y
	MYLK CINNAMON & RAISIN CHOC ORG	23971	33g	20	2.79	Y
	MYLK GOJI BERY VAN CHOC BAR ORG	23967	33g	20	2.79	Y
	PURE DARK CHOC BAR ORG	23972	35g	20	2.79	Y
	PURE MYLK CHOC BAR ORG	23965	35g	20	2.79	Y
	<b>ALMIGHTY</b>					
	GOLDEN BLONDE CHOC ORG	24446	40g	16	2.29	Y
	<b>CHOCOLATE TREE KITCHEN</b>					
	BRAMBLE & CARDAMOM CHOC ORG	24533	100g	10	3.50	Y
	FRUIT & NUT MILK CHOC ORG	24536	100g	10	3.50	Y
	GINGER CHOC 75% ORG	24682	100g	10	3.50	Y
	HAGGIS SPICE DARK CHOC ORG	24534	100g	10	3.50	Y
	MAPLE & PECAN CHOC ORG	24683	100g	10	3.50	Y
	PEPPERMINT DARK CHOC ORG	24530	100g	10	3.50	Y
	RASPBERRY DARK CHOC ORG	24531	100g	10	3.50	Y
	ROSE & VANILLA WHITE CHOC ORG	24537	100g	10	3.50	Y
	SALT CARAMEL DARK CHOC ORG	24532	100g	10	3.50	Y
	STRAWBERRY & PEPPER CHOC ORG	24684	100g	10	3.50	Y
	TURKISH COFFEE CHOC 74% ORG	24626	100g	10	3.50	Y
	WINTERSPICE CHOC ORG	24627	100g	10	3.50	Y
	<b>SO FREE</b>					
	60% DARK CHOC MINT GF ORG	24556	80g	12	2.74	Y
	67% DARK CHOC COCO SUG G OR	24558	80g	12	2.74	Y
	72% DARK CHOC NO SUGAR GF	24559	80g	12	2.74	Y
	87% DK CHOC G ORG	24549	80g	12	2.74	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	DARK HEMP CHOC NO SUGAR GF	24561	80g	12	2.74	Y
	DARK MINT CHOC NO SUGAR GF	24562	80g	12	2.74	Y
	MILK CHOC ALT 45% GF ORG	24557	80g	12	2.74	Y
	WHITE CHOC ALT GF ORG	24528	70g	12	2.74	Y
<b>COFFEE FILTER</b>	<b>CAFEDIRECT</b>					
	CAFE DIRCT MED COFFEE FT 750g	2998	750g	8	11.75	N
	COFFEE MED R&G FT ORG	10891	227g	6	4.60	N
	DECAFFEINATED R&G COFFEE FT	15095	227g	6	4.75	N
	ESPRESSO RST & GRND COFFEE FT	15094	227g	6	4.35	N
	FILTER COFFEE RICH FT	9359	227g	6	4.35	N
	KILIMANJARO R&G COFFEE FT	10892	227g	6	4.50	N
	MACHU PICCHU COFFEE FT ORG	10893	227g	6	3.37	N
	PERU RST & GND COFFEE FT ORG	23933	227g	6	4.79	N
	SMOOTH RST & GROUND COFFEE FT	1472	227g	6	3.26	N
	<b>PERCOL</b>					
	AMERICANO R&G COFFEE FT ORG	23536	200g	6	4.51	N
	GUATEMALA R & G COFFEE FT	23535	200g	6	4.49	N
	INTENSE ITALIANO COFFEE FT	23502	200g	6	4.49	N
	LIVELY LATINO R&G COFFEE FT ORG	7680	200g	6	4.49	N
	<b>CLIPPER</b>					
	DECAFFEINATED COFFEE FT ORG	14825	227g	8	5.04	N
	ESPRESSO COFFEE FT ORG	14822	227g	8	3.52	N
	FRENCH STYLE R&G COFFEE FT	24235	227g	8	3.52	N
	ITALIAN STYLE COFFEE FT ORG	14824	227g	8	4.33	N
	PAPAU NEW GUIN COFFEE FT ORG	12028	227g	8	3.52	N
	<b>CAFE REBELDE</b>					
	ZAPATISTA COFFEE GRND FT ORG	17032	250g	20	4.65	N
	<b>GRUMPY MULE COFFEE</b>					
	BRAZIL DATERRA COFFEE	23904	227g	6	4.74	N
<b>COFFEE, INSTANT</b>	<b>CAFEDIRECT</b>					
	DECAF FREEZE DRIED COFFEE FT ORG	10894	100g	6	5.10	N
	INSTANT COFFEE MED ROAST FT CD	5292	100g	6	3.44	N
	INSTANT COFFEE MED ROAST FT TUB	5797	500g	1	22.95	N
	MACHU PICCU COFFEE GRANULES FT	19906	100g	6	3.82	N
	SMOOTH INSTANT COFFEE FT CD ORG	24077	100g	6	4.99	N
	<b>CLIPPER</b>					
	ARABICA COFFEE ORG FT 200SACHET	24725	200SAC	1	24.47	N
	COFFEE INST PAPUA NEWGUIN FT ORG	18875	100g	6	4.55	N
	EVERYDAY INSTANT RICH FT ORG	14042	100g	6	3.99	N
	INSTANT ARABICA COFFEE ORG FT	13213	500g	4	21.45	N
	INSTANT SPEC MED RST FT ORG	5811	100g	6	4.39	N
	SPECIAL DECAF INST COFF FT O	14041	100g	6	4.69	N
	<b>BEVERAGES</b>					
	<b>WHOLE EARTH</b>					
	NOCAF ORG /9	5739	100g	9	2.99	N
	WAKE CUP (HOT GUARANA DRINK) /9	1742	125g	9	3.94	N
	<b>PREWETT's</b>					
	CHICORY DRINK GF ORG	21751	100g	6	2.85	N
	<b>BARLEYCUP</b>					
	BARLEYCUP GRANULES	13143	200g	6	5.07	N
	BARLEYCUP ORGANIC	14039	100g	6	3.45	N
	BARLEYCUP POWDER SMALL JARS	13141	100g	6	2.74	N
	BARLEYCUP POWDER	138	200g	6	4.34	N
	CHICORY CUP GF ORG	24100	100g	6	4.13	N
	<b>CLIPPER</b>					
	DRINKING CHOC SUPER COSY FT	21911	250g	6	3.05	N
	<b>DIVINE</b>					
	DRINKING CHOCOLATE FT	16321	400g	6	4.35	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>SWEET FREEDOM</b>					
	CHOC SHOT COCONUT GF	23524	320G	6	4.48	N
	CHOC SHOT LIQUID HOT CHOC GF	23522	320G	6	4.48	N
	CHOC SHOT ORANGE SPICE GF	23523	320g	6	4.48	N
	<b>HASSLACHER'S</b>					
	HOT DRINKING CHOC BLOCK 9	24232	250g	19	5.65	N
	<b>A.VOGEL</b>					
	BAMBU JARS ORG	5481	100g	6	4.20	N
	<b>CHOCOLATE TREE KITCHEN</b>					
	HOT CHOC TRAD DARK 64% ORG	24535	160g	6	6.95	N
	HOT CHOCOLATE HAZELNUT ORG	24628	180g	6	6.95	N
<b>COFFEE BEANS</b>	<b>CAFEDIRECT</b>					
	COFFEE BEANS ESPRESSO ORG FT	24655	227g	6	4.59	N
	COFFEE BEANS PERUVIAN ORG FT	24654	227g	6	4.79	N
	<b>CAFE REBELDE</b>					
	ZAPATISTA COFFEE BEANS FT ORG	17350	500g	10	8.79	N
<b>CONDIMENTS</b>	<b>BIONA</b>					
	TOMATO KETCHUP ORG NAS	24633	320g	6	2.69	N
	WORCESTER SAUCE GF ORG	20906	140ml	6	3.69	N
	<b>BROSTE</b>					
	SEA SALT COARSE IN A DRUM	1317	500g	12	2.31	N
	<b>GEO WATKINS</b>					
	MUSHROOM KETCHUP	8119	170ml	8	2.12	N
	<b>HIGHLAND WHOLEFOODS</b>					
	SEA SALT COARSE	6251	500g	6	1.60	N
	SEA SALT FINE	6252	500g	6	1.29	N
	<b>KITCHEN GARDEN</b>					
	CHILLI PASTE ORG	23045	135g	6	2.25	N
	FRESH GARLIC MINCED FT ORG	23047	135g	6	3.23	N
	FRESH MINCED GINGER PASTE FT ORG	23046	135g	6	2.17	N
	<b>MALDON</b>					
	SEA SALT FLAKY CRYSTALS	9566	250g	12	2.85	N
	SMOKED SEA SALT	19354	125g	12	2.35	N
	<b>MERIDIAN</b>					
	TOMATO KETCHUP ORG GF	10368	285g	6	1.99	N
	<b>GRANOVITA</b>					
	BROWN SAUCE GF ORG	12050	275g	6	2.15	N
	MAYOLA EGG FREE MAYO (SQZ) GF	19841	280g	6	2.25	N
	<b>GEO ORGANICS</b>					
	ATLANTIC SEA SALT ORG	13496	250g	6	1.35	N
	ATLANTIC SEA SALT SHAKER ORG	22285	500g	6	2.69	N
	<b>ESSENTIAL</b>					
	DIJON MUSTARD ORG	13533	1kg	1	8.40	N
	DIJON MUSTARD ORG	16530	200g	6	2.35	N
	WHOLEGRAIN MUSTARD ORG	13538	1kg	1	6.95	N
	WHOLEGRAIN MUSTARD ORG	16531	200g	6	2.15	N
	<b>AL'FEZ</b>					
	PRESERVED LEMONS	19829	140g	6	3.52	N
	RAS EL HANOUT RUB	15689	42g	6	2.25	N
	SUMAC	15686	38g	6	2.25	N
	ZAHTAR LEBANESE SEASONING	15687	38g	6	2.25	N
	<b>GREAT BRITISH SAUCE CO.</b>					
	TOM & HABANERO CHILLI SAUCE	24208	320g	6	2.65	N
	<b>A.VOGEL</b>					
	HERBAMARE HERB SALT GF ORG	20871	125g	6	2.55	N
	HERBAMARE HERB SALT GF ORG	16081	250g	6	3.55	N
	HERBAMARE SPICY GF ORG	24178	125g	6	2.55	N
	<b>SEASUN</b>					
	SEA SALT COARSE 10kg SACK	23574	10kg	1	11.18	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	SEA SALT FINE SACK	726	25kg	1	20.55	N
	<b>CORNISH SEA SALT</b>					
	CORNISH SEA SALT CHEFS TUB	19379	500g	6	4.65	N
	<b>THE SALT SELLER</b>					
	HIMALAYAN PINK SALT COARSE	21427	300g	6	3.08	N
	HIMALAYAN PINK SALT FINE	21428	300g	6	3.08	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	COARSE SEA SALT	16933	1kg	6	2.65	N
	FINE SEA SALT	16934	1kg	6	1.95	N
	<b>DROGHERIA &amp; ALIMENTARI</b>					
	BLACK PEPPERCORNS MILL	23185	45g	6	1.89	N
	PINK HIMALAYAN SALT GRINDER	22023	90g	6	1.79	N
	RED HAWAIIAN SEA SALT MILL	23921	90g	6	2.39	N
	<b>OLIVES ET AL</b>					
	DUKKAH SPICE BLEND	22646	90g	6	4.49	N
	PRESERVED LEMONS MORROCAN STYLE	23738	400g	6	8.15	N
	<b>GEO ORGANICS</b>					
	SWEET CHILLI SAUCE ORG	22794	260g	6	2.89	N
	<b>THAI TASTE</b>					
	TAMARIND PASTE GF	23446	130g	6	2.05	N
	THAI VEGAN FISH SAUCE GF	24659	180ml	6	1.96	N
	<b>ISLE OF SKYE SEA SALT</b>					
	ISLE OF SKYE SEA SALT 150g	23922	150g	6	8.06	N
	ISLE OF SKYE SEA SALT 1kg	23924	1kg	1	27.42	N
	ISLE OF SKYE SEA SALT 250g	23926	250g	6	6.25	N
	ISLE OF SKYE SEA SALT 75g	23923	75g	12	5.33	N
<b>CONVENIENCE FOOD AMBIE</b>	<b>BIONA</b>					
	ADUKI BEANS TINNED ORG	24196	400g	6	1.15	N
	BAKED BEANS TOM SAUCE ORG	12014	420g	6	1.25	N
	BLACK BEANS TINNED ORG	23909	400g	6	1.09	N
	COCONUT MILK ORG	21011	400ml	6	2.09	N
	PIZZA BASES MINI ORG	23832	300g	10	2.59	N
	<b>BLUE DRAGON</b>					
	SPRING ROLL WRAPPERS	13977	134g	12	1.16	N
	<b>GRANOSE</b>					
	BURGER MIX CHARGRILL STYLE	19278	120g	6	2.01	N
	<b>GRANOVITA</b>					
	NUT LUNCHEON ORIGINAL TIN	15183	420g	12	2.55	N
	<b>JUST WHOLEFOODS</b>					
	FALAFEL MIX ORG	1580	120g	6	1.39	N
	HUMMUS MIX ORG	13770	125g	6	1.39	N
	SAGE & ONION STUFFING ORG	12794	125g	6	1.29	N
	VEGETARIAN BANGER MIX ORG	6960	125g	6	1.39	N
	VEGETARIAN BURGER MIX ORG	6959	125g	6	1.39	N
	<b>ORGRAN</b>					
	FALAFEL MIX GF	19952	200g	8	2.59	N
	<b>SUMA</b>					
	BAKED BEANS W'VEGAN SAUSAGE	24122	400g	12	1.79	N
	BORLOTTIS CANS	7389	400g	12	0.80	N
	BUTTER BEANS CANS	755	400g	12	0.75	N
	CANNELLINIS CANS	7388	400g	12	0.80	N
	GREEN LENTILS ORG CANS	12076	400g	12	1.09	N
	ITALIAN BLACK CHICKPEAS ORG	24639	400g	12	0.99	N
	<b>WHOLE EARTH</b>					
	BAKED BEANS CANS ORG	8789	420g	12	1.19	N
	<b>ESSENTIAL</b>					
	APPLE PUREE JARS ORG	13733	360g	6	1.50	N
	APPLE PUREE JARS ORG	13732	700g	6	2.25	N
	BAKED BEANS TOM SAUCE JAR ORG	13718	350g	6	1.55	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	BAKED BEANS TOM SAUCE ORG	19225	400g	6	1.00	N
	BORLOTTI BEANS CANS ORG	17139	400g	6	0.89	N
	BUTTER BEANS CANS ORG	15319	400g	6	1.09	N
	CANNELLINI BEANS CANS ORG	19679	400g	6	0.95	N
	CHICK PEAS CATERING SIZE ORG	18957	2.6kg	1	5.60	N
	CHICKPEAS CANS ORG	13173	400g	6	0.99	N
	MANGO CHUNKS IN JUICE ORG	13547	400g	6	2.29	N
	MIXED BEANS CANS ORG	13175	400g	6	1.09	N
	MIXED BEANS CATERING TIN ORG	20459	2.6kg	1	5.33	N
	ONION GRAVY POWDER GF ORG	23366	125g	6	2.49	N
	PAPAYA CHUNKS IN JUICE ORG	18739	400g	6	1.99	N
	PINEAPPLE CHUNKS IN JUICE ORG	13549	400g	6	2.29	N
	PUY STYLE LENTILS CAN	13495	400g	6	0.99	N
	RED KIDNEY BEANS CANS ORG	13177	400g	6	1.05	N
	SOSMIX ESSENTIAL BULK	20255	5kg	1	37.65	N
	SOSMIX ESSENTIAL PLAIN 350g	20256	350g	6	3.06	N
	TROPICAL FRUIT COCKTAIL CAN ORG	13548	400g	6	2.29	N
	YOUNG JACKFRUIT SALTWATER ORG	24389	400g	6	2.99	N
	<b>MARIGOLD</b>					
	BRAISED TOFU CANS	13155	225g	12	2.49	N
	GRAVY POWDER ORG	23070	110g	6	2.20	N
	INSTANT GRAVY GRANULES GF	24372	170g	6	1.27	N
	<b>ST DALFOUR</b>					
	3 BEAN SALAD RING PULL+FORK	14979	175g	6	2.60	N
	COUSCOUS SALAD RING PULL+FORK	14978	175g	6	2.60	N
	WGRN&BEAN SALAD RINGPULL+FORK	15750	175g	6	2.60	N
	<b>HIGHLAND WHOLEFOODS</b>					
	SOYA CHUNKS	14650	250g	6	2.05	N
	SOYA MINCE	14651	250g	6	1.75	N
	TVP MINCE PLAIN ORG	17652	250g	6	2.62	N
	<b>AL'FEZ</b>					
	FALAFEL MIX AL'FEZ	15694	150g	12	1.45	N
	HARISSA SPICED COUSCOUS	21831	200g	12	1.49	N
	MOROCCAN SPICED COUSCOUS	19830	200g	12	1.49	N
	TABOULEH AL'FEZ	15695	150g	12	1.49	N
	<b>FREE &amp; EASY</b>					
	CHEESE FLAVOUR SAUCE MIX GF	16551	130g	6	1.79	N
	CHICKPEA & VEG CURRY ORG	16656	400g	6	2.09	N
	GRAVY SAUCE MIX GF	16552	130g	6	1.65	N
	THREE BEAN CHILLI CANS ORG	16657	400g	6	2.09	N
	VEG BALTI TIN READY MEAL GF ORG	24183	400g	6	2.09	N
	<b>ODYSEA</b>					
	FLAME ROASTED RED PEPPERS	28503	450g	6	2.75	N
	GIANT BEANS TOM SAUCE JAR	16411	355g	4	3.30	N
	<b>BLUE DRAGON CHINESE</b>					
	TOFU FIRM SILKEN	15542	349g	12	1.82	N
	<b>GEO ORGANIC</b>					
	BOMBAY POTATOES ORG	24550	300g	6	1.49	N
	CHICKPEA AND LENTIL DHAL ORG	24551	300g	6	1.49	N
	EDAMAME BEANS IN WATER	23359	400g	6	2.05	N
	HEARTY VEG HOT POT ORG	24553	300g	6	1.49	N
	LENTIL AND KID BEAN DHAL TIN O	23360	400g	6	1.85	N
	LENTIL AND KID BEAN DHAL OR	24552	300g	6	1.49	N
	LENTILS BLACK BELUGA ORG	23362	400g	6	1.89	N
	SAAG ALOO ORG	24554	300g	6	1.49	N
	THICK VEG HOT POT TIN OR	20046	400g	6	1.65	N
	VEGETABLE STEW ORG	24555	300g	6	1.49	N
	<b>COOKS&amp;CO</b>					
	GREEN FIGS IN SYRUP	20521	820g	6	2.35	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>CLEARSPRING</b>					
	BROWN & WILD RICE 90SECS GF ORG	23553	250g	5	2.99	N
	QUICK COOK MILLET PEA LENTIL ORG	23642	250g	8	2.79	N
	QUICK COOK RICE & QUINOA ORG	23643	250g	8	2.79	N
	QUINOA TRIO 90 SECS GF ORG	23554	250g	5	3.45	N
	TOFU SILKEN & SMOOTH ORG	20937	300g	12	1.95	N
	<b>ARTISAN GRAINS</b>					
	4 GRAIN COUS COUS	23130	200g	6	1.85	N
	CASHEW & CRANBERRY NUT ROAST GF	23280	200g	6	2.99	N
	COUNTRY VEG NUT ROAST	22111	200g	6	2.89	N
	FREEKEH WH MICROWAVE POUCH	24203	250g	6	2.00	N
	GREENWHEAT FREEKEH	21992	200g	6	2.19	N
	MEDITERRANEAN NUT ROAST	22112	200g	6	2.89	N
	PEARL COUSCOUS	21995	250g	6	1.85	N
	QUINOA ARTISAN GRAINS	21996	220g	6	2.59	N
	QUINOA MICROWAVE POUCH	24204	250g	6	2.00	N
	TRICOLOUR COUSCOUS	21993	200g	6	1.85	N
	TRICOLOUR QUINOA	24091	200g	6	2.59	N
	WHOLEWHEAT BULGAR	23132	200g	6	1.05	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	SOSMIX 3KG	24340	3kg	4	23.95	N
	SOYA CHUNKS	23709	3kg	4	10.08	N
	SOYA MINCE	23346	3kg	4	11.27	N
	<b>HIGHLAND WHOLEFOODS 1KG PACK</b>					
	SOSMIX 1KG	24339	1kg	6	8.75	N
	<b>PEP UP LIFE</b>					
	SPROUTING MIX ORG MIX1	24348	80g	10	3.30	N
	SPROUTING MIX ORG MIX2	24349	80g	10	3.30	N
	<b>NON ORGANIC BULK</b>					
	SOYA CHUNKS SACK 10KG	802	10kg	1	33.40	N
	SOYA MINCE SACK 15KG	800	15kg	1	49.75	N
<b>JUICE CONC. &amp; CORDIALS</b>	<b>ROCKS</b>					
	APPLE JUICE CONC ORG	21318	360ml	6	4.49	Y
	BLACKCURANT CORDIAL ORG	10162	360ml	6	3.49	Y
	BLACKCURRANT SQUASH ORG	13836	740ml	6	3.49	Y
	ELDERFLOWER CORDIAL ORG	9072	360ml	6	3.49	Y
	GINGER CORDIAL ORG	9073	360ml	6	3.49	Y
	LEMON SQUASH ORG	12399	740ml	6	3.49	Y
	ORANGE SQUASH ORG	12400	740ml	6	3.49	Y
	ZESTY LIME CORDIAL ORG	10660	360ml	6	3.49	Y
	<b>THORNCROFT</b>					
	DETOX (WELLBEING) CORDIAL	22609	330ml	6	4.35	Y
	ELDERFLOWER CORDIAL	22610	330ml	6	3.46	Y
	NETTLE (WELLBEING) CORDIAL	22612	330ml	6	3.16	Y
	PINK GINGER CORDIAL	22613	330ml	6	3.15	Y
	<b>BELVOIR</b>					
	BLUEBERRY & BLACKCURRANT CORDIAL	21945	50cl	6	4.45	Y
	ELDERFLOWER CORDIAL ORG	17892	500ml	6	4.89	Y
	GINGER CORDIAL ORG	13742	500ml	6	4.89	Y
	SPICED WINTER BERRY CORDIAL	17961	500ml	6	4.76	Y
	<b>SUMA</b>					
	APPLE CONCENTRATE ORG (CHILL)	22296	5lt	1	51.00	Y
	APPLE CONCENTRATE (CHILL)	18988	5lt	1	41.00	Y
<b>DESSERTS</b>	<b>PROVAMEL</b>					
	CAPUCCINO DESSERT POTS	20929	4x125g	6	1.95	N
	CARAMEL DESSERT POTS ORG	19059	4x125g	6	1.95	N
	CHOCOLATE DESSERT POTS	21006	4x125g	6	1.95	N
	VANILLA DESSERT POTS	21010	4x125g	6	1.95	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>CLEARSPRING</b>					
	AMAZAKE MILLET GF ORG	22696	370g	6	3.89	N
	APPLE & MANGO PUREE GF ORG	23512	2x100g	12	1.49	N
	FRUIT ONTHE GO APPLE & BLUE ORG	24193	120g	8	0.99	N
	FRUIT ONTHE GO APPLE & MANGO ORG	24194	120g	8	0.99	N
	FRUIT ONTHE GO PEAR PUREE ORG	24195	120g	8	0.99	N
	<b>ALPRO</b>					
	DARK CHOC DESSERT N POTS	18627	4x125g	6	1.95	N
<b>DESSERTS - TO PREPARE</b>	<b>JUST WHOLEFOODS</b>					
	CUSTARD POWDER	1111	100g	12	1.20	N
	JELLY CRYSTALS LEMON	110	85g	12	1.33	N
	JELLY CRYSTALS RASPBERRY	566	85g	12	1.30	N
	JELLY CRYSTALS STRAWBERRY	109	85g	12	1.33	N
	JELLY CRYSTALS TROPICAL FRUIT	108	85g	12	1.15	N
<b>DRINKS ALCOHOLIC</b>	<b>WINES</b>					
	ADOBE CHARDONNAY ORG	23743	75cl	6	10.99	Y
	BLANC ORG	20907	75cl	12	10.35	Y
	BUENAS ONDAS MALBEC ORG	15122	75cl	12	9.70	Y
	CABERNET SAUVIGNON MERLOT ORG	16024	75cl	12	12.80	Y
	CAMINO TINTO TEMPRANILLO ORG	22002	75cl	12	9.79	Y
	CARMENERE CAB-SAUVIGNON ORG	16022	75cl	6	13.39	Y
	CHAMPAGNE FAUST	24418	75cl	6	33.75	Y
	CHARDONNAY HALF BOT ORG	22966	37.5cl	24	7.75	Y
	CHENIN STELLAR NAT.STAR FT ORG	16837	75cl	12	10.66	Y
	CHIANTI TENUTA ORG	22595	70cl	12	13.25	Y
	DOMAINE DE PAJOT ORG	15382	75cl	12	10.50	Y
	DRAGORA SYRAH ORG	22958	75cl	6	10.18	Y
	GABRIEL-MERLOT ORG	13986	75cl	12	11.10	Y
	LIVE-A-LITTLE RED FT ORG	17488	75cl	6	10.45	Y
	MALBEC JEAN BOUSQUET ORG	20720	75cl	12	14.92	Y
	NO ADD SULPHUR CAB SAUV FT ORG	28502	75cl	6	11.16	Y
	NO ADDED SULPHUR MERLOT ORG	18430	75cl	12	11.16	Y
	PETRO VASELO	24138	75cl	6	9.99	Y
	RIOJA CRIANZA ORG	21836	75cl	12	15.81	Y
	RUNNING DUCK MERLOT FT OR	21267	75cl	12	10.89	Y
	SOAVE BORGOLETTIS ORG	17099	70cl	12	11.89	Y
	SPUMANTE PROSECCO BRUT	21536	75cl	6	15.69	Y
	TOUCHSTONE CHARDONNAY	16011	75cl	12	11.02	Y
	TOUCHSTONE MERLOT	16014	75cl	12	10.99	Y
	TOUCHSTONE PINOT GRIGIO ORG	17485	75cl	12	11.54	Y
	VDP DES BOUCHES D RHONE LNGCHMP	15080	75cl	6	11.35	Y
	WILD THING MERLOT ORG	20891	75cl	6	10.70	Y
	WILD THING SAUVIGNON BLANC ORG	20890	75cl	6	10.70	Y
	<b>DUNKERTONS CIDER</b>					
	BLACK FOX CIDER ORG	14867	500ml	12	2.83	Y
	PREMIUM CIDER ORG	14868	500ml	12	2.85	Y
	<b>HEATHER ALE</b>					
	FRAOCH HEATHER ALE	9084	500ml	12	2.05	Y
	GROZET GOOSBERRY ALE LARGE	13516	500ml	12	2.05	Y
	JOKER IPA	24146	500ml	12	2.05	Y
	KELPIE SEAWEED ALE LARGE	14215	500ml	12	2.00	Y
	SEVEN GIRAFFES	24145	500ml	12	2.05	Y
	<b>ISLE OF SKYE BREWERY</b>					
	SKYE BLACK ALE	10373	500ml	12	3.25	Y
	SKYE GOLD ALE	10374	500ml	12	3.25	Y
	SKYE RED ALE	10372	500ml	12	3.15	Y
	<b>ORKNEY BREWERY</b>					
	CORNCRAKE ALE	21803	500ml	12	2.95	Y
	DARK ISLAND BEER	9949	500ml	12	3.09	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ORKNEY GOLD	23617	330ml	24	2.25	Y
	RED MACGREGOR BEER	9950	500ml	12	2.95	Y
	<b>BLACK ISLE BREWERY</b>					
	GOLDENEYE BEER 5.6%	22174	330ml	24	2.45	Y
	GOLDFINCH GF	24294	330ml	24	2.26	Y
	LAGER BLONDE ORG	12957	500ml	12	2.94	Y
	LAGER BLONDE ORG	17696	330ml	24	2.29	Y
	POLLINATOR HONEY BEER	23463	330ml	24	2.30	Y
	PORTER ALE ORG	24358	330ml	24	2.31	Y
	RED KITE ALE ORG	12074	500ml	12	2.95	Y
	RED KITE BEER ORG	17695	330ml	24	2.26	Y
	YELLOWHAMMER BITTER ORG	24357	330ml	24	2.25	Y
	<b>WESTONS</b>					
	WYLD WOOD CIDER ORG 6%	13059	500ml	12	3.20	Y
	<b>SAM SMITHS</b>					
	PALE ALE ORG	13108	550ml	12	3.70	Y
	<b>ASPALLS</b>					
	DRY PREMIER CRU SUFFOLKCYDER	18800	500ml	12	3.00	Y
	SUFFOLK CYDER ORG	12583	500ml	12	3.24	Y
	<b>BEER SCOTLAND</b>					
	IPA WOOHA	23759	500ml	12	3.00	Y
	LAGER WOOHA	23756	500ml	12	2.83	Y
	PORTER WOOHA	23758	500ml	12	2.83	Y
	WHEAT BEER WOOHA	23757	500ml	12	3.00	Y
	<b>FENTIMANS</b>					
	BLOOM GIN & ROSE LEMONADE	23587	275ml	12	3.40	Y
	GIN AND TONIC	22713	275ml	12	3.90	Y
	HOLLOWS ALC 4% GINGER BEER GF	24205	330ml	12	1.88	Y
	HOLLOWS ALC 4% GINGER BEER GF	21731	500ml	8	2.99	Y
	HOLLOWS SPICE GING BEER 4% GF	24206	330ml	12	1.88	Y
	<b>DAAS</b>					
	DAAS BLONDE LAGER GF	22171	330ml	12	2.99	Y
	<b>SPEYSIDE CRAFT BREWERY</b>					
	BOTTLENOSE AMBER	24571	330ml	12	2.25	Y
	BOTTLENOSE BITTER	23153	500ml	12	2.90	Y
	BOW FIDDLE BLONDE	24572	330ml	12	2.25	Y
	FINDHORN KILLER IPA	24648	330ml	12	2.58	Y
	FINDHORN KILLER IPA	23152	500ml	12	3.10	Y
	MORAY IPA INDIA PALE ALE	22278	500ml	12	3.10	Y
	MORAY IPA	24573	330ml	12	2.40	Y
	RANDOLPH'S LEAP LAGER	24574	330ml	12	2.25	Y
	<b>THISTLY CROSS CIDER</b>					
	TRAD THISTLY CROSS CIDER	24216	500ml	12	2.82	Y
<b>ESSENTIAL OILS &amp; RELATED</b>	<b>AQUA OLEUM</b>					
	BERGAMOT OIL	2602	10ml	3	7.36	Y
	CITRONELLA OIL	2377	10ml	3	3.79	Y
	CLEAR HEAD	5845	10ml	3	5.60	Y
	CLOVE BUD OIL	2683	10ml	3	4.29	Y
	COCONUT CARRIER OIL	17101	100ml	6	3.95	Y
	GERANIUM OIL	1907	10ml	3	8.14	Y
	JASMINE OIL 5%	2598	10ml	3	8.99	Y
	JUNIPER OIL	2595	10ml	3	6.74	Y
	LAVENDER OIL MERCHANDISER 8	7098	10ml	18	5.19	Y
	LEMON OIL	1909	10ml	3	4.47	Y
	LEMONGRASS OIL	5825	10ml	3	4.84	Y
	ORANGE OIL	2597	10ml	3	3.96	Y
	PATCHOULI OIL	2599	10ml	3	5.13	Y
	PEPPERMINT OIL	2600	10ml	3	4.81	Y
	ROSE MAROC OIL (5% DILUTION)	1910	10ml	3	6.50	Y



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ROSE WATER	23506	100ml	6	6.09	Y
	ROSEMARY OIL	1911	10ml	3	4.82	Y
	SWEET ALMOND OIL	1914	100ml	6	3.10	Y
	TEA TREE OIL MERCHANDISER 8	7099	10ml	18	4.87	Y
	WITCH HAZEL WATER	23508	100ml	6	4.50	Y
	YLANG YLANG OIL	1913	10ml	3	7.50	Y
	<b>NATURAL BY NATURE</b>					
	CITRONELLA OIL ORG	18982	10ml	1	4.59	Y
	PEPPERMINT OIL ORG	22003	10ml	1	5.10	Y
<b>FLOURS - WHEAT</b>	<b>DOVES FARM</b>					
	BIO BAKE STRONG WHITE ORG	263	25kg	1	30.65	N
	BIOBAKE STRONG WHITE FLOUR ORG	10824	16kg	1	21.45	N
	BREAD FLOUR 100% WHOLEMEAL ORG	240	25kg	1	27.69	N
	BREAD FLOUR 100% WMEAL ORG	242	1.5kg	5	1.99	N
	FINE PLAIN WHOLEMEAL FLOUR ORG	2873	1kg	5	1.45	N
	KAMUT (KHORASAN) FLOUR ORG	18687	1kg	5	4.49	N
	MALTHOUSE 85% ORG	255	1kg	5	1.75	N
	MALTHOUSE FLOUR ORG	8101	25kg	1	38.39	N
	PASTA FLOUR ORG 16KG	24707	16kg	1	18.77	N
	PLAIN FLOUR GF 16KG	24708	16kg	1	27.00	N
	PLAIN WHITE FLOUR ORG	2314	25kg	1	30.89	N
	PLAIN WHITE FLOUR ORG	1510	1kg	5	1.55	N
	SELF RAISING FLOUR WHITE ORG	1511	1kg	5	1.59	N
	SELF RAISING WHITE ORG	10864	25kg	1	31.70	N
	SELF RAISING WHOLEMEAL ORG	5940	1kg	5	1.50	N
	STRONG UNBLEACHED WHITE ORG	1767	1.5kg	5	2.05	N
	WHITE BREAD FLOUR GF 16KG	24709	16kg	1	27.00	N
	<b>GOLSPIE MILL</b>					
	BREADFLOUR WHOLEMEAL ORG	9589	25kg	1	56.65	N
	BREADFLOUR WW ORG GOLSPIE	10873	1kg	8	2.69	N
	<b>MARRIAGE'S</b>					
	COUNTRY FAYRE STRONG MALT BB ORG	23211	1kg	6	1.69	N
	FINEST PLAIN FLOUR	21830	1.5kg	5	1.81	N
	FINEST STRONG WHITE FLOUR	5904	1.5kg	5	1.85	N
	LIGHT BROWN SELF RAISING ORG	23215	1kg	6	1.64	N
	LIGHT SPELT FLOUR	23615	1kg	6	1.99	N
	PLAIN WHITE FLOUR ORG	23210	1kg	6	1.49	N
	SELF RAISING WHITE ORG	23349	1kg	6	1.49	N
	STRONG WHITE FLOUR ORG	23372	1kg	6	1.75	N
	STRONG WHOLEMEAL BREAD ORG	23212	1kg	6	1.59	N
	VERY STRG WHOLEMEAL100% CANAD	15673	1.5kg	5	1.95	N
	VERY STRONG WHITE 100% CANADIAN	14955	1.5kg	5	1.95	N
	<b>SHIPTON MILL</b>					
	100% WHOLEMEAL FLOUR ORG 16KG	12720	16kg	1	21.10	N
	100% WHOLEMEAL FLOUR ORG 2.5KG	12721	2.5kg	5	3.49	N
	ITALIAN WHITE TYPE 00 FLOUR	23624	1kg	6	1.95	N
	LIGHT MALTHOUSE FLOUR ORG	12727	16kg	1	25.69	N
	STG WHITE BREAD FLOUR ORG No4	12730	16kg	1	19.42	N
	STONEGRND WHOLEMEAL FLOUR ORG	12732	1kg	6	1.45	N
	TRAD STRONG WHITE FLOUR ORG	12728	2.5kg	5	3.69	N
	TRAD WHITE BREAD FLOUR ORG	12590	1kg	6	1.39	N
	WHITE FLOUR STANDARD ORG 16KG	12723	16kg	1	20.05	N
	<b>N.R.STOATE &amp; SONS</b>					
	MALTSTAR FLOUR ORG	15792	8kg	1	16.25	N
	STRONG WHITE FLOUR ORG	15793	8kg	1	13.52	N
	<b>BACHELDRE WATERMILL</b>					
	RUSTIC COUNTRY BREAD FLOUR ORG	23745	1kg	4	2.37	N
	SG PLAIN UNBL WHITE FLOUR ORG	18973	1.5kg	4	2.42	N
	SG STRONG 100% WMEAL FLOUR ORG	18972	1.5kg	4	2.64	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	SG STRONG MALTED 5 SEED ORG	18976	1.5kg	4	4.39	N
	SG STRONG MALTED BLND FLOUR ORG	18977	1.5kg	4	2.85	N
	SG STRONG UNBL WHITE FLOUR ORG	18157	1.5Kg	4	2.64	N
	<b>GILCHESTERS ORGANICS</b>					
	STRONG WHITE WHEAT FLOUR ORG	19929	1.5kg	6	3.35	N
	UNBLEACH WHITE FLOUR SG ORG	22940	15kg	1	21.80	N
	WHOLE SPELT FLOUR 100% SG ORG	21565	1.5kg	6	3.60	N
	<b>CARR'S</b>					
	MALTED BROWN (FIBRESUM 66) FLOUR	276	16kg	1	22.43	N
	SELF RAISING UNBLEACHED WHITE	20378	16kg	1	21.67	N
	<b>MUNGOSWELLS</b>					
	FARMMILLED WHITE PLAIN FLOUR ORG	24334	1.5kg	6	3.25	N
<b>FLOURS &amp; MEALS - OTHERS</b>	<b>DOVES FARM</b>					
	BROWN BREAD FLOUR GF	15298	1kg	5	2.50	N
	BUCKWHEAT FLOUR	21641	1kg	5	3.49	N
	EINKORN FLOUR ORG	21075	1kg	5	3.25	N
	EMMER WHOLEMEAL FLOUR ORG	24261	1kg	5	3.39	N
	GLUTEN FREE PLAIN WHITE FLOUR	10229	1kg	5	2.35	N
	GLUTEN FREE WHITE SR FLOUR WF	20168	1kg	5	2.35	N
	GRAM FLOUR GF	5736	1kg	5	2.49	N
	PASTA FLOUR ORGANIC	6829	1kg	5	1.79	N
	PIZZA BASE MIX GF	24526	350g	5	2.55	N
	RICE FLOUR GF	5737	1kg	5	1.85	N
	RYE FLOUR ORG	262	1kg	5	1.79	N
	RYE FLOUR WHOLEMEAL	14962	25kg	1	22.35	N
	SELF RAISING WHITE GF	19792	16kg	1	29.50	N
	SPELT FLOUR WHOLE DF	22949	25kg	1	43.75	N
	SPELT FLOUR WW ORG	2621	1kg	5	2.95	N
	WHITE BREAD FLOUR GF	15213	1kg	5	2.35	N
	WHITE RYE FLOUR ORG	23437	1kg	5	1.95	N
	WHITE SPELT FLOUR ORG	21877	25kg	1	67.09	N
	WHITE SPELT FLOUR ORG	17799	1kg	5	3.39	N
	<b>GOLSPIE MILL</b>					
	BROSEMEAL OR PEASEMEAL	271	25kg	1	82.33	N
	BROSEMEAL OR PEASEMEAL	10658	1kg	8	4.38	N
	RYE FLOUR ORG	12605	25kg	1	55.80	N
	RYE FLOUR ORG	12623	1kg	8	2.69	N
	<b>SHIPTON MILL</b>					
	BROWN RICE FLOUR G OR	24743	750g	6	2.55	N
	CHESTNUT FLOUR GF ORG	20427	500g	6	6.73	N
	SPELT FLOUR WHOLE SHIPTON ORG	13616	25kg	1	69.59	N
	THREE MALT & SUNFLR BROWN ORG	12344	1kg	6	1.55	N
	<b>HIGHLAND W/FOODS ORGANIC</b>					
	SOYA FLOUR ORG	9486	500g	6	3.35	N
	<b>ORGRAN</b>					
	SELF RAISING GF FLOUR	19973	500g	7	3.05	N
	<b>ESSENTIAL</b>					
	MAIZE FLOUR ORG	6180	500g	6	1.42	N
	<b>TRIPLE LION</b>					
	CORNMEAL FINE	17500	1.5kg	6	2.34	N
	<b>BACHELDRE WATERMILL</b>					
	STONEGROUND RYE FLOUR ORG	18974	1.5kg	4	3.30	N
	<b>INFINITY</b>					
	BUCKWHEAT FLOUR GF ORG	22144	500g	6	3.64	N
	POLENTA FLOUR GF ORG	24246	500g	6	2.97	N
	TAPIOCA FLOUR GF ORG	19770	500g	6	2.83	N
	<b>OSPIRO</b>					
	SEMOLINA WHITE	389	3kg	4	4.25	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>GREENCITY</b>					
	LIGHT RYE FLOUR ORG	21938	10kg	1	18.47	N
	<b>GILCHESTER ORGANICS</b>					
	PIZZA & CIABATTA FLOUR ORG	19850	1.5kg	6	3.35	N
	SEMOLINA FLOUR STONEGRND ORG	21627	500g	6	1.70	N
	<b>SUMA</b>					
	POTATO FLOUR	22551	500g	6	1.79	N
	<b>BARONY MILLS</b>					
	ORKNEY BEREMEAL COARSE 3KG	24662	3kg	3	9.95	N
	ORKNEY BEREMEAL FINE 1.5kg	23048	1.5kg	6	4.60	N
	ORKNEY BEREMEAL FINE 25KG	23881	25kg	1	78.33	N
	ORKNEY BEREMEAL FINE 3KG	24660	3kg	3	9.95	N
	ORKNEY BEREMEAL FINE 750g	23049	750g	12	3.00	N
	ORKNEY BEREMEAL MED 3KG	24661	3kg	3	9.95	N
	<b>COOL CHILE CO.</b>					
	MASA HARINA FOR TORTILLAS	24444	500g	6	3.30	N
	<b>BIONA</b>					
	COCONUT FLOUR ORG	24668	500g	12	4.39	N
<b>FOOD FLAVOURINGS &amp; BAKING</b>	<b>BIONA</b>					
	STEM GINGER IN SYRUP ORG	21007	330g	6	7.19	N
	<b>BLUE DRAGON</b>					
	COCONUT CREAM	21056	250ml	12	1.80	N
	COCONUT MILK MINI CANS	15855	165ml	24	0.75	N
	COCONUT MILK TINS 400ml	2435	400ml	12	1.84	N
	CREAMED COCONUT BLOCK	17517	200g	12	1.75	N
	REDUCED FAT COCONUT MILK CANS	13162	400ml	12	1.84	N
	<b>CERTO</b>					
	LIQUID PECTIN 250ml	2436	250ml	6	2.45	N
	<b>JUST WHOLEFOODS</b>					
	BREADCRUMBS WHOLEMEAL ORG	9764	175g	6	1.29	N
	VEGEREN	19316	30ml	4	1.65	N
	VEGESET (SETTING AGENT) GF	20883	25g	10	1.90	N
	<b>KHYBER</b>					
	VEGETABLE GHEE	14775	908g	1	4.15	N
	<b>LANGDALES</b>					
	VANILLA ESSENCE	1103	28ml	12	1.60	N
	<b>ORGRAN</b>					
	NO EGG REPLACER GF	9809	200g	8	2.69	N
	<b>SUMA</b>					
	VITAL WHEAT GLUTEN	23179	500g	6	3.32	N
	<b>SUNITA</b>					
	LEMON JUICE IN LEMON SHAPE	6966	200ml	12	1.00	N
	LEMON JUICE ORG	10887	250ml	12	2.49	N
	LEMON JUICE ORG	13866	1lt	6	6.59	N
	LIME JUICE LIME SHAPED	8106	200ml	12	0.99	N
	LIME JUICE ORG	17147	250ml	12	2.21	N
	<b>CALLEBAUT</b>					
	DARK CHOCOLATE DROPS	19014	2.5kg	1	28.00	N
	<b>HIGHLAND WHOLEFOODS</b>					
	BAKING POWDER GF 500g	878	500g	1	3.19	N
	BICARBONATE OF SODA 500g	1112	500g	1	2.80	Y
	CREAM OF TARTAR 500g	489	500g	1	6.22	N
	GINGER CRYSTALLISED	24370	3kg	1	30.93	Y
	GINGER CRYSTALLISED	18007	250g	6	3.12	Y
	GINGER CRYSTALLISED	14185	500g	6	5.16	Y
	<b>PRIDE</b>					
	CREAMED COCONUT	1108	200g	40	1.37	N
	<b>ESSENTIAL</b>					
	COCONUT MILK ORG	18201	400g	6	1.65	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CREAMED COCONUT ESSENTIAL ORG	21967	200g	6	1.79	N
	<b>EPICURE</b>					
	STEM GINGER IN SYRUP	24567	350g	6	3.19	N
	STEM GINGER IN SYRUP	21009	225g	6	2.23	N
	<b>COTSWOLD</b>					
	CAROB POWDER	1117	250g	10	2.05	N
	<b>BARKAT</b>					
	BAKING POWDER GF	18941	100g	6	1.69	N
	<b>DOVES FARM</b>					
	BAKING POWDER GF ORG	20854	1kg	3	4.89	N
	BAKING POWDER GF ORG	22962	130g	5	1.50	N
	BICARBONATE OF SODA GF	20855	1kg	3	3.60	Y
	BICARBONATE OF SODA GF	22961	200g	5	1.60	Y
	CORNFLOUR GF ORG	20857	1kg	3	5.65	N
	CORNFLOUR GF ORG	22963	110g	5	1.75	N
	VITAMIN C GF	22964	120g	6	4.40	Y
	XANTHAN GUM 1kg GF	20856	1kg	3	14.69	Y
	XANTHAN GUM GF	22965	100g	5	3.15	Y
	<b>STEENBERGS ORGANIC</b>					
	ORANGE FLOWER WATER ORG	21065	100ml	6	3.75	N
	PEPPERMINT EXTRACT ORG	21593	100ml	6	5.05	N
	ROSEWATER ORG	19734	100ml	6	3.89	N
	<b>NOEL'S</b>					
	BICARBONATE OF SODA IN JARS	20478	900g	6	3.69	N
	<b>STEENBERGS</b>					
	CREAM OF TARTAR	21933	70g	12	2.05	N
	<b>ISABELS</b>					
	BATTER MIX GLUTEN FREE	22516	125g	8	2.40	N
	<b>PATAKS</b>					
	CREAMED COCONUT POUCHES	23006	200g	12	1.90	N
	<b>AMAIZIN</b>					
	COCONUT MILK ORG 200ml	23593	200ml	12	1.51	N
	<b>NATURE'S CHARM</b>					
	EVAPORATED COCONUT MILK GF	24541	360ml	24	2.14	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	COCOA POWDER ORG 1KG	24548	1kg	6	9.60	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	COCOA POWDER ORG 3KG	12150	3kg	4	20.99	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PREPACKS</b>					
	GINGER CRYSTALISED ORG	14564	125g	6	1.86	N
	<b>ORGANIC BULK</b>					
	COCOA POWDER ORG 25KG	12150B	25kg	1	209.43	N
	GINGER CRYSTALISED ORG SO 15KG	19856B	15kg	1	125.85	N
<b>FROZEN - CONVENIENCE</b>	<b>IMPULSE</b>					
	TEMPEH (FROZEN) ORG	17704	227g	10	3.20	N
	<b>FRYS</b>					
	BURGERS TRADITIONAL FROZEN	20400	320g	10	3.95	N
	POLONY (SLICING SAUSAGE)	19420	500g	10	4.56	N
	QUINOA FALAFEL BURGER GF FRZN	23889	260g	6	4.00	N
	SAUSAGE ROLLS	19888	400g	10	4.33	N
	SCHNITZELS	19080	320g	6	3.54	N
	TRADITIONAL SAUSAGES FROZEN	20401	380g	10	4.33	N
	<b>NATURAL COOL</b>					
	BERRY MIX FROZEN ORG	18905	300g	10	3.93	N
	CHIPS FROZEN ORG	19847	1.25kg	6	5.09	N
	<b>CLIVE'S</b>					
	ARABIAN CHICKPEA PIE ORG SO	21279	250g	6	3.24	N
	BOMBAY VEG & DAAL TART FRZN	24666	190g	6	3.99	N
	CREAMY MUSHROOM PIE ORG	21281	250g	6	3.24	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	GREEK LENTIL OLIVE PIE ORG	22398	250g	6	3.24	N
	LENTIL&KALE TART FRZN GF	24679	190g	6	4.00	N
	MINTY CHICKPEA PIE GF ORG	22397	250g	6	3.39	N
	PEA CARROT CUMIN TART FRZN GF	24680	190g	6	4.00	N
	SAAG ALOO CURRY PIE ORG	20403	250g	6	3.25	N
	SOYSAGE ROLL ORG	22910	120g	10	1.58	N
	TOMATO & OLIVE TART FRZN	24667	190g	6	3.99	N
	VEG CHILLI PASTY ORG SO	22399	190g	6	3.39	N
	VEGETABLE CHILLI PIE GF ORG	24516	235g	6	3.39	N
	<b>QUORN</b>					
	QUORN VEGAN BURGERS	23891	264g	8	3.45	N
	QUORN VEGAN PIECES	23890	280g	8	3.45	N
	<b>AMY'S KITCHEN</b>					
	BEAN & RICE BURRITO GF	21556	156g	12	2.20	N
	MAC CHEESE DAIRY & GLUTEN FREE	21555	255g	6	3.56	N
	<b>ST JAMES</b>					
	FILO PASTRY	22909	400g	10	1.75	N
	<b>FOREST FOODS</b>					
	NUT ROAST GARLIC HERBS FRZ	24118	230g	8	4.09	N
	<b>YUTAKA</b>					
	EDAMAME BEANS FRZN	24045	500g	10	2.45	N
	<b>WINDMILL HILL</b>					
	BLACKCURRANTS BRIT ORG FRZN	24397	400g	12	3.06	N
	<b>ONE PLANET PIZZA</b>					
	FUNGI FEAST PIZZA FROZEN	24645	455g	10	6.00	N
	MEDIT VEGAN PIZZA FROZEN	24641	486g	10	6.15	N
<b>FROZEN DESSERTS</b>	<b>BOOJA BOOJA</b>					
	COCONUT HULLABALOO ICECRM VGN /2	24212	110ml	22	2.49	Y
	HUNKY PUNKY CHOC DESSERT ORG	19068	500ml	6	6.91	Y
	HUNKY PUNKY CHOC ICECRM VGN	24114	500ml	6	6.73	Y
	<b>SWEDISH GLACE</b>					
	SWEDISH GLACE SMOOTH VANILLA	17854	750ml	6	4.45	Y
	<b>JOLLYUM</b>					
	DOUBLE CHOC ICECREAM ORG	24476	125ml	12	2.12	Y
	MAPLE & PECAN ICECREAM ORG	24478	125ml	12	2.12	Y
	MAPLE & PECAN ICECREAM ORG	24477	500ml	6	6.50	Y
<b>FRUIT &amp; CARBONATED DRIN</b>	<b>BOTTLE GREEN</b>					
	ELDERFLOWER PRESSE	17682	275ml	12	1.76	Y
	POMEGRANATE & ELDRFL PRESSE	18398	275ml	12	1.76	Y
	<b>BOUVRAGE</b>					
	RASPBERRY JUICE DRINK BOTTLES	9970	250ml	12	1.83	Y
	<b>FENTIMANS</b>					
	BOTANICAL TONIC WATER	24321	500ml	8	1.99	Y
	CURIOSITY COLA	15273	275ml	12	1.30	Y
	CURIOSITY COLA CAN	24613	250ml	24	1.32	Y
	CURIOSITY COLA LARGE BOTTLE	20628	750ml	8	2.84	Y
	DANDELION & BURDOCK	16327	275ml	12	1.30	Y
	DANDELION & BURDOCK LARGE BOTTLE	19857	750ml	8	2.84	Y
	GINGER BEER	6800	275ml	12	1.30	Y
	GINGER BEER LARGE BOTTLE	19858	750ml	8	2.84	Y
	MANDARIN SEVILLE ORANGE JIGGER	15494	275ml	12	1.30	Y
	MEDIT ORANGE TONIC WATER	24718	500ml	8	1.99	Y
	PINK GRAPEFRUIT TONIC WATER	24320	500ml	8	1.99	Y
	ROSE LEMONADE	20627	275ml	12	1.35	Y
	ROSE LEMONADE CAN	24612	250ml	24	1.32	Y
	ROSE LEMONADE LARGE BOTTLE	19859	750ml	8	2.84	Y
	SPARKLING LIME & JASMINE	23830	275ml	12	1.30	Y
	TONIC WATER MIXER SIZE	18698	125ml	24	0.67	Y
	TRADITIONALLY BREWED SHANDY	15495	275ml	12	1.30	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	VICTORIAN LEMONADE	6801	275ml	12	1.30	Y
	WILD ELDERFLOWER BOTTLES	23373	275ml	12	1.35	Y
	WILD ENGLISH ELDERFLOWER CAN	24615	250ml	24	1.32	Y
	WILD ENGLISH ELDERFLOWER LRG	24006	750ml	8	2.84	Y
	<b>WHOLE EARTH</b>					
	APPLE SPARKLING ORG	22034	330ml	24	1.09	Y
	COLA CANS ORGANIC	12411	330ml	24	1.09	Y
	CRANBERRY JUICE MOUNTAIN ORG	12522	330ml	24	1.09	Y
	ELDERFLOWER SPARKLG CAN ORG	14261	330ml	24	1.09	Y
	GINGER SPARKLING CANS ORG	14260	330ml	24	1.09	Y
	LEMONADE CANS ORG	12538	330ml	24	1.09	Y
	ORANGE & LEMON SPARKLING ORG	22035	330ml	24	1.09	Y
	<b>BELVOIR</b>					
	ELDERFLOWER & ROSE PRESSE	21948	750ml	6	2.99	Y
	ELDERFLOWER PRESSE ORG	13748	250ml	12	1.39	Y
	ELDERFLOWER PRESSE ORG	13749	750ml	6	2.74	Y
	GINGER BEER ORG	13744	250ml	12	1.39	Y
	GINGER BEER ORG	13745	750ml	6	2.79	Y
	LEMONADE ORG	13747	750ml	6	2.79	Y
	RASPBERRY LEMONADE	20588	250ml	12	1.50	Y
	RASPBERRY LEMONADE	23428	750ml	6	2.95	Y
	<b>LUSCOMBE FARM</b>					
	GINGER BEER HOT ORG	14697	320ml	24	1.60	Y
	<b>THE ORGANIC COLLECTION</b>					
	BLUEBERRY SPARKLE ORG	24147	75cl	6	5.45	Y
	BUBBLY BLACKCURRANT ORG	24148	75cl	6	5.45	Y
	RASPBERRY FIZZ ORG	24149	75cl	6	6.45	Y
	<b>HEALTHY THIRST</b>					
	SPARKLING ELDERFLOWER DRINK	16713	330ml	12	1.78	Y
	<b>SCHECKTERS</b>					
	ENERGY DRINK FT ORG	20992	250ml	12	1.69	Y
	<b>CAWSTON PRESS</b>					
	GOOSEBERRY SODA	23879	330ml	24	0.99	Y
	SPARKLING CLOUDY APPLE DRINK	23167	330ml	24	0.99	Y
	SPARKLING RHUBARB DRINK CAN	22868	330ml	24	0.99	Y
	<b>KARMA COLA</b>					
	KARMA COLA CAN FT ORG	24060	250ml	24	1.18	Y
	LEMONY LEMONADE CAN FT ORG	24061	250ml	24	1.18	Y
	<b>FRITZ-KOLA</b>					
	FRITZ KOLA DRINK WITH CAFFEINE	23364	330ml	24	1.59	Y
	<b>BRECKLAND ORCHARD</b>					
	GINGER BEER CHILLI POSH POP	23384	275ml	12	1.56	Y
	<b>EQUINOX KOMBUCHA</b>					
	KOMBUCHA GINGER ORG	23527	275ml	20	1.94	Y
	KOMBUCHA ORIGINAL ORG	23530	275ml	20	1.95	Y
	KOMBUCHA RASP & ELDERFLOWER ORG	23531	275ml	20	1.94	Y
	<b>LEMONAID</b>					
	LEMONAID BLOOD ORANGE FT ORG	23861	330ml	24	1.59	Y
	LEMONAID PASSION FRUIT FT ORG	23863	330ml	24	1.59	Y
	<b>OVERHANG</b>					
	OVERHANG DRINK + MILK THISTLE	24076	500ml	12	1.99	Y
	<b>BERRIED</b>					
	BLACKCURRANT APPLE DRINK NAS	24761	250ml	12	1.41	Y
	RASP AND APP DRINK NO SUG	24338	250ml	12	1.41	Y
	STRAWBERRY APPLE DRINK NAS	24762	250g	12	1.41	Y
	<b>CHARITEA</b>					
	CHARITEA BLACK FT ORG	24711	330ml	24	1.32	N
	CHARITEA MATE FT ORG	24713	330ml	24	1.32	N
	CHARITEA RED FT ORG	24714	330ml	24	1.32	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>JUICE SHED</b>					
	JUICY FUEL BLUEBERRY COLA	24717	250ml	24	0.67	Y
	JUICY FUEL CHERRY COLA	24716	250ml	24	0.67	Y
	JUICY FUEL COLA	24715	250ml	24	0.67	Y
<b>FRUIT JUICES</b>	<b>BIONA</b>					
	APPLE JUICE TETRA ORG	19689	1lt	6	3.69	Y
	CHERRY JUICE PURE TART ORG	20537	1lt	6	4.99	Y
	COCONUT WATER CAN ORG	20536	330ml	12	1.79	Y
	CRANBERRY FRUIT DRINK NAS ORG	23800	750ml	6	4.69	Y
	FRESH PRESSED ORANGE JUICE ORG	21564	1lt	6	5.68	Y
	POMEGRANATE JUICE ORG	17999	1lt	6	4.99	Y
	<b>CAWSTON PRESS</b>					
	APPLE & ELDERFLOWER JUICE	20955	1lt	6	2.58	Y
	APPLE & GINGER PREMIUM JUICE	19949	1lt	6	3.00	Y
	APPLE & RHUBARB PREMIUM JUICE	19950	1lt	6	3.03	Y
	<b>FROBISHERS</b>					
	ORANGE JUICE (GLASS)	20581	250ml	24	1.55	Y
	<b>JAMES WHITE</b>					
	GINGER ZINGER SHOT ORG	24753	70ml	15	1.50	Y
	TURMERIC JUICE ZINGER SHOT	24422	75cl	15	1.50	Y
	<b>STUTE</b>					
	APPLE JUICE	10827	1lt	8	1.65	Y
	APPLE JUICE MINIS 5X250	13152	5X250m	7	2.95	Y
	CRANBERRY JUICE DRINK	13771	1lt	8	1.45	Y
	ORANGE JUICE	10828	1lt	8	1.65	Y
	ORANGE JUICE MINIS 5X250ml	13147	5x250	7	2.95	Y
	ORANGE JUICE VALUE PACK SIZE	19171	1.5lt	8	2.19	Y
	RED GRAPE JUICE	6812	1lt	8	1.89	Y
	<b>VITALIA</b>					
	PRUNE JUICE ORG GF	20512	75cl	6	7.99	Y
	<b>SUNITA</b>					
	ORANGE JUICE FRESH SQUEEZE ORG	13210	1lt	6	5.55	Y
	<b>BERRY COMPANY</b>					
	BLUEBERRY JUICE	21037	1lt	12	2.52	Y
	GOJI JUICE	21038	1lt	12	2.60	Y
	GREEN T & BLUEBERRY JUICE	21550	1lt	12	2.49	Y
	POMEGRANATE JUICE	21551	1lt	12	2.49	Y
	SUPERBERRY PURPLE JUICE	21552	1lt	12	2.52	Y
	SUPERBERRY RED JUICE	21553	1lt	12	2.49	Y
	WHITE TEA & PEACH JUICE	21554	1lt	12	2.49	Y
	<b>FRUIT HIT</b>					
	APPLE JUICE FT /27	23398	200ml	27	0.62	Y
	ORANGE JUICE FT	23865	500ml	12	1.40	Y
	ORANGE JUICE FT /27	23438	200ml	27	0.62	Y
	<b>ELLAS KITCHEN</b>					
	GREEN ONE FRUIT SMOOTHIE ORG	19387	90g	12	0.99	N
	PURPLE ONE FRUIT SMOOTHIE ORG	18281	90g	12	0.99	N
	RED ONE FRUIT SMOOTHIE ORG	18282	90g	12	0.99	N
	YELLOW ONE FRUIT SMOOTHIE ORG	18283	90g	12	0.99	N
	<b>VITA COCO</b>					
	COCONUT WATER LARGE	20577	1lt	12	4.09	Y
	COCONUT WATER SMALL	20578	330ml	12	1.75	Y
	<b>CHI</b>					
	100% COCONUT WATER LARGE	22622	1lt	12	3.79	Y
	100% COCONUT WATER SMALL	22623	330ml	12	1.69	Y
<b>FRUITS - DRIED</b>	<b>ESSENTIAL</b>					
	HUNZA APRICOTS (SO2)	24267	250g	6	4.00	N
	<b>HIGHLAND WHOLEFOODS PRE PACKS</b>					
	APPLE RINGS SO2	12941	250g	6	3.40	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	APRICOTS SELECT	6130	250g	6	3.51	N
	APRICOTS SELECT	6482	500g	6	6.09	N
	APRICOTS WHOLE UNSULPHURED	6129	250g	6	2.65	N
	APRICOTS WHOLE UNSULPHURED	14628	500g	6	4.40	N
	CHERRIES GLACE	22449	250g	6	2.75	N
	CHERRIES SOUR	23148	250g	6	8.25	N
	CURRANTS	6158	250g	6	1.81	N
	DATES	6160	500g	6	2.25	N
	DATES CHOPPED IN RICE FLOUR	14636	250g	6	1.69	N
	FIGS	312	500g	6	5.92	N
	MIXED VINE FRUIT	1788	500g	6	3.35	N
	PAPAYA & PINEAPPLE MIX	19114	125g	6	1.80	Y
	PAPAYA DICED	14656	125g	6	2.13	Y
	PINEAPPLE DICED	14655	125g	6	1.89	Y
	PRUNES PITTED	6509	250g	6	2.07	N
	PRUNES PITTED VALUE PACK	14186	500g	6	3.22	N
	SULTANAS AUSTRALIAN	14654	500g	6	2.41	N
	<b>SUMA</b>					
	CHERRIES GLACE SUGAR NAT COL	23779	200g	6	2.65	N
	GOJI BERRIES	20519	1kg	1	21.50	N
	MIXED PEEL	22281	200g	6	1.75	N
	SOUR MORELLO CHERRIES	23755	125g	6	3.51	N
	<b>TROPICAL WHOLEFOODS</b>					
	BOGOYA BANANA FT 4	17089	125g	14	2.25	N
	MANGO FRITES SUN DRIED ORG FT	6585	1kg	1	15.85	N
	MANGO SUN DRIED FT ORG 4	2461	100g	14	2.59	N
	PINEAPPLE SUN DRIED FT 4	2463	100g	14	2.25	N
	SUN DRIED APRICOTS SO2 FT 4	17087	125g	14	1.75	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	APPLE RINGS	23110	1kg	6	11.18	N
	APRICOTS CHOPPED	23170	1kg	6	6.00	N
	APRICOTS UNSULPHURED WHOLE	4965	1kg	6	8.20	N
	APRICOTS WHOLE SELECT	4964	1kg	6	11.44	N
	CHERRIES GLACE RED	16172	1kg	6	9.00	N
	CHERRIES SOUR	16171	1kg	6	30.50	N
	CURRANTS	4968	1kg	6	4.79	N
	DATES	4969	1kg	6	3.99	N
	DATES CHOPPED	21539	1kg	6	4.32	N
	FIGS	4970	1kg	6	11.24	N
	FRUIT SALAD	22939	1kg	6	10.96	N
	MIXED PEEL	23105	1kg	6	3.99	N
	MIXED VINE FRUIT	23106	1kg	6	6.05	N
	PAPAYA DICED SWEETENED SO2	23107	1kg	6	8.25	N
	PEACHES SO2	22051	1kg	6	15.95	N
	PEARS SO2	22052	1kg	6	15.60	N
	PINEAPPLE DICED	16927	1kg	6	7.80	Y
	PRUNES PITTED	4976	1kg	6	6.00	N
	RAISINS	4979	1kg	6	5.00	N
	RAISINS BLACK FLAME	23108	1kg	6	5.65	N
	SULTANAS AUSTRALIAN	4981	1kg	6	7.12	N
	SULTANAS IRAN/TURK	16925	1kg	6	7.99	N
	<b>LA BIO-IDEA</b>					
	LEMON PEEL CANDIED ORG	13579	100g	8	1.95	N
	<b>GREEN CITY</b>					
	GOJI BERRIES	18577	100g	10	2.10	N
	PEACH HALVES PRE PACKS	16248	250g	5	4.80	N
	PEAR HALVES	14957	250g	5	4.90	N
	<b>ZAYTOUN</b>					
	DATES MEDJOUL PALESTINIAN FT	19883	250g	6	4.69	N



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>OSPRIO</b>					
	CHERRIES GLACE NAT RED 1KG	24568	1kg	6	6.18	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	APPLE RINGS	22796	3kg	4	31.20	N
	APRICOTS CHOPPED SO2	22797	3kg	4	14.99	N
	APRICOTS NO SO2	22798	3kg	4	22.25	N
	BLUEBERRIES	22799	3kg	4	70.80	N
	CHERRIES GLACE NATURAL	22801	3kg	4	22.42	N
	CHERRIES SOUR	22800	3kg	4	89.35	N
	CRANBERRIES DICED	22804	3kg	4	23.50	N
	CRANBERRIES SLICED	22802	3kg	4	16.25	N
	CRANBERRIES WHOLE	22803	3kg	4	24.28	N
	FIGS	22805	3kg	4	31.37	N
	FRUIT SALAD	22806	3kg	4	30.54	N
	MIXED PEEL	23311	3kg	4	9.61	N
	MIXED VINE FRUIT	22808	3kg	4	15.75	N
	PAPAYA DICED SWEETENED SO2	24159	3kg	4	22.94	N
	PEACHES SO2	22810	3kg	4	45.50	N
	PEARS SO2	22811	3kg	4	42.00	N
	PINEAPPLE DICED SWEET SO2	24162	3kg	4	16.75	N
	PRUNES LARGE 20 0	22812	3kg	4	25.11	N
	PRUNES MEDIUM	23331	3kg	4	19.91	N
	RAISINS FLAME	22814	3kg	4	14.62	N
	SULTANAS AUSTRALIAN	22816	3kg	4	19.01	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACK</b>					
	APRICOTS UNSO2 WHOLE ORG	6296	250g	6	2.50	N
	CRANBERRIES ORG	19065	125g	6	2.03	N
	CURRANTS ORG	6508	250g	6	2.30	N
	DATES FT ORG	19936	250g	6	2.56	N
	FIGS ORG	6310	250g	6	3.79	N
	MANGO SLICES ORG	14565	250g	6	6.20	N
	MIXED VINE FRUIT ORG	6320	250g	6	2.03	N
	RAISINS ORG	6333	500g	6	4.37	N
	RAISINS ORGANIC	6332	250g	6	2.45	N
	SULTANAS TURKISH ORG	6344	250g	6	1.55	N
	SULTANAS TURKISH ORG	6345	500g	6	2.99	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	APRICOTS WHOLE ORG	22069	1kg	6	7.50	N
	CURRANTS ORG	22070	1kg	6	7.54	N
	DATES CHOPPED ORG	22712	1kg	6	7.58	N
	DATES PITTED ORG	4909	1kg	6	8.73	N
	FIGS ORG	4910	1kg	6	11.88	N
	MIXED VINE FRUIT ORG	22072	1kg	6	6.65	N
	PRUNES PITTED ORG	22073	1kg	6	13.65	N
	RAISINS ORG	4911	1kg	6	9.97	N
	SULTANAS TURKISH ORG	4912	1kg	6	5.25	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	APRICOTS WHOLE ORG 3KG	303	3kg	4	25.00	N
	CURRANTS ORG 3KG	324	3kg	4	20.31	N
	DATES CHOPPED ORG 3KG	16772	3kg	4	18.45	N
	DATES PITTED ORG 3KG	1780	3kg	4	23.88	N
	FIGS ORG 3KG	313	3kg	4	33.72	N
	MIXED VINE FRUIT ORG 3KG	7736	3kg	4	17.68	N
	PRUNES PITTED ORG 3KG	2764	3kg	4	38.61	N
	RAISINS ORG 3KG	339	3kg	4	27.60	N
	RAISINS SEEDLESS TURKEY ORG 3KG	12786	3kg	4	12.99	N
	SULTANAS TURKISH ORG 3KG	344	3kg	4	13.53	N
	<b>ORGANIC BULK</b>					
	APRICOTS WHOLE ORG 12.5KG	303B	12.5kg	1	75.00	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CURRANTS ORG 12.5KG	324B	12.5kg	1	78.87	N
	DATES CHOPPED ORG 10KG	16772B	10kg	1	56.00	N
	DATES PITTED ORG 5KG	1780B	5kg	1	37.50	N
	FIGS ORG 10KG	313B	10kg	1	105.25	N
	MIXED VINE FRUIT ORG 25KG	7736B	25kg	1	135.82	N
	PRUNES PITTED ORG 10KG	2764B	10kg	1	124.12	N
	RAISINS ORG 10KG	339B	10kg	1	87.38	N
	RAISINS SEEDLESS TURKEY ORG 12.5KG	12786B	12.5kg	1	48.23	N
	SULTANAS TURKISH ORG 12.5KG	344B	12.5kg	1	40.75	N
	<b>FULL SHIPPERS</b>					
	APPLE RINGS SO2 CASE 10KG	294	10kg	1	99.50	N
	APRICOTS CHOPPED SO2CASE	17227	12.5kg	1	48.50	N
	APRICOTS NO SO2 CASE 12.5KG	298	12.5kg	1	85.00	N
	APRICOTS SELECT CASE 12.5KG	22375	12.5kg	1	80.00	N
	BLUEBERRIES CASE 9.07KG	14680	9.07kg	1	129.52	N
	CHERRIES GLACE NAT CASE 10KG	317	10kg	1	70.22	N
	CHERRIES SOUR CASE 9KG	15391	9kg	1	264.00	N
	CHOPPED DATES CASE	22959	12.5kg	1	38.17	N
	CRANBERRIES DICED CASE	17998	11kg	1	82.00	N
	CRANBERRIES SLICED CASE	5958	11.34k	1	64.00	N
	CRANBERRIES WHOLE CASE	17997	11kg	1	86.67	N
	CURRANTS CASE 12.5KG	22376	12.5kg	1	44.43	N
	DATES PITTED CASE 10KG	22053	10kg	1	27.78	N
	FIGS CASE 10KG	311	10kg	1	100.05	N
	MIXED PEEL SO2 CASE	319	10kg	1	27.53	N
	PAPAYA DICED SWEETENED SO2 CASE	320	20kg	1	152.84	N
	PEARS SO2 CASE	331	12kg	1	140.63	N
	PINEAPPLE DICED SWEET SO2 CASE	327	20kg	1	120.00	N
	PRUNES LARGE 20 0 CASE	2323	12kg	1	95.05	N
	PRUNES MEDIUM CASE	2762	10kg	1	60.90	N
	PRUNES PITTED CASE 10KG	22855	10kg	1	45.97	N
	RAISINS BLACK JUMBO CASE 10KG	335	10kg	1	44.22	N
	SULTANAS 4 CROWN AUSTR CASE	23225	14kg	1	82.43	N
<b>GRAIN &amp; GRAIN PRODUCTS</b>	<b>BIONA</b>					
	AMARANTH GRAIN ORG	19131	500g	6	2.75	N
	POLENTA GLUTEN FREE ORGANIC	7071	500g	12	2.18	N
	<b>HIGHLAND WHOLEFOODS PRE-PACKS</b>					
	BROTH MIX	22186	500g	6	1.51	N
	BULGAR WHEAT	6143	500g	6	1.79	N
	COUSCOUS WHITE	20927	500g	6	1.73	N
	COUSCOUS WHOLEMEAL	6664	500g	6	2.13	N
	MILLET	6183	500g	6	1.65	N
	PEARL BARLEY	21026	500g	6	1.35	N
	POLENTA	6237	500g	6	1.55	N
	POPCORN	6238	500g	6	1.58	N
	SOUP MIX	6138	500g	6	1.50	N
	TAPIOCA	20868	500g	6	2.05	N
	WHEATGERM	14183	500g	6	2.45	N
	<b>ESSENTIAL</b>					
	QUINOA UK GROWN	23493	500g	6	3.15	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	BROTH MIX	22187	1kg	6	2.41	N
	BULGAR	4928	1kg	6	2.97	N
	COUSCOUS WHOLE	4929	1kg	6	3.53	N
	MILLET	4930	1kg	6	2.65	N
	PEARL BARLEY	21681	1kg	6	2.11	N
	POPCORN	4932	1kg	6	2.55	N
	SOUP MIX	16902	1kg	6	2.41	N
	WHEATGERM	4945	1kg	6	4.29	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>GREEN CITY</b>					
	RED QUINOA 3KG FT ORG	23911	3kg	1	20.29	N
	RED QUINOA FT ORG	21912	1kg	1	7.69	N
	SPELT COUSCOUS ORG	24010	500g	5	3.95	N
	<b>ZAYTOUN</b>					
	PALESTINIAN MAFTOUL ORG	19884	250g	6	3.60	N
	PALESTINIAN SMOKY FREEKEH	22908	250g	6	3.60	N
	<b>LA TERRA E IL CIELO</b>					
	PEARLED SPELT GRAIN ORG	22146	500g	12	2.55	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	BROWN RICE FLAKES	22785	3kg	4	13.83	N
	BULGAR WHEAT	22787	3kg	4	6.54	N
	COUSCOUS WHOLE	22786	3kg	4	8.63	N
	MILLET	22788	3kg	4	6.35	N
	PEARL BARLEY	22790	3kg	4	3.91	N
	POLENTA	23329	3kg	4	4.99	N
	POPCORN	22791	3kg	4	5.31	N
	WHEATGERM	22792	3kg	4	10.45	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACKS</b>					
	BARLEY GRAIN ORG	14522	500g	6	1.22	N
	BUCKWHEAT RAW ORG	6302	500g	6	2.15	N
	BUCKWHEAT ROASTED ORG	18361	500g	6	2.75	N
	BULGAR WHEAT COARSE ORG	6303	500g	6	1.75	N
	COUSCOUS WHITE ORG	14524	500g	6	2.09	N
	COUSCOUS WHOLEMEAL ORG	6305	500g	6	2.60	N
	MILLET ORG	6319	500g	6	1.99	N
	POLENTA ORG	14539	500g	6	1.88	N
	POPCORN ORG	10968	500g	6	2.15	N
	QUINOA ORG	10969	500g	6	3.29	N
	SOUP MIX ORGANIC	12352	500g	6	1.95	N
	SPELT GRAIN ORG	6480	500g	6	2.00	N
	WHEAT GRAIN ORG 500g	24401	500g	6	1.00	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	BARLEY FLAKES ORGANIC	22720	1kg	6	2.65	N
	BROTH/SOUP MIX ORG	22718	1kg	6	3.97	N
	BUCKWHEAT RAW ORG	22715	1kg	6	3.89	N
	BULGAR WHEAT ORG	6214	1kg	6	3.35	N
	COUS COUS WHITE ORG	22719	1kg	6	4.50	N
	MILLET ORG	4895	1kg	6	3.80	N
	POLENTA ORGANIC	22714	1kg	6	3.64	N
	POPCORN ORGANIC	22723	1kg	6	3.85	N
	POT BARLEY ORG	22724	1kg	6	2.48	N
	QUINOA ORGANIC	4933	1kg	6	6.50	N
	RYE GRAIN ORG	16894	1kg	6	2.23	N
	WHEAT GRAIN ORG	22728	1kg	6	2.26	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	BUCKWHEAT RAW ORG 3KG	371	3kg	4	9.10	N
	BULGAR WHEAT ORG 3KG	268	3kg	4	7.50	N
	COUSCOUS WHITE ORG 3KG	2616	3kg	4	9.99	N
	COUSCOUS WHOLEMEAL ORG 3KG	13946	3kg	4	10.03	N
	MILLET ORG 3KG	377	3kg	4	8.92	N
	POLENTA ORG 3KG	15752	3kg	4	8.56	N
	POPCORN ORG 3KG	381	3kg	4	9.28	N
	POT BARLEY ORG 3KG	383	3kg	4	5.19	N
	QUINOA ORG 3KG	2866	3kg	4	15.92	N
	RYE GRAIN ORG 3KG	10862	3kg	4	6.68	N
	SOUP MIX ORG 3KG	16524	3kg	4	9.58	N
	SPELT GRAIN ORG 3KG	23111	3kg	4	10.50	N
	WHEAT GRAIN ORG 3KG	391	3kg	4	5.76	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>ORGANIC BULK</b>					
	BUCKWHEAT RAW ORG 25KG	371B	25kg	1	63.93	N
	BULGAR WHEAT ORG 25KG	268B	25kg	1	49.93	N
	COUSCOUS WHITE ORG 25KG	2616B	25kg	1	68.52	N
	COUSCOUS WHOLEMEAL ORG 25KG	13946B	25kg	1	72.08	N
	MILLET ORG 25KG	377B	25kg	1	62.80	N
	POLENTA ORG 25KG	15752B	25kg	1	61.42	N
	POPCORN ORG 25KG	381B	25kg	1	65.77	N
	POT BARLEY ORG 20KG	383B	20kg	1	25.50	N
	QUINOA ORG 25KG	2866B	25kg	1	115.23	N
	RYE GRAIN ORG 25KG	10862B	25kg	1	30.00	N
	SOUP MIX ORG 12KG	16524B	12kg	1	34.17	N
	SPELT GRAIN ORG 25KG	23111B	25kg	1	70.00	N
	WHEAT GRAIN ORG 25KG	391B	25kg	1	22.25	N
	<b>NON ORGANIC BULK</b>					
	BROTH MIX SACK	22062	25kg	1	29.28	N
	BULGAR WHEAT SACK 25KG	404	25kg	1	43.23	N
	COUS COUS WHITE SACK	22063	25kg	1	41.00	N
	COUSCOUS WHOLEMEAL SACK	406	25kg	1	58.52	N
	FISH DRESSING SACK	408	25kg	1	50.12	N
	MILLET SACK	20904	25kg	1	36.00	N
	PEARL BARLEY SACK	382	25kg	1	25.24	N
	POLENTA MEDIUM SACK 25KG	22739	25kg	1	29.83	N
	POPCORN SACK	21271	22.6kg	1	29.95	N
	SOUP MIX SACK	22615	25kg	1	66.58	N
	TAPIOCA SACK	21079	25kg	1	55.65	N
	WHEATGERM SACK	8769	10kg	1	33.20	N
	QUINOA UK GROWN 5KG	23744	5kg	1	28.00	N
<b>HAIR CARE</b>	<b>CAURNIE</b>					
	PURE SHAMPOO	1398	200ml	6	5.99	Y
	<b>URTEKRAM</b>					
	ALOE VERA SHAMPOO	22837	250ml	6	5.35	Y
	CAMOMILE CONDITIONER	22839	250ml	6	5.65	Y
	CAMOMILE SHAMPOO	22840	250ml	6	5.35	Y
	COCONUT BODY LOTION ORG	24394	245ml	6	6.25	Y
	COCONUT CONDITIONER NORMAL ORG	24392	250ml	6	5.29	Y
	COCONUT SHAMPOO NORMAL HAIR ORG	24393	250ml	6	4.99	Y
	LAVENDER CONDITIONER	22844	250ml	6	5.65	Y
	LAVENDER SHAMPOO	22845	250ml	6	5.35	Y
	NO PERFUME SHAMPOO	22847	250ml	6	5.35	Y
	ROSE CONDITIONER	22849	250ml	6	5.65	Y
	TEA TREE SHAMPOO	22853	250ml	6	5.35	Y
	<b>NATURTINT</b>					
	PERMANENT DARK BLONDE 6N	11303	165ml	1	10.86	Y
	PERMANENT DARK CHEST BROWN 3N	11301	165ml	1	10.86	Y
	PERMANENT HAZELNUT BLONDE 7N	11304	165ml	1	10.89	Y
	PERMANENT LGHT CHESTNUT BROWN 5	11302	165ml	1	10.86	Y
	PERMANENT LGHT GOLDN CHESTNUT 5C	11310	165ml	1	10.86	Y
	PERMANENT NATURAL CHESTNUT 4N	17521	165ml	1	10.86	Y
	<b>FAITH IN NATURE</b>					
	CONDITIONER - COCONUT	22774	400ml	6	5.50	Y
	CONDITIONER - FRAGRANCE FREE	23783	400ml	6	5.50	Y
	CONDITIONER-ALOE VERA	15421	400ml	6	5.35	Y
	CONDITIONER-GINKGO BILOBA	14167	400ml	6	5.50	Y
	CONDITIONER-GRAPEFFRUIT & ORANGE	22303	400ml	6	5.50	Y
	CONDITIONER-HEMP & MEADOWFOAM	13940	400ml	6	5.50	Y
	CONDITIONER-JOJOBA	15422	400ml	6	5.35	Y
	CONDITIONER-LAVENDER & GERAN	14810	400ml	6	5.50	Y
	CONDITIONER-MINT	23543	400ml	6	5.50	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CONDITIONER-NEEM & PROPOLIS	15423	400ml	6	5.50	Y
	CONDITIONER-ROSEMARY	15424	400ml	6	5.35	Y
	CONDITIONER-SEAWEED	15425	400ml	6	5.35	Y
	CONDITIONER-TEA TREE & LEMON	23542	400ml	6	5.50	Y
	CONDITIONER-TEA TREE	15426	400ml	6	5.35	Y
	LAV & GERAN INTENSIVE COND	24643	250ml	6	6.50	Y
	SHAMPOO (MENS) BLUE CEDAR	23411	400ml	6	5.50	Y
	SHAMPOO - ALOE VERA	15427	400ml	6	5.35	Y
	SHAMPOO - COCONUT	22655	400ml	6	5.50	Y
	SHAMPOO - FRAGRANCE FREE	23784	400ml	6	5.50	Y
	SHAMPOO - GINKGO BILOBA	14168	400ml	6	5.50	Y
	SHAMPOO - GRAPEFRUIT & ORANGE	22305	400ml	6	5.50	Y
	SHAMPOO - HEMP & MEADOWFOAM	13941	400ml	6	5.50	Y
	SHAMPOO - JOJOBA	15428	400ml	6	5.35	Y
	SHAMPOO - LAVENDER & GERANIUM	14769	400ml	6	5.50	Y
	SHAMPOO - ROSEMARY	15430	400ml	6	5.35	Y
	SHAMPOO - SEAWEED	15431	400ml	6	5.35	Y
	SHAMPOO - TEA TREE	15432	400ml	6	5.50	Y
	SHAMPOO-LEM & TTREE ANTI DANDRUF	23540	400ml	6	5.50	Y
	<b>BENTLEY ORGANIC</b>					
	CONDITIONER -ALL HAIR TYPES ORG	29345	250ml	6	5.48	Y
<b>HERBS &amp; SPICES</b>	<b>GREEN CUISINE</b>					
	ARROWROOT	22178	50g	6	1.09	N
	<b>SUMA</b>					
	ASAFOETIDA	21666	20g	6	0.99	N
	<b>ESSENTIAL PP</b>					
	ALLSPICE GROUND ORGANIC	21377	20g	6	1.29	N
	BASIL ORGANIC	10805	20g	6	1.29	N
	BAY LEAVES WHOLE ORGANIC	21378	10g	6	1.29	N
	BLACK ONION SEED ORGANIC	21379	25g	6	1.29	N
	BLACK PEPPER GROUND FT ORG	21894	25g	6	1.39	N
	BLACK PEPPER GROUND ORGANIC	21387	25g	6	1.29	N
	CARAWAY SEED ORGANIC	21380	30g	6	1.29	N
	CARDAMON WHOLE GREEN ORGANIC	21341	10g	6	1.29	N
	CAYENNE PEPPER ORGANIC	21381	35g	6	1.29	N
	CELERY SEED ORGANIC	21382	35g	6	1.29	N
	CHILLI POWDER ORGANIC	10814	25g	6	1.29	N
	CINNAMON BARK ORGANIC	21383	15g	6	1.29	N
	CINNAMON GROUND FT ORG	21893	25g	6	1.39	N
	CINNAMON GROUND ORGANIC	21369	30g	6	1.29	N
	CLOVES WHOLE FT ORG	21896	25g	6	1.39	N
	CLOVES WHOLE ORGANIC	21384	20g	6	1.29	N
	CORIANDER GROUND ORGANIC	21342	40g	6	1.29	N
	CORIANDER SEED ORGANIC	21340	40g	6	1.29	N
	CUMIN GROUND ORGANIC	10815	25g	6	1.29	N
	CUMIN SEED ORGANIC	21299	25g	6	1.29	N
	CURRY LEAVES ORGANIC	21385	5g	6	1.29	N
	FENNEL SEED ORGANIC	21359	40g	6	1.29	N
	FENUGREEK SEED ORGANIC	21360	40g	6	1.29	N
	GARAM MASALA ORGANIC	21261	25g	6	1.29	N
	GARLIC GRANULES ORGANIC	21294	25g	6	1.29	N
	GINGER GROUND FT ORG	21895	25g	6	1.39	N
	GINGER GROUND ORGANIC	21343	30g	6	1.29	N
	HERBES DE PROVENCE ORGANIC	21388	20g	6	1.29	N
	JUNIPER BERRIES ORGANIC	21286	30g	6	1.29	N
	MARJORAM ORGANIC	21389	10g	6	1.29	N
	MINT (SPEARMINT) ORG	21395	20g	6	1.29	N
	MIXED HERBS ORGANIC	10809	20g	6	1.29	N
	MIXED SPICE ORGANIC	10811	25g	6	1.43	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	MUSTARD SEED BLACK ORGANIC	21390	50g	6	1.29	N
	NUTMEG GROUND ORGANIC	21391	20g	6	1.29	N
	NUTMEG WHOLE ORGANIC	21295	20g	6	1.29	N
	OREGANO ORGANIC	10807	20g	6	1.29	N
	PAPRIKA ORGANIC	10812	25g	6	1.29	N
	PARSLEY ORGANIC	21392	15g	6	1.29	N
	PEPPERCORNS BLACK FT ORG	21897	25g	6	1.39	N
	PEPPERCORNS BLACK ORGANIC	10813	25g	6	1.29	N
	PEPPERCORNS WHITE FT ORG	21898	25g	6	1.39	N
	PEPPERCORNS WHITE ORGANIC	21396	25g	6	1.29	N
	POPPY SEED BLUE ORGANIC	21393	40g	6	1.29	N
	ROSEMARY ORGANIC	21263	20g	6	1.29	N
	SAGE ORGANIC	21394	25g	6	1.29	N
	STAR ANISE ORGANIC	21361	15g	6	1.29	N
	THYME ORGANIC	10810	25g	6	1.29	N
	TURMERIC FT ORG	23782	25g	6	1.39	N
	TURMERIC ORGANIC	21298	30g	6	1.29	N
	<b>HIGHLAND WHOLEFOODS PP</b>					
	ALLSPICE GROUND	23740	20g	10	0.55	N
	BASIL	1066	12g	10	0.55	N
	BAY LEAVES	1109	6g	10	0.55	N
	BOUQUET GARNI	185	4bag	10	0.55	N
	CAJUN SPICE	2947	21g	10	0.55	N
	CARAWAY SEEDS	427	17g	10	0.55	N
	CARDAMOM WHOLE	772	8g	10	0.55	N
	CAYENNE PEPPER	1309	24g	10	0.55	N
	CELERY SALT	1533	40g	10	0.55	N
	CHILLIES GROUND	1312	24g	10	0.55	N
	CHILLIES WHOLE	891	12g	10	0.55	N
	CINNAMON GROUND	1264	24g	10	0.55	N
	CINNAMON STICKS	19918	12g	10	0.55	N
	CLOVES WHOLE	1253	12g	10	0.55	N
	CORIANDER GROUND	1254	24g	10	0.55	N
	CORIANDER SEEDS	892	21g	10	0.55	N
	CUMIN GROUND	1130	24g	10	0.55	N
	CUMIN SEEDS	893	21g	10	0.55	N
	CURRY LEAVES	22424	4g	10	0.55	N
	CURRY POWDER HOT	1408	24g	10	0.55	N
	CURRY POWDER MADRAS	1027	24g	10	0.55	N
	DILL HERB	1534	10g	10	0.55	N
	FENNEL SEEDS	513	24g	10	0.55	N
	FENUGREEK GROUND	602	24g	10	0.55	N
	FIVE SPICE MIX	1201	24g	10	0.55	N
	GARAM MASALA	1411	24g	10	0.55	N
	GINGER GROUND	1413	24g	10	0.55	N
	HERB&SPICE DISPLAY BOARD&RACK	19955	30TYPE	1	0.00	N
	JUNIPER BERRIES	1535	17g	10	0.55	N
	LIME LEAVES WHOLE	23741	4g	10	0.55	N
	MACE GROUND	1532	14g	10	0.55	N
	MANGO POWDER	23742	20g	10	0.55	N
	MARJORAM	650	7g	10	0.55	N
	MIXED HERBS	1414	10g	10	0.55	N
	MIXED SPICE	813	24g	10	0.55	N
	MUSTARD SEED BLACK	523	24g	10	0.55	N
	MUSTARD SEED YELLOW	522	24g	10	0.55	N
	NUTMEG GROUND	1245	14g	10	0.55	N
	NUTMEG WHOLE	1415	4's	10	0.55	N
	OREGANO	1418	7g	10	0.55	N
	PAPRIKA	1419	21g	10	0.55	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PARSLEY	1423	5g	10	0.55	N
	PEPPERCORNS BLACK	1424	20g	10	0.55	N
	PEPPERCORNS MIXED	16639	18g	10	0.55	N
	PICKLING SPICE	2545	24g	10	0.55	N
	POPPY SEEDS	560	24g	10	0.55	N
	ROSEMARY	1427	14g	10	0.55	N
	SAGE	1436	10g	10	0.55	N
	STAR ANISE	2050	10g	10	0.55	N
	TARRAGON	515	7g	10	0.55	N
	THYME	1046	12g	10	0.55	N
	TURMERIC	1048	21g	10	0.55	N
	VANILLA PODS	474	12pods	1	16.44	N
	<b>GREEN CITY</b>					
	SMOKED PAPRIKA GC	21446	pack	10	0.65	N
	<b>COTSWOLD</b>					
	CELERY SALT	418	1kg	1	5.59	N
	<b>ORGANIC GROCER</b>					
	VANILLA PODS ORGANIC	21264	10	1	24.65	N
	<b>HIGHLAND WHOLEFOODS BULK</b>					
	ALLSPICE BERRIES	410	1kg	1	11.90	N
	ANISEED WHOLE	5635	1kg	1	10.00	N
	CAJUN SEASONING	2024	1kg	1	7.55	N
	CARAWAY SEEDS	416	1kg	1	9.50	N
	CARDAMOM GROUND	558	500g	1	12.50	N
	CARDAMOM PODS GREEN	415	500g	1	20.12	N
	CAYENNE PEPPER	417	1kg	1	8.85	N
	CHILLI GROUND	420	1kg	1	8.35	N
	CHINESE FIVE SPICE	422	1kg	1	7.99	N
	CINNAMON GROUND (CASSIA)	425	1kg	1	10.78	N
	CINNAMON QUILLS 8CM	424	500g	1	22.70	N
	CLOVES GROUND	23803	1kg	1	12.00	N
	CLOVES WHOLE	428	1kg	1	28.00	N
	CORIANDER GROUND	429	1kg	1	4.80	N
	CORIANDER SEEDS	430	1kg	1	6.60	N
	CRACKED BLACK PEPPER	20905	1kg	1	15.00	N
	CUMIN GROUND	431	1kg	1	8.20	N
	CUMIN SEEDS	432	1kg	1	7.74	N
	CURRY POWDER MADRAS HOT	433	1kg	1	7.79	N
	CURRY POWDER MEDIUM/PREMIUM	434	1kg	1	7.38	N
	DILL HERB	435	500g	1	12.50	N
	FENNEL SEEDS	437	1kg	1	8.38	N
	FENUGREEK GROUND	439	1kg	1	4.90	N
	FENUGREEK SEEDS	440	1kg	1	4.64	N
	GARAM MASALA	441	1kg	1	5.98	N
	GARLIC POWDER	442	1kg	1	11.00	N
	GINGER GROUND	443	1kg	1	8.40	N
	GROUND ROSEMARY	23560	1kg	1	8.60	N
	HERBES DE PROVENCE	1529	500g	1	5.35	N
	LAVENDER FLOWERS	9047	500g	1	12.00	N
	MARJORAM	447	500g	1	6.00	N
	MIXED SPICE	450	1kg	1	7.39	N
	MUSTARD GROUND	451	1kg	1	6.90	N
	NUTMEG WHOLE	455	1kg	1	29.99	N
	ONION SEED BLACK (KALONJI)	2333	500g	1	5.99	N
	OREGANO	457	500g	1	6.46	N
	PAPRIKA HUNGARIAN	8777	1kg	1	13.40	N
	PAPRIKA SPANISH	458	1kg	1	6.90	N
	PARSLEY	459	500g	1	6.75	N
	PEPPER GROUND BLACK	463	1kg	1	17.78	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PEPPERCORNS MIXED 5 TYPES	496	1kg	1	27.99	N
	PEPPERCORNS WHITE	462	1kg	1	33.00	N
	PICKLING SPICE	465	1kg	1	8.70	N
	PIZZA HERBS	6082	500g	1	5.64	N
	ROSEMARY	467	500g	1	3.89	N
	SMOKED PAPRIKA	23559	1kg	1	11.16	N
	STAR ANISE	2946	500g	1	9.00	N
	TURMERIC	473	1kg	1	8.00	N
	<b>ESSENTIAL BULK ORGANIC</b>					
	BASIL ORG	12849	500g	1	6.05	N
	BLACK PEPPER GROUND ORG	12851	500g	1	20.50	N
	CAYENNE PEPPER ORG	12853	500g	1	8.99	N
	CHILLI POWDER ORG	20460	500g	1	6.19	N
	CINNAMON GROUND ORG	12855	500g	1	10.93	N
	CLOVES WHOLE ORG	12856	500g	1	13.11	N
	CORIANDER GROUND ORG	19227	500g	1	5.45	N
	CORIANDER SEEDS ORG	12857	500g	1	4.59	N
	CUMIN GROUND ORG	12858	500g	1	9.93	N
	CUMIN SEEDS ORG	12859	500g	1	7.50	N
	CURRY POWDER ORG	12860	500g	1	9.21	N
	DILL HERB ORG	13102	500g	1	17.25	N
	FENNEL SEEDS ORG	12861	500g	1	5.39	N
	FENUGREEK SEEDS ORG	20534	500g	1	5.89	N
	GINGER GROUND ORG	9991	500g	1	7.82	N
	MARJORAM ORG	12862	500g	1	3.99	N
	MINT ORG	21325	500g	1	3.80	N
	MIXED HERBS ORG	12864	500g	1	6.14	N
	MIXED SPICE ORG	12865	500g	1	6.95	N
	MUSTARD SEED BROWN ORG	20273	500g	1	4.02	N
	MUSTARD SEED YELLOW ORG	9994	1kg	1	7.20	N
	MUSTARD SEED YELLOW ORG	22067	500g	1	3.35	N
	OREGANO ORG	15112	500g	1	9.18	N
	PAPRIKA ORG	12869	500g	1	8.50	N
	PEPPERCORNS BLACK ORG	12871	500g	1	14.09	N
	ROSEMARY ORG	12873	500g	1	4.89	N
	SAGE ORG	12874	500g	1	6.66	N
	STAR ANISE ORG	22503	500g	1	9.68	N
	THYME ORG	19771	500g	1	11.00	N
	TURMERIC POWDER ORG	9391	500g	1	8.07	N
	<b>ESSENTIAL BULK</b>					
	ARROWROOT	20297	500g	1	3.25	N
	ASAFOETIDA	16647	1kg	1	15.00	N
	BASIL	20508	500g	1	2.99	N
	CARDAMOM SEEDS 500g	24037	500g	1	10.99	N
	CELERY SEED	20298	500g	1	4.18	N
	CHAMOMILE FLOWERS 500G	1479	500g	1	10.75	N
	CLOVES WHOLE (ESSENTIAL 500g)	21268	500g	1	14.50	N
	DILL SEEDS	436	500g	1	2.54	N
	ELDERBERRIES DRIED	19636	500g	1	8.99	N
	GARLIC GRANULES	20350	500g	1	10.99	N
	HERBES PROVENCALES	20353	500g	1	4.75	N
	MACE GROUND	20355	500g	1	16.14	N
	MINT	18198	500g	1	4.05	N
	MIXED HERBS	449	500g	1	7.70	N
	MUSTARD SEED YELLOW	21210	500g	1	2.89	N
	MUSTARD SEEDS BROWN	17383	500g	1	2.57	N
	PEPPERCORN MIX	20391	500g	1	12.59	N
	PEPPERCORNS GREEN	20392	500g	1	24.00	N
	PEPPERCORNS PINK	20356	500g	1	22.07	N



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PSYLLIUM HUSKS 500g	23188	500g	1	13.60	Y
	SAGE	20963	500g	1	6.59	N
	<b>PERSIAN TEADER</b>					
	PERSIAN SAFFRON	24182	1g	6	5.09	N
	<b>ZAYTOUN</b>					
	ZA'ATAR PALESTINIAN HERB MIXTURE	19670	80g	6	3.57	N
	<b>HIGHLAND WHOLEFOODS 3KG</b>					
	CELERY SEEDS 3KG	24618	3kg	1	16.82	N
	<b>SPICE POTS</b>					
	BHUNA SPICE POT GF	24700	35g	6	3.95	N
	EXPRESS SELECTION BOX GF /2	24702	3x35g	2	12.95	N
	GOAN SPICE POT GF	14701	35g	6	3.95	N
	KORMA SPICE POT GF	24699	35g	6	3.95	N
	TANDOORI MASALA SPICE POT GF	14702	35g	6	3.95	N
	VEGAN SELECTION BOX GF /2	24701	3x35g	2	12.95	N
	<b>NON ORGANIC BULK</b>					
	VANILLA PODS SHIPPER	20691	1kg	1	741.67	N
	<b>BULK</b>					
	BLACK PEPPERCORNS 25KG	461B	25kg	1	533.33	N
	BLACK PEPPERCORNS 3KG	24621	3kg	1	69.57	N
	CELERY SEEDS	6852B	25kg	1	93.75	N
	CELERY SEEDS 1KG	6852	1kg	1	11.17	N
	MUSTARD SEED YELLOW 1KG	6634	1kg	1	10.73	N
	MUSTARD SEEDS BROWN 1KG	8649	1kg	1	10.17	N
	MUSTARD SEEDS BROWN 25KG	8649B	25kg	1	69.25	N
	MUSTARD SEEDS BROWN 3KG	24619	3kg	1	13.83	N
	MUSTARD SEEDS YELLOW 25KG	6634B	25kg	1	83.90	N
	MUSTARD SEEDS YELLOW 3KG	24620	3kg	1	15.58	N
	PEPPERCORNS BLACK 1KG	461	1kg	1	28.73	N
<b>HOUSEHOLD CLEANERS</b>	<b>BIO D</b>					
	ALL PURPOSE SANITISER SPRAY	22866	500ml	12	2.85	Y
	BATHROOM CLEANER SPRAY	21515	500ml	12	2.85	Y
	DISHWASHER POWDER	22865	720g	6	9.61	Y
	DISHWASHER RINSE AID	22864	750ml	12	3.21	Y
	FABRIC CONDITIONER BIO D	2549	1lt	12	2.45	Y
	FABRIC CONDITIONER	16871	5lt	1	9.20	Y
	FABRIC CONDITIONER WITH LAVENDER	22056	5lt	1	10.55	Y
	FLOOR CLEANER WITH LINSEED OIL	22862	5lt	1	20.85	Y
	FLOOR CLEANER WITH LINSEED OIL	22863	750ml	12	3.90	Y
	GLASS & MIRROR CLEANER SPRAY	22860	500ml	12	3.00	Y
	HOME & GARDEN SANITISER	19376	5lt	1	9.90	Y
	HOME & GARDEN SANITISER	22859	750ml	12	2.55	Y
	LAUNDRY BLEACH BIO D	22421	400g	12	2.05	Y
	LAUNDRY LIQUID 15LT	22902	15lt	1	69.57	Y
	LAUNDRY LIQUID BIO D 25LT	21922	25lt	1	111.00	Y
	LAUNDRY LIQUID BIO D	16872	1lt	12	5.04	Y
	LAUNDRY LIQUID	14262	5lt	1	23.73	Y
	MULTI SURFACE SANITISER	16873	5lt	1	12.96	Y
	MULTI SURFACE SANITISER	22422	750ml	12	2.77	Y
	TOILET CLEANER	16874	5lt	1	10.52	Y
	TOILET CLEANER WITH NOZZLE	21730	750ml	12	2.43	Y
	WASHING POWDER 2kg	13622	2kg	8	8.42	Y
	WASHING POWDER BIO D 12.5KG	5670	12.5kg	1	47.19	Y
	WASHING POWDER	2457	1kg	10	4.34	Y
	WASHING UP LIQUID 15LT	22903	15lt	1	28.69	Y
	WASHING UP LIQUID 5lt	1352	5lt	1	9.70	Y
	WASHING UP LIQUID BIO D 25LT	21924	25lt	1	47.89	Y
	WASHING UP LIQUID	22423	750ml	12	2.09	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>ECOVER</b>					
	WASHING UP LIQUID ALOE	24670	450ml	8	1.47	Y
	WASHING UP LIQUID ALOE	24671	950ml	8	2.61	Y
	<b>EARTH FRIENDLY PRODUCTS</b>					
	SHOWER CLEANER	21336	500ml	6	3.60	Y
	<b>FAITH IN NATURE</b>					
	BATHROOM SPRAY CLEANER	20805	500ml	6	3.65	Y
	DISHWASHER GEL 300 WASHES	1926	5lt	1	40.05	Y
	LAUNDRY LIQUID SUPER CONC (V)	13574	1lt	6	4.99	Y
	LAUNDRY LIQUID SUPER CONC	13575	5lt	1	21.20	Y
	MULTI SURFACE SPRAY CLEANER	20806	500ml	6	3.65	Y
	WASHING UP LIQUID ANTIBACT	13576	5lt	1	21.20	Y
	<b>HUMBLESTUFF</b>					
	CLEANING PASTE LEM MYRTLE	24501	250g	6	5.00	Y
	MULTISURF SPRAY LEMON MYRTLE	24500	500ml	6	5.00	Y
	MULTISURF SPRAY LIME&EUC	24499	500ml	6	5.00	Y
	TOILET BOWL FRESHENER LIME&EUC	24502	300g	6	5.00	Y
<b>HOUSEHOLD HARDWARE</b>	<b>IF YOU CARE</b>					
	SPONGE CLOTHS -100% NATURAL	23407	5cloth	12	4.39	Y
	UNBLEACHED LARGE BAKING CUPS	17141	60cups	24	1.56	Y
	UNBLEACHED PARCHMENT PAPER	17142	roll	12	4.15	Y
	<b>EBC ECOFUELS</b>					
	RECYCLED FIRELOGS EXTRA HOT	19386	10kg	1	5.05	4
	<b>SYMPHONY ENVIRONMENTAL</b>					
	MULTIPURPOSE SACKS DEGRADABLE	17000	50bags	10	2.30	Y
	REFUSE SACKS TOTALLY DEGRADE	14175	10s	24	1.59	Y
	TOTAL DEGRADABLE FREEZER BAGS	14179	200bag	10	1.38	Y
	TOTAL DEGRADABLE PEDAL BINBAGS	14178	rolls	10	1.29	Y
	TOTAL DEGRADABLE SWING BINBAG	14177	15bags	10	1.29	Y
	TOTALLY DEGRADABLE REFUSE SACK	14176	50bags	4	7.51	Y
<b>JAPANESE FOODS</b>	<b>BLUE DRAGON</b>					
	TEMPURA BATTER MIX	23566	150g	12	1.39	N
	<b>CLEARSPRING</b>					
	BARLEY MISO ONOZAKI ORG	2220	1kg	1	16.99	N
	BARLEY MISO ORG	16683	300g	6	5.79	N
	HATCHO (SOYA) MISO ORG	2219	300g	6	5.59	N
	KUZU MOUNTAIN STARCH ORG	2263	125g	6	6.49	N
	MISO BROWN RICE ORG	24151	300g	6	5.59	N
	MISO SWEET WHITE RICE ORG	2222	250g	6	4.49	N
	MOCHI BROWN RICE ORG SO	24751	250g	6	5.99	N
	RICE MIRIN NO ADDED SUGAR	13334	150ml	6	2.99	N
	SHOYU ORGANIC	7016	150ml	6	2.39	N
	SHOYU ORGANIC	2214	500ml	6	5.19	N
	SUSHI GINGER PICKLE ORG	23281	50g	10	3.39	N
	SUSHI GINGER	7007	50g	10	2.99	N
	TAMARI ORGANIC	7013	500ml	6	9.49	N
	TERIYAKI SAUCE ORG	16030	150ml	6	2.99	N
	UMAMI PASTE WITH CHILLI ORG	24140	150g	6	4.49	N
	UMAMI PASTE WITH GINGER ORG	24139	150g	6	4.49	N
	UME PLUM SEASONING ORG	24141	150ml	6	2.49	N
	UMEBOSHI PASTE ORG	23279	150g	6	5.55	N
	UMEBOSHI PLUMS ORG	23799	200g	6	8.99	N
	WASABI POWDER ORGANIC	22894	25g	6	3.79	N
	WASABI POWDER	19518	25g	6	3.49	N
	<b>SANCHI</b>					
	TAMARI ORG SANCHI	12905	150ml	6	3.49	N
	TAMARI ORGANIC 2.5LT	12902	2.5lt	1	31.52	N
	TAMARI SAUCE 5LT /2	732	5lt	2	45.00	N
	TAMARI	15107	300ml	6	3.59	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>YAKSO</b>					
	SEITAN IN TAMARI SAUCE ORG	8760	350g	6	3.50	N
	TEMPEH GLASS JAR ORG	8762	500g	6	3.39	N
	<b>ESSENTIAL</b>					
	SHOYU ORGANIC	14089	250ml	6	3.18	N
	TAMARI ORGANIC	12897	250ml	6	4.59	N
	<b>MERIDIAN</b>					
	SHOYU SOYA SAUCE	8858	150ml	12	1.99	N
	SHOYU SOYA SAUCE	8859	500ml	6	3.70	N
	TAMARI SOYA SAUCE	7740	150ml	12	2.59	N
	TAMARI SOYA SAUCE	8857	500ml	6	5.51	N
	<b>OSPPIO</b>					
	PANKO BREADCRUMBS BULK	24569	1kg	10	3.22	N
<b>KITCHEN EQUIPMENT</b>	<b>CLEARSPRING</b>					
	BAMBOO SUSHI MAT	23284	mat	10	1.49	Y
	<b>A.VOGEL</b>					
	SPROUTING GERMINATOR JAR	24513	1jar	1	4.99	Y
<b>LENTILS</b>	<b>HIGHLAND WHOLEFOODS PRE-PACK</b>					
	BROWN LENTILS	6140	500g	6	1.99	N
	GREEN LENTILS	6173	500g	6	2.20	N
	PUY STYLE LENTILS	6242	500g	6	2.25	N
	RED LENTILS	6246	500g	6	1.81	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	BROWN LENTILS	4919	1kg	6	3.39	N
	GREEN LENTILS	4920	1kg	6	3.70	N
	PUY STYLE LENTILS	4921	1kg	6	3.92	N
	RED LENTILS	4922	1kg	6	3.02	N
	<b>OSPPIO</b>					
	GREEN LENTILS	20	3kg	4	7.99	N
	PUY STYLE LENTILS	1656	3kg	4	8.50	N
	RED LENTILS	23	3kg	4	5.99	N
	<b>GREENCITY</b>					
	BROWN LENTILS	18	3kg	1	8.55	N
	MOONG DHAL 3kg	24330	3kg	1	10.79	N
	MOONG DHAL 500g	24331	500g	6	2.05	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACK</b>					
	BROWN LENTILS ORG	10966	500g	6	2.55	N
	GREEN LENTILS ORG	6312	500g	6	3.15	N
	PUY STYLE SPECKLED LENT ORG	14519	500g	6	3.63	N
	RED LENTILS ORG 500g	6334	500g	6	2.55	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	BROWN LENTILS ORG	22878	1kg	6	4.89	N
	GREEN LENTILS ORG	22880	1kg	6	5.60	N
	PUY STYLE LENTILS ORG	22879	1kg	6	6.83	N
	RED LENTILS ORG	4892	1kg	6	5.00	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	BROWN LENTILS ORG	7635	3kg	4	12.25	N
	GREEN LENTILS ORG 3KG	22	3kg	4	15.67	N
	PUY STYLE LENTILS ORG 3KG	10000	3kg	4	18.16	N
	RED LENTILS ORG 3KG	639	3kg	4	11.95	N
	<b>ORGANIC BULK</b>					
	BROWN LENTILS ORG 25KG	7635B	25kg	1	90.55	N
	GREEN LENTILS ORG 25KG	22B	25kg	1	119.07	N
	PUY STYLE LENTILS ORG 25KG	10000B	25kg	1	139.82	N
	RED LENTILS ORG 25KG	639B	25kg	1	88.07	N
	<b>NON ORGANIC BULK</b>					
	BROWN LENTILS SACK	22059	25kg	1	43.53	N
	GREEN LENTILS SACK	22058	25kg	1	61.00	N
	PUY STYLE LENTILS SACK 25KG	22057	25kg	1	65.00	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	RED LENTILS SACK	23B	25kg	1	42.00	N
<b>GIFTS</b>	<b>SIESTA CRAFTS</b>					
	GHERI COURIER SACHEL FT	24069	satchl	1	17.99	Y
	<b>HADEEL</b>					
	OLIVE DISH 13CM HADEEL FT	22626	1	1	11.00	Y
	OLIVE HEXAGON BOX FT	22630	1	1	15.00	Y
	OLIVE TRIQUETRA PENDANT FT	22627	1	1	3.00	Y
	OLIVE WOOD CANDLESTICK FT	22632	1	1	9.25	Y
	OLIVE WOOD EGG 7CM FT	22631	1	1	3.25	Y
	OLIVE WOOD FISH CANDLE HLDR FT	22633	1	1	6.99	Y
	OLIVE WOOD HEART BOWL FT	22635	1	1	18.15	Y
	OLIVE WOOD HEART PAL 5CM	22688	1	1	3.00	Y
	OLIVE WOOD PEAR BOWL FT	22637	1	1	16.95	Y
<b>MUESLIES &amp; BREAKFAST CEREALS</b>	<b>GREEN CITY</b>					
	HIGHLAND BRAMBLE CRUNCH GC 3kg	24071	3kg	1	20.65	N
	HIGHLAND BRAMBLE CRUNCH	14513	400g	7	3.40	N
	SUPERFOODS MUESLI	23031	350g	5	2.15	N
	<b>HIGHLAND WHOLEFOODS PRE-PACKS</b>					
	MUESLI DELUXE	2693	500g	6	2.12	N
	<b>KALLO</b>					
	PUFFED RICE CEREAL ORG	600	225g	8	2.99	N
	<b>NATURES PATH</b>					
	CRISPY RICE GF ORG	19644	284g	4	3.76	N
	MAPLE SUNRISE GF	21124	300g	4	4.05	N
	MESA SUNRISE GF ORG	9803	300g	4	4.21	N
	MILLET RICE ORG	21314	375g	4	3.66	N
	MUNCH GLUTEN FREE CEREAL ORG	21125	284g	4	3.88	N
	O's CEREAL GF	21126	325g	4	3.76	N
	<b>WHOLE EARTH</b>					
	COCOA CRUNCH ORG	23594	375g	6	2.99	N
	CORNFLAKES ORG GF	8611	375g	12	2.49	N
	RED FRUIT CRUNCH ORG	23595	450g	6	3.59	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	MUESLI DELUXE	4944	1kg	6	4.68	N
	<b>ALARA</b>					
	ACTIVE MUESLI GF ORG	18908	400g	5	5.89	N
	MUESLI GOJI & CRANBERRY GF ORG	22300	650g	5	5.39	N
	<b>RUDE HEALTH</b>					
	PUFFED RICE ORG	20824	225g	4	2.40	N
	SPELT FLAKES	23893	300g	8	3.25	N
	<b>GOOD CARB FOOD COMPANY</b>					
	LIZIS BELGIAN CHOC GRANOLA	19536	400g	8	4.10	N
	LIZIS HIGH PROTEIN GRANOLA	24506	350g	8	4.58	N
	LIZIS PNK APPLE&CINNAMN GRNLA	19537	400g	8	4.30	N
	LIZIS TREACLE & PECAN GRNOLA	19538	400g	8	4.10	N
	<b>TILQUHILLIE</b>					
	100% OAT MUESLI CRANBERRY GF	20873	425g	5	4.32	N
	PURE OAT MUESLI&VINEFRUIT+ALM GF	20875	425g	5	4.32	N
	<b>NAIRNS</b>					
	GLUTEN FREE OAT MUESLI	20925	450g	5	2.80	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	FIVE STAR MUESLI	23654	3kg	4	11.24	N
	MUESLI DELUXE COMMUNITY	22817	3kg	4	11.68	N
	MUESLI ORIGINAL COMMUNITY	22818	3kg	4	8.48	N
	SUPER MUESLI NO COCONUT	23656	3kg	4	8.27	N
	SUPER MUESLI	23655	3kg	4	8.85	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACK</b>					
	BARLEY FLAKES ORG	6297	500g	6	1.22	N
	BROWN RICE FLAKES ORG	20625	500g	6	4.24	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	BUCKWHEAT FLAKES ORG	17132	500g	6	3.93	N
	FINE BRAN (WHEATBRAN) ORG	14529	375g	6	0.95	N
	MILLET FLAKE GF ORG	10784	500g	6	4.24	N
	QUINOA FLAKES ORG	23218	500g	6	8.28	N
	RYE FLAKES ORG	6337	500g	6	1.05	N
	WHEAT FLAKES ORG	6347	500g	6	1.19	N
	WHEAT FLAKES TOASTED ORG	22177	500g	6	1.97	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	DELUXE MUESLI ORG GC	4908	1kg	6	5.00	N
	MILLET FLAKES ORG	22716	1kg	6	5.93	N
	MUESLI CEREAL BASE ORG	4906	1kg	6	2.84	N
	SUPREME MUESLI ORG	22881	1kg	6	7.82	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	BARLEY FLAKES ORG 3KG	384	3kg	4	5.62	N
	BROWN RICE FLAKES ORG 3KG	13780	3kg	4	16.66	N
	BUCKWHEAT FLAKES ORG 3KG	13260	3kg	4	13.92	N
	DELUXE MUESLI ESS 3KG ORG	12660	3kg	4	14.71	N
	DELUXE MUESLI GC O 3KG	585	3kg	4	13.14	N
	MILLET FLAKES ORG 3KG	15008	3kg	4	16.50	N
	MUESLI CEREAL BASE ORG 3KG	588	3kg	4	6.00	N
	RYE FLAKES ORG 3KG	386	3kg	4	5.03	N
	SPECIAL NO COCO MUESLI ORG 3KG	583	3kg	4	11.59	N
	SUPERFOOD LUX F&N MUESLI ORG 3KG	18291	3kg	4	20.55	N
	SUPREME MUESLI ORG 3KG	12657	3kg	4	21.13	N
	<b>ORGANIC BULK</b>					
	BARLEY FLAKES ORG 25KG	384B	25kg	1	33.28	N
	BROWN RICE FLAKES ORG 15KG	13780B	15kg	1	76.35	N
	BUCKWHEAT FLAKES ORG 15KG	13260B	15kg	1	62.68	N
	DELUXE MUESLI ORG 15KG	12660B	15kg	1	66.63	N
	DELUXE MUESLI ORG 25KG	585B	25kg	1	92.80	N
	MILLET FLAKES ORG 15KG	15008B	15kg	1	70.48	N
	MUESLI CEREAL BASE ORG 20KG	588B	20kg	1	30.83	N
	RYE FLAKES ORG 25KG	386B	25kg	1	30.43	N
	SPECIAL NO COCO MUESLI ORG 25KG	583B	25kg	1	80.75	N
	SUPERFOOD LUX F&N MUESLI ORG 15KG	18291B	15kg	1	95.83	N
	SUPREME MUESLI ORG 15KG/ 1	12657B	15kg	1	98.77	N
	<b>NON ORGANIC BULK</b>					
	FIVE STAR MUESLI SACK	584	25kg	1	82.40	N
	HIGHLAND BRAMBLE CRUNCH SACK	8382	7kg	1	43.95	N
	MUESLI DELUXE COMMUNITY SACK	12689	25kg	1	86.05	N
	MUESLI ORIGINAL SACK	12690	25kg	1	59.38	N
	SUPER MUESLI NO COCO SACK	587	25kg	1	61.89	N
	SUPER MUESLI SACK	586	25kg	1	62.79	N
<b>NANS PITTAS POPADOMS</b>	<b>MRS UNIS</b>					
	GARLIC & CORIANDER NAN BREAD	15091	2nan	6	2.25	N
	PLAIN NAN BREAD	15092	2nan	6	2.15	N
	<b>AMAIZIN'</b>					
	TORTILLA WRAPS 20cm ORG	22386	240g	16	2.25	N
	<b>FLORENTIN</b>					
	MINI COCKTAIL PITTA WHITE ORG	23864	350g	12	1.89	N
	PITTA BREADS WHITE ORG	23563	260g	12	1.79	N
	PITTA BREADS WHOLEWHEAT ORG	23564	280g	12	1.79	N
<b>NATURAL REMEDIES</b>	<b>PUKKA</b>					
	ALOE VERA JUICE ORG	19232	1000ml	1	19.95	Y
	ALOE VERA JUICE ORG	20951	500ml	1	10.99	Y
<b>NUTS</b>	<b>HIGHLAND WHOLEFOODS PRE-PACK</b>					
	ALMONDS BLANCHED	6135	125g	6	3.44	N
	ALMONDS FLAKED	6166	125g	6	2.79	N
	ALMONDS FLAKED	14598	250g	6	4.65	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ALMONDS GROUND	14602	250g	6	3.99	N
	ALMONDS WHOLE	6524	125g	6	2.50	N
	ALMONDS WHOLE	6127	250g	6	3.99	N
	ALMONDS WHOLE	6128	500g	6	7.25	N
	BRAZILS BROKEN	14607	500g	6	6.20	N
	BRAZILS WHOLE	6523	125g	6	4.84	N
	BRAZILS WHOLE	6277	250g	6	8.76	N
	BRAZILS WHOLE	14606	500g	6	16.60	N
	CASHEWS LARGE WHITE PIECES	6144	250g	6	4.25	N
	CASHEWS LWP	6521	500g	6	7.50	N
	CASHEWS LWP	6145	125g	6	2.57	N
	CASHEWS WHOLE	6146	125g	6	2.54	N
	CASHEWS WHOLE	6147	250g	6	4.16	N
	CASHEWS WHOLE	14608	500g	6	7.39	N
	COCONUT DESSICATED MED	6162	250g	6	2.11	N
	COCONUT DESSICATED MED	14612	500g	6	3.30	N
	HAZELNUTS WHOLE	6278	250g	6	4.90	N
	HAZELNUTS WHOLE	6279	125g	6	2.75	N
	HAZELNUTS WHOLE	6519	500g	6	7.99	N
	HAZELNUTS WHOLE ROASTED	14616	125g	6	3.85	Y
	MIXED NUTS	6185	250g	6	4.25	N
	MIXED NUTS CHOPPED	14611	250g	6	3.99	N
	MIXED NUTS DELUXE	10932	250g	6	6.00	N
	PEANUTS REDSKIN	6479	250g	6	1.85	N
	PEANUTS REDSKIN	14619	500g	6	3.08	N
	PECAN HALVES	6230	125g	6	4.40	N
	PECAN HALVES	14622	250g	6	8.16	N
	PINE KERNELS	6231	125g	6	6.08	N
	PINE KERNELS	14189	250g	6	11.25	N
	PISTACHIO RAW KERNELS	6476	125g	6	4.44	N
	PISTACHIOS ROAST& SALT IN SHELL	6236	125g	6	3.72	N
	PISTACHIOS ROAST&SALT IN SHELL	14623	250g	6	6.53	N
	WALNUTS	22275	250g	6	5.50	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	ALMONDS BLANCHED	16912	1kg	6	21.42	N
	ALMONDS FLAKED	16910	1kg	6	15.99	N
	ALMONDS GROUND	16911	1kg	6	12.50	N
	ALMONDS WHOLE	4947	1kg	6	13.99	N
	BRAZILS BROKEN	4949	1kg	6	28.50	N
	BRAZILS WHOLE	4948	1kg	6	32.60	N
	CASHEWS LARGE WHITE PIECES	4950	1kg	6	14.59	N
	CASHEWS ROASTED & SALTED	4952	1kg	6	19.09	Y
	CASHEWS WHOLE	4951	1kg	6	14.17	N
	COCONUT CHIPS	16916	1kg	6	7.46	N
	COCONUT DESSICATED MED	16915	1kg	6	5.55	N
	HAZELNUTS WHOLE	4953	1kg	6	15.75	N
	HAZELNUTS WHOLE ROASTED	16918	1kg	6	20.00	Y
	MACADAMIA NUTS SO	23113	1kg	6	33.86	N
	MIXED NUTS CHOPPED	16914	1kg	6	13.51	N
	MIXED NUTS DELUXE	4984	1kg	6	21.99	N
	MIXED NUTS WITH PEANUTS	4983	1kg	6	14.50	N
	PEANUTS BLANCHED	23112	1kg	6	5.45	N
	PEANUTS PALE	23714	1kg	6	4.05	N
	PEANUTS RED	4955	1kg	6	5.19	N
	PEANUTS ROASTED & SALTED	4956	1kg	6	7.36	Y
	PECAN HALVES	4958	1kg	6	29.00	N
	PINE KERNELS	16920	1kg	6	42.56	N
	PISTACHIOS RAW SHELL	4960	1kg	6	38.00	N
	PISTACHIOS ROAST&SALT IN SHELL	4959	1kg	6	25.26	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	WALNUTS	22440	1kg	6	19.55	N
	<b>GREENCITY</b>					
	COCONUT CHIPS	14613	250g	5	2.45	N
	<b>ST DALFOUR</b>					
	WHOLE CHESTNUTS READY TO EAT	18107	200g	6	3.25	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	ALMONDS BLANCHED	23628	3kg	4	59.68	N
	ALMONDS FLAKED	23295	3kg	4	44.00	N
	ALMONDS GROUND	23296	3kg	4	36.00	N
	ALMONDS WHOLE	23294	3kg	4	39.00	N
	BRAZILS BROKEN	23299	3kg	4	84.00	N
	BRAZILS WHOLE	23298	3kg	4	95.50	N
	CASHEWS LWP	23301	3kg	4	41.00	N
	CASHEWS ROAST AND SALT	23716	3kg	4	54.46	Y
	CASHEWS WHOLE	23302	3kg	4	40.17	N
	CHOPPED MIXED NUTS	23314	3kg	4	38.18	N
	COCONUT CHIPS	23304	3kg	4	20.00	N
	COCONUT DESSICATED FINE	23305	3kg	4	15.61	N
	COCONUT DESSICATED MED	23306	3kg	4	14.30	N
	HAZELNUTS WHOLE	23307	3kg	4	45.99	N
	MIXED NUTS AND PEANUTS	23313	3kg	4	39.68	N
	MIXED NUTS DELUXE	23312	3kg	4	60.61	N
	PEANUTS BLANCHED	23323	3kg	4	12.99	N
	PEANUTS PALE	23322	3kg	4	11.95	N
	PEANUTS RED	23321	3kg	4	12.30	N
	PECAN HALVES	23324	3kg	4	83.00	N
	PINE KERNELS	23325	3kg	4	125.27	N
	PISTACHIOS ROAST&SALT IN SHELL	23326	3kg	4	68.61	N
	WALNUTS	23348	3kg	4	56.30	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACK</b>					
	ALMONDS GROUND 250g ORG	14551	250g	6	6.75	N
	ALMONDS WHOLE 125g ORG	6525	125g	6	2.95	N
	ALMONDS WHOLE 250g ORG	6294	250g	6	5.39	N
	BRAZILS WHOLE 125g ORG	6301	125g	6	4.89	N
	BRAZILS WHOLE ORG 250g	14552	250g	6	9.20	N
	CASHEW PIECES ORG 250g	24275	250g	6	5.80	N
	CASHEWS WHOLE 250g ORG	6349	250g	6	6.44	N
	COCONUT DESSICATED 125g ORG	6309	125g	6	1.31	N
	HAZELNUTS WHOLE 250g ORG	6520	250g	6	5.94	N
	PINE KERNELS 100g ORG	14556	100g	6	5.17	N
	WALNUT PIECES 125g ORG	6478	125g	6	2.65	N
	WALNUTS 250g ORG	10965	250g	6	4.84	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	ALMONDS BLANCHED ORG	22076	1kg	6	21.79	N
	ALMONDS FLAKED ORG	22075	1kg	6	28.75	N
	ALMONDS WHOLE ORG	22077	1kg	6	18.95	N
	BRAZIL NUTS WHOLE ORG	22078	1kg	6	32.70	N
	CASHEW PIECES ORG	22079	1kg	6	20.18	N
	CASHEWS WHOLE ORG	22080	1kg	6	22.51	N
	COCONUT DESSICATED ORG	22081	1kg	6	6.38	N
	HAZELNUTS WHOLE ORG	22082	1kg	6	24.00	N
	PEANUTS PALESKINS ORG	22084	1kg	6	7.35	N
	WALNUT PIECES ORG	22085	1kg	6	15.85	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	ALMONDS BLANCHED ORG 3KG	13712	3kg	4	63.06	N
	ALMONDS FLAKED ORG 3KG	16216	3kg	4	77.33	N
	ALMONDS WHOLE ORG 3KG	605	3kg	4	54.45	N
	BRAZIL NUTS WHOLE ORG 3KG	5326	3kg	4	95.76	N
	CASHEW PIECES ORG 3KG	5328	3kg	4	58.21	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CASHEWS WHOLE ORG 3KG	19659	3kg	4	65.21	N
	COCONUT DESSICATED ORG 3KG	16251	3kg	4	16.81	N
	HAZELNUTS WHOLE ORG 3KG	620	3kg	4	71.56	N
	MIXED NUTS NO PEANUTS ORG 3KG	9038	3kg	4	64.80	N
	PEANUTS PALESKIN ORG 3KG	10028	3kg	4	18.96	N
	WALNUT PIECES ORG 3KG	1545	3kg	4	45.21	N
	<b>ORGANIC BULK</b>					
	ALMONDS BLANCHED ORG 20KG	13712B	20kg	1	411.17	N
	ALMONDS FLAKED ORG 10KG	16216B	10kg	1	253.17	N
	ALMONDS WHOLE ORG 25KG	605B	25kg	1	442.23	N
	BRAZIL NUTS WHOLE ORG 20KG	5326B	20kg	1	629.23	N
	CASHEW PIECES ORG 22KG	5328B	22kg	1	429.67	N
	CASHEWS WHOLE ORG 22KG	19659B	22kg	1	482.57	N
	COCONUT DESSICATED ORG	24764	11.34k	1	73.52	N
	COCONUT DESSICATED ORG 25KG	16251B	25kg	1	144.12	N
	HAZELNUTS WHOLE ORG 25KG	620B	25kg	1	485.40	N
	MIXED NUTS NO PNUTS ORG 10KG	9038B	10kg	1	174.88	N
	PEANUTS PALESKIN ORG 25KG	10028B	25kg	1	146.53	N
	WALNUT PIECES ORG 10KG	1545B	10kg	1	153.93	N
	<b>NON ORGANIC BULK</b>					
	ALMONDS BLANCHED CASE	606	12kg	1	262.33	N
	ALMONDS FLAKED CASE 10KG	607	10kg	1	136.28	N
	ALMONDS GROUND CASE 12.5KG	608	12.5kg	1	150.00	N
	ALMONDS WHOLE CASE 22.68KG	603	22.68k	1	257.62	N
	BRAZILS BROKEN CASE 20KG	611	20kg	1	500.62	N
	BRAZILS WHOLE CASE 20KG	609	20kg	1	627.65	N
	CASHEWS LARGE PIECES 22.68KG	612	22.68k	1	299.48	N
	CASHEWS ROAST & SALT CASE 6KG	39	6kg	1	180.00	Y
	CASHEWS WHOLE CASE 22.68KG	5917	22.68k	1	482.23	N
	COCONUT CHIPS CASE	616	10kg	1	62.23	N
	COCONUT DESSI FINE SACK	617	7kg	1	33.28	N
	COCONUT DESSICATED MED SACK	24098	25kg	1	107.97	N
	HAZELNUTS WHOLE CASE 25KG	618	25kg	1	370.00	N
	HAZELNUTS WHOLE ROAST CASE 5KG	621	5kg	1	96.00	Y
	MIXED NUTS CHOPPED CASE 12.5KG	627	12.5kg	1	153.45	N
	PEANUTS BLANCHED SACK 25KG	15200	25kg	1	92.00	N
	PEANUTS PALESKIN SACK 25KG	628	25kg	1	88.30	N
	PEANUTS RED SACK	630	25kg	1	80.00	N
	PEANUTS ROAST SALT SACK 25KG	634	25kg	1	147.18	Y
	PECAN HALVES CASE 13.6KG	636	13.6kg	1	350.03	N
	PINE KERNELS CASE 25KG	638	25kg	1	1033.03	N
	PISTACHIOS R&S CASE 10KG	640	10kg	1	224.20	N
	PISTACHIOS RAW SHELLLED CASE 10KG	6001	10kg	1	349.52	N
	WALNUT HALVES CASE 9.98KG	22445	9.98kg	1	170.00	N
<b>OATCAKES</b>	<b>NAIRNS</b>					
	CRACKED BLACK PEPPER OATCAKES	22505	200g	8	1.49	N
	FINE OATCAKES	15835	218g	12	1.25	N
	FRUIT & SEED OATCAKES	23711	225g	8	1.69	N
	OATCAKES ORG	10987	250g	12	1.49	N
	ROUGH OATCAKES	15836	291g	10	1.36	N
	<b>HEBRIDEAN</b>					
	HEBRIDEAN OATCAKES	16089	150g	20	1.55	N
	<b>FOREST KITCHEN</b>					
	OATCAKES HANDMADE LOCAL	21030	130g	1	2.09	N
	<b>ANGELIC GLUTEN FREE</b>					
	COCKTAIL OATCAKES GF	22820	150g	8	2.60	N
	<b>STOATS</b>					
	CHIPOTLE CHILLI OATCAKES	24319	150g	16	1.39	N
	RUSTIC SCOTTISH OATCAKES	24257	150g	16	1.39	N



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
<b>OATS &amp; OAT PRODUCTS</b>	<b>GOLSPIE MILL</b>					
	OATMEAL COARSE ORG	12625	1kg	8	2.59	N
	OATMEAL MEDIUM BULK	8532	25kg	1	48.75	N
	OATMEAL MEDIUM ORG	12624	1kg	8	2.59	N
	<b>HIGHLAND WHOLEFOODS PRE-PACKS</b>					
	OATBRAN (HIHO)	6189	500g	6	1.88	N
	<b>MORNFLAKE</b>					
	COARSE OATMEAL	5660	500g	12	1.15	N
	FINE OATMEAL	5659	500g	12	1.15	N
	GLUTEN FREE JUMBO OATS	23625	500g	6	3.19	N
	GLUTEN FREE PORRIDGE OATS	23626	500g	6	3.19	N
	JUMBO OATS MF 3KG	22737	3kg	4	4.16	N
	JUMBO OATS SCOTTISH	23623	1.5kg	6	2.51	N
	JUMBO OATS	17400	500g	12	0.92	N
	MEDIUM OATMEAL 12.5kg (MFLAKE)	7471	12.5kg	1	9.50	N
	MEDIUM OATMEAL	1091	500g	12	1.15	N
	OATBRAN (PP 500g)	668	500g	12	1.80	N
	OATBRAN FLAKES ORIGINAL	22735	500g	8	2.66	N
	PINHEAD OATMEAL 12.5kg MFLAKE	7634	12.5kg	1	11.39	N
	PORRIDGE OATS 12.5kg (MFLAKE)	7506	12.5kg	1	9.49	N
	PORRIDGE OATS 3KG PACK	9897	3kg	4	4.16	N
	PORRIDGE SUPERFAST OATS	653	1kg	6	1.53	N
	<b>STOATS</b>					
	SCOTTISH PORRIDGE OATS	24266	750g	6	2.79	N
	<b>RUDE HEALTH</b>					
	PUFFED OATS	20903	175g	8	2.25	N
	<b>TILQUHILLIE</b>					
	100% OAT FLAKES GF	20894	425g	5	3.80	N
	<b>NAIRNS</b>					
	SCOTTISH PORRIDGE OATS GF	20924	450g	5	2.59	N
	<b>PIMHILL</b>					
	JUMBO OATS ORG	21410	850g	12	2.39	N
	PORRIDGE OATS ORG	21411	850g	12	2.66	N
	<b>ALARA</b>					
	PORRIDGE SCOTTISH OATS GF ORG	23058	500g	6	3.99	N
	<b>HIHO PRODUCER 3KG</b>					
	OATBRAN	23316	3kg	4	7.08	N
	<b>GREENCITY</b>					
	JUMBO OATS GC ORG	23914	3kg	1	6.60	N
	PORRIDGE OATS GC ORG	23913	3kg	1	6.80	N
	<b>ESSENTIAL</b>					
	BRAN FLAKES MALTED ORG	24398	375g	6	3.18	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACKS</b>					
	JUMBO OATS ORG	6315	500g	6	1.58	N
	PORRIDGE OATS ORG	6326	500g	6	1.30	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	JUMBO OATS ORG	6316	1kg	6	2.77	N
	PORRIDGE OATS ORG	4904	1kg	6	2.20	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	FINE OATMEAL MORNFLAKE ORG 3KG	657	3kg	4	5.13	N
	JUMBO OATS MORNFLAKE ORG 3KG	664	3kg	4	6.26	N
	MEDIUM OATMEAL MORNFLAKE ORG 3KG	659	3kg	4	6.26	N
	OAT GROATS ORG 3KG	665	3kg	4	5.13	N
	OATBRAN ORG 3KG	8446	3kg	4	7.63	N
	PINHEAD OATMEAL MORNFLAKE ORG 3KG	662	3kg	4	6.26	N
	PORRIDGE OATS MORNFLAKE ORG 3KG	655	3kg	4	6.26	N
	<b>ORGANIC BULK</b>					
	FINE OATMEAL MORNFLAKE ORG 25KG	657B	25kg	1	31.25	N
	JUMBO OATS MORNFLAKE ORG 25KG	664B	25kg	1	40.63	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	MEDIUM OATMEAL MORNFLAKE ORG 25K	659B	25kg	1	40.63	N
	OAT GROATS ORG 25KG	665B	25kg	1	31.25	N
	OATBRAN ORG 12KG	8446B	12kg	1	25.00	N
	PINHEAD OATMEAL MORNFLAKE ORG 25	662B	25kg	1	40.62	N
	PORRIDGE OATS MORNFLAKE ORG 25KC	655B	25kg	1	40.63	N
	<b>NON ORGANIC BULK</b>					
	JUMBO OATS (MORNFLAKE) 25kg	663	25kg	1	22.80	N
	OATBRAN (MORNFLAKE) SACK	667	12kg	1	22.92	N
	PORRIDGE OATS (MORNFLAKE) 25kg	654	25kg	1	22.80	N
	<b>BULK</b>					
	FINE OATMEAL MORNFLAKE SACK	656	25kg	1	22.76	N
	MEDIUM OATMEAL MORNFLAKE SACK	658	25kg	1	19.17	N
	PINHEAD OATMEAL MORNFLAKE SACK	661	25kg	1	19.00	N
<b>OILS REFINED</b>	<b>COMMUNITY</b>					
	SUNFLOWER OIL	688	1lt	15	3.25	N
	SUNFLOWER OIL 3LTR COMMUNITY	1267	3lt	1	8.48	N
	<b>KTC</b>					
	COCONUT OIL	16833	250ml	12	2.47	N
	<b>ABEA</b>					
	POMACE OLIVE OIL 5LT	14910	5lt	4	30.52	N
<b>OILS UNREFINED</b>	<b>BIONA</b>					
	COCONUT OIL: CUISINE ORG	23413	470ml	6	5.15	N
	<b>EMILE NOEL</b>					
	AVOCADO OIL COLD PRESS ORG	23151	250ml	6	8.81	N
	PUMPKIN SEED OIL C.P. ORG	8209	250ml	6	9.32	N
	<b>ESSENTIAL</b>					
	COCONUT OIL VIRGIN ORGANIC	21548	690ml	6	8.99	N
	OLIVE OIL EV ORG	13884	500ml	6	5.19	N
	OLIVE OIL EXTRA VIRGIN ORG	13885	5lt	1	46.65	N
	SESAME OIL ORG	13887	500ml	6	5.69	N
	SUNFLOWER OIL C.P. ORG	10889	5lt	1	21.05	N
	SUNFLOWER OIL C.P. ORG	15201	500ml	6	2.79	N
	VIRGIN COCONUT OIL ORG	19332	210ml	6	3.49	N
	<b>HELLENIC</b>					
	OLIVE OIL EXTRA VIRGIN	680	500ml	12	5.89	N
	OLIVE OIL EXTRA VIRGIN 1LT	681	1lt	12	10.95	N
	OLIVE OIL EXTRA VIRGIN 3LT	7662	3lt	4	31.70	N
	OLIVE OIL EXTRA VIRGIN 5LT	1801	5lt	4	51.36	N
	<b>MERIDIAN</b>					
	GRAPSEED OIL	751	500ml	6	4.99	N
	OLIVE OIL EXTRA VIRGIN ORG	685	500ml	6	6.99	N
	SESAME OIL ORG	674	500ml	6	6.99	N
	SUNFLOWER OIL ORG	669	500ml	6	3.99	N
	TOASTED SESAME OIL ORG	19543	500ml	6	6.99	N
	<b>LA TERRA</b>					
	OLIVE OIL SINGLE ESTATE ORG	14007	750ml	12	21.69	N
	<b>GRANOVITA</b>					
	EVENING PRIMROSE OIL ORG	23396	260ml	6	13.29	Y
	FLAX OIL ORG	16601	260ml	6	9.10	Y
	HEMP OIL ORG	16179	260ml	6	6.99	N
	OMEGA BLEND VIRGIN CP OIL ORG	14915	260ml	6	9.65	Y
	<b>CLEARSPRING</b>					
	HAZELNUT OIL ORGANIC	21832	250ml	8	12.99	N
	OLIVE OIL EXTRA VIRGIN ORG	16272	1lt	6	15.99	N
	RAPESEED OIL ORG	19635	500ml	6	3.99	N
	SESAME OIL ORG	19699	500ml	6	5.89	N
	SUNFLOWER FRYING OIL ORG	16273	1lt	6	7.49	N
	SUNFLOWER FRYING OIL ORG	16521	500ml	6	4.49	N
	SUNFLOWER OIL ORG	18431	500ml	6	3.99	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	WALNUT OIL ORGANIC	21833	250ml	8	10.49	N
	<b>ZAYTOUN</b>					
	OLIVE OIL EV PALESTINIAN FT	16625	500ml	6	12.00	N
	OLIVE OIL EV PALESTINIAN FT ORG	19667	250ml	6	8.00	N
	OLIVE OIL EV PALESTINIAN FT ORG	19418	500ml	6	13.00	N
	OLIVE OIL EV PALESTINIAN FT ORG	19666	5lt	1	106.55	N
	OLIVE OIL EV PALESTINIAN FT ORG	19665	750ml	6	19.68	N
	<b>CULLISSE</b>					
	CULLISSE MINI OILS GIFT BOX	23180	3x100m	1	12.99	N
	HIGHLAND RAPESEED OIL	22001	5lt	4	22.49	N
	HIGHLAND RAPESEED OIL	21208	500ml	6	6.99	N
	<b>GOMO</b>					
	OLIVE OIL EXTRA VIRGIN	22198	5lt	1	37.65	N
<b>OLIVES, CAPERS, CHILLIES</b>	<b>SUNITA</b>					
	OLIVES GREEN ORG	22919	360g	6	2.90	N
	OLIVES KALAMON ORG	10271	360g	6	3.54	N
	OLIVES KALAMON PITTED ORG	10738	2kg	4	25.20	N
	<b>DELICIAS</b>					
	CAPERBERRIES WHITE WINE VIN ORG	6942	370g	6	2.76	N
	CAPERS WHITE WINE VIN ORG	6854	100g	6	2.11	N
	<b>ORGANICO</b>					
	CAPERS IN VINEGAR ORG	17931	250g	12	3.25	N
	OLIVES GARLIC STUFFED ORG	23521	190g	6	4.02	N
	<b>CRESPO</b>					
	PITTED DRY BLACK OLIVES & HERBS	20472	70g	8	1.26	N
	PITTED GREEN OLIVES & CHILLIS	20470	70g	8	1.26	N
	PITTED GREEN OLIVES HERB/GARLIC	20469	70g	8	1.26	N
	PITTED MIXED COCKTAIL OLIVES	20471	70g	8	1.32	N
	<b>COOKS &amp; CO</b>					
	GREEN CHILLIES IN JARS	20523	300g	6	1.59	N
	RED CHILLIES IN JARS	20473	340g	6	1.59	N
	VINE LEAVES STUFFED WITH RICE	23581	380g	6	2.99	N
<b>ORAL HYGIENE</b>	<b>KINGFISHER</b>					
	CHARCOAL WHITENING TOOTHPASTE	24542	100ml	12	3.45	Y
	TOOTHPASTE ALOE TEA TREE FENNEL	20574	100ml	12	2.85	Y
	TOOTHPASTE ALOE TEATREE MINT FF	17541	100ml	12	2.85	Y
	TOOTHPASTE BAKING SODA	17985	100ml	12	2.85	Y
	TOOTHPASTE CHILDRENS STRAWBERRY	22834	75g	12	2.49	Y
	TOOTHPASTE FENNEL FLUORIDE FREE	17602	100ml	12	2.85	Y
	TOOTHPASTE FENNEL FLUORIDE	17601	100ml	12	2.85	Y
	TOOTHPASTE MINT & FLUORIDE	17537	100ml	12	2.85	Y
	TOOTHPASTE MINT FLUORIDE FREE	17600	100ml	12	2.85	Y
	<b>WELEDA</b>					
	CALENDULA TOOTHPASTE	1278	75ml	6	4.85	Y
	PLANT GEL TOOTHPASTE	1276	75ml	6	4.85	Y
	RATANHIA TOOTHPASTE	12414	75ml	6	4.85	Y
	SALT TOOTHPASTE	1277	75ml	6	4.85	Y
	<b>ENVIRONMENTAL</b>					
	THE ENVIRONMENTAL TOOTHBRUSH	20978	1	12	3.07	Y
	<b>SARAKAN</b>					
	MOUTHWASH NO ALC OR FLUOR	21846	300ml	6	4.27	Y
	TOOTHPASTE SARAKAN	22160	50ml	6	2.99	Y
	<b>ALOE DENT</b>					
	ALOE VERA MOUTHWASH	23082	250ml	6	4.59	Y
	<b>PEPPERSMITH</b>					
	PEPPERMINT DENTAL CHEWING GUM	23931	50g	12	2.99	Y
	SPEARMINT DENTAL CHEWING GUM	23932	50g	12	3.30	Y
<b>PASTA &amp; NOODLES</b>	<b>LA BIOIDEA</b>					
	FARFALLE WHITE BOWS ORG	14218	250g	12	1.45	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	LASAGNE VERDE ORG	6469	250g	12	1.89	N
	LASAGNE WHITE ORG	1207	250g	12	1.89	N
	MACARONI WHITE ORG	21584	500g	12	1.45	N
	MACARONI WHOLEWHEAT ORG	22012	500g	12	1.55	N
	ORZO PASTA ORG	23938	400g	6	2.25	N
	<b>LA TERRA E IL CIELO</b>					
	CAVATAPPI HOLLOW TWISTS ORG	14022	500g	12	1.99	N
	CAVATAPPI SPELT ORG	20247	500g	12	2.99	N
	CONCHIGLIONI WHITE ORG	14027	500g	6	3.09	N
	FUSILLI SPELT ORG	30349	500g	12	2.99	N
	FUSILLI WHITE TWISTS ORG	14014	500g	12	1.99	N
	FUSILLI WHOLEWHEAT ORG	14011	500g	12	1.79	N
	FUSILLI WITH SPINACH ORG	23488	500g	12	2.50	N
	GNOCCHI WHOLEWHEAT ORG	14023	500g	12	1.79	N
	LINGUINE WHITE FLAT SPAG ORG	14013	500g	20	1.99	N
	LINGUINE WHOLEWHEAT ORG	14009	500g	20	1.79	N
	MACARONI WHITE ORG	20351	500g	12	2.19	N
	ORECCHIETTE WHOLEWHEAT ORG	23817	500g	12	2.29	N
	PAPPERDELLE NESTS WHITE ORG	23818	500g	6	2.79	N
	PENNE SPELT ORG	30350	500g	12	2.99	N
	PENNE WHOLEWHEAT ORG	14010	500g	12	1.79	N
	SPAGHETTI SPELT ORG	14008	500g	20	2.99	N
	SPAGHETTI WHITE ORG	14025	500g	20	1.99	N
	SPAGHETTI WHOLEWHEAT ORG	14024	500g	20	1.79	N
	SPAGHETTI WITH NETTLES ORG	14020	500g	20	2.39	N
	TAGLIATELLE NESTS SPELT ORG	23816	500g	6	3.85	N
	TAGLIATELLE NESTS WHITE ORG	14814	500g	6	2.79	N
	TRENNE WHITE TRIANG TUBES ORG	14012	500g	12	2.19	N
	<b>ORGRAN</b>					
	BUCKWHEAT SPIRALS GF	7399	250g	7	2.19	N
	CORN AND VEGETABLE SHELLS GF	7403	250g	7	1.99	N
	CORN SPIRALS GLUTEN FREE	14820	250g	7	1.99	N
	RICE & MILLET SPIRALS GF	6880	250g	7	2.09	N
	VEGETABLE RICE SPIRALS GF	7405	250g	7	2.09	N
	<b>BIONA</b>					
	WHITE SPELT PENNE ORG	23558	500g	10	3.25	N
	WHITE SPELT SPAGHETTI ORG	23557	500g	10	3.25	N
	<b>KING SOBA</b>					
	100% BROWN RICE NOODLES GF ORG	15780	250g	12	2.20	N
	BLACK RICE NOODLES ORG GF	18309	250g	12	2.35	N
	BRWN RICE WAKAME NOODLES GF ORG	24155	250g	12	2.20	N
	BUCKWHEAT NOODLES GF ORG	15782	250g	12	2.34	N
	MILLET & BROWN RICE NOOD FT ORG	15785	250g	12	2.20	N
	PUMPKN GINGR BRICE NOODLES ORG	18310	250g	12	2.20	N
	SWEET POT BCKWHT NOOD ORG GF	18311	250g	12	2.35	N
	THAI RICE NOODLES ORG	15786	250g	12	2.20	N
	<b>ESSENTIAL</b>					
	FUSILLI WHITE ORG	17306	500g	12	1.45	N
	FUSILLI WHOLEWHEAT ORG	17311	500g	12	1.49	N
	LUMACHE WHITE ORG	17307	500g	12	1.45	N
	PENNE WHITE ORG	17308	500g	12	1.45	N
	PENNE WHOLEWHEAT ORG	17312	500g	12	1.49	N
	SPAGHETTI WHITE ORG	17309	500g	12	1.45	N
	SPAGHETTI WHOLEWHEAT ORG	17313	500g	12	1.49	N
	TORTIGLIONI WHITE ORG	17310	500g	12	1.45	N
	<b>CLEARSPRING</b>					
	GREEN PEA & QUINOA FUSILLI GF ORG	24007	250g	8	2.89	N
	<b>RIZOPIA GLUTEN FREE</b>					
	BROWN RICE ELBOWS GF ORG	17732	500g	12	3.95	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	BROWN RICE FUSILLI GF ORG	17734	500g	12	3.95	N
	BROWN RICE LASAGNE GF ORG	22162	375g	12	3.95	N
	<b>DOVES FARM</b>					
	BROWN RICE FUSILLI GF ORG	20208	500g	8	2.99	N
	BROWN RICE PENNE GF ORG	20209	500g	8	2.99	N
	BROWN RICE SPAGHETTI GF ORG	20210	500g	12	2.99	N
	BUCKWHEAT PENNE PASTA GF ORG	23841	500g	8	3.99	N
	MAIZE & RICE FUSILLI GF ORG	20211	500g	8	2.49	N
	MAIZE & RICE PENNE GF ORG	20212	500g	8	2.49	N
	MAIZE & RICE SPAGHETTI GF ORG	20214	500g	12	2.49	N
	MULTIGRAIN PENNE PASTA GF ORG	23994	500g	8	2.99	N
<b>PASTA SAUCES &amp; TOMATO PRODUCTS</b>	<b>CAMPO</b>					
	TOMATO PUREE 4.5KG CAN ORG	23397	4.5kg	1	15.85	N
	TOMATO PUREE ORG	13589	800g	12	3.25	N
	<b>MERIDIAN</b>					
	GREEN PESTO FREE FROM	15654	170g	6	2.29	N
	PASTA SAUCE TOM & PEPP GF ORG	12376	440g	6	2.79	N
	PASTA SAUCE TOMATO & HERB GF ORG	1999	440g	6	2.79	N
	<b>ZEST</b>					
	PASTA SAUCE MUSH SMOKE GARLIC	1668	340g	6	2.38	N
	PESTO VEGAN 165g	715	165g	6	2.61	N
	PESTO VEGAN 340g	714	340g	6	4.41	N
	<b>SUNITA</b>					
	ARRABIATTA SAUCE ORG	24088	350g	6	1.60	N
	CREAMED BASIL	5143	130g	12	2.94	N
	PASSATA SAUCE ORG	24089	350g	6	1.89	N
	PESTO GENOVESE ORG	13706	130g	6	3.85	N
	PESTO ROSSO ORG	15339	130g	6	3.80	N
	POMAROLA SAUCE ORG	24090	350g	6	2.00	N
	<b>ESSENTIAL</b>					
	CHERRY TOMATOES WHOLE ORG	19399	400g	12	1.29	N
	CHOPPED TOMATOES ORG	12789	400g	12	0.95	N
	PASSATA ORG	12790	700g	12	1.59	N
	RED PESTO DOUBLE CONC ORG	20381	180g	6	4.19	N
	TOMATO PUREE TUBES ORG	13877	130g	12	1.20	N
	TOMATOES CHOPPED CATERING ORG	12788	2.5kg	1	4.27	N
	TOMATOES WHOLE CANS ORG	10997	2.5kg	1	4.27	N
	WHOLE TOMATOES ORG	12791	400g	12	0.95	N
	<b>SACLA</b>					
	BASIL PESTO FREE FROM GF	23919	190g	6	3.30	N
	SUN DRIED TOM PEST FREE FROM	23920	190g	6	3.30	N
	<b>GOMO</b>					
	CHOPPED TOMATOES CATERING	17182	2550g	6	3.11	N
	CHOPPED TOMATOES	19779	400g	24	0.84	N
	WHOLE PEELED TOMATOES	19778	400g	24	0.84	N
	<b>HIGHLAND WHOLEFOODS 3KG PRODUCER</b>					
	TOMATO HALVES SUNDRIED	23343	3kg	4	24.66	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	TOMATOES CHOPPED SUNDRIED 1KG	24540	1kg	6	14.07	N
	<b>SEGGIANO</b>					
	RAW BASIL PESTO GF	24703	200g	12	6.42	N
	<b>FULL SHIPPERS</b>					
	TOMATO HALVES SUNDRIED CASE	2968	10kg	1	84.15	N
	<b>BULK</b>					
	TOMATOES CHOPPED SUNDRIED 3KG	12531	3kg	1	39.02	N
<b>PASTES &amp; PUREES</b>	<b>PATAKS</b>					
	MADRAS CURRY PASTE	2283	283g	6	2.45	N
	ROGAN JOSH PASTE	2721	283g	6	2.45	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>GEO ORGANICS</b>					
	BALTI CURRY PASTE ORG	14003	180g	6	2.19	N
	BHUNA PASTE ORG	22283	180g	6	2.19	N
	KORMA PASTE ORG	13799	180g	6	2.19	N
	MADRAS CURRY PASTE ORG	13801	180g	6	2.19	N
	RENDANG CURRY PASTE ORG	23948	180g	6	2.75	N
	SINGAPORE NOODLES PASTE ORG	23950	180g	6	2.75	N
	THAI GREEN CURRY PASTE ORG	13862	180g	6	2.49	N
	THAI RED CURRY PASTE ORG	13863	180g	6	2.49	N
	THAI YELLOW CURRY PASTE ORG	13864	180g	6	2.49	N
	TIKKA MASALA PASTE ORG	13802	180g	6	2.19	N
	<b>AL'FEZ</b>					
	GREEN HARISSA	23172	100g	6	2.35	N
	HARISSA	15682	100g	6	2.25	N
	LEMON TAGINE STIR FRY PASTE	15683	100g	6	2.25	N
	SPICED APRICOT TAGINE PASTE	24277	160g	6	2.55	N
	<b>HARRY BRAND</b>					
	HARISSA CHILLI SAUCE JAR GF	23538	210g	6	3.50	N
	HARISSA CHILLI SAUCE SQZY GF	23539	195g	6	3.50	N
<b>PERSONAL HYGIENE</b>	<b>ESSENTIAL</b>					
	SOFT TOILET TISSUE UNWRAPPED	12787	roll	36	0.55	Y
	TOILET ROLLS 4S ESSENTIAL	8671	4x1	10	2.48	Y
	<b>NATRACARE</b>					
	LIGHT INCONTINENCE PADS	18967	20pads	6	3.83	4
	PADS NIGHT TIME ORG	13080	10pads	12	2.79	4
	PADS REGULAR ORG	1068	14pads	12	2.39	4
	PADS SUPER ORG	1124	12pads	12	2.19	4
	PANTY LINERS CURVED	16560	30	16	1.79	4
	PANTY LINERS MINI ORG	1020	30	10	1.79	4
	ULTRA PADS LONG WITH WINGS LONG	18966	10pads	12	2.39	4
	ULTRA PADS REGULAR WITH WINGS	12597	14pads	12	2.39	4
	<b>MOONCUP</b>					
	MOONCUP SIZE A (30+ BIRTH)	20944	A	1	22.55	4
	MOONCUP SIZE B (-30 & NO BIRTH)	20945	B	1	20.49	4
<b>PICKLES &amp; CHUTNEYS</b>	<b>PATAKS</b>					
	AUBERGINE PICKLE	2718	312g	6	2.25	N
	CHILLI PICKLE	2280	283g	6	2.25	N
	GARLIC PICKLE	2279	300g	6	2.25	N
	HOT LIME PICKLE (HOT)	2281	283g	6	2.25	N
	LIME PICKLE (MEDIUM)	2278	283g	6	2.25	N
	MANGO PICKLE MEDIUM/MILD	2717	283g	6	2.25	N
	MIXED PICKLE	2720	283g	6	2.25	N
	SWEET MANGO CHUTNEY	16840	340g	6	1.79	N
	<b>GEO ORGANICS</b>					
	APPLE APRICOT GINGER CHUTNEY ORG	23947	300g	6	2.99	N
	MANGO CHUTNEY FT ORG	12761	300g	6	2.89	N
	<b>HUNTLY HERBS</b>					
	BEETROOT & APPLE CHUTNEY GF ORG	19627	286g	6	3.99	N
	BLACK ISLE PORTER CHUTNEY ORG	20980	312g	6	3.99	N
	BLCK ISLE BLOND BOMB CHUTNEY ORG	20981	300g	6	3.99	N
	CORIANDER CHUTNEY GF ORG	19629	300g	6	3.99	N
	GREEN TOMATO CHUTNEY GF ORG	20768	300g	6	3.99	N
	HOT LEMON RELISH GF ORG	20145	290g	6	3.99	N
	HOT PUMPKIN CHUTNEY GF ORG	20510	300g	6	3.99	N
	STRATHBOGIE SIZZLE CHUT GF ORG	19624	300g	6	3.99	N
	THREE LITTLE JARS CHUTNEY ORG	23444	3jars	1	3.99	N
	TRAD MARROW CHUTNEY ORG	19626	300g	6	3.99	N
	<b>GALLOWAY CHILIES</b>					
	CHILLI LEMON CITRUS PRESERVE	24449	200g	6	4.25	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CHILLI ORIGINAL PRESERVE	24450	200g	6	4.25	N
<b>RICE</b>	<b>BIONA</b>					
	RISOTTO RICE MIX ORG	23941	500g	6	3.71	N
	WILD RICE MIX ORG	7073	500g	6	3.90	N
	<b>HIGHLAND WHOLEFOODS PRE-PACK</b>					
	ARBORIO RISOTTO RICE 500g	6131	500g	6	2.15	N
	BASMATI RICE BROWN	6139	500g	6	2.43	N
	BASMATI RICE WHITE	6272	500g	6	2.10	N
	LONG GRAIN BROWN RICE	349	500g	6	1.55	N
	PUDDING RICE	22277	500g	6	1.45	N
	RED RICE	14574	500g	6	2.72	N
	SUSHI RICE	22555	500g	6	2.06	N
	WILD RICE	6280	125g	6	3.15	N
	WILD RICE	6484	250g	6	5.37	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	ARBORIO RICE	4934	1kg	6	3.68	N
	BASMATI RICE BROWN	4935	1kg	6	4.25	N
	BASMATI RICE WHITE	4936	1kg	6	3.58	N
	LONG GRAIN BROWN RICE	4937	1kg	6	2.45	N
	RED RICE	23794	1kg	6	4.81	N
	WILD RICE	23114	1kg	6	19.05	N
	<b>GREEN CITY</b>					
	BLACK RICE ORG	23753	250g	5	1.89	N
	<b>ALGAMAR</b>					
	RICE LENTILS & SEA VEG ORG	19003	500g	8	4.15	N
	<b>OSPPIO</b>					
	ARBORIO RISOTTO RICE	2891	3kg	4	8.00	N
	BASMATI RICE WHITE	20444	3kg	4	8.25	N
	LONG GRAIN BROWN RICE	17220	3kg	4	4.50	N
	LONG GRAIN WHITE RICE	361	3kg	4	4.50	N
	<b>MOORHEAD MACGAVIN</b>					
	PUDDING RICE WHITE	362	3kg	4	3.75	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	BROWN BASMATI RICE	23300	3kg	4	10.39	N
	RED RICE	23332	3kg	4	12.38	N
	SUSHI RICE	23342	3kg	4	9.90	N
	WILD RICE	23629	3kg	4	54.78	N
	<b>THAI TASTE</b>					
	THAI STICKY RICE	23448	454g	6	2.55	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACK</b>					
	ARBORIO RICE ORG	22549	500g	6	2.91	N
	BROWN BASMATI RICE ORG	7562	500g	6	2.57	N
	LONG GRAIN BROWN RICE 500g ORG	6318	500g	6	2.26	N
	LONG GRAIN WHITE RICE ORG	7564	500g	6	1.96	N
	SHORT GRAIN BROWN RICE ORG	6342	500g	6	2.30	N
	WHITE BASMATI RICE ORG	7563	500g	6	2.65	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	ARBORIO RICE ORG	22883	1kg	6	5.75	N
	BASMATI RICE BROWN ORG	4896	1kg	6	4.95	N
	BASMATI WHITE RICE ORG	21443	1kg	6	5.05	N
	LONG GRAIN BROWN RICE ORG	6317	1kg	6	4.55	N
	LONG GRAIN WHITE RICE ORG	4898	1kg	6	3.80	N
	SHORT GRAIN BROWN RICE ORG	4899	1kg	6	4.50	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	ARBORIO RICE ORG 3KG	15043	3kg	4	14.97	N
	BASMATI RICE BROWN ORG 3KG	7511	3kg	4	12.53	N
	BASMATI WHITE RICE ORG 3KG	7512	3kg	4	14.50	N
	LONG GRAIN BROWN RICE ORG 3KG	353	3kg	4	9.17	N
	LONG GRAIN WHITE RICE ORG 3KG	7510	3kg	4	9.17	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	SHORT GRAIN BROWN RICE ORG 3KG	357	3kg	4	10.52	N
	<b>ORGANIC BULK</b>					
	ARBORIO RICE ORG 25KG	15043B	25kg	1	113.27	N
	BASMATI RICE BROWN ORG 25KG	7511B	25kg	1	92.95	N
	BASMATI RICE WHITE ORG 25KG	7512B	25kg	1	95.50	N
	LONG GRAIN BROWN RICE ORG 25KG	353B	25kg	1	79.22	N
	LONG GRAIN WHITE RICE ORG 25KG	7510B	25kg	1	64.68	N
	SHORT GRAIN BROWN RICE ORG 25KG	357B	25kg	1	76.02	N
	<b>NON ORGANIC BULK</b>					
	BASMATI RICE BROWN SACK	365	25kg	1	75.33	N
	BASMATI RICE WHITE SACK	20407	25kg	1	58.70	N
	LONG GRAIN BROWN RICE SACK	17220B	25kg	1	29.95	N
	LONG GRAIN WHITE RICE SACK	361B	25kg	1	30.25	N
	RED RICE SACK	6835	25kg	1	91.88	N
	SUSHI RICE SACK 10KG	24262	10kg	1	28.44	N
	WILD RICE SACK 25KG	5931	25kg	1	445.23	N
<b>RICE CAKES</b>	<b>KALLO</b>					
	RICE CAKE BUCKWHEAT & SEED GF	23059	130g	6	1.49	N
	RICE CAKE SESAME SALT NO.7 ORG	94	130g	6	1.48	N
	RICE CAKES DARK CHOC ORG	10246	90g	16	2.39	Y
	RICE CAKES NO SALT NO.2 ORG	93	130g	12	1.69	N
	RICE CAKES SALT & BALSAMIC VIN	20886	127g	6	1.79	Y
	RICE CAKES SALT NO.1 ORG	92	130g	12	1.69	N
	RICE CAKES SAVOURY GF	8151	110g	12	2.05	N
	RICE CAKES THICK NAS FT ORG	19547	130g	6	1.79	N
	RICE CAKES THIN NO SALT ORG	2776	130g	12	1.59	N
	<b>CLEARSPRING</b>					
	RICE CAKES 7 SUPER SEED ORG	24693	120g	6	1.49	N
	RICE CAKES BLACK SESAME	2191	150g	6	3.19	N
	RICE CAKES BWHEAT&AMARANTH ORG	24694	120g	6	1.49	N
	RICE CAKES QUINOA & CHIA ORG	24695	120g	6	1.49	N
<b>SALAD DRESSINGS &amp; DIPS</b>	<b>BLUE DRAGON</b>					
	HOT SWEET CHILLI DIPPING SAUCE	21653	190ml	6	1.61	N
	SWEET CHILLI DIPPING SAUCE	7086	190ml	12	1.48	N
	<b>PLAMIL</b>					
	EGG FREE MAYONNAISE	2631	315g	6	2.45	N
	EGG FREE MAYONNAISE GARLIC	2629	325g	6	2.45	N
	<b>PLAMIL ORGANICS</b>					
	EGG FREE MAYONNAISE ORG	12771	315g	6	2.95	N
	<b>GEO ORGANICS</b>					
	MAYO CHILLI VEGAN ORG	23951	232g	6	2.39	N
	MAYO VEGAN ORG	23952	232g	6	2.39	N
	<b>AL'FEZ</b>					
	HOUMOUS DIP	19828	160g	6	2.15	N
	<b>SALADWORX</b>					
	CALENDULA & GARLIC DRESSING SO	22095	250ml	6	5.65	N
	DILL AND LEMON DRESSING	22097	250ml	6	5.65	N
	HEBRIDEAN SEAWEED & LEMON SO	22101	250ml	6	5.65	N
	HEBRIDEAN SEAWEED & LIME SO	22103	250ml	6	5.65	N
	<b>VINEGARS</b>					
	<b>ASPALLS</b>					
	APPLE BALSAMIC VINEGAR	22028	350ml	6	2.92	N
	BALSAMIC VINEGAR ORG	22029	350ml	6	2.92	N
	CIDER VINEGAR ORG 25ltr	15596	25lt	1	79.48	N
	CYDER VINEGAR	20996	350ml	6	1.88	N
	CYDER VINEGAR 5LTR	735	5lt	1	17.64	N
	CYDER VINEGAR ORG 5LTR	10480	5lt	1	22.32	N
	CYDER VINEGAR ORGANIC	20999	350ml	6	1.53	N
	CYDER VINEGAR ORGANIC	734	500ml	6	1.75	N



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	RAW CYDER VIN W/MOTHER ORG	24048	500ml	6	2.30	N
	RED WINE VINEGAR	20997	350ml	6	1.48	N
	RED WINE VINEGAR ORGANIC	21000	350ml	6	1.51	N
	WHITE WINE VINEGAR	20998	350ml	6	1.50	N
	WHITE WINE VINEGAR 5LTR	741	5lt	1	15.15	N
	WHITE WINE VINEGAR ORGANIC	21001	350ml	6	1.51	N
	<b>BIONA</b>					
	CIDER VINEGAR WITH MOTHER ORG	736	5lt	1	20.55	N
	CIDER VINEGAR WITH MOTHER ORG	22437	75cl	6	3.29	N
	<b>BYODO</b>					
	BALSAMIC VIN MODENA 6% ORG	19377	5lt	1	22.53	N
	RED WINE VINEGAR ORG	12887	5lt	1	15.29	N
	WHITE WINE VINEGAR ORG	13545	5lt	1	15.29	N
	<b>CLEARSPRING</b>					
	BROWN RICE VINEGAR ORG	2256	150ml	6	2.39	N
	<b>CAMPO</b>					
	BALSAMIC VINEGAR ORG	24754	5lt	1	22.53	N
<b>SAUCES HEAT &amp; SERVE</b>	<b>MERIDIAN</b>					
	KORMA SAUCE FREE FROM	15653	350g	6	2.49	N
	PEANUT SATAY COOKING SAUCE GF	24737	350g	6	2.49	N
	THAI PEANUT COOKING SAUCE GF	24738	350g	6	2.49	N
	XIM XIM COOKING SAUCE GF	24739	350g	6	2.49	N
	<b>AL'FEZ</b>					
	APRICOT & CORIANDER TAGINE SAUCE	15680	350g	6	2.64	N
	<b>GEO ORGANICS</b>					
	THAI SWEET CHILLI SAUCE ORG	22282	180g	6	2.49	N
<b>SEAWEED PRODUCTS</b>	<b>CLEARSPRING</b>					
	AGAR AGAR FLAKES	2225	28g	8	5.49	N
	ARAME	2228	50g	5	4.49	N
	GREEN NORI SPRINKLE	16033	20g	10	1.99	N
	KOMBU	2234	50g	5	5.49	N
	SEAVEG CRISPIES CHILLI GF ORG	24188	5g	16	0.89	N
	SEAVEG CRISPIES ORIGINAL GF ORG	24189	5g	16	0.89	N
	SUSHI NORI	2241	17g	8	2.99	N
	TOASTED NORI STRIPS	16034	13.5g	12	2.99	N
	WAKAME	2244	50g	5	5.29	N
	<b>ALGAMAR</b>					
	ATLANTIC DULSE ORG	24400	100g	5	9.19	N
	ATLANTIC WAKAME	19879	100g	6	7.49	N
	<b>SEAVEG</b>					
	IRISH CARRAGHEEN	21820	50g	4	3.80	N
	IRISH DULSE	21821	50g	4	3.80	N
	KOMBU	21822	50g	4	3.80	N
	MIXED SEAVEG	21823	50g	4	3.80	N
	SEA SPAGHETTI	21824	50g	4	3.80	N
	WAKAME (DABBERLOCKS)	21825	50g	4	3.80	N
	<b>ATLANTIC KITCHEN</b>					
	ATLANTIC SEA SPAGHETTI ORG	24073	50g	6	5.95	N
	ATLANTIC WAKAME ORG	24074	40g	6	7.49	N
<b>SEEDS</b>	<b>BIONA</b>					
	LINSEED BROWN ORG	7070	500g	6	2.89	N
	<b>CRAZY JACK ORGANIC</b>					
	SUNFLOWER SEEDS ORG	14773	100g	10	0.96	N
	<b>HIGHLAND WHOLEFOODS PRE-PACKS</b>					
	CELERY SEEDS HIGHLAND WHOLEFOOD	24629	500g	6	2.80	N
	LINSEED	14596	500g	6	1.72	N
	POPPY SEEDS	14597	250g	6	1.90	N
	POPPY SEEDS BLUE	10940	125g	6	1.41	N
	PUMPKIN & SUNFLOWER MIX	19113	250g	6	1.85	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PUMPKIN SEEDS	6241	250g	6	2.40	N
	PUMPKIN SEEDS	14190	500g	6	3.75	N
	SESAME SEEDS	6253	250g	6	1.70	N
	SESAME SEEDS 500g	6254	500g	6	2.49	N
	SUNFLOWER SEEDS 250g	6259	250g	6	1.35	N
	SUNFLOWER SEEDS 500g	6260	500g	6	1.85	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	LINSEED	23104	1kg	6	2.83	N
	POPPY SEEDS BLUE	13618	1kg	6	5.00	N
	PUMPKIN & SUNFLOWER MIX 1KG	24539	1kg	6	4.75	N
	PUMPKIN SEEDS	20613	1kg	6	7.50	N
	SESAME SEEDS	18692	1kg	6	4.39	N
	SUNFLOWER SEEDS	14599	1kg	6	3.00	N
	SUPERSEED MIX	23109	1kg	6	4.09	N
	<b>ESSENTIAL</b>					
	RADISH SEEDS ORG	17062	125g	6	2.35	N
	SEED & BEAN MIX SPROUT ORG	16818	250g	6	1.51	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	POPPY SEEDS BLUE	23328	3kg	4	12.35	N
	PUMPKIN SEEDS	23330	3kg	4	19.00	N
	SESAME SEEDS	23333	3kg	4	10.74	N
	SUNFLOWER SEEDS	23334	3kg	4	6.40	N
	SUPERSEED MIX 3KG	22182	3kg	4	9.93	N
	<b>HIGHLAND WHOLEFOODS ORGANIC PRE-PACK</b>					
	ALFALFA SEEDS ORG 125g	23421	125g	6	2.82	N
	BROWN LINSEED ORG	20830	500g	6	2.25	N
	LINSEED GOLD ORG	22550	500g	6	2.45	N
	POPPY SEEDS BLUE ORG 250g	16768	250g	6	3.48	N
	PUMPKIN SEEDS ORG	6331	125g	6	1.45	N
	PUMPKIN SEEDS ORG	19717	500g	6	3.88	N
	PUMPKIN SEEDS ORG 250g	14545	250g	6	2.13	N
	SESAME SEEDS ORG 250g	6340	250g	6	1.70	N
	SESAME SEEDS ORG 500g	14546	500g	6	2.62	N
	SUNFLOWER SEEDS 250g ORG	6346	250g	6	1.25	N
	SUNFLOWER SEEDS 500g ORG	12175	500g	6	1.85	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 1KG</b>					
	LINSEED BROWN ORG	20623	1kg	6	4.10	N
	LINSEED GOLD ORG	22886	1kg	6	5.18	N
	POPPY SEEDS BLUE ORG	22888	1kg	6	9.90	N
	PUMPKIN SEEDS ORG	17832	1kg	6	6.50	N
	SEED & BEAN MIX SPROUT ORG	22889	1kg	6	5.12	N
	SESAME SEEDS ORG	22887	1kg	6	5.29	N
	SUNFLOWER SEEDS ORG	20624	1kg	6	3.91	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	LINSEED BROWN ORG 3KG	7746	3kg	4	9.99	N
	LINSEED GOLD ORG 3KG	14251	3kg	4	13.22	N
	POPPY SEEDS BLUE ORG 3KG	9266	3kg	4	26.99	N
	PUMPKIN SEEDS ORG 3KG	2784	3kg	4	18.00	N
	SEED & BEAN MIX SPROUT ORG 3KG	16523	3kg	4	13.06	N
	SESAME SEEDS ORG 3KG	1798	3kg	4	13.56	N
	SUNFLOWER SEEDS ORG 3KG	648	3kg	4	8.43	N
	<b>ORGANIC BULK</b>					
	LINSEED BROWN ORG 25KG	7746B	25kg	1	82.30	N
	LINSEED GOLD ORG 22KG	14251B	22kg	1	75.00	N
	POPPY SEEDS BLUE ORG 25KG	9266B	25kg	1	214.03	N
	PUMPKIN SEEDS ORG 25KG	2784B	25kg	1	137.27	N
	SEED & BEAN MIX SPROUT ORG 12KG	16523B	12kg	1	48.65	N
	SESAME SEEDS ORG 25KG	1798B	25kg	1	101.45	N
	SUNFLOWER SEEDS ORG 25KG	648B	25kg	1	55.73	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>NON ORGANIC BULK</b>					
	LINSEED SACK	7606	25kg	1	36.38	N
	POPPY SEEDS BLUE SACK	466	25kg	1	86.67	N
	PUMPKIN SEEDS SACK 25KG	642	25kg	1	145.28	N
	SESAME SEEDS NATURAL SACK 25KG	644	25kg	1	78.27	N
	SUNFLOWER SEEDS SACK 25KG	646	25kg	1	38.65	N
	SUPERSEED MIX 6KG	22182B	6kg	1	23.57	N
<b>SNACKS - SAVOURY</b>	<b>ESSENTIAL</b>					
	SESAME STICKS	22196	2.3kg	1	7.20	N
	<b>HIGHLAND WHOLEFOODS PRE-PACK</b>					
	BOMBAY MIX	14639	125g	6	1.25	N
	BOMBAY MIX	6136	250g	6	1.60	N
	CASHEW NUTS WHOLE R&S	14609	250g	6	5.52	Y
	JAPANESE RICE CRACKERS	10934	250g	6	2.86	N
	KOREAN HOT RICE CRACKERS	10935	125g	6	2.08	N
	PEANUTS ROASTED & SALTED	14620	250g	6	2.58	Y
	SESAME STICKS	10936	250g	6	1.85	N
	SUPERSEED MIX	19111	250g	6	1.68	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	BOMBAY MIX	4982	1kg	6	4.15	N
	<b>AMAIZIN'</b>					
	TORTILLA CHIPS NATURAL GF ORG	12777	75g	16	1.25	N
	TORTILLA CHIPS PAPRIKA GF ORG	12778	75g	16	1.25	N
	<b>GREENCITY</b>					
	JAPANESE RICE CRACK MIX BULK	6492	7.5kg	1	69.96	N
	<b>CLEARSPRING</b>					
	BROWN RICE CHIPS BWHEAT&CHIA	24697	60g	8	1.49	Y
	BROWN RICE CHIPS ORG	24696	60g	8	1.49	Y
	BROWN RICE CHIPS RED LENTIL	24698	60g	8	1.49	Y
	<b>TYRRELLS</b>					
	LIGHTLY SALTED POTATO CHIPS	17981	40g	24	0.85	Y
	LIGHTLY SEA SALTED CHIPS	19026	150g	12	2.24	Y
	<b>MACKIE'S</b>					
	SEA SALT & VINEGAR CRISPS	20232	40g	24	0.74	Y
	SEA SALT CRISPS	20231	40g	24	0.74	Y
	<b>COFRESH</b>					
	POPPADUM CURLS CHILLI LEM	24656	80g	12	1.15	N
	POPPADUM CURLS PLAIN	24081	80g	12	1.15	N
	<b>EAT REAL</b>					
	HUMMUS CHIPS CHILLI & LEM GF	24285	135g	10	1.49	N
	HUMMUS CHIPS CHILLI & LEM GF	22519	45g	12	0.71	N
	HUMMUS CHIPS CREAMY DILL GF	24287	135g	10	1.49	N
	HUMMUS CHIPS CREAMY DILL GF	22518	45g	12	0.71	N
	HUMMUS CHIPS SEA SALT GF	24284	135g	10	1.49	N
	HUMMUS CHIPS TOM & BASIL GF	24286	135g	10	1.49	N
	HUMMUS CHIPS TOMATO & BASIL GF	22521	45g	12	0.71	N
	LENTIL CHIPS CHILLI & LEM GF	24280	113g	10	1.49	N
	LENTIL CHIPS CREAMY DILL GF	24282	113g	10	1.49	N
	LENTIL CHIPS SALT GF	22524	40g	12	0.69	N
	LENTIL CHIPS SEA SALT GF	24279	113g	10	1.49	N
	LENTIL CHIPS TOM & BASIL GF	24281	113g	10	1.49	N
	LENTIL CHIPS TOMATO & BASIL GF	22525	40g	12	0.75	N
	QUINOA & KALE PUFF JAL & CHEDDAR	24488	113g	12	1.95	Y
	QUINOA CHIPS CHILLI & LIME	24291	80g	10	1.66	N
	QUINOA CHIPS CHILLI & LIME	23513	30g	12	0.71	N
	QUINOA CHIPS HOT & SPICY	24289	80g	10	1.66	N
	QUINOA CHIPS SD TOM & GARLIC	23416	30g	12	0.71	N
	QUINOA CHIPS SOURCREAM&CHIVE	23514	30g	12	0.71	N
	QUINOA CHIPS TOM & GARLIC	24288	80g	10	1.66	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	QUINOA PUFFS CHEDDAR GF	24726	113g	12	1.92	Y
	QUINOA PUFFS JALAPENO & CHEDDAR	24388	113g	12	1.95	Y
	QUINOA SOUR CREAM & CHIVE	24290	80g	10	1.66	N
	VEGGIE & KALE STRAWS GF	24283	113g	10	1.81	Y
	<b>HIGHLAND WHOLEFOODS 3KG</b>					
	BOMBAY MIX 3KG	24315	3kg	1	12.85	N
	JAPANESE RICE CRACKERS	24385	3kg	4	24.70	N
	PUMPKIN & SUNFLOWER MIX 3KG	22185	3kg	4	11.63	N
	<b>NON ORGANIC BULK</b>					
	BOMBAY MIX CASE 10KG	903	10kg	1	34.80	N
	KOREAN CHILLI RICE CRACKERS	19151	2.5kg	1	27.70	N
<b>SNACKS - SWEET</b>	<b>AGROS</b>					
	SESAME SNAPS	845	30g	24	0.34	Y
	SESAME SNAPS CHOCOLATE	14098	30g	24	0.42	Y
	SESAME SNAPS COCONUT	16088	30g	24	0.37	Y
	SESAME SNAPS MULTIPACK 0	13458	4x30g	30	1.11	Y
	<b>YUMEARTH</b>					
	ANTI OXIFRUIT VITC DROPS GF ORG	24052	93.5g	6	3.49	Y
	FRUIT FLAVOUR LOLIPOPS GF ORG	24057	85g	6	3.49	Y
	SOUR LOLLIPOPS GF ORG	24058	85g	6	3.49	Y
	WILD PEPPERMINT CANDIES GF ORG	24380	93.5g	6	3.49	Y
	<b>NAKD</b>					
	BANANA CRUNCH BAR GF 8	22205	35g	18	0.89	Y
	COCOA CRUNCH BAR GF 8	22206	35g	18	0.89	Y
	COCOA LOCO RAW FRUITOAT NUT BAR	22993	30g	18	0.67	Y
	COCOA MINT BAR GF 8	22054	35g	18	0.89	Y
	MOCHA BAR GF 8	21755	30g	18	0.89	Y
	PECAN PIE BAR GF 8	22055	35g	18	0.89	Y
	RHUBARB & CUSTARD F & N BAR GF 8	21756	35g	18	0.88	Y
	STRAWBERRY CRUNCH BAR GF 8	22207	35g	18	0.89	Y
	<b>BIONA</b>					
	COOL COLA BOTTLES GF ORG	24350	75g	10	1.89	Y
	JELLY DINOS GF ORG	24351	75g	10	1.89	Y
	POMEGRANATE HEARTS GF ORG	24352	75g	10	1.89	Y
	SOUR SNAKES GF ORG	24353	75g	12	2.08	Y
	TUTTI FRUTTI GUMS GF ORG	24354	75g	10	1.89	Y
	<b>FREEDOM MALLOWES</b>					
	MARSHMALLOWS STRAWBERRY VEG GF	23859	75g	10	3.20	Y
	MARSHMALLOWS VANILLA VEGAN GF	22172	75g	10	2.24	Y
	<b>ESSENTIAL</b>					
	VEGAN MIXED CASE FLAPJACK ORG	21461	100g	20	1.09	N
	<b>TREK</b>					
	BANANA BREAD FLAPJACK	22678	50g	16	1.01	N
	COCOA COCONUT FLAPJACK	22679	50g	16	1.01	N
	COCOA OAT FLAPJACK	22680	50g	16	1.01	N
	TREK COCOA CHAOS GF	23484	55g	16	1.23	Y
	<b>MIGHTY BEE</b>					
	CHOC & HAZEL COCONUT JERKY	24371	30g	12	3.25	N
	<b>HIGHLAND WHOLEFOODS</b>					
	HIGH ENERGY MOUNTAIN MIX	22455	250g	6	2.90	N
	MIXED NUTS & RAISINS DELUXE	6184	250g	6	4.19	N
	<b>FRUTINA</b>					
	SUNSHINE KIDS VARIETY BARS 0	2661	15g	60	0.44	Y
	<b>MA BAKER</b>					
	GIANT BAR BERRY MIXED	8303	90g	20	0.70	N
	GIANT BAR COFFEE	24298	90g	20	0.85	N
	GIANT BAR FRUIT MIXED	5559	90g	20	0.75	N
	GIANT BAR NUT MIXED	2642	90g	20	0.69	N
	GIANT BAR TROPICAL MIXED	6900	90g	20	0.70	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>PANDA</b>					
	LICORICE TORPEDOS 8	23265	100g	18	1.35	Y
	LIQUORICE BAR NATURAL	901	32g	36	0.51	Y
	LIQUORICE BEARS	8368	125g	12	1.27	Y
	LIQUORICE PIECES ORIGINAL	19725	240g	12	2.15	Y
	RASPBERRY BAR NATURAL	1196	32g	36	0.51	Y
	<b>ARTISAN GRAINS</b>					
	MIXED SUPERFOOD BARS	24297	4x45g	16	1.20	Y
	<b>SUNITA</b>					
	HALVA GRAPE & SULTANA ORG	16331	75g	12	1.59	N
	HALVA GRAPE JUICE & SULTANA	22606	75g	24	1.55	N
	<b>HIGHLAND WHOLEFOODS 1KG PACKS</b>					
	DELUXE MIXED NUTS & RAISINS	4985	1kg	6	14.65	N
	HIGH ENERGY MOUNTAIN MIX	22454	1kg	6	8.99	N
	<b>NINE</b>					
	NINE ALMOND SES BAR GF	24521	40g	20	0.88	Y
	NINE CAROB HEMP BAR GF	24512	40g	20	0.88	Y
	NINE CAROB RASP CHIA GF	24546	40g	20	0.88	Y
	NINE PUMPKIN SUN SEED BAR GF	24520	40g	20	0.88	Y
	NINE SUN SEED BAR ORG GF	24522	40g	20	0.99	Y
	<b>WHOLEBAKE</b>					
	APPLE & RASPBERRY FLAPJACK GF	22537	80g	20	0.70	N
	APRICOT & ALMOND FLAPJACK GF	22539	80g	20	0.70	N
	CASHEW & COCONUT FLAPJACK GF	22353	80g	20	0.70	N
	CRANBERRY FLAPJACK GF	22354	80g	20	0.65	N
	PECAN FLAPJACK GF	22355	80g	20	0.70	N
	PISTACHIO FLAPJACK GF	22356	80g	20	0.70	N
	SUMMER BERRY FLAPJACK GF	22352	80g	20	0.70	N
	<b>BOUNCE</b>					
	ALMOND SPIRULINA SNACK GF	24492	40g	12	1.85	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	HIGH ENERGY MOUNTAIN MIX	23854	3kg	4	25.25	N
	MIXED NUTS DELUXE RAISINS	23315	3kg	4	39.85	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	FRUIT & NUT MIX ORG 3KG	1596	3KG	4	27.00	N
	<b>PEPPERSMITH</b>					
	EXTRA STRONG EUC & PEPPERMINT	21788	15g	12	1.59	Y
	LEMON & PEPPERMINT FRESH MINTS	21195	15g	12	1.59	Y
	PEPPERMINT CHEWING GUM	21192	15g	12	1.29	Y
	PEPPERMINT FRESH MINTS	21194	15g	12	1.59	Y
	SPEARMINT CHEWING GUM	21193	15g	12	1.39	Y
	<b>VEGEBEAR'S</b>					
	VEGEBEAR'S COLA KOALA'S ORG	22235	100g	8	1.53	Y
	VEGEBEAR'S FROOTY FRUITS ORG	14032	100g	8	1.53	Y
	VEGEBEAR'S FRUIT JELLIES ORG	12518	100g	8	1.53	Y
	<b>DOVES FARM</b>					
	AGAVE NECTAR FJACK FREE FROM GF	23192	4x35g	7	2.49	N
	APPLE & SULT FJACK FFROM GF	23195	35g	18	0.69	N
	APPLE & SULT FJACK FREE FROM GF	23189	4x35g	7	2.49	N
	APRICOT & CHIA FJACK FREE FROM GF	23191	4x35g	7	2.49	N
	APRICOT CHIA FJACK FREE FROM GF	23197	35g	18	0.69	N
	BANANA & HEMP FJACK FREE FROM GF	23196	35g	18	0.69	N
	CHOC CHIP FJACK FREE FROM GF	23200	35g	18	0.69	N
	CHOC CHIP FJACK FREE FROM GF	23194	4x35g	7	2.49	N
	FIG & LINSEED FJACK FREE FROM GF	23193	4x35g	7	2.49	N
	<b>MERIDIAN</b>					
	ALMOND BAR	22746	40g	18	1.49	Y
	CASHEW BAR 8	23142	40g	18	1.49	Y
	PEANUT & BANANA BAR 8	23510	40g	18	1.19	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PEANUT & BERRY BAR 8	23511	40g	18	1.19	Y
	PEANUT & COCOA BAR 8	23509	40g	18	1.19	Y
	PEANUT & COCONUT BAR 8	24355	40g	18	1.19	Y
	PEANUT & PUMPKIN BAR 8	24356	40g	18	1.19	Y
	PEANUT BAR 8	22745	40g	18	1.19	Y
	<b>GOODY GOOD STUFF</b>					
	BERRY MIX GF	24187	100g	12	1.35	Y
	COLA BREEZE	21972	100g	12	1.35	Y
	KOALA GUMMY BEARS	21973	100g	12	1.35	Y
	SOUR MIX & MATCH	21975	100g	12	1.35	Y
	SUMMER PEACHES	21977	100g	12	1.35	Y
	<b>ORGANIC BULK</b>					
	FRUIT & NUT MIX ORG 5KG	1596B	5kg	1	43.83	N
<b>ALTERNATIVES TO MILK</b>	<b>OATLY</b>					
	OAT MILK DRINK ORG	10338	1lt	6	1.65	N
	OATLY CALCIUM ENRICHED DRINK	16615	1lt	6	1.65	N
	OATLY CHOCOLATE OAT DRINK ORG	18511	1lt	6	1.95	N
	OATLY CREAM 8	18642	250ml	18	1.04	N
	OATLY FOAMABLE/BARISTA	23797	1lt	6	1.99	N
	<b>PLAMIL</b>					
	SOYA MILK ORGANIC	16166	1lt	6	2.10	N
	<b>PROVAMEL</b>					
	ALMOND DRINK UNSWEETENED ORG	21614	1lt	12	2.85	N
	CHOCOLATE DRINK GF ORG	19049	1lt	8	1.95	N
	COCONUT & RICE DRINK GF ORG	22559	1lt	12	2.47	N
	RICE DRINK ORG (GREEN)	9587	1lt	12	1.89	N
	SOYA ALT. TO CREAM ORG	19430	250ml	15	1.14	N
	SOYA BANANA DRINK ORG	24087	250ml	15	0.65	N
	SOYA CHOCOLATE DRINK ORG	24082	250ml	15	0.65	N
	SOYA DRINK CALC VIT LIGHT BLUE	19876	1lt	8	1.76	N
	SOYA DRINK CALCIUM DRK BLUE ORG	19052	1lt	12	1.83	N
	SOYA MILK UNSWEET RED ORG	19056	500ml	16	1.16	N
	SOYA MILK UNSWEETENED RED ORG	19055	1lt	12	1.83	N
	SOYA STRAWBERRY DRINK ORG	24258	250ml	15	0.68	N
	SPELT DRINK ORG	22560	1lt	8	2.20	N
	VANILLA SOYA MILK WAS ORG	23809	1lt	8	1.94	N
	<b>SOYA SOLEIL</b>					
	SOYA ALT. TO MILK SWEETENED	14086	1lt	8	1.35	N
	SOYA ALT. TO MILK UNSWEETENED	14087	1lt	8	1.60	N
	<b>ECOMIL</b>					
	ALMOND DRINK AGAVE SYR GF ORG	14164	1lt	6	3.93	N
	ALMOND DRINK POWDER	21107	400g	6	16.80	N
	HEMP MILK SUGAR FREE ORG GF	23462	1lt	6	3.93	N
	NAT ALMOND DRINK NAS GF ORG	20948	1lt	6	3.93	N
	<b>RICE DREAM</b>					
	RICE DREAM CALC. ENRICHED	12035	1lt	12	1.90	N
	RICE DREAM ORIGINAL ORG	2850	1lt	12	1.91	N
	RICE DREAM VANILLA ORG	6556	1lt	12	2.15	N
	<b>KARA</b>					
	COCONUT DRINK&CALCIUM VEGAN	21963	3x250	8	1.99	N
	<b>GOOD</b>					
	HEMP MILK GF	20688	1lt	12	1.99	N
	<b>BLUE DIAMOND</b>					
	ALMOND BREEZE BARISTA STYLE	24758	1lt	8	2.50	N
	ALMOND MILK ORIGINAL	21968	1lt	8	1.79	N
	ALMOND MILK UNSWEETENED	21969	1lt	8	1.79	N
	<b>KOKO</b>					
	COCONUT DRINK & CALCIUM	22780	1lt	12	1.79	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>RUDE HEALTH</b>					
	ALMOND DRINK ORG	23485	1lt	6	2.49	N
	BROWN RICE DRINK	23986	1lt	6	2.30	N
	COCONUT DRINK GF ORG	24742	1lt	6	2.99	N
	<b>BIONA</b>					
	COCONUT MILK POWDER ORG	24543	150g	12	3.99	N
	<b>CHAMPION</b>					
	SOYA MILK PORTION PACKS	24665	20x12g	12	2.40	N
<b>SPREADS - NUT &amp; SEED</b>	<b>EQUAL EXCHANGE</b>					
	PEANUT BUTTER CRUNCH SALT FT ORG	18248	280g	6	2.99	N
	<b>MERIDIAN</b>					
	ALMOND BUTTER CRUNCHY 100%	22190	170g	6	3.29	N
	ALMOND BUTTER SMOOTH 100%	22564	170g	6	3.29	N
	ALMOND BUTTER SMOOTH 100% 1kg	22562	1kg	6	17.99	N
	ALMOND BUTTER SMOOTH 100% ORG	22561	170g	6	4.49	N
	ALMOND BUTTER SMOOTH SALT ORG	18701	170g	6	4.49	N
	ALMOND BUTTER SMOOTH WITH SALT	2584	170g	6	3.29	N
	CASHEW BUTTER CRUNCHY 100%	22216	170g	6	4.01	N
	CASHEW BUTTER SMOOTH 100%	6103	170g	6	4.00	N
	CASHEW BUTTER SMOOTH 100% ORG	18858	170g	6	5.00	N
	CASHEW BUTTER SMOOTH 454G	24309	454g	6	9.86	N
	COCOA & HAZELNUT BUTTER	24432	170g	6	3.99	N
	COCOA & PEANUT BUTTER	24431	280g	6	2.79	N
	CRUNCHY ALMOND BUTTER 100%	24238	1kg	6	17.99	N
	CRUNCHY CASHEW BUTTER	24237	1kg	6	17.99	N
	HAZELNUT BUTTER CRUNCHY 100%	946	170g	6	4.49	N
	LIGHT TAHINI ORG 454g	24308	454g	6	4.49	N
	PEANUT BUTTER CRUNCHY 100%	14206	280g	6	1.87	N
	PEANUT BUTTER CRUNCHY 100% 1kg	937	1kg	6	7.02	N
	PEANUT BUTTER CRUNCHY 100% ORG 1kg	19575	1kg	6	7.99	N
	PEANUT BUTTER CRUNCHY 100% ORG	10501	280g	6	2.02	N
	PEANUT BUTTER CRUNCHY ORG 454g	24305	454g	6	3.99	N
	PEANUT BUTTER CRUNCHY SALT	14205	280g	6	2.49	N
	PEANUT BUTTER CRUNCHY SALTED 1kg	1876	1kg	6	6.99	N
	PEANUT BUTTER SMOOTH 100%	14208	280g	6	1.87	N
	PEANUT BUTTER SMOOTH 100% 1kg	2581	1kg	6	7.02	N
	PEANUT BUTTER SMOOTH 100% ORG	22217	1kg	6	8.02	N
	PEANUT BUTTER SMOOTH 100% ORG	18703	280g	6	2.02	N
	PEANUT BUTTER SMOOTH ORG 454g	24306	454g	6	3.99	N
	PEANUT BUTTER SMOOTH SALT	14207	280g	6	2.49	N
	PEANUT BUTTER SMOOTH SALT ORG	18702	280g	6	2.69	N
	PEANUT BUTTER SMOOTH SALTED 1kg	2580	1kg	6	6.99	N
	PEANUT BUTTER WITH SEEDS	24236	280g	6	2.69	N
	PUMPKIN SEED BUTTER ORG	19204	170g	6	3.00	N
	TAHINI DARK ORG 100%	9879	270g	6	2.41	N
	TAHINI LIGHT 454g	24307	454g	6	3.99	N
	TAHINI LIGHT ORG 100%	9878	270g	6	2.24	N
	<b>SUNITA</b>					
	DARK TAHINI	22602	280g	12	2.90	N
	DARK TAHINI ORGANIC	22604	280g	6	3.89	N
	LIGHT TAHINI	22601	280g	12	2.90	N
	LIGHT TAHINI ORGANIC	22603	280g	6	3.89	N
	<b>WHOLE EARTH</b>					
	PEANUT BUTTER CRUNCHY ORG	8131	227g	6	3.20	N
	PEANUT BUTTER ORIGINAL CRUNCHY	20468	340g	6	3.23	N
	PEANUT BUTTER ORIGINAL SMOOTH	15280	340g	6	3.56	N
	PEANUT BUTTER SMOOTH ORG	8132	227g	6	3.25	N
	<b>ESSENTIAL</b>					
	PEANUT BUTTER CRUNCH SALT ORG	10206	1kg	1	8.60	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PEANUT BUTTER CRUNCH SALT ORG	10204	350g	6	2.99	N
	PEANUT BUTTER CRUNCHY NAS ORG	13900	1kg	1	8.60	N
	PEANUT BUTTER CRUNCHY NAS ORG	13898	350g	6	2.99	N
	PEANUT BUTTER CRUNCHY NAS ORG	13899	3kg	1	25.05	N
	PEANUT BUTTER SMOOTH NAS ORG	13902	1kg	1	8.60	N
	PEANUT BUTTER SMOOTH NAS ORG	13901	350g	6	2.99	N
	PEANUT BUTTER SMOOTH SALT ORG	10205	350g	6	2.99	N
	TAHINI DARK ESSENTIAL	13881	340g	12	3.95	N
	TAHINI LIGHT	13883	3kg	1	29.85	N
	TAHINI LIGHT ESSENTIAL	13882	340g	12	3.95	N
	<b>GEO ORGANICS</b>					
	CHOCO PEANUT BUTTER ORG	24361	250g	6	3.99	N
	<b>ALMIGHTY</b>					
	CASHEW CARAMELO NUT BUTTER ORG	24447	200g	8	6.42	N
	RASP WHIP CASHEW NUT BUTTER ORG	24448	200g	8	6.40	N
	<b>COCOFINA</b>					
	COCONUT BUTTER	24494	335g	12	7.85	N
<b>SPREADS - SAVOURY</b>	<b>GRANOVITA</b>					
	BUCKWHEAT & CHIA PATE GF ORG	24325	125g	12	1.95	N
	CHICK PEA PATE	20850	125g	12	1.69	N
	CHICKPEA & SESAME PATE GF ORG	24326	125g	12	1.95	N
	GRILLED AUBERGINE PATE GF ORG	24327	125g	12	1.95	N
	PEPPERCORN PATE ORG	20848	125g	12	1.68	N
	READY SPREADY HERB PATE ORG	13633	200g	12	2.89	N
	READY SPREADY MUSH PATE ORG	13716	200g	12	2.89	N
	READY SPREADY ORIGINAL PATE ORG	13316	200g	12	2.89	N
	RED PEPPER & ALMOND PATE GF ORG	24329	125g	12	1.95	N
	TANGY TOMATO PATE YF GF ORG	19089	200g	12	2.89	N
	TOFU PATE SPICY MEX GF ORG	5777	200g	12	2.89	N
	TOFU PATE TOM & PEPPER ORG	20849	125g	12	1.69	N
	TOMATO & ROCKET PATE GF ORG	24324	125g	12	1.95	N
	WALNUT & BASIL PATE GF ORG	24328	125g	12	1.95	N
	<b>MERIDIAN</b>					
	YEAST EXTRACT B12 + SALT	5841	340g	6	3.99	N
	YEAST EXTRACT B12 NAS	19574	340g	6	3.99	N
	<b>MODERN HEALTH</b>					
	NATEX YEAST EXTRACT REDUCE SALT	21047	225g	8	4.07	N
	<b>SUNITA</b>					
	KALAMON OLIVE PATE ORGANIC	13710	130g	6	3.85	N
	<b>TARTEX</b>					
	CLASSIC PATE TUBES ORG	18914	200g	12	2.79	N
	GARLIC & HERB PATE TUBES ORG	18915	200g	12	2.79	N
	HERB PATE TUBES ORG	18916	200g	12	2.79	N
	MUSHROOM PATE TUBES ORG	18917	200g	12	2.79	N
	OLIVE PATE TUBES ORG	18918	200g	12	2.79	N
	<b>ESSENTIAL</b>					
	VITAM-R YEAST EXTRACT LOW SALT	14115	125g	6	3.69	N
	YEAST EXTRACT LOW SALT	16211	250g	6	6.30	N
<b>SPREADS - SWEET &amp; JAMS</b>	<b>BIONA</b>					
	PEAR & APPLE SPREAD ORG	8992	450g	6	3.69	N
	<b>MERIDIAN</b>					
	APRICOT SPREAD ORG	767	284g	6	2.69	N
	BLACKCURRANT SPREAD ORG	768	284g	6	2.69	N
	BLOOD ORANGE FRUIT SPREAD ORG	20751	284g	6	2.69	N
	CHERRIES & BERRIES SPREAD ORG	14923	284g	6	2.70	N
	MORELLO CHERRY SPREAD ORG	769	284g	6	2.69	N
	RASPBERRY SPREAD ORG	9903	284g	6	2.69	N
	SEVILLE ORANGE SPREAD ORG	1625	284g	6	2.69	N
	STRAWBERRY SPREAD ORG	832	284g	6	2.70	N



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	WILD BLUEBERRY SPREAD ORG	8107	284g	6	2.70	N
	<b>ST DALFOUR</b>					
	4 FRUIT SPREAD	2769	284g	6	2.37	N
	APRICOT SPREAD	2765	284g	6	2.37	N
	BLACKBERRY SPREAD	2766	284g	6	2.37	N
	BLACKCHERRY SPREAD	2775	284g	6	2.37	N
	BLACKCURRANT SPREAD	2767	284g	6	2.37	N
	BLUEBERRY SPREAD	2768	284g	6	2.37	N
	CRANBERRY & BLUEBERRY SPREAD	16800	284g	6	2.37	N
	FIG ROYALE SPREAD	13550	284g	6	2.37	N
	ORANGE & GINGER SPREAD	13551	284g	6	2.37	N
	ORANGE SPREAD	2770	284g	6	2.37	N
	PEACH SPREAD	2771	284g	6	2.37	N
	PINEAPPLE & MANGO SPREAD	13552	284g	6	2.37	N
	PLUM SPREAD	2772	284g	6	2.37	N
	RASPBERRY & POMEGRANATE SPREAD	23376	284g	6	2.50	N
	RASPBERRY SPREAD	2773	284g	6	2.37	N
	STRAWBERRY SPREAD	2774	284g	6	2.37	N
	<b>SUMA</b>					
	PEAR AND APPLE SPREAD	21792	300g	12	2.10	N
	<b>ESSENTIAL TRADING</b>					
	DARK CHOCOLATE SPREAD FT ORG	18954	400g	6	3.10	N
	<b>ROSE COTTAGE COUNTRY KITC</b>					
	BLACKCURRANT JAM LOCAL	18636	340g	6	3.65	N
	DAMSON JAM LOCAL	18640	227g	6	3.25	N
	HIGHLAND RASPBERRY JAM LOCAL	18645	340g	6	3.65	N
	MALT WHISKY MARMALADE LOCAL	18649	227g	6	3.17	N
	SEVILLE ORANGE MARMALADE LOCAL	18648	340g	6	3.55	N
	STRAWBERRY JAM LOCAL	18646	340g	6	3.65	N
	THREE FRUIT MARMALADE LOCAL	18647	340g	6	3.55	N
	<b>HUNTLY HERBS</b>					
	GOOSEBERRY & ELDFL JAM ORG	24156	300g	6	3.99	N
	GOOSEBERRY JAM GF ORG	22379	300g	6	3.99	N
	LITTLE BOX OF JAMS ORG	24215	6jars	1	8.77	N
	RASPBERRY JAM ORG 800g	23905	800g	6	11.95	N
	RASPBERRY JAM ORG LOCAL 300g	24102	300g	6	3.99	N
	THREE LITTLE JARS JAM ORG	23445	3jars	1	3.99	N
	<b>SO FREE</b>					
	CHOCOLATE SPREAD PLAIN ORG	16165	275g	6	3.15	N
	DARK CHOC SPREAD ORG	24564	275g	6	3.15	N
	MILK CHOC ALT SPREAD ORG	24563	275g	6	3.15	N
<b>STOCKS &amp; SOUPS</b>	<b>GEO ORGANICS</b>					
	MUSHROOM & BUCKWHEAT SOUP ORG	23804	400g	6	1.69	N
	TOM GOJIBERRY & SEEDS SOUP ORG	23805	400g	6	1.99	N
	VEGETABLE & QUINOA SOUP ORG	23806	400g	6	1.69	N
	<b>JUST WHOLEFOODS</b>					
	INSTANT CARROT CORNDR.SOUP ORG	9017	4x17g	8	1.39	N
	INSTANT LEEK & POT.SOUP ORG	9016	4x17g	8	1.39	N
	INSTANT TOM & BASIL SOUP ORG	9015	4x17g	8	1.39	N
	<b>KALLO</b>					
	LOW SALT VEG STOCK CUBES ORG	12537	6x11g	15	1.59	N
	STOCK CUBES FRENCH ONION ORG	9087	6cubes	15	1.59	N
	STOCK CUBES GARLIC & HERB ORG	9089	6cubes	15	1.59	N
	STOCK CUBES MUSHROOM ORG	9091	6cubes	15	1.59	N
	STOCK CUBES TOM & HERB ORG	9088	6cubes	15	1.59	N
	STOCK CUBES VEG YEAST FREE	6050	6cubes	15	1.59	N
	STOCK CUBES VEGETABLE ORG	5350	6cubes	15	1.59	N
	<b>MARIGOLD</b>					
	BOUILLION VEGAN (RED) ORGANIC	12033	900g	1	11.90	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	BOUILLON CUBES LOW SALT ORG	12452	8cubes	12	1.49	N
	BOUILLON CUBES ORGANIC	12451	8cubes	12	1.29	N
	BOUILLON LO SALT VEGAN (PURPLE)	5537	1kg	1	11.67	N
	BOUILLON REDUCE SALT GF ORG	21066	140g	6	2.35	N
	BOUILLON REDUCE SALT VEGAN PURPL	16452	500g	6	6.36	N
	BOUILLON VEGAN (RED) ORG	8491	150g	6	2.39	N
	BOUILLON VEGAN (RED) ORGANIC	16451	500g	6	7.15	N
	BOUILLON VEGAN LO SALT (PURPLE)	1680	150g	6	2.09	N
	LIQUID AMINOS SEASONING GF	20870	250ml	6	3.59	N
	<b>MODERN HEALTH</b>					
	VECON VEGETABLE EXTRACT	962	1kg	1	14.62	N
	VECON VEGETABLE EXTRACT	961	225g	8	3.59	N
	<b>CLEARSPRING</b>					
	HEARTY RED INSTANT MISO SOUP	2224	4x10g	8	3.59	N
	MELLOW WHITE INST MISO SOUP	2223	4x10g	8	3.59	N
	MISO SOUP INSTANT SEA VEG ORG	22458	4x15g	8	3.99	N
	<b>ESSENTIAL</b>					
	LENTIL & PUMPKIN SOUP GF ORG	17314	680g	6	2.85	N
	LENTIL SOUP GF ORG	17315	680g	6	2.85	N
	PEA SOUP GF ORG	17317	680g	6	2.85	N
	TOMATO SOUP GF ORG	17318	680g	6	2.85	N
	VEGETABLE & TOMATO SOUP GF ORG	17319	680g	6	2.85	N
	<b>FREE &amp; EASY</b>					
	BROCCOLI & KALE SOUP GF ORG	24373	400g	6	1.65	N
	BUTTERNUT SQUASH & GINGER GF ORG	24374	400g	6	1.55	N
	CARROT & COCONUT SOUP GF ORG	24375	400g	6	1.55	N
	LENTIL & RED PEPPER SOUP GF ORG	12714	400g	6	1.55	N
	PEA & MINT SOUP GF ORG	24377	400g	6	1.55	N
	SWEET POTATO & CHIA SOUP GF ORG	24376	400g	6	1.65	N
	TOMATO SOUP GF ORG	24378	400g	6	1.55	N
	<b>AMY'S KITCHEN</b>					
	RUSTIC ITALIAN VEG SOUP GF ORG	22576	397g	6	2.62	N
	<b>9 MEALS FROM ANARCHY</b>					
	VEGETABLE STOCK ORG 9 MEALS	24410	105g	6	3.75	N
<b>SUGARS &amp; SWEETENERS</b>	<b>BILLINGTONS</b>					
	CASTER SUGAR ORG	18460	500g	10	2.29	N
	DARK MUSCOVADO SUGAR	1265	500g	10	1.67	N
	DEMERARA SUGAR	1261	500g	10	1.59	N
	DEMERARA SUGAR FT	16608	500g	10	1.84	N
	GOLDEN CASTER SUGAR	18462	1kg	10	3.09	N
	GOLDEN GRANULATED SUGAR	1314	1kg	10	2.87	N
	GOLDEN GRANULATED SUGAR FT	16610	500g	10	1.73	N
	GRANULATED CANE SUGAR ORG	18461	500g	10	2.19	N
	ICING SUGAR GOLDEN UNREFINED	10241	500g	10	1.99	N
	ICING SUGAR ORGANIC	12780	3kg	4	15.90	N
	LIGHT MUSCOVADO SUGAR	15059	500g	10	1.65	N
	MOLASSES SUGAR	17831	500g	10	1.65	N
	<b>CLEARSPRING</b>					
	RICE MALT SYRUP ORG	2194	330g	6	3.59	N
	<b>CRAZY JACK ORGANICS</b>					
	AGAVE SYRUP SQUEEZY BOTTLE ORG	19199	250ml	6	3.59	N
	BROWN RICE SYRUP SQUEEZY ORG	19200	330g	6	3.69	N
	<b>HIGHLAND WHOLEFOODS ORGANIC</b>					
	CANE SUGAR ORGANIC	22700	1kg	6	4.25	N
	CASTER SUGAR ORGANIC	22701	1kg	6	4.76	N
	<b>MERIDIAN</b>					
	AGAVE SYRUP SQUEEZY ORG	23837	250ml	6	3.99	N
	BARLEY MALT EXTRACT JARS	1366	370g	6	1.99	N
	BARLEY MALT EXTRACT ORG	18704	370g	6	2.49	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	DATE SYRUP	403	330g	6	2.99	N
	DATE SYRUP SQUEEZY	23836	335g	6	2.99	N
	MAPLE SYRUP ORGANIC	9752	330g	6	7.02	N
	MAPLE SYRUP SQUEEZY ORG	23839	250ml	6	6.99	N
	MOLASSES BLACKSTRAP	13347	740g	6	2.99	N
	MOLASSES BLACKSTRAP ORG	14040	740g	6	2.99	N
	MOLASSES FT ORG	18162	350g	6	1.99	N
	<b>SHADY MAPLE</b>					
	MAPLE SYRUP ORGANIC	1370	250ml	12	7.49	N
	MAPLE SYRUP POUCH ORG GF	23392	125ml	8	4.15	N
	<b>TRAIIDCRAFT</b>					
	BROWN SUGAR STICKS FT	21409	500x3g	1	10.89	N
	DARK MUSCOVADO SUGAR FT	6591	500g	6	1.45	N
	DEMERARA SUGAR FT	6590	500g	6	1.45	N
	GOLDEN CASTER SUGAR FT	6592	500g	6	1.45	N
	GOLDEN GRANULATED SUGAR FT	23808	500g	6	1.45	N
	LIGHT BROWN SOFT SUGAR FT	23778	500g	6	1.45	N
	RAW CANE SUGAR FT	2897	500g	6	1.45	N
	WHITE SUGAR STICKS FT	19651	500x3g	1	10.89	N
	<b>EQUAL EXCHANGE</b>					
	RAW CANE SUGAR FT ORG	12706	500g	10	2.39	N
	RAW CANE SUGAR STICKS FT ORG	15099	1000	1	21.90	N
	<b>BIONA</b>					
	AGAVE CONC SYRUP ORG	9547	250ml	6	3.69	N
	<b>RAYNERS ESSENTIALS</b>					
	BARLEY MALT EXTRACT ORG	12795	5kg	1	21.50	N
	BLACK TREACLE ORGANIC	12797	340g	6	2.19	N
	GOLDEN SYRUP FT ORG	12798	340g	6	3.49	N
	GOLDEN SYRUP ORGANIC	21602	5kg	1	32.98	N
	MOLASSES (BLACK TREACLE) ORG	12733	5kg	1	19.99	N
	<b>GEO ORGANICS</b>					
	DARK AGAVE SYRUP GF ORG	22284	250g	6	3.09	N
	LIGHT AGAVE SYRUP GF ORG	23826	250g	6	3.49	N
	<b>XYLITOL UK</b>					
	XYLITOL NAT SUGAR SUB 1kg	23464	1kg	6	10.40	N
	XYLITOL NATURAL SUGAR SUB /9	21078	250g	9	2.95	N
	<b>SUMA</b>					
	MALT EXTRACT TUB 3.18kg	12364	3.18kg	1	17.25	N
	<b>MARIGOLD</b>					
	POMEGRANATE MOLASSES	22138	250ml	6	3.79	N
	<b>ACADIAN</b>					
	CANADIAN MAPLE SYRUP MEDIUM ORG	23156	1lt	6	26.98	N
	<b>HIGHLAND WHOLEFOODS 3KG PACKS</b>					
	DARK MUSCAVADO SUGAR	23338	3kg	4	10.09	N
	DEMERARA SUGAR FT	23339	3kg	4	10.19	N
	GOLDEN GRAN SUGAR FT	23340	3kg	4	9.89	N
	LIGHT MUSCAVADO SUGAR	23337	3kg	4	10.88	N
	LIGHT SOFT BROWN SUGAR	23341	3kg	4	10.54	N
	<b>HIGHLAND WHOLEFOODS ORGANIC 3KG</b>					
	CASTER SUGAR FINE ORG 3KG	5620	3kg	4	12.63	N
	DEMERARA SUGAR ORG 3KG	14801	3kg	4	12.48	N
	LIGHT SOFT BROWN SUGAR ORG 3KG	15601	3kg	4	13.18	N
	NATURAL CANE SUGAR ORG 3KG	14252	3kg	4	10.66	N
	RAPADURA CANE SUGAR ORG 3KG	15247	3kg	4	16.01	N
	<b>ORGANIC BULK</b>					
	CASTER SUGAR FINE ORG 25KG	5620B	25kg	1	93.87	N
	DEMERARA SUGAR ORG 25KG	14801B	25kg	1	92.50	N
	LIGHT SOFT BROWN SUGAR ORG 25KG	15601B	25kg	1	98.35	N
	NATURAL CANE SUGAR ORG 25KG	14252B	25kg	1	85.96	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	RAPADURA CANE SUGAR ORG 25KG	15247B	25kg	1	121.92	N
	<b>NON ORGANIC BULK</b>					
	DARK MUSCOVADO SACK	13457	25kg	1	72.70	N
	DEMERARA SUGAR FT SACK	16611	25kg	1	73.55	N
	GOLDEN GRAN SUGAR FT SACK	16609	25kg	1	71.05	N
	LIGHT BROWN SUGAR SACK 25KG	20872	25kg	1	76.90	N
	LIGHT MUSCOVADO SACK	13184	25kg	1	79.45	N
<b>TEA BAGS</b>	<b>CLIPPER</b>					
	ASSAM TEABAGS FT ORGANIC	9325	50bags	6	2.53	N
	DECAFF EVERYDAY 40s ORG	12674	40bags	6	2.68	N
	EARL GREY TEA FT ORG ENVELOPES	21498	250bag	1	19.60	N
	EARL GREY TEABAGS FT ORG	9326	50bags	6	2.59	N
	ENG BREAKFAST FT ORG ENVELOPES	21497	250bag	1	19.60	N
	ENGLISH BFAST TEABAGS FT ORG	9328	40bags	6	2.53	N
	EVERYDAY BLEND CLIPPER FT	7860	80bags	6	2.79	N
	EVERYDAY TBAGS FT ENVELOPES	21496	250bag	1	19.60	N
	GREEN TEABAGS FT ORG	20539	50bags	6	2.69	N
	INDIAN CHAI TEABAGS ORG	14069	20bags	6	1.80	N
	TEA BAGS EVERYDAY ORG	18621	40bags	6	1.70	N
	TEABAGS EVERYDAY ORG 80s	10822	80bags	6	2.79	N
	WHITE TEA & VANILLA ORG	17665	26bags	6	1.90	N
	<b>ELEVEN O'CLOCK</b>					
	ROOIBOSCH TEABAGS ORG	5041	40bags	10	2.62	N
	ROOIBOSCH TEABAGS ORG	5040	80bags	5	5.12	N
	<b>QI</b>					
	CHINA GREEN DETOX FT ORG	13971	25bags	6	2.09	N
	CHINA GREEN GINGER TEABAG FT ORG	13972	25bags	6	2.09	N
	CHINA GREEN JASMINE TBAG FT ORG	16053	25bags	6	1.69	N
	CHINA GREEN MINT TEABAG FT ORG	13969	25bags	6	1.69	N
	GREEN TEA TRAD TEABAGS	10135	25bags	6	1.15	N
	GREEN TEABAGS ORG FT ORG	10137	25bags	6	1.69	N
	WHITE & SPICY TEABAGS ORG	23217	25bags	6	1.89	N
	WHITE TEABAGS FT ORG	16054	25bags	6	1.89	N
	<b>RIDGEWAYS</b>					
	TEABAGS ORG 80s	1410	80bags	12	2.85	N
	<b>HAMPSTEAD TEA &amp; COFFEE CO</b>					
	DARJEELING TEABAGS FT ORG	13996	20bags	4	2.49	N
	EARL GREY TEABAGS ENV FT ORG	10704	20bags	4	2.49	N
	ENGLISH BREAKFAST TEABAGS FT ORG	13997	20bags	4	2.35	N
	GREEN TEABAGS ORG	23964	20bags	4	2.36	N
	KARMA CHAI SPICED TEABAG ORG	23962	20bags	4	2.39	N
	<b>TRAI DCRAFT</b>					
	TEABAGS 1 CUP EVERYDAY FAIRTRADE	13953	440bag	1	11.45	N
	<b>TWININGS</b>					
	EARL GREY DECAF TBAGS	8453	50bags	4	6.42	N
	EARL GREY TEABAGS 50s	6011	50bags	4	3.74	N
	EARL GREY TEABAGS ORG	12808	50bags	4	5.36	N
	LADY GREY TEABAGS 50s	8013	50bags	4	3.74	N
	SMOKY LAPSANG TEABAGS 20	23389	20bags	4	2.30	N
	<b>DRAGONFLY TEA</b>					
	CAPE MALAY ROOIBOS CHAI ORG	12782	20bags	4	2.05	N
	ROOIBOS TEABAGS FT ORGANIC	17603	40bags	4	2.38	N
	<b>DRAGONFLY RED RANGE</b>					
	ROOIBOS EARL GREY	16204	40bags	4	2.75	N
	ROOIBOS VANILLA	16206	40bags	4	2.75	N
	<b>TICK TOCK</b>					
	TICK TOCK GREEN TEA ORG	19680	40bags	4	2.39	N
	<b>CAFEDIRECT</b>					
	EVERYDAY TEADIRECT TBAGS FT	10133	80bags	6	3.20	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	TEABAGS CATERING FAIR TRADE /2	10760	1100	2	34.25	N
	<b>PUKKA</b>					
	ELEGANT ENGLISH BFAST FT ORG	22999	20bags	4	2.49	N
	GORGEOUS EARL GREY FT ORG	22333	20bags	4	2.49	N
<b>TEABAGS HERBAL</b>	<b>CELESTIAL SEASONINGS</b>					
	BENGAL SPICE TEABAGS	24272	20bags	6	2.70	N
	MATCHA GREEN TEABAGS ORG	24545	20bag	6	2.96	N
	SLEEPYTIME TEABAGS	19744	20bags	6	2.45	N
	<b>HEATH &amp; HEATHER</b>					
	CAMOMILE ORGANIC	10649	20bags	6	2.19	N
	FENNEL	16481	50bags	6	3.09	N
	NETTLE	16478	50bags	6	3.09	N
	NETTLE ORGANIC	13266	20bags	6	2.19	N
	NIGHT TIME TEABAGS ORG	24529	20bag	6	3.00	N
	PEPPERMINT ORGANIC	10650	20bags	6	2.19	N
	PEPPERMINT WELLBEING TEA	210	50bags	6	3.09	N
	ROSEHIP & HIBISCUS	212	50bags	6	3.09	N
	<b>CLIPPER</b>					
	CHAMOMILE FT ORG ENVELOPES	21499	250bag	1	19.60	N
	CHAMOMILE TEABAGS ORG	12876	20bags	6	1.43	N
	DANDELION HERBAL TBAGS ORG	12880	20bags	6	1.43	N
	FENNEL TEABAGS ORGANIC	15104	20bags	6	1.43	N
	LEMON & GINGER TEABAGS ORG	14046	20bags	6	1.79	N
	NETTLE TEABAGS ORG	14047	20bags	6	1.43	N
	ORANGE & COCONUT TEABAGS ORG	14048	20bags	6	1.79	N
	PEPPERMINT HERBAL TEABAGS ORG	12879	20bags	6	1.43	N
	PEPPERMINT TEA FT ORG ENVELOPES	21500	250bag	1	19.60	N
	RASPBERRY LEAF INFUSION ORG	19809	20bags	6	1.79	N
	SLEEPEASY ORG	18258	20bags	6	1.43	N
	SNORE & PEACE INFUSION ORG	21798	20env	6	2.19	N
	<b>PUKKA</b>					
	AFTER DINNER TEABAGS ORG	21488	20bags	4	2.49	N
	BLACKCURRANT BEAUTY	23645	20bags	4	2.49	N
	CHAMOMILE VANILLA & MANUKA ORG	23080	20bags	4	2.49	N
	CLEAN MATCHA GREEN TBAGS FT ORG	23955	20bags	4	2.79	N
	CLEANSE NETTLE FENNEL & PEPP ORG	18690	20bags	4	2.49	N
	DETOX ANISEED FENNEL & CAR ORG	16049	20bags	4	2.49	N
	ELDERBERRY & ECHINACEA ORG	22337	20bags	4	2.49	N
	GINSENG MATCH GREEN TEABAGS ORG	23957	20bags	4	2.79	N
	GREEN COLLECTION PUKKA	24583	20bag	4	2.99	N
	LEMON & MANDARIN TEABAGS ORG	23958	20bags	4	2.49	N
	LEMONGRASS & GINGER TEABAGS ORG	21297	20bags	4	2.49	N
	LICORICE & CINNAMON FT ORG	20767	20bags	4	2.49	N
	LOVE ROSE & CHAMOMILE ORG	16052	20bags	4	2.49	N
	MATCHA LEAN GREEN TEA OR	24727	20bag	4	2.37	N
	MATCHA LEAN GREEN TEA	24705	20bags	4	2.79	N
	MINT MATCHA GREEN TEABAGS FT ORG	23959	20bags	4	2.79	N
	MINT REFRESH TEABAGS ORG	24379	20bags	4	2.49	N
	MOTHERKIND BABY T BAGS OR	24587	20bags	4	2.49	N
	MOTHERKIND PREGNANCY T BAGS O	24588	20bags	4	2.49	N
	NIGHT TIME LAV & LIME TEABAG ORG	21489	20bags	4	2.49	N
	ORIGINAL CHAI T/B FT ORG	21491	20bags	4	2.49	N
	PEPPERMINT & LICORICE WWF FT ORG	21672	20bags	4	2.49	N
	RELAX CHAMOMILE & FENNEL ORG	21121	20bags	4	2.49	N
	REVITALISE CINNAMON CARDAMOM ORG	14723	20bags	4	2.49	N
	SUPREME MATCHA GREEN TBAG FT ORG	22683	20bags	4	2.79	N
	THREE CHAMOMILE TEABAGS ORG	23453	20bags	4	2.49	N
	THREE CINNAMON TEABAGS ORG	22336	20bags	4	2.49	N
	THREE FENNEL TEABAGS ORG	21484	20bags	4	2.49	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	THREE LICORICE TEABAGS ORG	23454	20bags	4	2.49	N
	THREE MINT TEABAGS ORG	21483	20bags	4	2.49	N
	THREE TULSI TEABAGS ORG	21485	20bags	4	2.49	N
	TURMERIC ACTIVE GREEN TEA O	24728	20bags	4	2.49	N
	TURMERIC ACTIVE	24710	20bags	4	2.49	N
	TURMERIC GOLD TEABAGS ORG	23954	20bags	4	2.49	N
	VANILLA CHAI TEABAGS FT ORG	21492	20bags	4	2.49	N
	WILD APPLE & CINNAMON+GINGER ORG	23573	20bags	4	2.49	N
	WOMANKIND TEABAGS ORG	23465	20bags	4	2.49	N
	WONDERBERRY GREEN TEA	24584	20bags	4	2.37	N
	<b>YOGI</b>					
	BEDTIME ROOIBOS VANILLA TBAG ORG	22233	17bags	6	2.39	N
	BEDTIME TEABAGS ORG	21761	17bags	6	2.39	N
	BREATHE DEEP TEABAGS ORG	21763	17bags	6	2.39	N
	CHOCO CHILLI TEABAGS ORG	21809	17bags	6	2.39	N
	CHOCO MINT TEABAGS ORG	23570	17bags	6	2.39	N
	CHOCO TEABAGS ORG	21766	17bags	6	2.39	N
	CLASSIC TEABAGS ORG	21783	17bags	6	2.39	N
	DETOX TEABAGS ORG	21767	17bags	6	2.39	N
	ECHINACEA TEABAGS ORG	22115	17bags	6	2.03	N
	FINEST SELECTION TEABAGS ORG	23567	18bags	6	2.69	N
	GINGER LEMON TEABAGS ORG	21769	17bags	6	2.39	N
	GINGER TEABAGS ORG	23483	17bags	6	2.39	N
	GREEN BALANCE&KOMBUCHA TBAGS OF	22509	17bags	6	2.39	N
	GREEN CHAI TEABAGS ORG	21771	17bags	6	2.39	N
	GREEN ENERGY KOMBUCHA GURANA O	22510	17bags	6	2.39	N
	GREEN JASMINE TEABAGS ORG	23278	17bags	6	2.39	N
	GREEN TEA GINGER LEMON TBAG ORG	21811	17bags	6	2.39	N
	GREEN TEA MATCHA LEMON ORG	24020	17bags	6	2.39	N
	HIMALAYA TEABAGS ORG	21784	17bags	6	2.39	N
	IMMUNE SUPPORT TEABAGS ORG	24019	17bags	6	2.39	N
	INNER HARMONY TEABAGS ORG	24582	17bags	6	2.39	N
	LICORICE MINT TEABAGS ORG	21772	17bags	6	2.39	N
	LICORICE TEABAGS ORG	21773	17bags	6	2.39	N
	LIME MINT TEABAGS ORG	21774	17bags	6	2.03	N
	MEN'S TEABAGS ORG	21775	17bags	6	2.03	N
	POSITIVE ENERGY CRAN HIBISC ORG	22234	17bags	6	2.39	N
	RELAX TEABAGS ORG	21765	17bags	6	2.39	N
	ROOIBOS TEABAGS ORG /	21776	17bags	6	2.39	N
	STOMACH EASE TEABAGS ORG	21777	17bags	6	2.39	N
	SWEET CHAI TEABAGS ORG	21778	17bags	6	2.39	N
	SWEET CHILI TEABAGS ORG	21779	17bags	6	2.39	N
	THROAT COMFORT TEABAGS ORG	22114	17bags	6	2.03	N
	TURMERIC CHAI YOGI	24652	17bags	6	2.03	N
	WELLBEING TEABAGS ORG	22507	17bags	6	2.39	N
	WELLNESS COLLECTION TEABAGS ORG	24381	18bags	6	2.69	N
	WHITE TEA & ALOE TEAB ORG	24581	17bags	6	2.03	N
	WOMEN'S ENERGY TEABAGS ORG	21781	17bags	6	2.39	N
	WOMEN'S TEABAGS ORG	21782	17bags	6	2.39	N
	WOMENS BALANCE TEABAGS ORG	21780	17bags	6	2.39	N
	<b>DRAGONFLY</b>					
	PU'ER TEA ORG	21667	20bags	4	2.18	N
<b>TEAS - HERBAL LOOSE</b>	<b>CHE MATE</b>					
	PURE GREEN MATE WITH STEMS ORG	13790	500g	6	6.85	N
<b>TEAS - LOOSE</b>	<b>CLIPPER</b>					
	ASSAM TEA FT ORG	7406	125g	6	3.40	N
	EARL GREY LOOSE TEA FT ORG	14056	125g	6	3.11	N
	ENGLISH BFAST LOOSE TEA FT ORG	14057	125g	6	2.53	N
	GREEN TEA LOOSE FT ORG	23370	100g	6	2.69	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>HAMPSTEAD TEA &amp; COFEE</b>					
	DARJEELING TEA FT ORG	10700	100g	6	6.99	N
	EARL GREY LEAF TEA DEM FT ORG	20956	100g	6	6.99	N
	<b>TWININGS</b>					
	EARL GREY TEA TWININGS	9280	125g	4	3.11	N
	<b>TICK TOCK</b>					
	ROOIBOS TEA ORGANIC	20862	100g	10	2.05	N
<b>VEGETABLE JUICE</b>	<b>BIONA</b>					
	BEETROOT JUICE PRESSED ORG	21649	500ml	12	2.09	Y
	CARROT JUICE ORG	7338	1lt	6	3.69	Y
	TOMATO JUICE ORG	21834	1lt	6	3.58	Y
	VEGETABLE PRESSED JUICE ORG	21650	500ml	12	1.99	Y
	<b>EDEN</b>					
	CARROT JUICE ORGANIC	12431	750ml	6	4.99	Y
	<b>JAMES WHITE</b>					
	BEET IT SHOT ORGANIC	21943	7cl	15	1.95	Y
	BEETROOT JUICE ORG	19254	75cl	6	3.20	Y
	CARROT JUICE ORG	24075	75cl	6	3.28	Y
	<b>CAWSTON PRESS</b>					
	BRILLIANT BEETROOT JUICE	24049	1lt	6	3.15	Y
<b>VEGETABLES, DRIED, JARS</b>	<b>ESSENTIAL</b>					
	GHERKINS SOUR LARGE JARS ORG	13721	680g	6	3.00	N
	GHERKINS SWEET&SOUR LGJARS ORG	13723	680g	6	3.15	N
	GHERKINS SWEET&SOUR SMJARS ORG	13722	350g	6	2.40	N
	SAUERKRAUT LARGE JARS ORG	13726	680g	6	2.00	N
	SAUERKRAUT SMALL JARS ORG	13727	350g	6	1.50	N
	SWEETCORN JARS ORG	13730	330g	6	1.69	N
	<b>ORGANICO</b>					
	ARTICHOKE IN OIL GLASS JAR ORG	15311	190g	6	5.35	N
	<b>SUMA</b>					
	SWEETCORN TINS ORG	22385	340g	12	1.39	N
	<b>HIGHLAND WHOLEFOODS 3KG PRODUCER</b>					
	MIXED VEGETABLES DRIED	24691	3kg	4	18.16	N
	<b>ORGANIC BULK</b>					
	SUN DRIED TOMATO HALVES ORG	19353	10kg	1	85.00	N
	<b>NON ORGANIC BULK</b>					
	MIXED VEGETABLES DRIED 10kg	1269	10kg	1	56.02	N
	ONIONS KIBBLED SO	1273	12kg	1	68.12	N
	TOMATOES SUNDRIED	23706	1kg	6	9.00	N
<b>VITAMINS &amp; SUPPLEMENTS</b>	<b>LANES</b>					
	LECITHIN GRANULES	24230	350g	6	10.99	Y
	<b>NATURES OWN</b>					
	ANTI-OXIDANT AND COQ10	8067	30tabs	1	14.99	Y
	MULTIVITAMIN & MINERAL 100	8066	100tab	1	21.14	Y
	VITAMIN C & BIOFLAVONOIDS 50	8087	50tabs	1	15.66	Y
	VITAMIN D3 VEGAN	24080	60tab	1	8.13	Y
	ZINC/COPPER	8072	50tabs	1	13.50	Y
	<b>SALUS HAUS</b>					
	FLORAVITAL YF GF	16602	500ml	12	18.50	Y
	<b>VEGA</b>					
	ACIDOPHILUS & BIFIDUS	20366	60caps	1	9.50	Y
	DIGESTIVE ENZYMES	22089	60caps	1	7.99	Y
	VITAMIN B COMPLEX	16676	30caps	1	5.59	Y
	VITAMIN B12 1000ug	17974	30caps	1	5.79	Y
<b>WATERS</b>	<b>CAN O WATER</b>					
	SPARKLING SPRING WATER TIN	24663	330ml	24	1.08	Y
	STILL SPRING WATER CAN	24664	330ml	24	1.08	Y
<b>YEAST</b>	<b>DOVES FARM</b>					
	QUICK YEAST	13211	125g	16	1.12	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	<b>MARIGOLD</b>					
	ENGEVITA YEAST FLAKES	2906	125g	6	2.99	N
	ENGEVITA YEAST FLAKES WITH B12	21450	125g	6	3.29	N
	<b>BREAD MATTERS</b>					
	SOURDOUGH STARTER ORG	24034	10g	12	5.30	N
	<b>BIOREAL</b>					
	ACTIVE DRY YEAST ORG	24391	9g	40	0.89	N

**Sales office:**                    **Opening hours:** Monday—Friday, 9am—5pm  
**Tel:**                                    01463 712393  
**Email:**                                sales@highlandwholefoods.co.uk  
**Fax:**                                    01463 715586

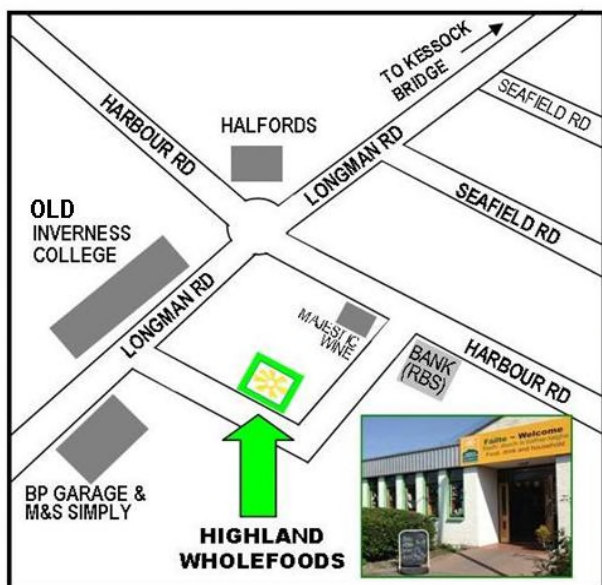
**Showroom:**                    **Opening hours:** Monday—Saturday, 9am—5pm  
**Tel:**                                    01463 712696

**Finance:**                         **Opening hours:** Tuesday—Friday, 9am—5pm  
**Tel:**                                    01463 712222  
**Email:**                                finance@highlandwholefoods.co.uk

We look forward to seeing you—everyone welcome!

\* \* \* \* \*

[www.highlandwholefoods.co.uk](http://www.highlandwholefoods.co.uk)



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HighlandWholefoodCooperative

**Highland Wholefoods Workers  
Co-operative Ltd**

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