




HIGHLAND WHOLEFOODS WORKERS' CO-OPERATIVE

VEGAN PRICELIST

NOVEMBER 2018



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT	
FESTIVE SEASON	INFINITY						
	MINCEMEAT NAS GF V ORG	15874	400g	6	4.60	N	
	DIVINE						
	ADVENT CALENDAR DARK FT V	24607	85g	12	5.49	Y	
	AFTER DINNER GINGER THINS FT V	21714	200g	12	4.79	Y	
	AFTER DINNER MINT THINS FT V	17260	200g	12	4.79	Y	
	DARK CHOC CARAMEL ALMONDS F V	24608	150g	12	5.49	Y	
	DARK CHOCOLATE COINS FT V	21715	65g	20	2.49	Y	
	AUTHENTIC BREAD COMPANY						
	LUX MINCE PIES BRANDY ORG V	17993	4x58g	8	4.26	N	
	LUX MINCEMEAT W BRANDY ORG V	22246	300g	6	4.50	N	
	MRS DARLINGTONS						
	MINCEMEAT WITH BRANDY V	20127	410g	6	2.91	N	
	MOO FREE						
	ADVENT CALENDAR VGN GF ORG	23120	100g	6	5.73	Y	
	HAMMY'S SELECTION BOX V GF	23121	135g	10	5.74	Y	
	MILK ALT CHOC SANTA GF ORG	23122	32g	15	1.20	Y	
	SIESTA CHOCS						
	CAROB XMAS SHAPES GF V SO	24121	120g	3	7.82	Y	
	SO FREE						
	SO FREE ADVENT CALENDAR GF V	24605	110g	6	4.95	Y	
	SO FREE SNOWMEN GF V	24606	30g	12	1.99	Y	
	GIFTS	SIESTA CRAFTS					
		GHERI COURIER SACHEL FT	24069	satchl	1	18.99	Y
		 HADEEL					
OLIVE DISH 13CM HADEEL FT		22626	1	1	11.00	Y	
OLIVE HEXAGON BOX FT		22630	1	1	15.00	Y	
OLIVE TRIQUETRA PENDANT FT		22627	1	1	3.00	Y	
OLIVE WOOD CANDLESTICK FT		22632	1	1	9.25	Y	
OLIVE WOOD EGG 7CM FT		22631	1	1	3.25	Y	
OLIVE WOOD FISH CANDLE HLDR FT		22633	1	1	6.99	Y	
OLIVE WOOD HEART BOWL FT		22635	1	1	18.15	Y	
OLIVE WOOD HEART PAL 5CM		22688	1	1	3.80	Y	
OLIVE WOOD PEAR BOWL FT		22637	1	1	16.95	Y	
 HIGHLAND WHOLEFOODS GIFT VOUCHERS							
10 POUNDS STERLING GIFT VOUCHER		13115	£10	1	10.00	N	
20 POUNDS STERLING GIFT VOUCHER		13116	£20	1	20.00	N	
5 POUNDS STERLING GIFT VOUCHER		13114	£5	1	5.00	N	
CONVENIENCE FOOD, CHILLED		CLEAR SPOT					
		TOFU PLAIN ORG GF CLEARSPOT V	23123	280g	8	2.25	N
		TOFU PLAIN ORG GF LARGE V	24093	450g	6	3.53	N
		TOFU SMOKED ORG GF CLEARSPOT	23124	225g	8	3.09	N
		 MACSWEENS					
		HAGGIS VEGETARIAN V	478	1lb	6	4.95	N
		TAIFUN					
		BASIL TOFU WITH FRESH HERBS	22436	200g	6	4.15	N
		BEET H'RADISH TOFU CRISPER ORG V	24983	180g	6	4.25	N
	CARROT&CUMIN TOFU CRISPERS ORG V	24984	180g	6	4.25	N	
	FETO NAT TOFU ORG FERMENTED	24359	200g	5	3.90	N	
	FETO TOFU HERBS ORG FERMENTED	24472	200g	5	4.26	N	
	FETO TOFU PEPPER ORG FERMNTD	24473	200g	5	4.26	N	
	PEAS HERBS TOFU CRISPERS ORG V	24985	180g	6	4.25	N	
	SMOKED TOFU ALMOND & SESAME ORG	8604	200g	6	4.26	N	
	TOFU FILLETS WILD GARLIC V	23478	160g	8	3.59	N	
	TOFU SMOKED TAIFUN V	23481	200g	6	3.59	N	
	WIENER FRANKFURTERS ORG V	19623	300g	6	5.61	N	
	BIONA						
	LUCKY STARS PUMPKIN/TOFU V	24360	250g	4	4.49	N	
	VBITES						
	ORIGINAL TEMPEH RASHERS V	24096	120g	6	3.36	N	
	RASHERS VEGAN STREAKY	6957	115g	6	2.80	N	
	SAGE & MARJORAM SAUSAGES V	20269	295g	6	3.03	N	

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	SMOKED SALMON STYLE SLICES V	24524	100g	6	2.25	N
	VIANA					
	REAL SMOKED FIRM TOFU V	22620	250g	6	3.15	N
	RAW HEALTH					
	SAUERKRAUT FRESH ORG GF V	24017	410g	6	4.94	N
	LAURIE'S TUMMY LOVING					
	BEETKRAUT JUNIPER&BLCK PEPPER	24207	410g	8	6.15	N
	SAUERKRAUT KIMCHI ORG V	24124	410g	8	6.17	N
	FOLLOW YOUR HEART					
	ORIGINAL VEGENAISE V GF	24649	340g	6	3.47	N
	SOYA FREE VEGENAISE	24471	340g	6	3.71	N
	VEGENAISE GARLIC AIOLI V G ORG	24915	340g	6	3.71	N
	WHEATY					
	SEITAN MEDALLIONS ORG V	24496	175g	5	4.10	N
	BURY BLACK PUDDING CO					
	BLACK PUDDING VEGAN	24578	220g	12	1.73	N
	GOOD NUDE FOOD					
	RED HOT SAUERKRAUT V	24944	500ml	6	7.51	N
	SUPERGREENS SAUERKRAUT V	24946	500ml	6	7.51	N
	TURMERIC & GINGER SAUERKRAUT V	24945	500ml	6	7.51	N
	BONSAN					
	KOFU VEGAN SAUSAGES ORG GF	24873	170g	5	4.65	N
	VEGAN BR'FAST SCRAMBLE ORG GF	24872	200g	5	4.45	N
CONVENIENCE FOOD, FROZEN	IMPULSE					
	TEMPEH (FROZEN) ORG V	17704	227g	10	3.20	N
	FRYS					
	BEEF STYLE CHUNKY STRIPS V	24982	380g	10	4.02	N
	BURGERS TRADITIONAL FROZEN V	20400	320g	10	3.95	N
	CHICKEN STYLE STRIPS V	24981	380g	10	4.02	N
	POLONY (SLICING SAUSAGE) V	19420	500g	10	4.56	N
	QUINOA FALAFEL BURGER GF FRZN	23889	260g	6	4.00	N
	SAUSAGE ROLLS V	19888	400g	10	3.87	N
	SCHNITZELS V	19080	320g	6	3.54	N
	TRADITIONAL SAUSAGES FROZEN V	20401	380g	10	4.33	N
	NATURAL COOL					
	BERRY MIX FROZEN ORG V	18905	300g	10	3.93	N
	CHIPS FROZEN ORG V	19847	1.25kg	6	5.09	N
	CLIVE'S					
	ARABIAN CHICKPEA PIE ORG V SO	21279	250g	6	3.24	N
	BOMBAY VEG & DAAL TART FRZN V	24666	190g	6	3.99	N
	CREAMY MUSHROOM PIE ORG V	21281	250g	6	3.24	N
	GREEK LENTIL OLIVE PIE ORG V	22398	250g	6	3.24	N
	LENTIL&KALE TART FRZN V GF	24679	190g	6	4.00	N
	MINTY CHICKPEA PIE GF ORG V	22397	250g	6	3.39	N
	MUSHROOM LEEK PIE GF V ORG	24908	235g	6	3.39	N
	PEA CARROT CUMIN TART FRZN GF V	24680	190g	6	4.00	N
	SAAG ALOO CURRY PIE ORG V	20403	250g	6	3.25	N
	SOYSAGE ROLL ORG V	22910	120g	10	1.58	N
	TOMATO & OLIVE TART FRZN V	24667	190g	6	3.99	N
	VEGETABLE CHILLI PIE GF V ORG	24516	235g	6	3.39	N
	QUORN					
	QUORN VEGAN BURGERS V	23891	264g	8	3.45	N
	QUORN VEGAN PIECES	23890	280g	8	3.63	N
	AMY'S KITCHEN					
	BEAN & RICE BURRITO GF V	21556	156g	12	2.20	N
	MAC CHEESE DAIRY & GLUTEN FREE	21555	255g	6	3.56	N
	ST JAMES					
	FILO PASTRY V	22909	400g	10	1.75	N
	YUTAKA					
	EDAMAME BEANS FRZN V	24045	500g	10	2.25	N
	WINDMILL HILL					
	BLACKCURRANTS BRIT ORG FRZN	24397	400g	12	3.25	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ONE PLANET PIZZA					
	FUNGI FEAST PIZZA FROZEN V	24645	455g	10	6.00	N
	MEDIT VEGAN PIZZA FROZEN V	24641	486g	10	6.15	N
FROZEN DESSERTS	BOOJA BOOJA					
	COCONUT HULLABALOO ICECRM VGN	24212	110ml	22	2.30	Y
	HUNKY PUNKY CHOC DESSERT ORG V	19068	500ml	6	6.91	Y
	HUNKY PUNKY CHOC ICECRM VGN	24114	500ml	6	6.73	Y
	SWEDISH GLACE					
	SWEDISH GLACE JUICY RASP V	24802	750ml	6	4.45	Y
	SWEDISH GLACE RICH CHOC	24803	750ml	6	4.45	Y
	SWEDISH GLACE SMOOTH VANILLA V	17854	750ml	6	4.45	Y
	JOLLYUM					
	DOUBLE CHOC ICECREAM ORG V	24476	125ml	12	2.15	Y
	MAPLE & PECAN ICECREAM ORG V	24478	125ml	12	2.12	Y
	MAPLE & PECAN ICECREAM ORG V	24477	500ml	6	6.50	Y
CHILLED, MARGARINES	BIONA					
	COCOMEGA COCONUT SPREAD ORG V	22667	250g	8	3.90	N
	SUMA					
	SOYA SPREAD NO GMO V	917	500g	8	1.99	N
	SUNFLOWER SPREAD NO GMO V	924	2kg	6	7.55	N
	PURE					
	OLIVE SPREAD GF V	22676	500g	16	3.09	N
	SUNFLOWER SPREAD-DAIRY FREE V	20606	500g	16	2.66	N
CHILLED CHEESE SUBSTITUTES	TOFUTTI					
	ALT.CREAM CHEESE HERB&CHIVE	8490	227g	12	3.21	N
	ALT.CREAM CHEESE ORIGINAL V	4108	223g	12	3.44	N
	CHEDDAR STYLE SLICES V	14796	8slice	24	2.42	N
	CREAMY SMOOTH ALT.CHSE GAR HERB	4107	223g	12	3.44	N
	BUTE ISLAND					
	BLUE STYLE ENGLISH WEDGE V	24916	200g	6	2.83	N
	GREEK STYLE SHEESE V	23852	200g	6	2.58	N
	MATURE CHEDDAR STYLE SLICES V	24185	200g	6	2.39	N
	MOZZARELLA STYLE GRATED SHEESE	24322	200g	4	3.54	N
	SHEESE BLUE FRENCH WEDGE V	24765	200g	6	2.91	N
	SHEESE CARAMELISED ONION V	24224	200g	6	2.76	N
	SHEESE MATURE CHEDDAR STYLE V	24420	200g	6	2.50	N
	SHEESE STRONG CHED WEDGE V	24796	200g	6	2.87	N
	SHEESE WENSLEYDALE & CRANBERRY	24176	200g	6	2.68	N
	VIOLIFE					
	CHEESE SUB GF SOYA FREE CHEDDAR	23443	400g	7	5.89	N
	CHEESE SUB GF SOYA FREE PIZZA	23500	400g	7	5.89	N
	CHEESE SUB ORIG GF SOYA FREE V	23375	400g	7	6.55	N
	CREAM CHEESE SUB ORIG GF V	23616	200g	8	3.31	N
	MEDITERRANEAN/HALLOUMI STYLE V	24576	200g	12	3.94	N
	PROSOCIANO PARMESAN SUB GF V	23726	235g	8	9.34	N
	SMOKED CHEESE SUB GF VGN	24296	400g	7	5.89	N
	TOMATO & BASIL CHEESE SLICES GF	23715	220g	12	3.59	N
	VIOLIFE BLUE CHEESE SUB V	24577	150g	12	3.72	N
	NUTCRAFTER					
	AGED CHARCOAL NUTCRAFTER V	24987	190g	6	10.45	N
	NUTCRAFTER ANCIENT GOMASIO	24095	190g	6	11.15	N
	OUT OF THE BLUE STYLE V	24986	190g	6	10.65	N
CHILLED DESSERTS	PROVAMEL					
	SOYA YOGHURT ORG V	20762	500g	6	2.37	N
BABYCARE PRODUCTS	BIO D					
	NAPPY FRESH V	10203	500g	12	2.86	Y
	BEAMING BABY					
	BABY WIPES ORG V	19565	72wipe	12	4.53	Y
	BIO-DEGR NAPPIES JUN 15kg V	21031	34pcs	4	14.29	N
	BIO-DEGR NAPPIES MAXI 7-11 V	21032	34pcs	4	13.19	N
	BIO-DEGR NAPPIES MAXI+9-15 V	21033	34pcs	4	14.84	N
	BIO-DEGR NAPPIES MIDI 5-8 V	21034	40pcs	4	13.19	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	BIO-DEGR NAPPIES MINI 2-6 V	21035	20pcs	8	6.04	N
	NAPPY SACKS FRAGR DEGRDBLE V	20535	60bags	10	2.99	Y

BEANS, PULSES & LENTILS, DRIED	All our dried beans, pulses and lentils are suitable for vegans. <i>Please see our main pricelist for full details.</i>					
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SUPERFOODS	THE RAW CHOCOLATE CO					
	CACAO NIBS FT ORG V	23285	150g	6	4.20	N
	COCONUT PALM SUGAR ORG V	22743	230g	6	3.63	N
	RAW CHOC COATED GINGER ORG V FT	24755	28g	12	1.48	Y
	VIRGIN CACAO BUTTER ORG V	22742	240g	6	7.99	N
	SUN & SEED					
	CHIA SEED ORG V	21521	90g	20	2.49	N
	YAOH					
	HEMP SEED HULLED ORG V	14941	125g	1	3.89	N
	LINUSIT					
	LINUSIT GOLD V	12945	250g	10	4.25	N
	MILLED FLAX SEED ORG V	17692	450g	6	6.15	N
	SPROUTED FLAX POWDER ORG V	16600	250g	6	4.99	N
	NATURYA					
	CHIA SEEDS ORG V	23418	300g	6	7.62	N
	SPIRULINA POWDER ORG V	23350	200g	6	11.40	N
	WHEATGRASS POWDER ORG V	24000	200g	6	12.38	N
	PREWETT'S					
	GROUND FLAXSEED ORG V	21752	175g	6	2.19	N
	BIONA					
	HEMP SEED WHOLE ORG V	23461	250g	8	2.50	N
	ARTISAN GRAINS					
	CHIA SEEDS GF V	21994	125g	6	3.01	N
	LINWOODS					
	FLAXSEED MILLED GF ORG V	24209	425g	12	5.60	N
	SUMA					
	HEMP SEEDS ORG V SO	24918	1kg	1	8.62	N
BISCUITS & COOKIES	BIONA					
	MAPLE SYRUP WAFFLES ORG V	22769	175g	12	2.39	N
	DOVES FARM					
	DIGESTIVE BISCUITS ORG V	1507	200g	12	1.20	N
	FRUITY OAT DIGESTIVES ORG V	10983	200g	12	1.49	N
	GINGER OAT BISCUITS ORG V	21701	200g	12	1.79	N
	TRADCRAFT					
	DOUBLE CHOC COOKIES FT V	23262	180g	8	1.85	N
✘	NAIRNS					
	FRUIT & SPICE OAT BISCUITS V	16253	200g	10	1.69	N
	MIXED BERRIES OAT BISCUITS V	16254	200g	10	1.69	N
	STEM GINGER OAT BISCUITS V	16255	200g	10	1.69	N
✘	LAZY DAY					
	BELGIAN DARK CHOC TIFFIN V GF	19446	5pack	8	3.13	N
	CHOCOLATE ORANGE SLICE GF V	22130	5pack	8	3.11	N
	DARK CHOCO GINGER BISCS V GF	19437	8biscs	8	3.56	Y
	MILLIONAIRES SHORTBREAD V GF	19445	5pack	8	2.79	N
	SCOTTISH SHORTBREAD GF V	19439	8biscs	8	2.90	N
✘	ANGELIC GLUTEN FREE					
	ANGELIC MIXED CASE TPACK GF V 8	22004	40g	48	1.20	N
	CHOC CHIP OAT BISCUITS GF V	23226	150g	8	2.60	N
	CRANBERRY CRUNCH GF COOKIES V	21105	125g	8	2.60	N
	DOUBLE CHOC GF COOKIES V	21109	125g	8	2.60	N
	GINGER CRUNCH GF COOKIES V	21110	125g	8	2.60	N
	HONEY & OAT BISCUITS GF V	23227	150g	8	2.60	N
	ORANGE CHOC COOKIES GF V	21108	125g	8	2.60	N
	ROSEMARY & SALT BISCUITS GF V	22297	150g	8	2.60	N
	SEA SALT BISCUITS GF V	22821	150g	8	2.60	N
	SWEET CHILLI BISCUITS GF V	22299	150g	8	2.60	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PULSETTA					
	LEMON OAT THINS GF V	22923	150g	8	2.70	N
	VANILLA OAT THINS GF V	22925	150g	8	2.99	N
BODY CARE	PITROK					
	DEODORANT SPRAY FOR MEN V	17563	100ml	6	5.14	Y
	DEODORANT SPRAY NATURAL V	8798	100ml	6	5.17	Y
	URTEKRAM					
	ALOE VERA BODY SCRUB V ORG	24806	150ml	6	6.85	Y
	COCONUT BODY SCRUB V ORG	24807	150ml	6	6.85	Y
	EUCALYPTUS CRYSTAL DEODORANT V	22842	50ml	6	4.89	Y
	NO PERFUME CRYSTAL DEODORANT V	22846	50ml	6	4.89	Y
	PURPLE LAVENDER BODY SCRUB V ORG	24808	150ml	6	6.85	Y
	ROSE BODY LOTION ORG V	22848	245ml	6	6.69	Y
	ROSE CRYSTAL DEODORANT V	22850	50ml	6	4.89	Y
	WELEDA					
	ARNICA MASSAGE BALM V	2572	50ml	6	9.39	Y
	DEODORANT CITRUS V	1374	100ml	1	10.23	Y
	DEODORANT SAGE V	1297	100ml	1	10.23	Y
	AQUA OLEUM					
	EUCALYPTUS OIL V	1906	10ml	3	4.24	Y
	FAITH IN NATURE					
	3-IN-1 FACIAL WIPES V	18991	25wipe	12	3.25	Y
	DEODORANT NAT CRYSTAL STICK V	19205	100g	6	3.85	Y
	DEODORANT ROLL ON ALOE&CHAM V	20966	50ml	6	3.99	Y
	DEODORANT ROLLON ALOE&G/TEA V	20967	50ml	6	3.99	Y
	FOAM BATH ALOE VERA V	14739	400ml	6	5.45	Y
	FOAM BATH COCONUT V	22652	400ml	6	5.60	Y
	FOAM BATH GRAPEFRUIT & OR V	22338	400ml	6	5.60	Y
	FOAM BATH LAVENDER & GERAN V	15822	400ml	6	5.60	Y
	FOAM BATH LEMON & TEA TREE V	23544	400ml	6	5.60	Y
	FOAM BATH SEAWEED V	19309	400ml	6	5.72	Y
	FOAM BATH TEA TREE V	14740	400ml	6	5.45	Y
	SHOWER GEL (MENS) BLUE CEDAR V	23409	400ml	6	5.60	Y
	SHOWER GEL FRAGRANCE FREE V	23408	400ml	6	5.60	Y
	ALOE 99					
	ALOE VERA GEL ORG V	24988	200g	6	6.49	Y
	YAOH					
	HEMP SEED OIL MOISTURISER V	17405	56g	12	7.00	Y
	HEMP SUN BLOCK SPF15 ORG V	17131	240ml	6	9.85	Y
	HEMP SUN LOTION SPF30 ORG V	17816	240ml	6	10.99	Y
	HEMPSEED OIL AFTERSUN ORG V	22980	240ml	12	8.10	Y
	YAOH HEMP LIP BALM MIX CASE V	16145	4g	36	2.92	Y
	SIMPLY GENTLE					
	COTTON BUDS ORG V	16056	200s	24	2.37	Y
	ISLE OF SKYE SEAWEED CO					
	PEPPERMINT&SEAWEED LIP BALM	24736	10g	1	4.49	Y
	LOOFCO					
	BATH TIME LOOFAH	24900	unit	8	3.01	Y
	BODY LOOFAH V	24812	unit	8	3.02	Y
BODY SOAPS	BIO D					
	SAN HANDWASH ROSEMARY & THYME V	24809	500ml	6	4.19	Y
	SANITISING HAND WASH FRAG FREE	21646	500ml	6	3.93	Y
	SANITISING HAND WASH FRAG FREE	21986	5lt	1	13.94	Y
	SANITISING HAND WASH GERANIUM	22857	500ml	6	4.18	Y
	SANITISING HAND WASH GERANIUM V	24857	5lt	1	17.75	Y
	SANITISING HAND WASH LIME & ALOE	22858	500ml	6	4.18	Y
	CAURNIE					
	LAVENDER SOAP UNWRAPPED V	1387	100g	12	2.05	Y
	LAVENDER SOAP WRAPPED V	1386	100g	12	2.39	Y
	MANDARIN SOAP UNWRAPPED V	1394	100g	12	2.05	Y
	MANDARIN WRAPPED V	1393	100g	12	2.39	Y
	NETTLE SOAP UNWRAPPED V	21201	100g	12	2.35	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	NETTLE SOAP WRAPPED V	21200	100g	12	2.89	Y
	ROSE SOAP UNWRAPPED V	1391	100g	12	1.85	Y
	ROSE SOAP WRAPPED V	1390	100g	12	2.39	Y
	FAITH IN NATURE					
	HANDWASH ALOE VERA & TEA TREE V	17079	300ml	6	4.19	Y
	HANDWASH COCONUT V	22654	300ml	6	4.19	Y
	HANDWASH GRAPEFRUIT & ORANGE V	22340	300ml	6	4.19	Y
	HANDWASH LAVENDER & GERANIUM V	17080	300ml	6	4.18	Y
	HANDWASH SEAWEED V	19310	300ml	6	4.40	Y
	SOAP UNWRAPPED COCONUT V	22657	100g	18	1.55	Y
	SOAP UNWRAPPED ORANGE V	24913	100g	18	1.55	Y
	SOAP WRAPPED ALOE VERA ORG V	15435	100g	6	1.95	Y
	SOAP WRAPPED COCONUT V	22659	100g	6	1.95	Y
	SOAP WRAPPED HEMP LMNGRSS TTRE	15433	100g	6	1.95	Y
	SOAP WRAPPED LAVENDER V	13758	100g	6	1.95	Y
	SOAP WRAPPED ORANGE V	13760	100g	6	1.95	Y
	SOAP WRAPPED ROSEMARY V	13761	100g	6	1.95	Y
	SOAP WRAPPED SEAWEED V	15434	100g	6	1.95	Y
	SOAP WRAPPED TEA TREE ORG V	18018	100g	6	1.95	Y
✘	ECO SOAPS					
					<i>Locally made soaps</i>	
	LEMONGRASS SOAP V	22535	100g	1	3.39	Y
	PATCHOULI & LIME SOAP V	22542	125g	1	3.60	Y
	SOAP BAR EUCALYPTUS & MINT V	21662	125g	1	3.39	Y
	SPICED CITRUS SOAP V	23752	100g	1	3.39	Y
	SWEET ORANGE SOAP V	22536	125g	1	3.39	Y
	TEA TREE & LEMON SOAP V	22541	125g	1	3.39	Y
✘	GREENCITY					
	GERANIUM & ROSE PETAL SOAP V	23400	115g	12	1.52	Y
	GRAPEFRUIT & ALOE VERA SOAP V	23401	115g	12	1.52	Y
	LIME & LEMONGRASS SOAP V	23403	115g	12	1.52	Y
	MANDARIN & GINGER SOAP V	23404	115g	12	1.52	Y
	SANDALWOOD & CEDAR SOAP V	23405	115g	12	1.38	Y
	WHITE LAVENDER SOAP V	23402	115g	12	1.52	Y
	FRIENDLY SOAP					
					<i>Plastic-free packaging</i>	
	DETOX BAR ROSEMARY LIME V	24779	95g	6	2.99	Y
	FACE CLEANSE BAR COCOA BUTTER	24776	95g	6	2.99	Y
	FACE CLEANSE BAR SHEA BUTTER	24777	95g	6	2.99	Y
	SHAVING BAR V	24778	95g	6	2.80	Y
	TRAVEL SOAP (SHAMPOO SOAP DEOD)	24409	95g	6	2.85	Y
MAGAZINES	VEGAN LIVING					
	VEGAN LIFE MAGAZINE	24759	mag	1	4.99	N
	PLANTBASED					
	PLANTBASED MAGAZINE	24586	mag	1	4.99	N
	VEGAN FOOD & LIVING					
	VEGAN FOOD & LIVING MAG	24854	mag	1	4.99	N
	VEGAN LIVING					
	VEGAN LIVING MAGAZINE	24760	mag	1	4.99	N
BREADS & CRISPBREADS	BIONA					
	PUMPERNICKLE BREAD ORG V	10343	500g	6	2.82	N
	RYE & PUMPKIN SEED BREAD ORG V	21354	500g	6	2.09	N
	RYE & SUNFLOWER SEED BREAD ORG	21355	500g	6	1.99	N
	RYE BREAD CHIA & FLAX ORG V	24367	500g	6	2.19	N
	RYE BREAD ORG V	8515	500g	6	1.99	N
	FINN CRISP					
	MULTIGRAIN CRISPBREAD V	17939	175g	9	1.72	N
	ORIGINAL THIN CRISPBREAD V	17940	200g	9	1.44	N
	RYE CRISPBREAD ORIGINAL V	16824	250g	12	1.44	N
	KALLO					
	CORN CAKE SALT THIN SLCE GF ORG	14839	130g	12	1.79	N
	GRISSINI BREADSTICKS V	23176	125g	12	1.30	N
	DR KARG					
	3 GRAINS & 3SEED CRISPBRD ORG	21429	200g	8	2.70	N
	CLASSIC 3 SEED CRISPBREAD ORG V	15534	200g	8	2.50	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	SEEDED SPELT CRISPBREAD V	15536	200g	8	2.79	N
	RAKUSEN'S					
	TRADITIONAL MATZOS V	18204	300g	10	1.97	N
	ORGANICO					
	GRISSINI CLASSIC BREADSTICK ORG	21042	120g	8	2.20	N
✕	HIGHLAND CRACKERS					
	CUMIN SEEDED CRACKER V	24638	100g	14	2.50	N
	SEEDED CRACKER V	24026	100g	14	2.50	N
✕	ANGELIC GLUTEN FREE					
	MULTI SEED CRACKERS GF V	23576	150g	8	2.60	N
	AMISA					
	CRISPBREAD BUCKWHEAT GF V	24408	120g	12	2.58	N
	EVERFRESH					
	MALT RAISIN LOAF ORG V	74	290g	8	1.53	N
	RYE SOURDOUGH BREAD ORG V	78	400g	8	1.61	N
	SPROUTED RYE BREAD NAS ORG V	23534	400g	8	1.99	N
	SPROUTED SPELT BREAD NAS ORG V	22754	400g	8	2.68	N
	SPROUTED WHEAT BREAD ORG V	229	400g	8	1.95	N
CAKES	EVERFRESH					
	BANANA CAKE ORG V	14891	300g	8	3.53	N
	CARROT CAKE WITH RAISIN ORG V	7661	400g	8	3.53	N
✕	ANGELIC GLUTEN FREE					
	CHOC COCONUT & OAT SLICE GF V	23990	185g	6	2.80	N
	CHOCOLATE BROWNIE SQUARE V	23993	200g	6	2.80	N
CHOCOLATE	DIVINE					
	DARK CHOC 70% GINGER & ORANGE FT	20931	90g	15	2.60	Y
	DIVINE 70% DARK CHOC FT V	13399	90g	15	2.60	Y
	DIVINE 70% DARK CHOCOLATE FT 0	15730	40g	30	1.09	Y
	DIVINE DARK CHOC & RASPBERRY FT	20745	90g	15	2.60	Y
	DIVINE DARK COCOA 85% CHOC FT	20930	90g	15	2.60	Y
	DIVINE DK CHOC 70% MINT FT V	18179	90g	15	2.60	Y
	BOOJA BOOJA					
	ALMOND SALTED CARAMEL BOOJA V	24842	2 pack	16	1.54	Y
	CHAMPAGNE TRUFFLES ORG V	15359	138g	6	9.50	Y
	GIFT COLL ALM CARAM TRUFF GF ORG	24926	138g	5	8.49	Y
	GIFT COLL CHAMPAGNE TRUFF GF ORG	24927	138g	5	8.49	Y
	GIFT COLLECT HAZEL GF ORG	24928	138g	5	8.49	Y
	GIFT COLLECT TRUF NO 3 GF ORG	24929	138g	5	8.49	Y
	MIDNIGHT ESPRESSO TRUFFLES ORG	14231	105g	8	6.99	Y
	STEM GINGER WINE TRUFFLES ORG	14229	105g	8	6.99	Y
	LYME REGIS					
	MARZIPAN ORANGE BAR ORG V	16666	40g	24	1.04	Y
	ORGANICA					
	CHEWY APRICOT DREAM ORG V	23748	40g	24	0.99	Y
	CREAMY MARZIPAN DREAM ORG V	22143	40g	24	0.99	Y
	GOLDEN COCONUT DELIGHT ORG V	14882	40g	24	0.99	Y
	HAZELNUT NOUGAT DELIGHT ORG V	16180	40g	24	0.99	Y
	MONTEZUMA'S					
	DARK CHOC ABSOLUTE BLACK 100%	24150	100g	12	2.59	Y
	DARK CHOC. ORANGE & GERANIUM ORG	17742	100g	12	2.59	Y
	DARK CHOCOLATE CHILLI ORG V	17743	100g	12	2.59	Y
	GIANT BUTTONS DARK CHOC ORG V	21684	180g	8	3.75	Y
	VERY DARK CHOC 73% ORG V	17754	100g	12	2.59	Y
	SEED & BEAN					
	DARK CHOC COCONUT & RASP ORG V	20810	85g	8	2.69	Y
	MOO FREE					
	MINI MOOS BUNNYCOMB BAR GF V	23266	25g	15	0.93	Y
	ORIGINAL MOO FREE CHOC GF ORG V	24063	100g	12	2.98	Y
	EQUAL EXCHANGE					
	DARK CHOC ALMOND FT ORG	24840	100g	12	2.79	Y
	DARK CHOC RASP FT V ORG	24838	100g	12	2.79	Y
	EXTREME DK CHOCFT ORG V	24839	80g	14	2.79	Y


CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	RAW HALO					
	DARK & MINT CHOC BAR ORG V	23976	33g	20	2.79	Y
	DARK & NIBS CHOC BAR ORG V	23973	35g	20	2.79	Y
	DARK GINGER & PECAN CHOC ORG V	23977	35g	20	2.79	Y
	DARK LEMON & PINK SALT CHOC ORG	23978	33g	20	2.79	Y
	DARK SWEET ORANGE CHOC BAR ORG	23975	33g	20	2.79	Y
	MYLK & CRISPIES CHOC BAR ORG	23966	35g	20	2.79	Y
	MYLK & PINK HIMALAYA SALT ORG	23969	32g	20	2.79	Y
	MYLK CINNAMON & RAISIN CHOC ORG	23971	33g	20	2.79	Y
	MYLK GOJI BERY VAN CHOC BAR ORG	23967	33g	20	2.79	Y
	PURE DARK CHOC BAR ORG V	23972	35g	20	2.79	Y
	PURE MYLK CHOC BAR ORG V	23965	35g	20	2.79	Y
✘	ALMIGHTY					
	GOLDEN BLONDE MOCOLATE BAR ORG	24446	30g	12	2.55	Y
✘	CHOCOLATE TREE KITCHEN					
	BRAMBLE & CARDAMOM CHOC ORG V	24533	100g	10	3.50	Y
	FRUIT & NUT MILK CHOC ORG	24536	100g	10	3.50	Y
	GINGER CHOC 75% ORG V	24682	100g	10	3.50	Y
	HAGGIS SPICE DARK CHOC ORG V	24534	100g	10	3.50	Y
	MAPLE & PECAN CHOC ORG V	24683	100g	10	3.50	Y
	PEPPERMINT DARK CHOC ORG V	24530	100g	10	3.50	Y
	RASPBERRY DARK CHOC ORG V	24531	100g	10	3.50	Y
	ROSE & VANILLA WHITE CHOC ORG	24537	100g	10	3.50	Y
	SALT CARAMEL DARK CHOC ORG V	24532	100g	10	3.50	Y
	STRAWBERRY & PEPPER CHOC ORG V	24684	100g	10	3.50	Y
	TURKISH COFFEE CHOC 74% ORG V	24626	100g	10	3.50	Y
	WINTERSPICE CHOC ORG V	24627	100g	10	3.50	Y
	SO FREE					
	60% DARK CHOC MINT V GF ORG	24556	80g	12	2.74	Y
	67% DARK CHOC COCO SUG V G OR	24558	80g	12	2.74	Y
	72% DARK CHOC NO SUGAR V GF	24559	80g	12	2.74	Y
	87% DK CHOC G V ORG	24549	80g	12	2.74	Y
	DARK HEMP CHOC NO SUGAR V GF	24561	80g	12	2.74	Y
	DARK MINT CHOC NO SUGAR V GF	24562	80g	12	2.74	Y
	MILK CHOC ALT 45% V GF ORG	24557	80g	12	2.74	Y
	WHITE CHOC ALT GF V ORG	24528	70g	12	2.74	Y
	EAT YOUR HAT					
	DARK CHOC & MANDARIN FT V OR	24752	91g	10	3.95	Y
	DARK CHOC TURMERIC & PEPP FT V	24893	91g	10	3.95	Y
	DARK CHOCOLATE 70% FT V ORG	24750	91g	10	3.95	Y

COFFEE - BEANS, GROUND & INSTANT	All our is coffees are suitable for vegans. <i>Please see our main pricelist for full details.</i>
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BEVERAGES	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
✘	WHOLE EARTH					
	NOCAF ORG V	5739	100g	9	2.99	N
	WAKE CUP (HOT GUARANA DRINK) V	1742	125g	9	3.94	N
	PREWETT'S					
	CHICORY DRINK GF ORG V	21751	100g	6	3.00	N
	BARLEYCUP					
	BARLEYCUP GRANULES V	13143	200g	6	5.07	N
	BARLEYCUP ORGANIC V	14039	100g	6	3.92	N
	BARLEYCUP POWDER SMALL JARS V	13141	100g	6	2.80	N
	BARLEYCUP POWDER V	138	200g	6	4.93	N
	CHICORY CUP GF ORG V	24100	100g	6	4.13	N
	CLIPPER					
	DRINKING CHOC SUPER COSY FT V	21911	250g	6	3.05	N
	DIVINE					
	DRINKING CHOCOLATE FT V	16321	400g	6	4.35	N
	SWEET FREEDOM					
	CHOC SHOT COCONUT GF V	23524	320G	6	4.48	N
	CHOC SHOT LIQUID HOT CHOC GF V	23522	320G	6	4.48	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CHOC SHOT ORANGE SPICE GF V	23523	320g	6	4.48	N
	HASSLACHER'S					
	HOT DRINKING CHOC BLOCK 9	24232	250g	19	5.65	N
	A.VOGEL					
	BAMBU JARS ORG V	5481	100g	6	5.26	N
✘	CHOCOLATE TREE KITCHEN					
	HOT CHOC TRAD DARK 64% ORG V	24535	160g	6	6.95	N
	HOT CHOCOLATE HAZELNUT ORG V	24628	180g	6	6.95	N
CONDIMENTS	BIONA					
	TOMATO KETCHUP ORG NAS	24633	320g	6	2.69	N
	WORCESTER SAUCE V GF ORG	20906	140ml	6	3.69	N
	GEO WATKINS					
	MUSHROOM KETCHUP V	8119	170ml	8	2.38	N
✘	HIGHLAND WHOLEFOODS					
	COARSE SEA SALT	16933	1kg	6	2.65	N
	FINE SEA SALT	16934	1kg	6	1.95	N
	SEA SALT COARSE	6251	500g	6	1.60	N
	SEA SALT FINE	6252	500g	6	1.29	N
	KITCHEN GARDEN					
	CHILLI PASTE ORG V	23045	135g	6	2.52	N
	FRESH GARLIC MINCED FT ORG V	23047	135g	6	3.60	N
	FRESH MINCED GINGER PASTE FT ORG	23046	135g	6	2.41	N
	MALDON					
	SEA SALT FLAKY CRYSTALS	9566	250g	12	2.85	N
	SMOKED SEA SALT	19354	125g	12	2.35	N
	MERIDIAN					
	TOMATO KETCHUP ORG GF V	10368	285g	6	2.30	N
	GRANOVITA					
	BROWN SAUCE GF ORG V	12050	275g	6	2.15	N
	MAYOLA EGG FREE MAYO (SQZ) GF	19841	280g	6	2.25	N
	GEO ORGANICS					
	ATLANTIC SEA SALT ORG	13496	250g	6	1.35	N
	ATLANTIC SEA SALT SHAKER ORG	22285	500g	6	2.69	N
	ESSENTIAL					
	DIJON MUSTARD ORG V	13533	1kg	1	8.40	N
	DIJON MUSTARD ORG V	16530	200g	6	2.35	N
	WHOLEGRAIN MUSTARD ORG V	13538	1kg	1	6.95	N
	WHOLEGRAIN MUSTARD ORG V	16531	200g	6	2.15	N
	AL'FEZ					
	PRESERVED LEMONS V	19829	140g	6	3.52	N
	RAS EL HANOUT RUB V	15689	42g	6	2.25	N
	SUMAC V	15686	38g	6	2.21	N
	ZAHTAR LEBANESE SEASONING V	15687	38g	6	2.25	N
	GREAT BRITISH SAUCE CO.					
	TOM & HABANERO CHILLI SAUCE V	24208	320g	6	2.65	N
	A.VOGEL					
	HERBAMARE HERB SALT GF ORG V	20871	125g	6	2.97	N
	HERBAMARE HERB SALT GF ORG V	16081	250g	6	4.18	N
	HERBAMARE SPICY GF ORG V	24178	125g	6	2.55	N
	SEASON					
	SEA SALT COARSE 10kg SACK	23574	10kg	1	11.18	Y
	SEA SALT FINE SACK	726	25kg	1	20.55	N
	CORNISH SEA SALT					
	CORNISH SEA SALT CHEFS TUB	19379	500g	6	4.83	N
	THE SALT SELLER					
	HIMALAYAN PINK SALT COARSE	21427	300g	6	3.08	N
	HIMALAYAN PINK SALT FINE	21428	300g	6	3.08	N
	DROGHERIA & ALIMENTARI					
	BLACK PEPPERCORNS GRINDER	23185	45g	6	1.89	N
	PINK HIMALAYAN SALT GRINDER	22023	90g	6	1.79	N
	RED SEA SALT GRINDER	23921	90g	6	2.39	N
	OLIVES ET AL					
	DUKKAH SPICE BLEND V	22646	90g	6	4.49	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PRESERVED LEMONS MORROCAN STYLE	23738	400g	6	5.73	N
	GEO ORGANICS					
	SWEET CHILLI SAUCE ORG V	22794	260g	6	2.89	N
	THAI TASTE					
	TAMARIND PASTE GF V	23446	130g	6	2.29	N
	THAI VEGAN FISH SAUCE GF	24659	180ml	6	2.13	N
	ISLE OF SKYE SEA SALT					
	ISLE OF SKYE SEA SALT 150g	23922	150g	6	8.06	N
	ISLE OF SKYE SEA SALT 1kg	23924	1kg	1	27.42	N
	ISLE OF SKYE SEA SALT 75g	23923	75g	12	5.33	N
CONVENIENCE FOOD, AMBIENT	BIONA					
	ADUKI BEANS TINNED ORG V	24196	400g	6	1.15	N
	BAKED BEANS TOM SAUCE ORG V	12014	420g	6	1.25	N
	BLACK BEANS TINNED ORG V	23909	400g	6	1.09	N
	COCONUT MILK ORG V	21011	400ml	6	2.21	N
	PIZZA BASES MINI ORG V	23832	300g	10	2.59	N
	BLUE DRAGON					
	SPRING ROLL WRAPPERS V	13977	134g	12	1.16	N
	GRANOSE					
	BURGER MIX CHARGRILL STYLE V	19278	120g	6	2.01	N
	GRANOVITA					
	NUT LUNCHEON ORIGINAL TIN V	15183	420g	12	2.55	N
	JUST WHOLEFOODS					
	FALAFEL MIX ORG V	1580	120g	6	1.39	N
	HUMMUS MIX ORG V	13770	125g	6	1.39	N
	SAGE & ONION STUFFING ORG V	12794	125g	6	1.29	N
	VEGETARIAN BANGER MIX ORG V	6960	125g	6	1.39	N
	VEGETARIAN BURGER MIX ORG V	6959	125g	6	1.39	N
	ORGRAN					
	FALAFEL MIX GF V	19952	200g	8	2.59	N
	SUMA					
	BAKED BEANS W'VEGAN BURGER	24845	400g	12	1.99	N
	BAKED BEANS W'VEGAN SAUSAGE	24122	400g	12	2.00	N
	BORLOTTIS CANS V	7389	400g	12	0.80	N
	BUTTER BEANS CANS V	755	400g	12	0.75	N
	CANNELLINIS CANS V	7388	400g	12	0.80	N
	GREEN LENTILS ORG CANS V	12076	400g	12	1.09	N
	ITALIAN BLACK CHICKPEAS ORG	24639	400g	12	1.09	N
	NUT ROAST MIX V GF	24922	1kg	1	10.43	N
	WHOLE EARTH					
	BAKED BEANS CANS ORG V	8789	420g	12	1.19	N
	ESSENTIAL					
	APPLE PUREE JARS ORG V	13733	360g	6	1.50	N
	APPLE PUREE JARS ORG V	13732	700g	6	2.25	N
	BAKED BEANS TOM SAUCE JAR ORG V	13718	350g	6	1.55	N
	BAKED BEANS TOM SAUCE ORG V	19225	400g	6	1.00	N
	BORLOTTI BEANS CANS ORG V	17139	400g	6	0.89	N
	BUTTER BEANS CANS ORG V	15319	400g	6	1.09	N
	CANNELLINI BEANS CANS ORG V	19679	400g	6	0.95	N
	CHICK PEAS CATERING SIZE ORG V	18957	2.6kg	1	5.60	N
	CHICKPEAS CANS ORG V	13173	400g	6	0.99	N
	MANGO CHUNKS IN JUICE ORG V	13547	400g	6	2.29	N
	MIXED BEANS CANS ORG V	13175	400g	6	1.09	N
	MIXED BEANS CATERING TIN ORG V	20459	2.6kg	1	5.33	N
	ONION GRAVY POWDER GF ORG V	23366	125g	6	2.49	N
	PAPAYA CHUNKS IN JUICE ORG V	18739	400g	6	1.99	N
	PINEAPPLE CHUNKS IN JUICE ORG V	13549	400g	6	2.29	N
	PUY STYLE LENTILS CAN V	13495	400g	6	0.99	N
	RED KIDNEY BEANS CANS ORG V	13177	400g	6	1.05	N
	SOSMIX ESSENTIAL BULK V	20255	5kg	1	37.65	N
	SOSMIX ESSENTIAL PLAIN 350g V	20256	350g	6	3.06	N
	TROPICAL FRUIT COCKTAIL CAN ORG	13548	400g	6	2.29	N
	YOUNG JACKFRUIT SALTWATER ORG V	24389	400g	6	2.99	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	MARIGOLD					
	BRAISED TOFU CANS V	13155	225g	12	2.49	N
	GRAVY POWDER ORG V	23070	110g	6	2.20	N
	INSTANT GRAVY GRANULES GF V	24372	170g	6	1.59	N
	ST DALFOUR					
	3 BEAN SALAD RING PULL+FORK V	14979	175g	6	2.60	N
	WGRN&BEAN SALAD RINGPULL+FORK V	15750	175g	6	2.60	N
	HIGHLAND WHOLEFOODS					
	SOSMIX 1KG V	24339	1kg	6	8.75	N
	SOSMIX 3KG V	24340	3kg	4	23.95	N
	SOYA CHUNKS V	14650	250g	6	2.05	N
	SOYA CHUNKS V	23709	3kg	4	10.08	N
	SOYA MINCE V	14651	250g	6	1.75	N
	SOYA MINCE V	23346	3kg	4	11.27	N
	TVP MINCE PLAIN ORG V	17652	250g	6	2.62	N
	AL'FEZ					
	FALAFEL MIX AL'FEZ V	15694	150g	12	1.22	N
	HARISSA SPICED COUSCOUS V	21831	200g	12	1.49	N
	MOROCCAN SPICED COUSCOUS V	19830	200g	12	1.49	N
	TABOULEH AL'FEZ V	15695	150g	12	1.49	N
	FREE & EASY					
	CHEESE FLAVOUR SAUCE MIX V GF	16551	130g	6	1.79	N
	CHICKPEA & VEG CURRY ORG V	16656	400g	6	2.09	N
	GRAVY POWDER G V	16552	130g	6	1.65	N
	THREE BEAN CHILLI CANS ORG V	16657	400g	6	2.09	N
	VEG BALTI TIN READY MEAL GF ORG	24183	400g	6	2.09	N
	ODYSEA					
	FLAME ROASTED RED PEPPERS V	28503	450g	6	2.75	N
	GIANT BEANS TOM SAUCE JAR V	16411	355g	4	3.67	N
	BLUE DRAGON CHINESE					
	TOFU FIRM SILKEN V	15542	349g	12	1.82	N
	GEO ORGANIC					
	BOMBAY POTATOES TIN V ORG	24850	400g	6	2.15	N
	CHICKPEA APRICOT TAGINE V ORG	24932	400g	6	1.99	N
	CHICKPEA LENTIL DHAL TIN V ORG	24851	400g	6	2.20	N
	COCONUT KALE DAHL V ORG	24930	400g	6	2.10	N
	EDAMAME BEANS IN WATER V	23359	400g	6	2.05	N
	LENTILS BLACK BELUGA ORG V	23362	400g	6	1.89	N
	MOROCCAN CHICKPEA TAG V ORG	24933	400g	6	2.10	N
	TASTY TADKA DAHL V ORG	24931	400g	6	1.99	N
	VEGETABLE HOTPOT TIN V ORG	24852	400g	6	2.15	N
	COOKS&CO					
	GREEN FIGS IN SYRUP V	20521	820g	6	2.45	N
	CLEARSPRING					
	BROWN & WILD RICE 90SECS GF ORG	23553	250g	5	2.99	N
	QUINOA TRIO 90 SECS GF ORG V	23554	250g	5	3.45	N
	TOFU SILKEN & SMOOTH ORG V	20937	300g	12	1.95	N
	ARTISAN GRAINS					
	4 GRAIN COUS COUS V	23130	200g	6	1.85	N
	CASHEW & CRANBERRY NUT ROAST GF	23280	200g	6	2.99	N
	COUNTRY VEG NUT ROAST V	22111	200g	6	2.88	N
	FREEKEH WH MICROWAVE POUCH V	24203	250g	6	1.65	N
	GREENWHEAT FREEKEH V	21992	200g	6	2.16	N
	MEDITERRANEAN NUT ROAST V	22112	200g	6	2.88	N
	PEARL COUSCOUS V	21995	250g	6	1.84	N
	QUINOA ARTISAN GRAINS V	21996	220g	6	2.59	N
	QUINOA MICROWAVE POUCH V	24204	250g	6	2.00	N
	TRICOLOUR COUSCOUS V	21993	200g	6	1.85	N
	TRICOLOUR QUINOA V	24091	200g	6	2.59	N
	WHOLEWHEAT BULGAR V	23132	200g	6	1.05	N
	PEP UP LIFE					
	SPROUTING MIX ORG MIX1 V	24348	80g	10	3.30	N
	SPROUTING MIX ORG MIX2 V	24349	80g	10	3.30	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	AMAIZIN					
	RICE PAPER V G ORG	24817	110g	12	1.89	N
	BULK					
	SOYA CHUNKS SACK V 10KG	802	10kg	1	33.40	N
	SOYA MINCE SACK V 15KG	800	15kg	1	53.65	N
JUICE CONCENTRATES & CORDIALS	BOTTLE GREEN					
	ELDERFLOWER CORDIAL V	24827	500ml	6	4.46	Y
	GINGER LEMONGRASS CORDIAL V	24828	500ml	6	4.46	Y
	SPICED BERRY CORDIAL V	24966	500ml	6	4.46	Y
	SUMMER RASPBERRY CORDIAL V	24829	500ml	6	4.46	Y
	ROCKS					
	APPLE JUICE CONC ORG V	21318	360ml	6	4.49	Y
	BLACKCURRANT SQUASH ORG V	13836	740ml	6	3.49	Y
	LEMON SQUASH ORG V	12399	740ml	6	3.49	Y
	ORANGE SQUASH ORG V	12400	740ml	6	3.49	Y
	THORNCROFT					
	DETOX (WELLBEING) CORDIAL V	22609	330ml	6	4.35	Y
	ELDERFLOWER CORDIAL V	22610	330ml	6	3.46	Y
	NETTLE (WELLBEING) CORDIAL V	22612	330ml	6	3.46	Y
	PINK GINGER CORDIAL V	22613	330ml	6	3.15	Y
	BELVOIR					
	BLUEBERRY & BLACKCURRANT CORDIAL	21945	50cl	6	4.50	Y
	ELDERFLOWER CORDIAL ORG V	17892	500ml	6	4.96	Y
	GINGER CORDIAL ORG V	13742	500ml	6	4.96	Y
	SUMA					
	APPLE CONCENTRATE ORG V (CHILL)	22296	5lt	1	51.00	Y
	APPLE CONCENTRATE V (CHILL)	18988	5lt	1	45.98	Y
DESSERTS	PROVAMEL					
	CARAMEL DESSERT POTS ORG V	19059	4x125g	6	2.09	N
	CHOCOLATE DESSERT POTS V	21006	4x125g	6	2.09	N
	VANILLA DESSERT POTS V	21010	4x125g	6	2.09	N
	CLEARSPRING					
	AMAZAKE MILLET GF ORG V	22696	370g	6	3.89	N
	APPLE & MANGO PUREE GF ORG V	23512	2x100g	12	1.49	N
	FRUIT ONTHE GO APPLE & BLUE ORG	24193	120g	8	0.99	N
	FRUIT ONTHE GO APPLE & MANGO ORG	24194	120g	8	0.99	N
	FRUIT ONTHE GO PEAR PUREE ORG	24195	120g	8	0.99	N
DESSERTS, TO PREPARE	JUST WHOLEFOODS					
	CUSTARD POWDER V	1111	100g	12	1.20	N
	JELLY CRYSTALS LEMON V	110	85g	12	1.33	N
	JELLY CRYSTALS RASPBERRY V	566	85g	12	1.30	N
	JELLY CRYSTALS STRAWBERRY V	109	85g	12	1.33	N
	JELLY CRYSTALS TROPICAL FRUIT	108	85g	12	1.15	N
DRINKS ALCOHOLIC	WINES					
	ADOBE CHARDONNAY ORG V	23743	75cl	6	10.99	Y
	BLANC ORG V	20907	75cl	12	10.35	Y
	BUENAS ONDAS MALBEC ORG V	15122	75cl	12	9.70	Y
	CAMINO TINTO TEMPRANILLO ORG	22002	75cl	6	9.79	Y
	CARMENERE CAB-SAUVIGNON ORG	16022	75cl	6	13.39	Y
	CHAMPAGNE FAUST ORG V	24418	75cl	6	33.75	Y
	CHARDONNAY HALF BOT ORG V	22966	37.5cl	24	7.75	Y
	CHENIN STELLAR NAT.STAR FT ORG	16837	75cl	12	10.45	Y
	CHIANTI TENUTA ORG V	22595	70cl	12	13.99	Y
	DOMAINE DE PAJOT ORG V	15382	75cl	12	10.50	Y
	DRAGORA SYRAH ORG V	22958	75cl	6	9.98	Y
	GABRIEL-MERLOT ORG V	13986	75cl	12	11.38	Y
	LIVE-A-LITTLE RED FT ORG V	17488	75cl	6	10.45	Y
	MALBEC JEAN BOUSQUET ORG V	20720	75cl	12	14.92	Y
	NO ADD SULPHUR CAB SAUV FT ORG	28502	75cl	6	10.93	Y
	NO ADDED SULPHUR MERLOT ORG	18430	75cl	12	11.16	Y
	PETRO VASELO V	24138	75cl	6	9.99	Y
	RIOJA CRIANZA ORG V	21836	75cl	12	15.81	Y

All our wines & beers are suitable for vegans

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	RUNNING DUCK MERLOT V FT OR	21267	75cl	6	10.89	Y
	SOAVE BORGOLETTI ORG V	17099	70cl	12	11.89	Y
	SPUMANTE PROSECCO BRUT V	21536	75cl	6	15.69	Y
	TOUCHSTONE CHARDONNAY V	16011	75cl	12	11.02	Y
	TOUCHSTONE MERLOT V	16014	75cl	12	10.99	Y
	TOUCHSTONE PINOT GRIGIO ORG	17485	75cl	12	11.31	Y
	VDP DES BOUCHES D RHONE LNGCHMP	15080	75cl	6	11.38	Y
	WILD THING MERLOT ORG V	20891	75cl	6	10.70	Y
	WILD THING SAUVIGNON BLANC ORG	20890	75cl	6	10.70	Y
	DUNKERTONS CIDER					
	BLACK FOX CIDER ORG V	14867	500ml	12	3.12	Y
	PREMIUM CIDER ORG V	14868	500ml	12	2.97	Y
✘	HEATHER ALE					
	FRAOCH HEATHER ALE V	9084	500ml	12	2.49	Y
	GROZET GOOSBERRY ALE LARGE	13516	500ml	12	2.05	Y
	JOKER IPA V	24146	500ml	12	2.49	Y
	KELPIE SEAWEED ALE LARGE V	14215	500ml	12	2.41	Y
	SEVEN GIRAFFES V	24145	500ml	12	2.49	Y
✘	ISLE OF SKYE BREWERY					
	SKYE BLACK ALE V	10373	500ml	12	3.25	Y
	SKYE GOLD ALE V	10374	500ml	12	3.25	Y
	SKYE RED ALE V	10372	500ml	12	3.15	Y
✘	ORKNEY BREWERY					
	CORNCRAKE ALE V	21803	500ml	8	2.95	Y
	DARK ISLAND BEER V	9949	500ml	12	3.09	Y
	ORKNEY GOLD V	23617	330ml	24	2.00	Y
	RED MACGREGOR BEER V	9950	500ml	12	2.95	Y
✘	BLACK ISLE BREWERY					
	GOLDENEYE BEER 5.6% V	22174	330ml	24	2.45	Y
	GOLDFINCH GF V	24294	330ml	24	2.29	Y
	LAGER BLONDE ORG V	17696	330ml	24	2.36	Y
	PORTER ALE ORG V	24358	330ml	24	2.39	Y
	RED KITE BEER ORG V	17695	330ml	24	2.35	Y
	YELLOWHAMMER BITTER ORG V	24357	330ml	24	2.28	Y
	WESTONS					
	WYLD WOOD CIDER ORG 6% V	13059	500ml	12	3.23	Y
	ASPALLS					
	DRY PREMIER CRU SUFFOLKCYDER	18800	500ml	12	3.00	Y
	SUFFOLK CYDER ORG V	12583	500ml	12	3.24	Y
✘	BEER SCOTLAND					
	IPA WOOHA V	23759	500ml	12	3.00	Y
	LAGER WOOHA V	23756	500ml	12	2.83	Y
	PORTER WOOHA V	23758	500ml	12	2.83	Y
	WHEAT BEER WOOHA V	23757	500ml	12	3.00	Y
	FENTIMANS					
	BLOOM GIN & ROSE LEMONADE V	23587	275ml	12	3.40	Y
	GIN AND TONIC V	22713	275ml	12	3.93	Y
	HOLLOWS ALC 4% GINGER BEER GF	24205	330ml	12	1.88	Y
	HOLLOWS ALC 4% GINGER BEER GF	21731	500ml	8	2.99	Y
	HOLLOWS SPICE GING BEER 4% GF	24206	330ml	12	1.88	Y
	DAAS					
	DAAS BLONDE LAGER GF V	22171	330ml	24	3.10	Y
✘	SPEYSIDE CRAFT BREWERY					
	BOTTLENOSE AMBER V	24571	330ml	12	2.25	Y
	BOW FIDDLE BLONDE V	24572	330ml	12	2.25	Y
	FINDHORN KILLER IPA V	24648	330ml	12	2.58	Y
	MORAY IPA V	24573	330ml	12	2.40	Y
	RANDOLPH'S LEAP LAGER V	24574	330ml	12	2.80	Y
✘	THISTLY CROSS CIDER					
	TRAD THISTLY CROSS CIDER	24216	500ml	12	3.28	Y

ESSENTIAL OILS

All our essential oils are suitable for vegans. *Please see our main pricelist for full details.*

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT	
FLOURS, WHEAT	DOVES FARM						
	BIO BAKE STRONG WHITE ORG V	263	25kg	1	32.23	N	
	BIOBAKE STRONG WHITE FLOUR ORG	10824	16kg	1	22.50	N	
	BREAD FLOUR 100% WHOLEMEAL ORG	240	25kg	1	29.02	N	
	BREAD FLOUR 100% WMEAL ORG	242	1.5kg	5	1.99	N	
	FINE PLAIN WHOLEMEAL FLOUR ORG	2873	1kg	5	1.45	N	
	KAMUT (KHORASAN) FLOUR ORG	18687	1kg	5	4.49	N	
	MALTHOUSE 85% ORG	255	1kg	5	1.75	N	
	MALTHOUSE FLOUR ORG V	8101	25kg	1	38.39	N	
	PASTA FLOUR ORG 16KG	24707	16kg	1	18.77	N	
	PLAIN FLOUR GF 16KG	24708	16kg	1	27.00	N	
	PLAIN WHITE FLOUR ORG V	2314	25kg	1	32.50	N	
	PLAIN WHITE FLOUR ORG V	1510	1kg	5	1.55	N	
	SELF RAISING FLOUR WHITE ORG	1511	1kg	5	1.59	N	
	SELF RAISING WHITE ORG V	10864	25kg	1	33.30	N	
	SELF RAISING WHOLEMEAL ORG	5940	1kg	5	1.50	N	
	STRONG UNBLEACHED WHITE ORG	1767	1.5kg	5	2.05	N	
	WHITE BREAD FLOUR GF 16KG	24709	16kg	1	27.00	N	
	✠	GOLSPIE MILL					
		BREADFLOUR WHOLEMEAL ORG V	9589	25kg	1	56.65	N
		BREADFLOUR WW ORG V GOLSPIE	10873	1kg	8	2.69	N
		MARRIAGE'S					
		COUNTRY FAYRE STRONG MALT BB ORG	23211	1kg	6	1.27	N
		FINEST PLAIN FLOUR V	21830	1.5kg	5	1.73	N
		FINEST STRONG WHITE FLOUR V	5904	1.5kg	5	1.85	N
		LIGHT BROWN SELF RAISING ORG	23215	1kg	6	1.23	N
		LIGHT SPELT FLOUR	23615	1kg	6	1.99	N
		PLAIN WHITE FLOUR ORG	23210	1kg	6	1.12	N
		SELF RAISING WHITE ORG	23349	1kg	6	1.12	N
	STRONG WHITE FLOUR ORG	23372	1kg	6	1.19	N	
	STRONG WHOLEMEAL BREAD ORG	23212	1kg	6	1.19	N	
	VERY STRG WHOLEMEAL100% CANAD	15673	1.5kg	5	1.95	N	
	VERY STRONG WHITE 100% CANADIAN	14955	1.5kg	5	1.95	N	
	SHIPTON MILL						
	100% WHOLEMEAL FLOUR ORG 16KG	12720	16kg	1	21.10	N	
	100% WHOLEMEAL FLOUR ORG 2.5KG	12721	2.5kg	5	3.49	N	
	ITALIAN WHITE TYPE 00 FLOUR	23624	1kg	6	1.95	N	
	LIGHT MALTHOUSE FLOUR ORG	12727	16kg	1	25.69	N	
	STG WHITE BREAD FLOUR ORG No4	12730	16kg	1	19.42	N	
	STONEGRND WHOLEMEAL FLOUR ORG	12732	1kg	6	1.45	N	
	TRAD STRONG WHITE FLOUR ORG	12728	2.5kg	5	3.69	N	
	TRAD WHITE BREAD FLOUR ORG	12590	1kg	6	1.39	N	
	WHITE FLOUR STANDARD ORG 16KG	12723	16kg	1	20.05	N	
	N.R.STOATE & SONS						
	MALTSTAR FLOUR ORG	15792	8kg	1	16.25	N	
	STRONG WHITE FLOUR ORG	15793	8kg	1	13.52	N	
	BACHELDRE WATERMILL						
	RUSTIC COUNTRY BREAD FLOUR ORG	23745	1kg	4	2.37	N	
	SG PLAIN UNBL WHITE FLOUR ORG	18973	1.5kg	4	2.64	N	
	SG STRONG 100% WMEAL FLOUR ORG	18972	1.5kg	4	2.64	N	
	SG STRONG MALTED 5 SEED ORG	18976	1.5kg	4	4.39	N	
	SG STRONG MALTED BLND FLOUR ORG	18977	1.5kg	4	2.85	N	
	SG STRONG UNBL WHITE FLOUR ORG	18157	1.5Kg	4	2.64	N	
	GILCHESTERS ORGANICS						
	STRONG WHITE WHEAT FLOUR ORG	19929	1.5kg	6	3.35	N	
	WHOLE SPELT FLOUR 100% SG ORG	21565	1.5kg	6	4.33	N	
	CARR'S						
	MALTED BROWN (FIBRESUM 66) FLOUR	276	16kg	1	24.52	N	
	SELF RAISING UNBLEACHED WHITE	20378	16kg	1	21.65	N	
	✠						
	MUNGOSWELLS						
	FARMMILLED WHITE PLAIN FLOUR ORG	24334	1.5kg	6	3.31	N	
FLOURS & MEALS, OTHER	DOVES FARM						
	BROWN BREAD FLOUR GF	15298	1kg	5	2.50	N	

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	BUCKWHEAT FLOUR	21641	1kg	5	3.49	N
	EINKORN FLOUR ORG	21075	1kg	5	3.25	N
	EMMER WHOLEMEAL FLOUR ORG	24261	1kg	5	3.39	N
	GLUTEN FREE PLAIN WHITE FLOUR	10229	1kg	5	2.35	N
	GLUTEN FREE WHITE SR FLOUR WF	20168	1kg	5	2.35	N
	GRAM FLOUR GF	5736	1kg	5	2.49	N
	PASTA FLOUR ORGANIC	6829	1kg	5	1.79	N
	PIZZA BASE MIX GF V	24526	350g	5	2.55	N
	RICE FLOUR GF	5737	1kg	5	1.85	N
	RYE FLOUR ORG	262	1kg	5	1.79	N
	RYE FLOUR WHOLEMEAL	14962	25kg	1	25.00	N
	SELF RAISING WHITE GF	19792	16kg	1	29.50	N
	SPELT FLOUR WHOLE DF	22949	25kg	1	43.75	N
	SPELT FLOUR WW ORG	2621	1kg	5	2.95	N
	WHITE BREAD FLOUR GF	15213	1kg	5	2.35	N
	WHITE RYE FLOUR ORG	23437	1kg	5	1.95	N
	WHITE SPELT FLOUR ORG	17799	1kg	5	3.39	N
✘	GOLSPIE MILL					
	BROSEMEAL OR PEASEMEAL	271	25kg	1	82.33	N
	BROSEMEAL OR PEASEMEAL	10658	1kg	8	4.38	N
	RYE FLOUR ORG	12605	25kg	1	55.80	N
	RYE FLOUR ORG	12623	1kg	8	2.69	N
	SHIPTON MILL					
	BROWN RICE FLOUR V G ORG	24743	750g	6	2.62	N
	CHESTNUT FLOUR GF ORG	20427	500g	6	7.13	N
	SPELT FLOUR WHOLE SHIPTON ORG	13616	25kg	1	49.40	N
	THREE MALT & SUNFLR BROWN ORG	12344	1kg	6	1.55	N
✘	HIGHLAND W/FOODS ORGANIC					
	SOYA FLOUR ORG	9486	500g	6	3.35	N
	ESSENTIAL					
	MAIZE FLOUR ORG	6180	500g	6	1.42	N
	TRIPLE LION					
	CORNMEAL FINE	17500	1.5kg	6	2.34	N
	BACHELDRE WATERMILL					
	STONEGROUND RYE FLOUR ORG	18974	1.5kg	4	3.45	N
	INFINITY					
	BUCKWHEAT FLOUR GF ORG	22144	500g	6	3.76	N
	POLENTA FLOUR GF ORG	24246	500g	6	2.97	N
	TAPIOCA FLOUR GF ORG	19770	500g	6	2.93	N
	OSPIRO					
	SEMOLINA WHITE	389	3kg	4	4.25	N
	GILCHESTER ORGANICS					
	PIZZA & CIABATTA FLOUR ORG	19850	1.5kg	6	3.68	N
	SEMOLINA FLOUR STONEGRND ORG	21627	500g	6	2.14	N
	SUMA					
	POTATO FLOUR	22551	500g	6	1.86	N
✘	BARONY MILLS					
	ORKNEY BEREMEAL COARSE 3KG	24662	3kg	3	10.83	N
	ORKNEY BEREMEAL FINE 1.5kg	23048	1.5kg	6	5.83	N
	ORKNEY BEREMEAL FINE 25KG	23881	25kg	1	82.50	N
	ORKNEY BEREMEAL FINE 3KG	24660	3kg	3	10.83	N
	ORKNEY BEREMEAL FINE 750g	23049	750g	12	3.92	N
	ORKNEY BEREMEAL MED 3KG	24661	3kg	3	10.83	N
	COOL CHILE CO.					
	MASA HARINA FOR TORTILLAS	24444	500g	6	3.15	N
	BIONA					
	COCONUT FLOUR ORG	24668	500g	12	3.99	N
FOOD FLAVOURINGS & BAKING	BIONA					
	STEM GINGER IN SYRUP ORG V	21007	330g	6	8.03	N
	BLUE DRAGON					
	COCONUT CREAM V	21056	250ml	12	1.80	N
	COCONUT MILK MINI CANS V	15855	165ml	24	0.83	N
	COCONUT MILK TINS 400ml V	2435	400ml	12	1.84	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CREAMED COCONUT BLOCK V	17517	200g	12	1.75	N
	REDUCED FAT COCONUT MILK CANS	13162	400ml	12	1.84	N
	CERTO					
	LIQUID PECTIN 250ml V	2436	250ml	6	2.45	N
	LITTLE POD					
	PURE BOURBON VANILLA EXTRACT	24801	100ml	6	17.35	N
	JUST WHOLEFOODS					
	BREADCRUMBS WHOLEMEAL ORG V	9764	175g	6	1.29	N
	VEGESET (SETTING AGENT) GF V	20883	25g	10	1.90	N
	KHYBER					
	VEGETABLE GHEE V	14775	908g	1	4.15	N
	ORGRAN					
	NO EGG REPLACER GF V	9809	200g	8	2.69	N
	SUMA					
	VITAL WHEAT GLUTEN V	23179	500g	6	3.36	N
	SUNITA					
	LEMON JUICE IN LEMON SHAPE	6966	200ml	12	1.00	N
	LEMON JUICE ORG V	10887	250ml	12	2.49	N
	LEMON JUICE ORG V	13866	1lt	6	6.59	N
	LIME JUICE LIME SHAPED V	8106	200ml	12	0.99	N
	LIME JUICE ORG V	17147	250ml	12	2.21	N
	CALLEBAUT					
	DARK CHOCOLATE DROPS 53% V	19014	2.5kg	1	28.00	N
✘	HIGHLAND WHOLEFOODS					
	BAKING POWDER GF 500g V	878	500g	1	3.99	N
	BICARBONATE OF SODA 500g V	1112	500g	1	3.12	Y
	CREAM OF TARTAR 500g V	489	500g	1	4.99	N
	GINGER CRYSTALLISED V	24370	3kg	1	30.93	Y
	GINGER CRYSTALLISED V	18007	250g	6	3.12	Y
	GINGER CRYSTALLISED V	14185	500g	6	5.16	Y
✘	HIGHLAND WHOLEFOODS ORGANIC					
	COCOA POWDER ORG V 1KG	24548	1kg	6	9.60	N
	COCOA POWDER ORG V 3KG	12150	3kg	4	20.99	N
	PRIDE					
	CREAMED COCONUT V	1108	200g	40	1.48	N
	ESSENTIAL					
	COCONUT MILK ORG V	18201	400g	6	1.79	N
	CREAMED COCONUT ESSENTIAL ORG	21967	200g	6	1.89	N
	EPICURE					
	STEM GINGER IN SYRUP	24567	350g	6	3.19	N
	STEM GINGER IN SYRUP V	21009	225g	6	2.23	N
	COTSWOLD					
	CAROB POWDER V	1117	250g	10	2.05	N
	BARKAT					
	BAKING POWDER GF V	18941	100g	6	1.69	N
	DOVES FARM					
	BAKING POWDER GF ORG V	20854	1kg	3	4.89	N
	BAKING POWDER GF ORG V	22962	130g	5	1.50	N
	BICARBONATE OF SODA GF V	20855	1kg	3	3.60	Y
	BICARBONATE OF SODA GF V	22961	200g	5	1.60	Y
	CORNFLOUR GF ORG V	20857	1kg	3	5.65	N
	CORNFLOUR GF ORG V	22963	110g	5	1.75	N
	VITAMIN C GF V	22964	120g	6	4.99	Y
	XANTHAN GUM 1kg GF V	20856	1kg	3	16.38	Y
	XANTHAN GUM GF V	22965	100g	5	3.15	Y
	STEENBERGS					
	ORANGE FLOWER WATER ORG V	21065	100ml	6	4.05	N
	PEPPERMINT EXTRACT ORG V	21593	100ml	6	5.05	N
	ROSEWATER ORG V	19734	100ml	6	3.89	N
	CREAM OF TARTAR V	21933	70g	12	2.31	N
	NOEL'S					
	BICARBONATE OF SODA IN JARS	20478	900g	6	3.69	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ISABELS					
	BATTER MIX GLUTEN FREE V	22516	125g	8	2.40	N
	PATAKS					
	CREAMED COCONUT POUCHES V	23006	200g	12	1.90	N
	AMAIZIN					
	COCONUT MILK ORG V 200ml	23593	200ml	12	1.51	N
	NATURE'S CHARM					
	EVAPORATED COCONUT MILK V GF	24541	360ml	24	2.14	N
	ESSENTIAL TRADING					
	GINGER CRYSTALISED ORG V	14564	125g	6	1.86	N
	ORGANIC BULK					
	COCOA POWDER ORG V 25KG	12150B	25kg	1	160.25	N
	GINGER CRYSTALISED ORG SO 15KG	19856B	15kg	1	125.85	N
FRUIT & CARBONATED DRINKS	BOTTLE GREEN					
	ELDERFLOWER PRESSE	17682	275ml	12	1.76	Y
	POMEGRANATE & ELDRFL PRESSE	18398	275ml	12	1.76	Y
	BOUVRAGE					
	RASPBERRY JUICE DRINK BOTTLES	9970	250ml	12	1.83	Y
	FENTIMANS					
	BOTANICAL TONIC WATER	24321	500ml	8	2.22	Y
	CURIOSITY COLA	15273	275ml	12	1.39	Y
	CURIOSITY COLA CAN	24613	250ml	24	1.32	Y
	CURIOSITY COLA LARGE BOTTLE	20628	750ml	8	3.10	Y
	DANDELION & BURDOCK	16327	275ml	12	1.39	Y
	DANDELION & BURDOCK LARGE BOTTLE	19857	750ml	8	3.10	Y
	GINGER BEER	6800	275ml	12	1.39	Y
	GINGER BEER LARGE BOTTLE	19858	750ml	8	3.10	Y
	MANDARIN SEVILLE ORANGE JIGGER	15494	275ml	12	1.39	Y
	MEDIT ORANGE TONIC WATER	24718	500ml	8	2.22	Y
	PINK GRAPEFRUIT TONIC WATER	24320	500ml	8	2.22	Y
	ROSE LEMONADE	20627	275ml	12	1.45	Y
	ROSE LEMONADE CAN	24612	250ml	24	1.32	Y
	ROSE LEMONADE LARGE BOTTLE	19859	750ml	8	3.10	Y
	SPARKLING LIME & JASMINE	23830	275ml	12	1.39	Y
	TONIC WATER MIXER SIZE	18698	125ml	24	0.69	Y
	TRADITIONALLY BREWED SHANDY	15495	275ml	12	1.39	Y
	VICTORIAN LEMONADE	6801	275ml	12	1.39	Y
	WILD ELDERFLOWER BOTTLES	23373	275ml	12	1.45	Y
	WILD ENGLISH ELDERFLOWER CAN	24615	250ml	24	1.32	Y
	WILD ENGLISH ELDERFLOWER LRG	24006	750ml	8	3.10	Y
	WHOLE EARTH					
	APPLE SPARKLING CAN ORG	22034	330ml	24	1.29	Y
	COLA CAN ORGANIC	12411	330ml	24	1.29	Y
	CRANBERRY JUICE MOUNTAIN ORG	12522	330ml	24	1.29	Y
	ELDERFLOWER SPARKLG CANS ORG	14261	330ml	24	1.29	Y
	GINGER SPARKLING CAN ORG	14260	330ml	24	1.29	Y
	LEMONADE CAN ORG	12538	330ml	24	1.29	Y
	ORANGE & LEMON SPARKLING CAN ORG	22035	330ml	24	1.29	Y
	BELVOIR					
	ELDERFLOWER & ROSE PRESSE	21948	750ml	6	2.99	Y
	ELDERFLOWER PRESSE ORG	13748	250ml	12	1.56	Y
	ELDERFLOWER PRESSE ORG	13749	750ml	6	3.25	Y
	GINGER BEER ORG	13744	250ml	12	1.39	Y
	GINGER BEER ORG	13745	750ml	6	3.25	Y
	LEMONADE ORG	13747	750ml	6	3.15	Y
	RASPBERRY LEMONADE 250ML	20588	250ml	12	1.66	Y
	RASPBERRY LEMONADE 750ML	23428	750ml	6	3.33	Y
	THE ORGANIC COLLECTION					
	BLUEBERRY SPARKLE ORG	24147	75cl	6	5.45	Y
	BUBBLY BLACKCURRANT ORG	24148	75cl	6	5.45	Y
	RASPBERRY FIZZ ORG	24149	75cl	6	6.45	Y
	SCHECKTERS					
	ENERGY DRINK FT ORG	20992	250ml	12	1.69	Y


CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CAWSTON PRESS					
	SPARKLING CLOUDY APPLE DRINK	23167	330ml	24	1.17	Y
	SPARKLING RHUBARB DRINK CAN	22868	330ml	24	1.17	Y
	KARMA COLA					
	KARMA COLA CAN FT ORG	24060	250ml	24	0.94	Y
	LEMONY LEMONADE CAN FT ORG	24061	250ml	24	0.94	Y
	FRITZ-KOLA					
	FRITZ KOLA DRINK WITH CAFFEINE	23364	330ml	24	1.59	Y
	BRECKLAND ORCHARD					
	GINGER BEER CHILLI POSH POP	23384	275ml	12	1.74	Y
	EQUINOX KOMBUCHA					
	KOMBUCHA GINGER ORG	23527	275ml	20	1.94	Y
	KOMBUCHA ORIGINAL ORG	23530	275ml	20	1.95	Y
	KOMBUCHA RASP & ELDERFLOWER ORG	23531	275ml	20	1.94	Y
	LEMONAID					
	LEMONAID BLOOD ORANGE FT ORG	23861	330ml	24	1.71	Y
	LEMONAID PASSION FRUIT FT ORG	23863	330ml	24	1.71	Y
	BERRIED					
	BLACKCURRANT APP DRINK GLASS	24826	250ml	12	1.52	Y
	BLACKCURRANT APPLE DRINK NAS	24761	250ml	12	1.41	Y
	RASP AND APP DRINK NO SUG	24338	250ml	12	1.41	Y
	RASPBERRY APPLE DRINK GLASS	24824	250ml	12	1.52	Y
	STRAWB APPLE DRINK GLASS	27825	250ml	12	1.52	Y
	STRAWBERRY APPLE DRINK NAS	24762	250ml	12	1.55	Y
	CHARITEA					
	CHARITEA BLACK V FT ORG	24711	330ml	24	1.32	N
	CHARITEA MATE V FT ORG	24713	330ml	24	1.32	N
	CHARITEA RED V FT ORG	24714	330ml	24	1.32	N
	JUICE SHED					
	JUICY FUEL BLUEBERRY COLA	24717	250ml	24	0.67	Y
	JUICY FUEL CHERRY COLA V	24716	250ml	24	0.67	Y
	JUICY FUEL COLA V	24715	250ml	24	0.67	Y
FRUIT JUICES	BIONA					
	APPLE JUICE TETRA ORG	19689	1lt	6	3.69	Y
	CHERRY JUICE PURE TART ORG	20537	1lt	6	4.99	Y
	COCONUT WATER CAN ORG	20536	330ml	12	1.79	Y
	FRESH PRESSED ORANGE JUICE ORG	21564	1lt	6	5.68	Y
	POMEGRANATE JUICE ORG	17999	1lt	6	4.99	Y
	CAWSTON PRESS					
	APPLE & ELDERFLOWER JUICE	20955	1lt	6	3.01	Y
	APPLE & GINGER PREMIUM JUICE	19949	1lt	6	3.01	Y
	APPLE & RHUBARB PREMIUM JUICE	19950	1lt	6	3.01	Y
	FROBISHERS					
	ORANGE JUICE (GLASS)	20581	250ml	24	1.64	Y
	JAMES WHITE					
	GINGER ZINGER SHOT V ORG	24753	70ml	15	1.16	N
	GINGER ZINGER XTRA SHOT	24784	70ml	15	1.25	N
	TURMERIC JUICE ZINGER SHOT	24422	75cl	15	1.25	N
	STUTE					
	APPLE JUICE	10827	1lt	8	1.65	Y
	APPLE JUICE MINIS 5X250	13152	5X250ml	7	2.95	Y
	ORANGE JUICE	10828	1lt	8	1.76	Y
	ORANGE JUICE MINIS 5X250ml	13147	5x250	7	2.95	Y
	ORANGE JUICE VALUE PACK SIZE	19171	1.5lt	8	2.34	Y
	RED GRAPE JUICE	6812	1lt	8	2.29	Y
	VITALIA					
	PRUNE JUICE ORG GF	20512	75cl	6	7.99	Y
	SUNITA					
	ORANGE JUICE FRESH SQUEEZE ORG	13210	1lt	6	5.55	Y
	BERRY COMPANY					
	BLUEBERRY JUICE	21037	1lt	12	2.52	Y
	GOJI JUICE	21038	1lt	12	2.60	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	GREEN T & BLUEBERRY JUICE	21550	1lt	12	2.49	Y
	POMEGRANATE JUICE	21551	1lt	12	2.49	Y
	SUPERBERRY PURPLE JUICE	21552	1lt	12	2.52	Y
	SUPERBERRY RED JUICE	21553	1lt	12	2.49	Y
	WHITE TEA & PEACH JUICE	21554	1lt	12	2.49	Y
	FRUIT HIT					
	APPLE JUICE FT 7	23398	200ml	27	0.56	Y
	ORANGE JUICE FT	23865	500ml	12	1.40	Y
	ORANGE JUICE FT 7	23438	200ml	27	0.69	Y
	ELLAS KITCHEN					
	PURPLE ONE FRUIT SMOOTHIE ORG	18281	90g	12	0.99	N
	RED ONE FRUIT SMOOTHIE ORG	18282	90g	12	0.99	N
	VITA COCO					
	COCONUT WATER LARGE	20577	1lt	12	4.09	Y
	COCONUT WATER SMALL	20578	330ml	12	1.75	Y
	CHI					
	100% COCONUT WATER LARGE	22622	1lt	12	3.79	Y
	100% COCONUT WATER SMALL	22623	330ml	12	1.69	Y
FRUITS, DRIED	HIGHLAND WHOLEFOODS					
	APPLE RINGS	23110	1kg	6	10.99	N
	APPLE RINGS	22796	3kg	4	29.99	N
	APPLE RINGS SO2 V	12941	250g	6	3.35	N
	APRICOTS CHOPPED	23170	1kg	6	6.00	N
	APRICOTS CHOPPED SO2	22797	3kg	4	14.99	N
	APRICOTS NO SO2	22798	3kg	4	21.00	N
	APRICOTS SELECT	6130	250g	6	3.51	N
	APRICOTS SELECT	6482	500g	6	6.09	N
	APRICOTS WHOLE SELECT	4964	1kg	6	11.44	N
	APRICOTS WHOLE UNSULPHURED	4965	1kg	6	7.99	N
	APRICOTS WHOLE UNSULPHURED	6129	250g	6	2.65	N
	APRICOTS WHOLE UNSULPHURED	14628	500g	6	4.40	N
	BLUEBERRIES	22799	3kg	4	75.84	N
	CHERRIES GLACE	22449	250g	6	2.75	N
	CHERRIES GLACE NATURAL	22801	3kg	4	22.42	N
	CHERRIES SOUR	16171	1kg	6	30.50	N
	CHERRIES SOUR	23148	250g	6	8.25	N
	CHERRIES SOUR	22800	3kg	4	88.00	N
	CRANBERRIES DICED	22804	3kg	4	27.26	N
	CRANBERRIES SLICED	22802	3kg	4	20.42	N
	CRANBERRIES WHOLE	22803	3kg	4	24.28	N
	CURRANTS	4968	1kg	6	6.11	N
	CURRANTS	6158	250g	6	2.14	N
	DATES	4969	1kg	6	3.99	N
	DATES	6160	500g	6	2.33	N
	DATES CHOPPED	21539	1kg	6	4.32	N
	DATES CHOPPED IN RICE FLOUR	14636	250g	6	1.69	N
	FIGS	4970	1kg	6	11.24	N
	FIGS	22805	3kg	4	31.37	N
	FIGS	312	500g	6	5.92	N
	FRUIT SALAD	22939	1kg	6	10.49	N
	FRUIT SALAD	22806	3kg	4	28.99	N
	MIXED PEEL	23105	1kg	6	3.99	N
	MIXED PEEL	23311	3kg	4	9.61	N
	MIXED VINE FRUIT	23106	1kg	6	10.72	N
	MIXED VINE FRUIT	22808	3kg	4	29.80	N
	MIXED VINE FRUIT	1788	500g	6	5.67	N
	PAPAYA & PINEAPPLE MIX	19114	125g	6	1.80	Y
	PAPAYA DICED SWEETENED SO2	14656	125g	6	2.13	Y
	PAPAYA DICED SWEETENED SO2	23107	1kg	6	8.25	N
	PAPAYA DICED SWEETENED SO2	24159	3kg	4	22.94	N
	PEACHES SO2	22051	1kg	6	13.00	N
	PEACHES SO2	22810	3kg	4	31.00	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PEARS SO2	22052	1kg	6	15.60	N
	PEARS SO2	22811	3kg	4	42.00	N
	PINEAPPLE DICED	14655	125g	6	1.89	Y
	PINEAPPLE DICED	16927	1kg	6	7.80	Y
	PINEAPPLE DICED SWEET SO2	24162	3kg	4	16.75	N
	PRUNES LARGE 20 0	22812	3kg	4	23.99	N
	PRUNES MEDIUM	23331	3kg	4	19.91	N
	PRUNES PITTED	4976	1kg	6	6.00	N
	PRUNES PITTED	6509	250g	6	2.07	N
	PRUNES PITTED VALUE PACK	14186	500g	6	3.22	N
	RAISINS	4979	1kg	6	5.00	N
	RAISINS BLACK FLAME	23108	1kg	6	5.80	N
	RAISINS FLAME	22814	3kg	4	15.10	N
	SULTANAS AUSTRALIAN	4981	1kg	6	7.12	N
	SULTANAS AUSTRALIAN	22816	3kg	4	19.00	N
	SULTANAS AUSTRALIAN	14654	500g	6	3.86	N
	SULTANAS IRAN/TURK	16925	1kg	6	7.99	N
✘	HIGHLAND WHOLEFOODS ORGANIC					
	APRICOTS WHOLE ORG	22069	1kg	6	7.50	N
	APRICOTS WHOLE ORG 3KG	303	3kg	4	25.00	N
	CURRANTS ORG	22070	1kg	6	7.54	N
	CURRANTS ORG 3KG	324	3kg	4	20.31	N
	DATES CHOPPED ORG	22712	1kg	6	7.58	N
	DATES CHOPPED ORG 3KG	16772	3kg	4	18.45	N
	DATES PITTED ORG	4909	1kg	6	9.05	N
	DATES PITTED ORG 3KG	1780	3kg	4	24.82	N
	FIGS ORG	4910	1kg	6	11.88	N
	FIGS ORG 3KG	313	3kg	4	33.72	N
	MIXED VINE FRUIT ORG	22072	1kg	6	6.65	N
	MIXED VINE FRUIT ORG 3KG	7736	3kg	4	17.68	N
	PRUNES PITTED ORG	22073	1kg	6	13.65	N
	PRUNES PITTED ORG 3KG	2764	3kg	4	38.61	N
	RAISINS ORG	4911	1kg	6	9.97	N
	RAISINS ORG 3KG	339	3kg	4	27.60	N
	RAISINS SEEDLESS TURKEY ORG 3KG	12786	3kg	4	12.99	N
	SULTANAS TURKISH ORG	4912	1kg	6	5.25	N
	SULTANAS TURKISH ORG 3KG	344	3kg	4	13.53	N
	SUMA					
	CHERRIES GLACE SUGAR NAT COL	23779	200g	6	2.65	N
	GOJI BERRIES	20519	1kg	1	23.48	N
	MIXED PEEL	22281	200g	6	1.75	N
	TROPICAL WHOLEFOODS					
	BOGOYA BANANA FT	17089	125g	14	2.25	N
	MANGO FRITES SUN DRIED FT	6585	1kg	1	14.25	N
	MANGO SUN DRIED FT ORG	2461	100g	14	2.49	N
	PINEAPPLE SUN DRIED FT	2463	100g	14	2.25	N
	SUN DRIED APRICOTS SO2 FT	17087	125g	14	1.75	N
	LA BIO-IDEA					
	LEMON PEEL CANDIED ORG	13579	100g	8	2.48	N
✘	GREEN CITY					
	GOJI BERRIES	18577	100g	10	2.13	N
	PEACH HALVES PRE PACKS	16248	250g	5	3.91	N
	PEAR HALVES	14957	250g	5	3.46	N
	ZAYTOUN					
	DATES MEDJOUL PALESTINIAN FT	19883	250g	6	4.69	N
✘	OSPPIO					
	CHERRIES GLACE NAT RED 1KG V	24568	1kg	6	6.18	N
	CHERRIES GLACE RED	16172	1kg	6	9.00	N
	ESSENTIAL TRADING					
	APRICOTS UNSO2 WHOLE ORG	6296	250g	6	2.50	N
	CRANBERRIES ORG	19065	125g	6	2.23	N
	CURRANTS ORG	6508	250g	6	3.08	N
	DATES FT ORG	19936	250g	6	2.73	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	FIGS ORG	6310	250g	6	3.79	N
	MANGO SLICES ORG	14565	250g	6	6.20	N
	MIXED VINE FRUIT ORG	6320	250g	6	2.03	N
	RAISINS ORG	6333	500g	6	4.37	N
	RAISINS ORGANIC	6332	250g	6	2.45	N
	SULTANAS TURKISH ORG	6344	250g	6	1.55	N
	SULTANAS TURKISH ORG	6345	500g	6	2.99	N
	ORGANIC BULK					
	APRICOTS WHOLE ORG 12.5KG	303B	12.5kg	1	75.00	N
	CURRANTS ORG 12.5KG	324B	12.5kg	1	78.87	N
	DATES CHOPPED ORG 10KG	16772B	10kg	1	56.00	N
	DATES PITTED ORG 5KG	1780B	5kg	1	39.07	N
	FIGS ORG 10KG	313B	10kg	1	118.75	N
	MIXED VINE FRUIT ORG 25KG	7736B	25kg	1	135.82	N
	PRUNES PITTED ORG 10KG	2764B	10kg	1	124.12	N
	RAISINS ORG 10KG	339B	10kg	1	87.38	N
	RAISINS SEEDLESS TURKEY ORG 12.5KG	12786B	12.5kg	1	49.27	N
	SULTANAS TURKISH ORG 12.5KG	344B	12.5kg	1	44.30	N
	NON ORGANIC BULK					
	APPLE RINGS SO2 CASE 10KG	294	10kg	1	93.28	N
	APRICOTS CHOPPED SO2CASE	17227	12.5kg	1	48.50	N
	APRICOTS NO SO2 CASE 12.5KG	298	12.5kg	1	75.00	N
	APRICOTS SELECT CASE 12.5KG	22375	12.5kg	1	80.00	N
	CHERRIES GLACE NAT CASE 10KG	317	10kg	1	70.22	N
	CHERRIES SOUR CASE 9KG	15391	9kg	1	253.33	N
	CHOPPED DATES CASE	22959	10kg	1	30.00	N
	CRANBERRIES DICED CASE	17998	11kg	1	95.02	N
	CRANBERRIES SLICED CASE	5958	11.34k	1	72.07	N
	CRANBERRIES WHOLE CASE	17997	11kg	1	91.68	N
	CURRANTS CASE 12.5KG	22376	12.5kg	1	60.93	N
	DATES PITTED CASE 10KG	22053	10kg	1	28.20	N
	FIGS CASE 10KG	311	10kg	1	100.22	N
	MIXED PEEL SO2 CASE	319	10kg	1	27.53	N
	PAPAYA DICED SWEETENED SO2 CASE	320	20kg	1	152.84	N
	PEARS SO2 CASE	331	12kg	1	140.63	N
	PINEAPPLE DICED SWEET SO2 CASE	327	20kg	1	110.00	N
	PRUNES LARGE 20 0 CASE	2323	12kg	1	90.09	N
	PRUNES PITTED CASE 10KG	22855	10kg	1	45.97	N
	RAISINS BLACK JUMBO CASE 10KG	335	10kg	1	45.68	N
	SULTANAS 4 CROWN AUSTR CASE	23225	14kg	1	82.43	N

GRAINS & GRAIN PRODUCTS	All our grains and grain products are suitable for vegans. <i>Please see our main pricelist for full details.</i>
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HAIR CARE	 CAURNIE					
	PURE SHAMPOO V	1398	200ml	6	5.99	Y
	URTEKRAM					
	ALOE VERA SHAMPOO V	22837	250ml	6	5.35	Y
	CAMOMILE CONDITIONER V	22839	250ml	6	5.65	Y
	CAMOMILE SHAMPOO V	22840	250ml	6	5.35	Y
	COCONUT CONDITIONER NORMAL ORG	24392	250ml	6	5.29	Y
	COCONUT SHAMPOO NORMAL HAIR ORG	24393	250ml	6	4.99	Y
	LAVENDER CONDITIONER V	22844	250ml	6	5.65	Y
	LAVENDER SHAMPOO V	22845	250ml	6	5.35	Y
	NO PERFUME SHAMPOO V	22847	250ml	6	5.35	Y
	ROSE CONDITIONER TUBE OR V	24914	180ml	6	4.38	Y
	ROSE CONDITIONER V	22849	250ml	6	5.65	Y
	TEA TREE SHAMPOO V	22853	250ml	6	5.35	Y
	NATURTINT					
	PERMANENT DARK BLONDE 6N V	11303	165ml	1	11.37	Y
	PERMANENT DARK CHEST BROWN 3N	11301	165ml	1	11.37	Y
	PERMANENT HAZELNUT BLONDE 7N	11304	165ml	1	11.39	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PERMANENT LGHT CHESTNUT BROWN 5N	11302	165ml	1	11.37	Y
	PERMANENT LGHT GOLDN CHESTNUT 5G	11310	165ml	1	11.37	Y
	FAITH IN NATURE					
	CONDITIONER - COCONUT V	22774	400ml	6	5.50	Y
	CONDITIONER - FRAGRANCE FREE	23783	400ml	6	5.50	Y
	CONDITIONER-ALOE VERA V	15421	400ml	6	5.35	Y
	CONDITIONER-GRAPEFFRUIT & ORANGE	22303	400ml	6	5.50	Y
	CONDITIONER-HEMP & MEADOWFOAM	13940	400ml	6	5.50	Y
	CONDITIONER-JOJOBA V	15422	400ml	6	5.35	Y
	CONDITIONER-LAVENDER & GERAN	14810	400ml	6	5.50	Y
	CONDITIONER-ROSEMARY V	15424	400ml	6	5.35	Y
	CONDITIONER-SEAWEED V	15425	400ml	6	5.35	Y
	CONDITIONER-TEA TREE & LEMON	23542	400ml	6	5.50	Y
	CONDITIONER-TEA TREE V	15426	400ml	6	5.35	Y
	LAV & GERAN INTENSIVE COND	24643	250ml	6	6.50	Y
	SHAMPOO (MENS) BLUE CEDAR	23411	400ml	6	5.50	Y
	SHAMPOO - ALOE VERA V	15427	400ml	6	5.35	Y
	SHAMPOO - COCONUT V	22655	400ml	6	5.50	Y
	SHAMPOO - FRAGRANCE FREE V	23784	400ml	6	5.50	Y
	SHAMPOO - GRAPEFRUIT & ORANGE	22305	400ml	6	5.50	Y
	SHAMPOO - HEMP & MEADOWFOAM	13941	400ml	6	5.50	Y
	SHAMPOO - JOJOBA V	15428	400ml	6	5.35	Y
	SHAMPOO - LAVENDER & GERANIUM	14769	400ml	6	5.50	Y
	SHAMPOO - ROSEMARY V	15430	400ml	6	5.35	Y
	SHAMPOO - SEAWEED V	15431	400ml	6	5.35	Y
	SHAMPOO - TEA TREE V	15432	400ml	6	5.50	Y
	SHAMPOO-LEM & TTREE ANTI DANDRUF	23540	400ml	6	5.50	Y
	FRIENDLY SOAP					
	SHAMPOO BAR LAV GERANIUM V	24780	95g	6	2.70	Y

HERBS & SPICES	All our herbs & spices are suitable for vegans. Please see our main pricelist for full details.
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HERB & SPICE MIXES	PERSIAN TEADER					
	PERSIAN SAFFRON	24182	1g	6	5.69	N
	ZAYTOUN					
	ZA'ATAR PALESTINIAN HERB MIXTURE	19670	80g	6	3.57	N
	SPICE POTS					
	BHUNA SPICE POT V GF	24700	35g	6	3.95	N
	EXPRESS SELECTION BOX V GF	24702	3x35g	2	12.95	N
	GOAN SPICE POT V GF	14701	35g	6	3.95	N
	KORMA SPICE POT V GF	24699	35g	6	3.95	N
	TANDOORI MASALA SPICE POT V GF	14702	35g	6	3.95	N
	VEGAN SELECTION BOX GF	24701	3x35g	2	12.95	N
	ZEPICE					
	ZEPICE HOT CURRY BLEND V	24949	90g	1	2.99	N
	ZEPICE MEDIUM CURRY BLEND V	24948	90g	1	2.99	N
	ZEPICE MILD CURRY BLEND V	24947	90g	1	2.99	N

HOUSEHOLD CLEANERS	BIO D					
	ALL PURPOSE SANITISER SPRAY V	22866	500ml	12	2.85	Y
	BATHROOM CLEANER SPRAY V	21515	500ml	12	2.85	Y
	DISHWASHER POWDER V	22865	720g	6	9.61	Y
	DISHWASHER RINSE AID V	22864	750ml	12	3.21	Y
	FABRIC CONDITIONER BIO D V	2549	1lt	12	2.45	Y
	FABRIC CONDITIONER FRAGFREE 15LT	24805	15lt	1	27.50	Y
	FABRIC CONDITIONER LAVENDER V	22056	5lt	1	10.55	Y
	FABRIC CONDITIONER V	16871	5lt	1	9.20	Y
	FLOOR CLEANER WITH LINSEED OIL V	22862	5lt	1	21.48	Y
	FLOOR CLEANER WITH LINSEED OIL	22863	750ml	12	4.03	Y
	GLASS & MIRROR CLEANER SPRAY V	22860	500ml	12	3.00	Y
	HOME & GARDEN SANITISER V	19376	5lt	1	10.20	Y
	LAUNDRY BLEACH BIO D V	22421	400g	12	2.11	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	LAUNDRY LIQUID 15LT V	22902	15lt	1	69.57	Y
	LAUNDRY LIQUID BIO D 25LT V	21922	25lt	1	115.77	Y
	LAUNDRY LIQUID BIO D V	16872	1lt	12	5.04	Y
	LAUNDRY LIQUID V	14262	5lt	1	23.73	Y
	MULTI SURFACE SANITISER V	16873	5lt	1	12.96	Y
	MULTI SURFACE SANITISER V	22422	750ml	12	2.77	Y
	TOILET CLEANER CONC 15LT V	24804	15lt	1	29.95	Y
	TOILET CLEANER V	16874	5lt	1	10.52	Y
	TOILET CLEANER WITH NOZZLE V	21730	750ml	12	2.43	Y
	WASHING POWDER 2kg V	13622	2kg	8	8.42	Y
	WASHING POWDER BIO D 12.5KG V	5670	12.5kg	1	48.59	Y
	WASHING POWDER V	2457	1kg	10	4.34	Y
	WASHING UP LIQUID 15LT V	22903	15lt	1	28.69	Y
	WASHING UP LIQUID 5lt V	1352	5lt	1	9.70	Y
	WASHING UP LIQUID V	22423	750ml	12	2.09	Y
	ECOVER					
	WASHING UP LIQUID ALOE V	24670	450ml	8	1.47	Y
	WASHING UP LIQUID ALOE V	24671	950ml	8	2.61	Y
	EARTH FRIENDLY PRODUCTS					
	FURNITURE POLISH V	24797	500ml	6	3.90	Y
	SHOWER CLEANER V	21336	500ml	6	3.60	Y
	FAITH IN NATURE					
	BATHROOM SPRAY CLEANER V	20805	500ml	6	3.65	Y
	LAUNDRY LIQUID SUPER CONC (V)	13574	1lt	6	4.99	Y
	MULTI SURFACE SPRAY CLEANER V	20806	500ml	6	3.65	Y
	WASHING UP LIQUID ANTIBACT V	13576	5lt	1	21.20	Y
	HUMBLESTUFF					
	CLEANING PASTE LEM MYRTLE V	24501	250g	6	5.00	Y
	MULTISURF SPRAY LEMON MYRTLE V	24500	500ml	6	5.00	Y
	MULTISURF SPRAY LIME & EUC V	24499	500ml	6	5.00	Y
	TOILET BOWL FRESHENER LIME&EUC V	24502	300g	6	5.00	Y
HOUSEHOLD HARDWARE	IF YOU CARE					
	SPONGE CLOTHS -100% NATURAL	23407	5cloth	12	4.39	Y
	UNBLEACHED LARGE BAKING CUPS	17141	60cups	24	1.68	Y
	UNBLEACHED PARCHMENT PAPER	17142	roll	12	4.41	Y
	EBC ECOFUELS					
	RECYCLED FIRELOGS EXTRA HOT	19386	10kg	1	5.05	4
	SYMPHONY ENVIRONMENTAL					
	DEGRADABLE PEDAL BIN BAGS 20L	14178	rolls	10	1.40	Y
	DEGRADABLE REFUSE SACKS 70L	14175	10s	24	1.66	Y
	DEGRADABLE REFUSE SACKS 70L	14176	50bags	4	7.99	Y
	DEGRADABLE SWING BIN BAGS 50L	14177	15bags	10	1.40	Y
	MULTIPURPOSE SACKS DEGRADABLE	17000	50bags	10	2.30	Y
	TOTAL DEGRADABLE FREEZER BAGS	14179	200bag	10	1.38	Y
	ECOFFEE CUP					
	REUSABLE COFFEE CUP STOCKHOLM	24844	14oz	1	9.99	Y
JAPANESE FOODS	BLUE DRAGON					
	TEMPURA BATTER MIX V	23566	150g	12	1.55	N
	CLEARSPRING					
	BARLEY MISO ONOZAKI ORG V	2220	1kg	1	16.99	N
	BARLEY MISO ORG V	16683	300g	6	5.79	N
	HATCHO (SOYA) MISO ORG V	2219	300g	6	5.59	N
	KUZU MOUNTAIN STARCH ORG V	2263	125g	6	6.49	N
	MISO BROWN RICE ORG V	24151	300g	6	5.59	N
	MISO SWEET WHITE RICE ORG V	2222	250g	6	4.64	N
	RICE MIRIN NO ADDED SUGAR V	13334	150ml	6	2.99	N
	SHOYU ORG V	7016	150ml	6	2.39	N
	SHOYU ORG V	2214	500ml	6	5.19	N
	SUSHI GINGER PICKLE ORG V	23281	50g	10	3.39	N
	SUSHI GINGER V	7007	50g	10	2.99	N
	TAMARI ORGANIC V	7013	500ml	6	9.49	N
	TERIYAKI SAUCE ORG V	16030	150ml	6	2.99	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	UMAMI PASTE WITH CHILLI ORG	24140	150g	6	4.49	N
	UMAMI PASTE WITH GINGER ORG	24139	150g	6	4.49	N
	UME PLUM SEASONING ORG V	24141	150ml	6	2.49	N
	UME SHISO SEASONING V	24853	150ml	6	1.99	N
	UMEBOSHI PASTE ORG V	23279	150g	6	5.99	N
	UMEBOSHI PLUMS ORG V	23799	200g	6	8.99	N
	WASABI POWDER ORG V	22894	25g	6	3.79	N
	WASABI POWDER V	19518	25g	6	3.49	N
	SANCHI					
	TAMARI ORG SANCHI V	12905	150ml	6	3.49	N
	TAMARI SAUCE 5LT V	732	5lt	2	45.00	N
	TAMARI V	15107	300ml	6	3.69	N
	YAKSO					
	SEITAN IN TAMARI SAUCE ORG V	8760	350g	6	3.50	N
	TEMPEH GLASS JAR ORG V	8762	500g	6	3.39	N
	ESSENTIAL					
	SHOYU ORGANIC V	14089	250ml	6	3.18	N
	TAMARI ORGANIC V	12897	250ml	6	4.59	N
	MERIDIAN					
	SHOYU SOYA SAUCE V	8858	150ml	12	1.99	N
	SHOYU SOYA SAUCE V	8859	500ml	6	3.70	N
	TAMARI SOYA SAUCE V	7740	150ml	12	2.59	N
	TAMARI SOYA SAUCE V	8857	500ml	6	5.51	N
	OSPRIO					
	PANKO BREADCRUMBS BULK V	24569	1kg	10	3.22	N
KITCHEN EQUIPMENT	CLEARSPRING					
	BAMBOO SUSHI MAT V	23284	mat	10	1.49	Y
	A.VOGEL					
	SPROUTING GERMINATOR JAR	24513	1jar	1	5.75	Y
	LOOFCO					
	ROOT VEGETABLE SCRUBBER V	24813	unit	6	3.02	Y
	WASHING UP BRUSH V	24814	unit	6	2.74	Y
	WASHING UP SCRAPER V	24815	unit	6	2.74	Y
MUESLIS & BREAKFAST CEREALS	GREEN CITY					
	HIGHLAND BRAMBLE CRUNCH GC 3kg	24071	3kg	1	21.40	N
	HIGHLAND BRAMBLE CRUNCH V	14513	400g	7	3.51	N
	SUPERFOODS MUESLI V	23031	350g	5	2.20	N
	HIGHLAND WHOLEFOODS					
	BROWN RICE FLAKES	22785	3kg	4	13.83	N
	FIVE STAR MUESLI V	23654	3kg	4	11.24	N
	MUESLI DELUXE COMMUNITY V	22817	3kg	4	11.68	N
	MUESLI DELUXE V	4944	1kg	6	4.68	N
	MUESLI DELUXE V	2693	500g	6	2.12	N
	MUESLI ORIGINAL COMMUNITY V	22818	3kg	4	8.48	N
	SUPER MUESLI NO COCONUT V	23656	3kg	4	8.99	N
	SUPER MUESLI V	23655	3kg	4	9.00	N
	HIGHLAND WHOLEFOODS ORGANIC					
	BARLEY FLAKES ORG V 3KG	384	3kg	4	5.62	N
	BARLEY FLAKES ORGANIC	22720	1kg	6	2.65	N
	BROWN RICE FLAKES ORG V 3KG	13780	3kg	4	16.66	N
	BUCKWHEAT FLAKES ORG V 3KG	13260	3kg	4	13.92	N
	DELUXE MUESLI ESS 3KG V ORG	12660	3kg	4	14.71	N
	DELUXE MUESLI GC ORG V 3KG	585	3kg	4	13.14	N
	DELUXE MUESLI ORG GC V	4908	1kg	6	5.00	N
	MILLET FLAKES ORG V	22716	1kg	6	5.93	N
	MILLET FLAKES ORG V 3KG	15008	3kg	4	16.50	N
	MUESLI CEREAL BASE ORG V	4906	1kg	6	2.84	N
	MUESLI CEREAL BASE ORG V 3KG	588	3kg	4	6.00	N
	RYE FLAKES ORG V 3KG	386	3kg	4	5.58	N
	SPECIAL NO COCO MUESLI ORG V 3KG	583	3kg	4	11.59	N
	SUPERFOOD LUX F&N MUESLI ORG 3KG	18291	3kg	4	20.55	N
	SUPREME MUESLI ORG V	22881	1kg	6	7.82	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	SUPREME MUESLI ORG V 3KG	12657	3kg	4	21.13	N
	KALLO					
	PUFFED RICE CEREAL ORG V	600	225g	8	2.99	N
	NATURES PATH					
	CRISPY RICE GF ORG V	19644	284g	4	3.76	N
	MAPLE SUNRISE GF V	21124	300g	4	4.05	N
	MESA SUNRISE GF ORG V	9803	300g	4	4.21	N
	MILLET RICE ORG V	21314	375g	4	3.66	N
	O's CEREAL GF V	21126	325g	4	3.76	N
	WHOLE EARTH					
	COCOA CRUNCH ORG V	23594	375g	6	2.99	N
	CORNFLAKES ORG GF V	8611	375g	12	2.49	N
	RED FRUIT CRUNCH ORG V	23595	450g	6	3.59	N
	ALARA					
	ACTIVE MUESLI GF ORG V	18908	400g	5	5.89	N
	MUESLI GOJI & CRANBERRY GF ORG	22300	650g	5	5.39	N
	RUDE HEALTH					
	PUFFED RICE ORG V	20824	225g	4	2.40	N
	SPELT FLAKES V	23893	300g	8	3.25	N
	GOOD CARB FOOD COMPANY					
	LIZIS BELGIAN CHOC GRANOLA V	19536	400g	8	4.10	N
	LIZIS HIGH PROTEIN GRANOLA V	24506	350g	8	4.58	N
	LIZIS PNK APPLE&CINNAMN GRNLA	19537	400g	8	4.30	N
	LIZIS TREACLE & PECAN GRNOLA	19538	400g	8	4.10	N
✘	TILQUHILLIE					
	100% OAT MUESLI CRANBERRY GF	20873	425g	5	4.82	N
✘	NAIRNS					
	GLUTEN FREE OAT MUESLI V	20925	450g	5	2.80	N
	ESSENTIAL TRADING					
	BARLEY FLAKES ORG V	6297	500g	6	1.51	N
	BUCKWHEAT FLAKES ORG V	17132	500g	6	3.93	N
	FINE BRAN (WHEATBRAN) ORG V	14529	375g	6	0.95	N
	MILLET FLAKE GF ORG V	10784	500g	6	4.24	N
	QUINOA FLAKES ORG V	23218	500g	6	8.28	N
	RYE FLAKES ORG V	6337	500g	6	1.05	N
	WHEAT FLAKES ORG V	6347	500g	6	1.19	N
	WHEAT FLAKES TOASTED ORG V	22177	500g	6	1.95	N
	ORGANIC BULK					
	BARLEY FLAKES ORG 25KG	384B	25kg	1	33.28	N
	BROWN RICE FLAKES ORG 15KG	13780B	15kg	1	76.35	N
	BUCKWHEAT FLAKES ORG 15KG	13260B	15kg	1	62.68	N
	DELUXE MUESLI ORG V 15KG	12660B	15kg	1	66.63	N
	DELUXE MUESLI ORG V 25KG	585B	25kg	1	92.80	N
	MILLET FLAKES ORG V 15KG	15008B	15kg	1	70.48	N
	MUESLI CEREAL BASE ORG V 20KG	588B	20kg	1	35.03	N
	RYE FLAKES ORG V 25KG	386B	25kg	1	34.97	N
	SPECIAL NO COCO MUESLI ORG V 25KG	583B	25kg	1	83.60	N
	SUPERFOOD LUX F&N MUESLI ORG 15KG	18291B	15kg	1	95.83	N
	SUPREME MUESLI ORG V 15KG/ 1	12657B	15kg	1	98.77	N
	NON ORGANIC BULK					
	FIVE STAR MUESLI SACK V	584	25kg	1	82.40	N
	HIGHLAND BRAMBLE CRUNCH SACK	8382	7kg	1	43.95	N
	MUESLI DELUXE COMMUNITY SACK V	12689	25kg	1	86.05	N
	SUPER MUESLI NO COCO SACK V	587	25kg	1	64.00	N
	SUPER MUESLI SACK V	586	25kg	1	64.95	N
NANS PITTAS POPADOMS	MRS UNIS					
	GARLIC & CORIANDER NAN BREAD V	15091	2nan	6	2.50	N
	PLAIN NAN BREAD V	15092	2nan	6	2.40	N
	AMAIZIN'					
	TACO SHELLS V G ORG	24818	150g	6	2.59	N
	TORTILLA WRAPS 20cm ORG V	22386	240g	16	2.25	N
	FLORENTIN					
	MINI COCKTAIL PITTA WHITE ORG	23864	350g	12	1.89	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PITTA BREADS WHITE ORG V	23563	260g	12	1.79	N
	PITTA BREADS WHOLEWHEAT ORG	23564	280g	12	1.79	N
NATURAL REMEDIES	PUKKA					
	ALOE VERA JUICE ORG V	19232	1000ml	1	19.95	Y
	ALOE VERA JUICE ORG V	20951	500ml	1	10.99	Y

NUTS	All our nuts are suitable for vegans. Please see our main pricelist for full details.					
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OATCAKES	✘ NAIRNS					
	CRACKED BLACK PEPPER OATCAKES	22505	200g	8	1.49	N
	FINE OATCAKES V	15835	218g	12	1.25	N
	FRUIT & SEED OATCAKES V	23711	225g	8	1.69	N
	OATCAKES ORG V	10987	250g	12	1.49	N
	ROUGH OATCAKES V	15836	291g	10	1.36	N
	✘ HEBRIDEAN					
	HEBRIDEAN OATCAKES V	16089	150g	20	1.74	N
	✘ ANGELIC GLUTEN FREE					
	COCKTAIL OATCAKES GF V	22820	150g	8	2.60	N
	✘ STOATS					
	CHIPOTLE CHILLI OATCAKES V	24319	150g	16	1.39	N
	RUSTIC SCOTTISH OATCAKES V	24257	150g	16	1.39	N
OATS & OAT PRODUCTS	GOLSPIE MILL ✘					
	OATMEAL COARSE ORG V	12625	1kg	8	2.59	N
	OATMEAL MEDIUM ORG V	12624	1kg	8	2.59	N
	✘ HIGHLAND WHOLEFOODS					
	OATBRAN (HIHO) V	6189	500g	6	1.88	N
	OATBRAN V	23316	3kg	4	7.08	N
	✘ HIGHLAND WHOLEFOODS ORGANIC					
	JUMBO OATS ORG V	6316	1kg	6	2.77	N
	PORRIDGE OATS ORG V	4904	1kg	6	2.20	N
	FINE OATMEAL MORNFLAKE ORG V 3KG	657	3kg	4	5.13	N
	JUMBO OATS MORNFLAKE ORG V 3KG	664	3kg	4	6.26	N
	MEDIUM OATMEAL MORNFLAKE ORG V 3KG	659	3kg	4	6.26	N
	OAT GROATS ORG 3KG	665	3kg	4	5.13	N
	OATBRAN ORG V 3KG	8446	3kg	4	7.63	N
	PINHEAD OATMEAL MORNFLAKE ORG 3KG	662	3kg	4	6.26	N
	PORRIDGE OATS MORNFLAKE ORG 3KG	655	3kg	4	6.26	N
	MORNFLAKE					
	COARSE OATMEAL V	5660	500g	12	1.15	N
	FINE OATMEAL V	5659	500g	12	1.15	N
	GLUTEN FREE JUMBO OATS V	23625	500g	6	3.19	N
	GLUTEN FREE PORRIDGE OATS V	23626	500g	6	3.19	N
	JUMBO OATS MF 3KG V	22737	3kg	4	4.16	N
	JUMBO OATS SCOTTISH V	23623	1.5kg	6	2.51	N
	JUMBO OATS V	17400	500g	12	0.92	N
	MEDIUM OATMEAL 12.5kg (MFLAKE)	7471	12.5kg	1	12.00	N
	MEDIUM OATMEAL V	1091	500g	12	0.85	N
	OATBRAN (PP 500g) V	668	500g	12	1.80	N
	OATBRAN FLAKES ORIGINAL V	22735	500g	8	2.66	N
	PINHEAD OATMEAL 12.5kg MFLAKE	7634	12.5kg	1	11.39	N
	PORRIDGE OATS 12.5kg (MFLAKE)	7506	12.5kg	1	12.00	N
	PORRIDGE OATS 3KG PACK V	9897	3kg	4	4.16	N
	PORRIDGE SUPERFAST OATS V	653	1kg	6	1.53	N
	✘ STOATS					
	SCOTTISH PORRIDGE OATS V	24266	750g	6	2.17	N
	RUDE HEALTH					
	PUFFED OATS V	20903	175g	8	2.25	N
	✘ TILQUHILLIE					
	100% OAT FLAKES GF V	20894	425g	5	4.26	N
	✘ NAIRNS					
	SCOTTISH PORRIDGE OATS GF V	20924	450g	5	2.59	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PIMHILL					
	JUMBO OATS ORG V	21410	850g	12	2.39	N
	PORRIDGE OATS ORG V	21411	850g	12	2.66	N
	ALARA					
	PORRIDGE SCOTTISH OATS GF ORG	23058	500g	6	3.99	N
✘	GREENCITY					
	JUMBO OATS GC ORG V	23914	3kg	1	8.27	N
	PORRIDGE OATS GC ORG V	23913	3kg	1	7.83	N
	ESSENTIAL					
	BRAN FLAKES MALTED ORG V	24398	375g	6	3.18	N
	JUMBO OATS ORG V	6315	500g	6	1.58	N
	PORRIDGE OATS ORG V	6326	500g	6	1.30	N
	ORGANIC BULK					
	FINE OATMEAL MORNFLAKE ORG 25KG	657B	25kg	1	40.63	N
	JUMBO OATS MORNFLAKE ORG 25KG	664B	25kg	1	40.63	N
	MEDIUM OATMEAL MORNFLAKE ORG 25KG	659B	25kg	1	40.63	N
	OAT GROATS ORG 25KG	665B	25kg	1	40.62	N
	OATBRAN ORG V 12KG	8446B	12kg	1	25.00	N
	PINHEAD OATMEAL MORNFLAKE ORG 25KG	662B	25kg	1	40.62	N
	PORRIDGE OATS MORNFLAKE ORG 25KG	655B	25kg	1	40.63	N
	NON ORGANIC BULK					
	FINE OATMEAL MORNFLAKE SACK V	656	25kg	1	23.00	N
	JUMBO OATS (MORNFLAKE) 25kg	663	25kg	1	23.00	N
	MEDIUM OATMEAL MORNFLAKE SACK	658	25kg	1	19.17	N
	OATBRAN (MORNFLAKE) SACK V	667	12kg	1	22.92	N
	PINHEAD OATMEAL MORNFLAKE SACK	661	25kg	1	23.00	N
	PORRIDGE OATS (MORNFLAKE) 25kg	654	25kg	1	22.80	N
OILS REFINED	COMMUNITY					
	SUNFLOWER OIL	688	1lt	15	3.25	N
	SUNFLOWER OIL 3LTR COMMUNITY	1267	3lt	1	8.48	N
	KTC					
	COCONUT OIL	16833	250ml	12	2.47	N
	ABEA					
	POMACE OLIVE OIL 5LT	14910	5lt	4	30.52	N
OILS UNREFINED	BIONA					
	COCONUT OIL: CUISINE ORG	23413	470ml	6	5.15	N
	EMILE NOEL					
	AVOCADO OIL COLD PRESS ORG	23151	250ml	6	8.81	N
	PUMPKIN SEED OIL C.P. ORG	8209	250ml	6	9.32	N
	ESSENTIAL					
	COCONUT OIL VIRGIN ORGANIC	21548	690ml	6	8.99	N
	OLIVE OIL EV ORG	13884	500ml	6	5.19	N
	OLIVE OIL EXTRA VIRGIN ORG	13885	5lt	1	46.65	N
	SESAME OIL ORG	13887	500ml	6	5.69	N
	SUNFLOWER OIL C.P. ORG	10889	5lt	1	21.05	N
	SUNFLOWER OIL C.P. ORG	15201	500ml	6	2.79	N
	VIRGIN COCONUT OIL ORG	19332	210ml	6	3.49	N
	HELLENIC					
	OLIVE OIL EXTRA VIRGIN	680	500ml	12	5.89	N
	OLIVE OIL EXTRA VIRGIN 1LT	681	1lt	12	10.95	N
	OLIVE OIL EXTRA VIRGIN 3LT	7662	3lt	4	31.70	N
	OLIVE OIL EXTRA VIRGIN 5LT	1801	5lt	4	51.36	N
	MERIDIAN					
	GRAPESEED OIL	751	500ml	6	4.99	N
	OLIVE OIL EXTRA VIRGIN ORG	685	500ml	6	6.99	N
	SESAME OIL ORG	674	500ml	6	6.99	N
	SUNFLOWER OIL ORG	669	500ml	6	3.99	N
	TOASTED SESAME OIL ORG	19543	500ml	6	6.99	N
	LA TERRA					
	OLIVE OIL SINGLE ESTATE ORG	14007	750ml	12	21.69	N
	GRANOVITA					
	EVENING PRIMROSE OIL ORG	23396	260ml	6	13.29	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	FLAX OIL ORG	16601	260ml	6	9.10	Y
	HEMP OIL ORG	16179	260ml	6	6.99	N
	OMEGA BLEND VIRGIN CP OIL ORG	14915	260ml	6	9.65	Y
	CLEARSPRING					
	OLIVE OIL EXTRA VIRGIN ORG	16272	1lt	6	15.99	N
	RAPESEED OIL ORG	19635	500ml	6	3.99	N
	SESAME OIL ORG	19699	500ml	6	5.89	N
	SUNFLOWER FRYING OIL ORG	16273	1lt	6	7.49	N
	SUNFLOWER FRYING OIL ORG	16521	500ml	6	4.49	N
	SUNFLOWER OIL ORG	18431	500ml	6	3.99	N
	WALNUT OIL ORGANIC	21833	250ml	8	10.49	N
	ZAYTOUN					
	OLIVE OIL EV PALESTINIAN FT	16625	500ml	6	12.37	N
	OLIVE OIL EV PALESTINIAN FT ORG	19667	250ml	6	8.40	N
	OLIVE OIL EV PALESTINIAN FT ORG	19418	500ml	6	13.65	N
	OLIVE OIL EV PALESTINIAN FT ORG	19666	5lt	1	99.91	N
	OLIVE OIL EV PALESTINIAN FT ORG	19665	750ml	6	19.68	N
	CULLISSE					
	CULLISSE MINI OILS GIFT BOX	23180	3x100m	1	12.99	N
	HIGHLAND RAPESEED OIL	22001	5lt	4	22.49	N
	HIGHLAND RAPESEED OIL	21208	500ml	6	6.99	N
	GOMO					
	OLIVE OIL EXTRA VIRGIN	22198	5lt	1	42.00	N
OLIVES, CAPERS, VINE LEAVES	SUNITA					
	OLIVES GREEN ORG V	22919	360g	6	2.90	N
	OLIVES KALAMON ORG V	10271	360g	6	3.54	N
	OLIVES KALAMON PITTED ORG V	10738	2kg	4	25.20	N
	DELICIAS					
	CAPERBERRIES WHITE WINE VIN ORG	6942	370g	6	2.90	N
	CAPERS WHITE WINE VIN ORG V	6854	100g	6	2.11	N
	ORGANICO					
	CAPERS IN VINEGAR ORG V	17931	250g	12	3.25	N
	OLIVES GARLIC STUFFED ORG V	23521	190g	6	4.47	N
	CRESCO					
	PITTED DRY BLACK OLIVES & HERBS	20472	70g	8	1.26	N
	PITTED GREEN OLIVES & CHILLIS	20470	70g	8	1.26	N
	PITTED GREEN OLIVES HERB/GARLIC	20469	70g	8	1.26	N
	PITTED MIXED COCKTAIL OLIVES	20471	70g	8	1.32	N
	COOKS & CO					
	GREEN CHILLIES IN JARS V	20523	300g	6	1.59	N
	RED CHILLIES IN JARS V	20473	340g	6	1.59	N
	VINE LEAVES STUFFED WITH RICE	23581	380g	6	2.99	N
ORAL HYGIENE	KINGFISHER					
	CHARCOAL WHITENING TOOTHPASTE	24542	100ml	12	3.45	Y
	TOOTHPASTE ALOE TEA TREE FENNEL	20574	100ml	12	2.85	Y
	TOOTHPASTE ALOE TEATREE MINT FF	17541	100ml	12	2.85	Y
	TOOTHPASTE BAKING SODA V	17985	100ml	12	2.85	Y
	TOOTHPASTE CHILDRENS STRAWBERRY	22834	75g	12	2.49	Y
	TOOTHPASTE FENNEL FLUORIDE FREE	17602	100ml	12	2.85	Y
	TOOTHPASTE FENNEL FLUORIDE V	17601	100ml	12	2.85	Y
	TOOTHPASTE MINT & FLUORIDE	17537	100ml	12	2.85	Y
	TOOTHPASTE MINT FLUORIDE FREE	17600	100ml	12	2.85	Y
	WELEDA					
	CALENDULA TOOTHPASTE V	1278	75ml	6	5.08	Y
	PLANT GEL TOOTHPASTE V	1276	75ml	6	5.08	Y
	RATANHIA TOOTHPASTE V	12414	75ml	6	5.05	Y
	SALT TOOTHPASTE V	1277	75ml	6	5.05	Y
	ENVIRONMENTAL					
	DEGRADABLE TOOTHBRUSH SOFT	20978	1 unit	12	3.07	Y
	SARAKAN					
	MOUTHWASH NO ALC OR FLUOR V	21846	300ml	6	4.27	Y
	TOOTHPASTE SARAKAN V	22160	50ml	6	2.99	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ALOE DENT					
	ALOE VERA MOUTHWASH V	23082	250ml	6	4.59	Y
	PEPPERSMITH					
	PEPPERMINT DENTAL CHEWING GUM	23931	50g	12	3.30	Y
	SPEARMINT DENTAL CHEWING GUM	23932	50g	12	3.30	Y
PASTA & NOODLES	LA BIOIDEA					
	FARFALLE WHITE BOWS ORG V	14218	250g	12	1.72	N
	LASAGNE VERDE ORG V	6469	250g	12	1.89	N
	LASAGNE WHITE ORG V	1207	250g	12	1.89	N
	MACARONI WHITE ORG V	21584	500g	12	1.55	N
	MACARONI WHOLEWHEAT ORG V	22012	500g	12	1.55	N
	ORZO PASTA ORG V	23938	400g	6	2.50	N
	LA TERRA E IL CIELO					
	CAVATAPPI HOLLOW TWISTS ORG	14022	500g	12	2.09	N
	CAVATAPPI SPELT ORG V	20247	500g	12	2.99	N
	CONCHIGLIONI WHITE ORG V	14027	500g	6	3.09	N
	FUSILLI SPELT ORG V	30349	500g	12	2.99	N
	FUSILLI WHITE TWISTS ORG V	14014	500g	12	2.09	N
	FUSILLI WHOLEWHEAT ORG V	14011	500g	12	1.79	N
	FUSILLI WITH SPINACH ORG V	23488	500g	12	2.59	N
	GNOCCHI WHOLEWHEAT ORG V	14023	500g	12	1.79	N
	LINGUINE WHITE FLAT SPAG ORG	14013	500g	20	2.09	N
	LINGUINE WHOLEWHEAT ORG V	14009	500g	20	1.79	N
	MACARONI WHITE ORG V	20351	500g	12	2.29	N
	ORECCHIETTE WHOLEWHEAT ORG	23817	500g	12	2.29	N
	PAPPERDELLE NESTS WHITE ORG V	23818	500g	6	2.79	N
	PENNE SPELT ORG V	30350	500g	12	2.99	N
	PENNE WHOLEWHEAT ORG V	14010	500g	12	1.79	N
	SPAGHETTI SPELT ORG V	14008	500g	20	2.99	N
	SPAGHETTI WHITE ORG V	14025	500g	20	2.09	N
	SPAGHETTI WHOLEWHEAT ORG V	14024	500g	20	1.79	N
	TAGLIATELLE NESTS SPELT ORG	23816	500g	6	4.09	N
	TAGLIATELLE NESTS WHITE ORG	14814	500g	6	2.89	N
	TRENNE WHITE TRIANG TUBES ORG	14012	500g	12	2.29	N
	ORGRAN					
	BUCKWHEAT SPIRALS GF V	7399	250g	7	2.19	N
	CORN AND VEGETABLE SHELLS GF	7403	250g	7	1.99	N
	CORN SPIRALS GLUTEN FREE V	14820	250g	7	1.99	N
	VEGETABLE RICE SPIRALS GF V	7405	250g	7	2.09	N
	BIONA					
	WHITE SPELT PENNE ORG V	23558	500g	10	3.25	N
	WHITE SPELT SPAGHETTI ORG V	23557	500g	10	3.25	N
	KING SOBA					
	100% BROWN RICE NOODLES GF ORG	15780	250g	12	2.20	N
	BLACK RICE NOODLES ORG GF	18309	250g	12	2.35	N
	BRWN RICE WAKAME NOODLES GF ORG	24155	250g	12	2.20	N
	BUCKWHEAT NOODLES GF ORG V	15782	250g	12	2.34	N
	MILLET & BROWN RICE NOOD FT ORG	15785	250g	12	2.20	N
	PUMPKN GINGR BRICE NOODLES ORG	18310	250g	12	2.20	N
	SWEET POT BCKWHT NOOD ORG GF	18311	250g	12	2.35	N
	THAI RICE NOODLES ORG V	15786	250g	12	2.20	N
	ESSENTIAL					
	FUSILLI WHITE ORG V	17306	500g	12	1.45	N
	FUSILLI WHOLEWHEAT ORG V	17311	500g	12	1.49	N
	LUMACHE WHITE ORG V	17307	500g	12	1.45	N
	PENNE WHITE ORG V	17308	500g	12	1.45	N
	PENNE WHOLEWHEAT ORG V	17312	500g	12	1.49	N
	SPAGHETTI WHITE ORG V	17309	500g	12	1.45	N
	SPAGHETTI WHOLEWHEAT ORG V	17313	500g	12	1.49	N
	TORTIGLIONI WHITE ORG V	17310	500g	12	1.45	N
	CLEARSPRING					
	GREEN PEA & QUINOA FUSILLI GF ORG	24007	250g	8	2.89	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	RIZOPIA GLUTEN FREE					
	BROWN RICE ELBOWS GF ORG V	17732	500g	12	3.95	N
	BROWN RICE FUSILLI GF ORG	17734	500g	12	3.95	N
	BROWN RICE LASAGNE GF ORG V	22162	375g	12	3.95	N
	DOVES FARM					
	BROWN RICE FUSILLI GF ORG V	20208	500g	8	2.99	N
	BROWN RICE PENNE GF ORG V	20209	500g	8	2.99	N
	BROWN RICE SPAGHETTI GF ORG V	20210	500g	12	2.99	N
	BUCKWHEAT PENNE PASTA GF ORG V	23841	500g	8	3.99	N
	MAIZE & RICE FUSILLI GF ORG V	20211	500g	8	2.49	N
	MAIZE & RICE PENNE GF ORG V	20212	500g	8	2.49	N
	MAIZE & RICE SPAGHETTI GF ORG	20214	500g	12	2.49	N
	MULTIGRAIN PENNE PASTA GF ORG	23994	500g	8	2.99	N
PASTA SAUCES & TOMATO PRODUCTS	CAMPO					
	TOMATO PUREE 4.5KG CAN ORG V	23397	4.5kg	1	15.85	N
	TOMATO PUREE ORG V	13589	800g	12	3.25	N
	MERIDIAN					
	GREEN PESTO FREE FROM V	15654	170g	6	2.79	N
	PASTA SAUCE TOM & PEPP GF ORG	12376	440g	6	2.79	N
	PASTA SAUCE TOMATO & HERB GF ORG	1999	440g	6	2.79	N
	ZEST					
	PASTA SAUCE MUSH SMOKE GARLIC	1668	340g	6	2.38	N
	PESTO VEGAN 165g	715	165g	6	2.61	N
	PESTO VEGAN 340g	714	340g	6	4.41	N
	SUNITA					
	ARRABIATTA SAUCE ORG V	24088	350g	6	1.60	N
	CREAMED BASIL V	5143	130g	12	2.94	N
	PASSATA SAUCE ORG V	24089	350g	6	1.89	N
	PESTO GENOVESE ORG V	13706	130g	6	3.85	N
	PESTO ROSSO ORG V	15339	130g	6	3.80	N
	POMAROLA SAUCE ORG V	24090	350g	6	2.00	N
	ESSENTIAL					
	CHERRY TOMATOES WHOLE ORG V	19399	400g	12	1.29	N
	CHOPPED TOMATOES ORG V	12789	400g	12	0.95	N
	PASSATA ORG V	12790	700g	12	1.59	N
	RED PESTO DOUBLE CONC ORG V	20381	180g	6	4.19	N
	TOMATO PUREE TUBES ORG V	13877	130g	12	1.20	N
	TOMATOES CHOPPED CATERING ORG	12788	2.5kg	1	4.27	N
	TOMATOES WHOLE CANS ORG V	10997	2.5kg	1	4.27	N
	WHOLE TOMATOES ORG V	12791	400g	12	0.95	N
	GOMO					
	CHOPPED TOMATOES CATERING V	17182	2550g	6	3.46	N
	CHOPPED TOMATOES V	19779	400g	24	0.94	N
	WHOLE PEELED TOMATOES V	19778	400g	24	0.84	N
	HIGHLAND WHOLEFOODS					
	TOMATO HALVES SUNDRIED V	23343	3kg	4	24.66	N
	TOMATOES CHOPPED SUNDRIED 1KG V	24540	1kg	6	14.07	N
	SEGGIANO					
	RAW BASIL PESTO V GF	24703	200g	12	7.17	N
	BULK					
	TOMATO HALVES SUNDRIED CASE V	2968	10kg	1	79.75	N
PASTES & PUREES	PATAKS					
	MADRAS CURRY PASTE V	2283	283g	6	2.45	N
	ROGAN JOSH PASTE V	2721	283g	6	2.45	N
	GEO ORGANICS					
	BALTI CURRY PASTE ORG V	14003	180g	6	2.19	N
	BHUNA PASTE ORG V	22283	180g	6	2.19	N
	KORMA PASTE ORG V	13799	180g	6	2.19	N
	MADRAS CURRY PASTE ORG V	13801	180g	6	2.19	N
	RENDANG CURRY PASTE ORG V	23948	180g	6	2.75	N
	SINGAPORE NOODLES PASTE ORG V	23950	180g	6	2.75	N
	THAI GREEN CURRY PASTE ORG V	13862	180g	6	2.49	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	THAI RED CURRY PASTE ORG V	13863	180g	6	2.49	N
	THAI YELLOW CURRY PASTE ORG V	13864	180g	6	2.49	N
	TIKKA MASALA PASTE ORG V	13802	180g	6	2.19	N
	AL'FEZ					
	GREEN HARISSA V	23172	100g	6	2.35	N
	HARISSA V	15682	100g	6	2.12	N
	LEMON TAGINE STIR FRY PASTE	15683	100g	6	2.12	N
	PRESERVED LEMON PASTE V	24795	85g	6	2.25	N
	ROSE HARISSA V	24794	95g	6	2.49	N
	HARRY BRAND					
	HARISSA CHILLI SAUCE JAR GF	23538	210g	6	3.50	N
	HARISSA CHILLI SAUCE SQZY GF	23539	195g	6	3.50	N
PERSONAL HYGIENE	ESSENTIAL					
	SOFT TOILET TISSUE UNWRAPPED	12787	roll	36	0.55	Y
	TOILET ROLLS 4S ESSENTIAL	8671	4x1	10	2.48	Y
	NATRACARE					
	LIGHT INCONTINENCE PADS	18967	20pads	6	3.83	4
	PADS NIGHT TIME ORG	13080	10pads	12	2.79	4
	PADS REGULAR ORG	1068	14pads	12	2.39	4
	PADS SUPER ORG	1124	12pads	12	2.19	4
	PANTY LINERS CURVED	16560	30	16	1.79	4
	PANTY LINERS MINI ORG	1020	30	10	1.79	4
	ULTRA PADS LONG WITH WINGS LONG	18966	10pads	12	2.39	4
	ULTRA PADS REGULAR WITH WINGS	12597	14pads	12	2.39	4
	MOONCUP					
	MOONCUP SIZE A (30+ V BIRTH)	20944	A	1	22.55	4
	MOONCUP SIZE B (-30 & NO V BIRTH)	20945	B	1	20.49	4
PICKLES & CHUTNEYS	PATAKS					
	AUBERGINE PICKLE	2718	312g	6	2.25	N
	CHILLI PICKLE	2280	283g	6	2.25	N
	GARLIC PICKLE	2279	300g	6	2.25	N
	HOT LIME PICKLE (HOT)	2281	283g	6	2.25	N
	LIME PICKLE (MEDIUM)	2278	283g	6	2.25	N
	MANGO PICKLE MEDIUM/MILD	2717	283g	6	2.25	N
	MIXED PICKLE	2720	283g	6	2.25	N
	SWEET MANGO CHUTNEY	16840	340g	6	1.79	N
	GEO ORGANICS					
	APPLE APRICOT GINGER CHUTNEY ORG	23947	300g	6	2.99	N
	MANGO CHUTNEY FT ORG	12761	300g	6	2.89	N
	HUNTLY HERBS					
	BEETROOT & APPLE CHUTNEY GF ORG	19627	286g	6	3.99	N
	BLACK ISLE BLONDE CHUTNEY ORG	20981	124g	6	2.39	N
	BLACK ISLE PORTER CHUTNEY ORG	20980	312g	6	3.99	N
	CORIANDER CHUTNEY GF ORG	19629	300g	6	3.99	N
	GREEN TOMATO CHUTNEY GF ORG	20768	300g	6	3.99	N
	HOT LEMON RELISH GF ORG	20145	290g	6	3.99	N
	HOT PUMPKIN CHUTNEY GF ORG	20510	300g	6	3.99	N
	STRATHBOGIE SIZZLE CHUT GF ORG	19624	300g	6	3.99	N
	THREE LITTLE JARS CHUTNEY ORG	23444	3jars	1	3.99	N
	TRAD MARROW CHUTNEY ORG	19626	300g	6	3.99	N
	GALLOWAY CHILLIES					
	CHILLI LEMON CITRUS PRESERVE	24449	200g	6	4.25	N
RICE	All our rice products are suitable for vegans. Please see our main pricelist for full details.					
RICE CAKES	KALLO					
	RICE CAKE BUCKWHEAT & SEED GF	23059	130g	6	1.49	N
	RICE CAKE SESAME SALT NO.7 ORG	94	130g	6	1.48	N
	RICE CAKES DARK CHOC ORG	10246	90g	16	2.39	Y
	RICE CAKES NO SALT NO.2 ORG	93	130g	12	1.69	N
	RICE CAKES SALT & BALSAMIC VIN	20886	127g	6	1.79	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	RICE CAKES SALT NO.1 ORG	92	130g	12	1.69	N
	RICE CAKES SAVOURY GF	8151	110g	12	2.05	N
	RICE CAKES THICK NAS FT ORG	19547	130g	6	1.79	N
	RICE CAKES THIN NO SALT ORG	2776	130g	12	1.59	N
	CLEARSPRING					
	RICE CAKES 7 SUPER SEED ORG V	24693	120g	6	1.49	N
	RICE CAKES BWHEAT&AMARANTH ORG V	24694	120g	6	1.49	N
	RICE CAKES QUINOA & CHIA ORG V	24695	120g	6	1.49	N
SALAD DRESSINGS & DIPS	BLUE DRAGON					
	HOT SWEET CHILLI DIPPING SAUCE	21653	190ml	6	1.49	N
	SWEET CHILLI DIPPING SAUCE	7086	190ml	12	1.48	N
	PLAMIL					
	EGG FREE MAYONNAISE	2631	315g	6	2.45	N
	EGG FREE MAYONNAISE GARLIC	2629	325g	6	2.45	N
	PLAMIL ORGANICS					
	EGG FREE MAYONNAISE ORG	12771	315g	6	2.95	N
	GEO ORGANICS					
	MAYO CHILLI VEGAN ORG	23951	232g	6	2.39	N
	MAYO VEGAN ORG	23952	232g	6	2.39	N
	AL'FEZ					
	HOUMOUS DIP	19828	160g	6	2.15	N
	SALADWORX					
	DILL AND LEMON DRESSING	22097	250ml	6	5.65	N
VINEGARS	ASPALLS					
	APPLE BALSAMIC VINEGAR	22028	350ml	6	2.92	N
	BALSAMIC VINEGAR ORG	22029	350ml	6	2.92	N
	CYDER VINEGAR	20996	350ml	6	1.88	N
	CYDER VINEGAR 5LTR	735	5lt	1	17.64	N
	CYDER VINEGAR ORG 5LTR	10480	5lt	1	22.32	N
	CYDER VINEGAR ORGANIC	20999	350ml	6	1.53	N
	CYDER VINEGAR ORGANIC	734	500ml	6	1.75	N
	RAW CYDER VIN W'MOTHER ORG	24048	500ml	6	2.70	N
	RED WINE VINEGAR	20997	350ml	6	1.76	N
	RED WINE VINEGAR ORGANIC	21000	350ml	6	1.51	N
	WHITE WINE VINEGAR	20998	350ml	6	1.49	N
	WHITE WINE VINEGAR 5LTR	741	5lt	1	15.15	N
	WHITE WINE VINEGAR ORGANIC	21001	350ml	6	1.80	N
	BIONA					
	CIDER VINEGAR WITH MOTHER ORG	736	5lt	1	14.92	N
	CIDER VINEGAR WITH MOTHER ORG	22437	75cl	6	3.29	N
	BYODO					
	BALSAMIC VIN MODENA 6% ORG	19377	5lt	1	22.53	N
	RED WINE VINEGAR ORG	12887	5lt	1	18.33	N
	WHITE WINE VINEGAR ORG	13545	5lt	1	18.33	N
	CLEARSPRING					
	BROWN RICE VINEGAR ORG	2256	150ml	6	2.39	N
	CAMPO					
	BALSAMIC VINEGAR V ORG	24754	5lt	1	22.53	N
SAUCES HEAT & SERVE	MERIDIAN					
	KORMA SAUCE FREE FROM V	15653	350g	6	2.49	N
	PEANUT SATAY COOKING SAUCE V GF	24737	350g	6	2.49	N
	THAI PEANUT COOKING SAUCE GF V	24738	350g	6	2.49	N
	XIM XIM COOKING SAUCE V GF	24739	350g	6	2.49	N
	AL'FEZ					
	APRICOT & CORIANDER TAGINE SAUCE	15680	350g	6	2.64	N
	GEO ORGANICS					
	THAI SWEET CHILLI SAUCE ORG	22282	180g	6	2.49	N
SEAWEED PRODUCTS	CLEARSPRING					
	AGAR AGAR FLAKES	2225	28g	8	5.79	N
	ARAME	2228	50g	5	4.49	N
	GREEN NORI SPRINKLE	16033	20g	10	1.99	N
	KOMBU	2234	50g	5	5.49	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	SEAVEG CRISPIES CHILLI GF ORG	24188	5g	16	1.15	N
	SEAVEG CRISPIES ORIGINAL GF ORG	24189	5g	16	0.99	N
	SUSHI NORI	2241	17g	8	2.99	N
	TOASTED NORI STRIPS	16034	13.5g	12	2.99	N
	WAKAME	2244	50g	5	5.29	N
	ALGAMAR					
	ATLANTIC DULSE ORG	24400	50g	5	4.59	N
	ATLANTIC WAKAME ORG	19879	100g	6	7.49	N
	SEAVEG					
	IRISH CARRAGHEEN	21820	50g	4	4.93	N
	IRISH DULSE	21821	50g	4	4.94	N
	KOMBU	21822	50g	4	3.80	N
	MIXED SEAVEG	21823	50g	4	3.80	N
	SEA SPAGHETTI	21824	50g	4	4.94	N
	WAKAME (DABBERLOCKS)	21825	50g	4	4.94	N

SEEDS	All our seed products are suitable for vegans. <i>Please see our main pricelist for full details.</i>
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SNACKS, SAVOURY	ESSENTIAL					
	SESAME STICKS	22196	2.3kg	1	7.20	N
	HIGHLAND WHOLEFOODS					
	BOMBAY MIX	14639	125g	6	1.25	N
	BOMBAY MIX	4982	1kg	6	4.32	N
	BOMBAY MIX	6136	250g	6	1.60	N
	BOMBAY MIX 3KG	24315	3kg	1	14.67	N
	CASHEW NUTS WHOLE R&S	14609	250g	6	5.52	Y
	JAPANESE RICE CRACKERS	10934	250g	6	2.86	N
	JAPANESE RICE CRACKERS	24385	3kg	4	24.70	N
	KOREAN HOT RICE CRACKERS	10935	125g	6	2.12	N
	PEANUTS ROASTED & SALTED	14620	250g	6	2.58	Y
	PUMPKIN & SUNFLOWER MIX 3KG	22185	3kg	4	12.39	N
	SESAME STICKS	10936	250g	6	1.85	N
	SUPERSEED MIX	19111	250g	6	1.68	N
	AMAIZIN'					
	TORTILLA CHIPS NATURAL GF ORG	12777	75g	16	1.25	N
	TORTILLA CHIPS PAPRIKA GF ORG	12778	75g	16	1.25	N
	GREENCITY					
	JAPANESE RICE CRACK MIX BULK	6492	7.5kg	1	69.96	N
	CLEARSPRING					
	BROWN RICE CHIPS BWHEAT&CHIA V	24697	60g	8	1.49	Y
	BROWN RICE CHIPS ORG V	24696	60g	8	1.49	Y
	BROWN RICE CHIPS RED LENTIL	24698	60g	8	1.49	Y
	TYRRELLS					
	LIGHTLY SALTED POTATO CHIPS	17981	40g	24	0.85	Y
	LIGHTLY SEA SALTED CHIPS	19026	150g	12	2.24	Y
	MACKIE'S					
	SEA SALT & VINEGAR CRISPS	20232	40g	24	0.74	Y
	COFRESH					
	POPPADUM CURLS CHILLI LEM V	24656	80g	12	0.89	N
	EAT REAL					
	HUMMUS CHIPS CHILLI & LEM GF	24285	135g	10	1.49	N
	HUMMUS CHIPS CHILLI & LEM GF	22519	45g	12	0.71	N
	HUMMUS CHIPS CREAMY DILL GF	24287	135g	10	1.49	N
	HUMMUS CHIPS CREAMY DILL GF	22518	45g	12	0.71	N
	HUMMUS CHIPS SEA SALT GF	24284	135g	10	1.49	N
	HUMMUS CHIPS TOM & BASIL GF	24286	135g	10	1.49	N
	HUMMUS CHIPS TOMATO & BASIL GF	22521	45g	12	0.71	N
	LENTIL CHIPS CHILLI & LEM GF	24280	113g	10	1.49	N
	LENTIL CHIPS CREAMY DILL GF	24282	113g	10	1.49	N
	LENTIL CHIPS SALT GF	22524	40g	12	0.69	N
	LENTIL CHIPS SEA SALT GF	24279	113g	10	1.49	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	LENTIL CHIPS TOM & BASIL GF	24281	113g	10	1.49	N
	LENTIL CHIPS TOMATO & BASIL GF	22525	40g	12	0.75	N
	QUINOA & KALE PUFF JAL & CHEDDAR	24488	113g	12	1.95	Y
	QUINOA CHIPS CHILLI & LIME	24291	80g	10	1.66	N
	QUINOA CHIPS CHILLI & LIME	23513	30g	12	0.71	N
	QUINOA CHIPS HOT & SPICY	24289	80g	10	1.66	N
	QUINOA CHIPS SD TOM & GARLIC	23416	30g	12	0.71	N
	QUINOA CHIPS SOURCREAM&CHIVE	23514	30g	12	0.71	N
	QUINOA CHIPS TOM & GARLIC	24288	80g	10	1.66	N
	QUINOA PUFFS JALAPENO & CHEDDAR	24388	113g	12	1.95	Y
	QUINOA SOUR CREAM & CHIVE	24290	80g	10	1.66	N
	VEGGIE & KALE STRAWS GF	24283	113g	10	1.81	Y
	BULK					
	BOMBAY MIX CASE 10KG	903	10kg	1	34.80	N
	KOREAN CHILLI RICE CRACKERS	19151	2.5kg	1	28.68	N
SNACKS, SWEET	HIGHLAND WHOLEFOODS					
	DELUXE MIXED NUTS & RAISINS	4985	1kg	6	15.61	N
	HIGH ENERGY MOUNTAIN MIX	22454	1kg	6	10.00	N
	HIGH ENERGY MOUNTAIN MIX	22455	250g	6	3.11	N
	HIGH ENERGY MOUNTAIN MIX	23854	3kg	4	27.67	N
	MIXED NUTS & RAISINS DELUXE	6184	250g	6	4.51	N
	MIXED NUTS DELUXE RAISINS	23315	3kg	4	44.48	N
	HIGHLAND WHOLEFOODS ORGANIC					
	FRUIT & NUT MIX ORG 3KG	1596	3KG	4	27.00	N
	AGROS					
	SESAME SNAPS	845	30g	24	0.34	Y
	SESAME SNAPS CHOCOLATE	14098	30g	24	0.42	Y
	SESAME SNAPS COCONUT	16088	30g	24	0.37	Y
	SESAME SNAPS MULTIPACK 0	13458	4x30g	30	1.11	Y
	YUM EARTH					
	ANTI OXIFRUIT VITC DROPS GF ORG	24052	93.5g	6	3.49	Y
	FRUIT FLAVOUR LOLIPOPS GF ORG	24057	85g	6	3.49	Y
	SOUR LOLLIPOPS GF ORG	24058	85g	6	3.49	Y
	WILD PEPPERMINT CANDIES GF ORG	24380	93.5g	6	3.49	Y
	NAKD					
	BANANA CRUNCH BAR GF	22205	35g	18	0.89	Y
	COCOA CRUNCH BAR GF	22206	35g	18	0.89	Y
	GINGER BREAD BAR G V	24820	35g	18	0.88	Y
	LEMON DRIZZLE BAR V G	24821	35g	18	0.88	Y
	PECAN PIE BAR GF	22055	35g	18	0.89	Y
	STRAWBERRY CRUNCH BAR GF	22207	35g	18	0.89	Y
	BIONA					
	COOL COLA BOTTLES GF ORG	24350	75g	10	1.89	Y
	JELLY DINOS GF ORG	24351	75g	10	1.89	Y
	POMEGRANATE HEARTS GF ORG	24352	75g	10	1.89	Y
	SOUR SNAKES GF ORG	24353	75g	12	2.08	Y
	TUTTI FRUTTI GUMS GF ORG	24354	75g	10	1.89	Y
	FREEDOM MALLOWS					
	MARSHMALLOWS STRAWBERRY VEG GF	23859	75g	10	3.20	Y
	MARSHMALLOWS VANILLA VEGAN GF	22172	75g	10	2.24	Y
	ESSENTIAL					
	VEGAN MIXED CASE FLAPJACK ORG	21461	100g	20	1.09	N
	TREK					
	BANANA BREAD FLAPJACK	22678	50g	16	1.01	N
	COCOA COCONUT FLAPJACK	22679	50g	16	1.01	N
	COCOA OAT FLAPJACK	22680	50g	16	1.01	N
	TREK COCOA CHAOS GF	23484	55g	16	1.23	Y
	MIGHTY BEE					
	CHOC & HAZEL COCONUT JERKY	24371	30g	12	3.25	N
	FRUTINA					
	SUNSHINE KIDS VARIETY BARS	2661	15g	60	0.44	Y
	MA BAKER					
	GIANT BAR BERRY MIXED V	8303	90g	20	0.70	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	GIANT BAR COFFEE V	24298	90g	20	0.85	N
	GIANT BAR FRUIT MIXED V	5559	90g	20	0.70	N
	GIANT BAR NUT MIXED V	2642	90g	20	0.70	N
	GIANT BAR TROPICAL MIXED V	6900	90g	20	0.59	N
	PANDA					
	LICORICE TORPEDOS	23265	100g	18	1.35	Y
	LIQUORICE BAR NATURAL	901	32g	36	0.51	Y
	LIQUORICE BEARS	8368	125g	12	1.27	Y
	LIQUORICE PIECES ORIGINAL	19725	240g	12	2.15	Y
	NATURAL OAT LIQUORICE BAR V	24766	32g	36	0.56	Y
	RASPBERRY BAR NATURAL	1196	32g	36	0.51	Y
	ARTISAN GRAINS					
	MIXED SUPERFOOD BARS V	24297	4x45g	16	1.20	Y
	SUNITA					
	HALVA GRAPE & SULTANA ORG V	16331	75g	12	1.59	N
	HALVA GRAPE JUICE & SULTANA	22606	75g	24	1.55	N
	SOGUD					
	SEED & APRICOT SQUARES V	24745	45g	10	1.59	N
	SEED & WALNUT SQUARE V	24876	45g	10	1.59	N
	NINE					
	NINE ALMOND SES BAR GF V	24521	40g	20	0.88	Y
	NINE CAROB HEMP BAR GF V	24512	40g	20	0.88	Y
	NINE CAROB RASP CHIA GF V	24546	40g	20	0.88	Y
	NINE PUMPKIN SUN SEED BAR GF V	24520	40g	20	0.88	Y
	WHOLEBAKE					
	APPLE & RASPBERRY FLAPJACK GF	22537	80g	20	0.70	N
	APRICOT & ALMOND FLAPJACK GF	22539	80g	20	0.70	N
	CASHEW & COCONUT FLAPJACK GF	22353	80g	20	0.70	N
	CRANBERRY FLAPJACK GF	22354	80g	20	0.70	N
	PECAN FLAPJACK GF	22355	80g	20	0.70	N
	PISTACHIO FLAPJACK GF	22356	80g	20	0.70	N
	SUMMER BERRY FLAPJACK GF	22352	80g	20	0.70	N
	BOUNCE					
	ALMOND SPIRULINA SNACK GF V	24492	40g	12	1.85	N
	PEPPERSMITH					
	EXTRA STRONG EUC & PEPPERMINT	21788	15g	12	1.59	Y
	LEMON & PEPPERMINT FRESH MINTS	21195	15g	12	1.59	Y
	PEPPERMINT CHEWING GUM	21192	15g	12	1.39	Y
	PEPPERMINT FRESH MINTS	21194	15g	12	1.59	Y
	SPEARMINT CHEWING GUM	21193	15g	12	1.39	Y
	VEGEBEAR'S					
	VEGEBEAR'S COLA KOALA'S ORG	22235	100g	8	1.53	Y
	VEGEBEAR'S FROOTY FRUITS ORG	14032	100g	8	1.53	Y
	VEGEBEAR'S FRUIT JELLIES ORG	12518	100g	8	1.53	Y
	DOVES FARM					
	AGAVE NECTAR FJACK FREE FROM GF	23192	4x35g	7	2.49	N
	APPLE & SULT FJACK FFROM GF	23195	35g	18	0.69	N
	APPLE & SULT FJACK FREE FROM GF	23189	4x35g	7	2.49	N
	APRICOT & CHIA FJACK FREE FROM GF	23191	4x35g	7	2.49	N
	APRICOT CHIA FJACK FREE FROM GF	23197	35g	18	0.69	N
	BANANA & HEMP FJACK FREE FROM GF	23196	35g	18	0.69	N
	CHOC CHIP FJACK FREE FROM GF	23200	35g	18	0.69	N
	CHOC CHIP FJACK FREE FROM GF	23194	4x35g	7	2.49	N
	FIG & LINSEED FJACK FREE FROM GF	23193	4x35g	7	2.49	N
	MERIDIAN					
	ALMOND BAR	22746	40g	18	1.49	Y
	CASHEW BAR	23142	40g	18	1.49	Y
	PEANUT & BANANA BAR	23510	40g	18	1.18	Y
	PEANUT & BERRY BAR	23511	40g	18	1.19	Y
	PEANUT & COCOA BAR	23509	40g	18	1.18	Y
	PEANUT & COCONUT BAR	24355	40g	18	1.19	Y
	PEANUT & PUMPKIN BAR	24356	40g	18	1.20	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PEANUT BAR	22745	40g	18	1.18	Y
	GOODY GOOD STUFF					
	COLA BREEZE	21972	100g	12	1.35	Y
	KOALA GUMMY BEARS	21973	100g	12	1.35	Y
	ORGANIC BULK					
	FRUIT & NUT MIX ORG 5KG	1596B	5kg	1	46.99	N
ALTERNATIVES TO MILK	OATLY					
	OAT MILK DRINK ORG	10338	1lt	6	1.65	N
	OATLY CALCIUM ENRICHED DRINK	16615	1lt	6	1.65	N
	OATLY CHOCOLATE OAT DRINK ORG	18511	1lt	6	1.96	N
	OATLY CREAM V	18642	250ml	18	1.04	N
	OATLY FOAMABLE/BARISTA	23797	1lt	6	1.99	N
	PLAMIL					
	SOYA MILK ORGANIC	16166	1lt	6	2.10	N
	PROVAMEL					
	ALMOND DRINK UNSWEETENED ORG	21614	1lt	12	2.85	N
	CHOCOLATE DRINK GF ORG	19049	1lt	8	1.95	N
	COCONUT & RICE DRINK GF ORG	22559	1lt	12	2.47	N
	RICE DRINK ORG (GREEN)	9587	1lt	12	1.89	N
	SOYA ALT. TO CREAM ORG	19430	250ml	15	1.19	N
	SOYA BANANA DRINK ORG	24087	250ml	15	0.65	N
	SOYA CHOCOLATE DRINK ORG	24082	250ml	15	0.73	N
	SOYA DRINK CALC VIT LIGHT BLUE	19876	1lt	12	1.74	N
	SOYA DRINK CALCIUM DRK BLUE ORG	19052	1lt	12	1.83	N
	SOYA MILK UNSWEET RED ORG	19056	500ml	16	1.16	N
	SOYA MILK UNSWEETENED RED ORG	19055	1lt	12	1.80	N
	SOYA STRAWBERRY DRINK ORG	24258	250ml	15	0.68	N
	VANILLA SOYA MILK WAS ORG	23809	1lt	8	1.94	N
	SOYA SOLEIL					
	SOYA ALT. TO MILK SWEETENED	14086	1lt	8	1.35	N
	SOYA ALT. TO MILK UNSWEETENED	14087	1lt	8	1.60	N
	ECOMIL					
	ALMOND DRINK AGAVE SYR GF ORG	14164	1lt	6	3.93	N
	ALMOND DRINK POWDER	21107	400g	6	16.80	N
	HEMP MILK SUGAR FREE ORG GF	23462	1lt	6	3.93	N
	NAT ALMOND DRINK NAS GF ORG	20948	1lt	6	3.93	N
	ALPRO					
	OAT MILK FOR PROFESSIONALS V ORG	24952	1ltr	8	2.38	N
	RICE DREAM					
	RICE DREAM CALC. ENRICHED	12035	1lt	12	1.90	N
	RICE DREAM ORIGINAL ORG	2850	1lt	12	1.91	N
	RICE DREAM VANILLA ORG	6556	1lt	12	2.15	N
	KARA					
	COCONUT DRINK&CALCIUM VEGAN	21963	3x250	8	1.99	N
	GOOD					
	HEMP MILK NO SUGAR V	24903	1lt	12	1.99	N
	HEMP MILK V	20688	1lt	12	1.99	N
	BLUE DIAMOND					
	ALMOND BREEZE BARISTA STYLE V	24758	1lt	8	2.50	N
	ALMOND MILK ORIGINAL	21968	1lt	8	1.79	N
	ALMOND MILK UNSWEETENED	21969	1lt	8	1.79	N
	KOKO					
	COCONUT DRINK & CALCIUM	22780	1lt	12	1.79	N
	RUDE HEALTH					
	ALMOND DRINK ORG	23485	1lt	6	2.49	N
	BROWN RICE DRINK	23986	1lt	6	2.30	N
	COCONUT DRINK V GF ORG	24742	1lt	6	2.99	N
	CHAMPION					
	SOYA MILK PORTION PACKS	24665	20x12g	12	2.40	N
	MINOR FIGURES					
	MINOR FIGURES OAT MILK V	24951	1ltr	6	2.38	N
SPREADS, NUT & SEES	EQUAL EXCHANGE					
	PEANUT BUTTER CRUNCH SALT FT ORG	18248	280g	6	2.99	N
	MERIDIAN					

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ALMOND BUTTER CRUNCHY 100%	22190	170g	6	3.29	N
	ALMOND BUTTER SMOOTH 100%	22564	170g	6	3.29	N
	ALMOND BUTTER SMOOTH 100% 1kg	22562	1kg	6	17.99	N
	ALMOND BUTTER SMOOTH 100% ORG	22561	170g	6	3.99	N
	ALMOND BUTTER SMOOTH SALT ORG	18701	170g	6	4.49	N
	ALMOND BUTTER SMOOTH WITH SALT	2584	170g	6	3.29	N
	CASHEW BUTTER CRUNCHY 100%	22216	170g	6	4.01	N
	CASHEW BUTTER SMOOTH 100%	6103	170g	6	4.00	N
	CASHEW BUTTER SMOOTH 100% ORG	18858	170g	6	5.00	N
	CASHEW BUTTER SMOOTH 454G	24309	454g	6	9.86	N
	COCOA & HAZELNUT BUTTER	24432	170g	6	3.99	N
	COCOA & PEANUT BUTTER	24431	280g	6	2.79	N
	CRUNCHY ALMOND BUTTER 100%	24238	1kg	6	17.99	N
	CRUNCHY CASHEW BUTTER	24237	1kg	6	19.99	N
	HAZELNUT BUTTER CRUNCHY 100%	946	170g	6	3.99	N
	LIGHT TAHINI ORG 454g	24308	454g	6	4.49	N
	PEANUT BUTTER CRUNCHY 100%	14206	280g	6	2.49	N
	PEANUT BUTTER CRUNCHY 100% 1kg	937	1kg	6	7.02	N
	PEANUT BUTTER CRUNCHY 100% ORG1k	19575	1kg	6	8.02	N
	PEANUT BUTTER CRUNCHY 100% ORG	10501	280g	6	2.69	N
	PEANUT BUTTER CRUNCHY ORG 454g	24305	454g	6	3.99	N
	PEANUT BUTTER CRUNCHY SALT	14205	280g	6	2.49	N
	PEANUT BUTTER CRUNCHY SALTED 1kg	1876	1kg	6	6.99	N
	PEANUT BUTTER SMOOTH 100%	14208	280g	6	2.49	N
	PEANUT BUTTER SMOOTH 100% 1kg	2581	1kg	6	7.02	N
	PEANUT BUTTER SMOOTH 100% ORG	22217	1kg	6	8.02	N
	PEANUT BUTTER SMOOTH 100% ORG	18703	280g	6	2.69	N
	PEANUT BUTTER SMOOTH ORG 454g	24306	454g	6	3.99	N
	PEANUT BUTTER SMOOTH SALT	14207	280g	6	2.49	N
	PEANUT BUTTER SMOOTH SALT ORG	18702	280g	6	2.69	N
	PEANUT BUTTER SMOOTH SALTED 1kg	2580	1kg	6	6.99	N
	PEANUT BUTTER WITH SEEDS	24236	280g	6	2.69	N
	PUMPKIN SEED BUTTER ORG	19204	170g	6	3.00	N
	TAHINI DARK ORG 100%	9879	270g	6	3.00	N
	TAHINI LIGHT 454g	24307	454g	6	3.99	N
	TAHINI LIGHT ORG 100%	9878	270g	6	3.00	N
	SUNITA					
	DARK TAHINI	22602	280g	12	2.90	N
	DARK TAHINI ORGANIC	22604	280g	6	3.89	N
	LIGHT TAHINI	22601	280g	12	2.90	N
	LIGHT TAHINI ORGANIC	22603	280g	6	3.89	N
	WHOLE EARTH					
	PEANUT BUTTER CRUNCHY ORG	8131	227g	6	3.36	N
	PEANUT BUTTER ORIGINAL CRUNCHY	20468	340g	6	3.78	N
	PEANUT BUTTER ORIGINAL SMOOTH	15280	340g	6	3.56	N
	PEANUT BUTTER SMOOTH ORG	8132	227g	6	3.50	N
	ESSENTIAL					
	PEANUT BUTTER CRUNCH SALT ORG	10206	1kg	1	8.60	N
	PEANUT BUTTER CRUNCH SALT ORG	10204	350g	6	2.99	N
	PEANUT BUTTER CRUNCHY NAS ORG	13900	1kg	1	8.60	N
	PEANUT BUTTER CRUNCHY NAS ORG	13898	350g	6	2.99	N
	PEANUT BUTTER SMOOTH NAS ORG	13902	1kg	1	8.60	N
	PEANUT BUTTER SMOOTH NAS ORG	13901	350g	6	2.99	N
	PEANUT BUTTER SMOOTH SALT ORG	10205	350g	6	2.99	N
	TAHINI DARK ESSENTIAL	13881	340g	12	3.95	N
	TAHINI LIGHT	13883	3kg	1	29.85	N
	TAHINI LIGHT ESSENTIAL	13882	340g	12	3.95	N
	ALMIGHTY					
	CASHEW CARAMELO NUT BUTTER ORG	24447	200g	8	6.42	N
	RASP WHIP CASHEW NUT BUTTER ORG	24448	200g	8	6.40	N
	COCOFINA					
	COCONUT BUTTER V ORG	24494	335g	12	7.85	N
	GRANOVITA					
SPREADS, SAVOURY	BUCKWHEAT & CHIA PATE GF ORG	24325	125g	12	1.95	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CHICK PEA PATE	20850	125g	12	1.69	N
	CHICKPEA & SESAME PATE GF ORG	24326	125g	12	1.95	N
	GRILLED AUBERGINE PATE GF ORG	24327	125g	12	1.95	N
	PEPPERCORN PATE GF ORG	20848	125g	12	1.68	N
	READY SPREADY HERB PATE ORG	13633	200g	12	2.89	N
	READY SPREADY MUSH PATE ORG	13716	200g	12	2.89	N
	READY SPREADY ORIGINAL PATE ORG	13316	200g	12	2.89	N
	RED PEPPER & ALMOND PATE GF ORG	24329	125g	12	1.95	N
	TANGY TOMATO PATE YF GF ORG	19089	200g	12	2.89	N
	TOFU PATE SPICY MEX GF ORG	5777	200g	12	2.89	N
	TOFU PATE TOM & PEPPER ORG	20849	125g	12	1.69	N
	TOMATO & ROCKET PATE GF ORG	24324	125g	12	1.95	N
	WALNUT & BASIL PATE GF ORG	24328	125g	12	1.95	N
	MERIDIAN					
	YEAST EXTRACT B12 + SALT	5841	340g	6	3.99	N
	YEAST EXTRACT B12 NAS	19574	340g	6	4.01	N
	MODERN HEALTH					
	NATEX YEAST EXTRACT REDUCE SALT	21047	225g	8	4.07	N
	SUNITA					
	KALAMON OLIVE PATE ORGANIC	13710	130g	6	3.85	N
	TARTEX					
	CLASSIC PATE TUBES ORG	18914	200g	12	2.79	N
	GARLIC & HERB PATE TUBES ORG	18915	200g	12	2.79	N
	HERB PATE TUBES ORG	18916	200g	12	2.79	N
	MUSHROOM PATE TUBES ORG	18917	200g	12	2.79	N
	OLIVE PATE TUBES ORG	18918	200g	12	2.79	N
	ESSENTIAL					
	VITAM-R YEAST EXTRACT LOW SALT	14115	125g	6	3.75	N
	YEAST EXTRACT LOW SALT	16211	250g	6	6.39	N
SPREADS, SWEET & JAMS	BIONA					
	PEAR & APPLE SPREAD ORG	8992	450g	6	4.89	N
	MERIDIAN					
	APRICOT SPREAD ORG	767	284g	6	2.69	N
	BLACKCURRANT SPREAD ORG	768	284g	6	2.69	N
	BLOOD ORANGE FRUIT SPREAD ORG	20751	284g	6	2.69	N
	CHERRIES & BERRIES SPREAD ORG	14923	284g	6	2.70	N
	MORELLO CHERRY SPREAD ORG	769	284g	6	2.69	N
	RASPBERRY SPREAD ORG	9903	284g	6	2.69	N
	SEVILLE ORANGE SPREAD ORG	1625	284g	6	2.69	N
	STRAWBERRY SPREAD ORG	832	284g	6	2.70	N
	WILD BLUEBERRY SPREAD ORG	8107	284g	6	2.70	N
	ST DALFOUR					
	4 FRUIT SPREAD	2769	284g	6	2.37	N
	APRICOT SPREAD	2765	284g	6	2.37	N
	BLACKBERRY SPREAD	2766	284g	6	2.37	N
	BLACKCHERRY SPREAD	2775	284g	6	2.37	N
	BLACKCURRANT SPREAD	2767	284g	6	2.37	N
	BLUEBERRY SPREAD	2768	284g	6	2.37	N
	CRANBERRY & BLUEBERRY SPREAD	16800	284g	6	2.37	N
	FIG ROYALE SPREAD	13550	284g	6	2.37	N
	ORANGE & GINGER SPREAD	13551	284g	6	2.37	N
	ORANGE SPREAD	2770	284g	6	2.37	N
	PEACH SPREAD	2771	284g	6	2.37	N
	PINEAPPLE & MANGO SPREAD	13552	284g	6	2.37	N
	PLUM SPREAD	2772	284g	6	2.37	N
	RASPBERRY & POMEGRANATE SPREAD	23376	284g	6	2.50	N
	RASPBERRY SPREAD	2773	284g	6	2.37	N
	STRAWBERRY SPREAD	2774	284g	6	2.37	N
	SUMA					
	PEAR AND APPLE SPREAD	21792	300g	12	2.10	N
	ESSENTIAL TRADING					
	DARK CHOCOLATE SPREAD FT ORG	18954	400g	6	3.10	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	ROSE COTTAGE COUNTRY KITC					
	BLACKCURRANT JAM LOCAL	18636	340g	6	3.65	N
	DAMSON JAM LOCAL	18640	227g	6	3.25	N
	HIGHLAND RASPBERRY JAM LOCAL	18645	340g	6	3.65	N
	MALT WHISKY MARMALADE LOCAL	18649	227g	6	3.17	N
	SEVILLE ORANGE MARMALADE LOCAL	18648	340g	6	3.55	N
	STRAWBERRY JAM LOCAL	18646	340g	6	3.65	N
	THREE FRUIT MARMALADE LOCAL	18647	340g	6	3.55	N
	HUNTLY HERBS					
	GOOSEBERRY & ELDFL JAM ORG	24156	300g	6	3.99	N
	GOOSEBERRY JAM GF ORG	22379	300g	6	3.99	N
	RASPBERRY JAM ORG 800g	23905	800g	6	11.95	N
	RASPBERRY JAM ORG LOCAL 300g	24102	300g	6	3.99	N
	THREE LITTLE JARS JAM ORG	23445	3jars	1	3.99	N
	SO FREE					
	CHOCOLATE SPREAD PLAIN ORG	16165	275g	6	3.15	N
	DARK CHOC SPREAD V ORG	24564	275g	6	3.15	N
	MILK CHOC ALT SPREAD V ORG	24563	275g	6	3.15	N
STOCKS & SOUPS	GEO ORGANICS					
	MUSHROOM & BUCKWHEAT SOUP ORG	23804	400g	6	1.69	N
	TOM GOJIBERRY & SEEDS SOUP ORG	23805	400g	6	1.99	N
	JUST WHOLEFOODS					
	INSTANT CARROT CORNDR.SOUP ORG	9017	4x17g	8	1.39	N
	INSTANT LEEK & POT.SOUP ORG	9016	4x17g	8	1.39	N
	INSTANT TOM & BASIL SOUP ORG	9015	4x17g	8	1.39	N
	KALLO					
	LOW SALT VEG STOCK CUBES ORG	12537	6x11g	15	1.59	N
	STOCK CUBES FRENCH ONION ORG	9087	6cubes	15	1.59	N
	STOCK CUBES GARLIC & HERB ORG	9089	6cubes	15	1.59	N
	STOCK CUBES MUSHROOM ORG	9091	6cubes	15	1.59	N
	STOCK CUBES TOM & HERB ORG	9088	6cubes	15	1.59	N
	STOCK CUBES VEG YEAST FREE	6050	6cubes	15	1.59	N
	STOCK CUBES VEGETABLE ORG	5350	6cubes	15	1.59	N
	MARIGOLD					
	BOUILLION VEGAN (RED) ORGANIC	12033	900g	1	11.90	N
	BOUILLION CUBES LOW SALT ORG	12452	8cubes	12	1.49	N
	BOUILLION CUBES ORGANIC	12451	8cubes	12	1.29	N
	BOUILLION LO SALT VEGAN (PURPLE)	5537	1kg	1	11.67	N
	BOUILLION REDUCE SALT GF V ORG	21066	140g	6	2.35	N
	BOUILLION REDUCE SALT VEGAN PURPL	16452	500g	6	6.36	N
	BOUILLION VEGAN (RED) ORG	8491	150g	6	2.39	N
	BOUILLION VEGAN (RED) ORGANIC	16451	500g	6	7.15	N
	BOUILLION VEGAN LO SALT (PURPLE)	1680	150g	6	2.09	N
	LIQUID AMINOS SEASONING GF	20870	250ml	6	3.59	N
	MODERN HEALTH					
	VECON VEGETABLE EXTRACT	962	1kg	1	14.62	N
	VECON VEGETABLE EXTRACT	961	225g	8	3.59	N
	CLEARSPRING					
	HEARTY RED INSTANT MISO SOUP	2224	4x10g	8	3.59	N
	MELLOW WHITE INST MISO SOUP	2223	4x10g	8	3.59	N
	MISO SOUP INSTANT SEA VEG ORG	22458	4x15g	8	3.99	N
	ESSENTIAL					
	LENTIL & PUMPKIN SOUP GF V ORG	17314	680g	6	2.85	N
	LENTIL SOUP GF V ORG	17315	680g	6	2.85	N
	PEA SOUP GF V ORG	17317	680g	6	2.85	N
	TOMATO SOUP GF ORG V	17318	680g	6	2.85	N
	VEGETABLE & TOMATO SOUP V GF ORG	17319	680g	6	2.85	N
	FREE & EASY					
	BROCCOLI & KALE SOUP GF ORG	24373	400g	6	1.65	N
	BUTTERNUT SQUASH & GINGER GF ORG	24374	400g	6	1.55	N
	CARROT & COCONUT SOUP GF ORG	24375	400g	6	1.55	N
	LENTIL & RED PEPPER SOUP GF ORG	12714	400g	6	1.55	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	PEA & MINT SOUP GF ORG	24377	400g	6	1.55	N
	SWEET POTATO & CHIA SOUP GF ORG	24376	400g	6	1.65	N
	TOMATO SOUP GF ORG	24378	400g	6	1.55	N
	AMY'S KITCHEN					
	RUSTIC ITALIAN VEG SOUP GF ORG	22576	397g	6	2.62	N
	9 MEALS FROM ANARCHY					
	GARDEN HERB STOCK ORG 9MEALS	24846	105g	6	3.75	N
	UMAMI VEG STOCK ORG 9MEALS	24847	105g	6	3.75	N
	VEGETABLE STOCK ORG 9 MEALS	24410	105g	6	3.75	N

SUGARS & SWEETENERS	All our sugars and sweeteners are suitable for vegans. Please see our main pricelist for full details.
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TEA BAGS	CLIPPER					
	ASSAM TEABAGS FT ORGANIC	9325	50bags	6	2.53	N
	DECAFF EVERYDAY 40s ORG	12674	40bags	6	3.13	N
	EARL GREY TEA FT ORG ENVELOPES	21498	250bag	1	19.60	N
	EARL GREY TEABAGS FT ORG	9326	50bags	6	2.99	N
	ENG BREAKFAST FT ORG ENVELOPES	21497	250bag	1	19.60	N
	ENGLISH BFAST TEABAGS FT ORG	9328	40bags	6	2.53	N
	EVERYDAY BLEND CLIPPER FT	7860	80bags	6	3.36	N
	EVERYDAY TBAGS FT ENVELOPES	21496	250bag	1	19.60	N
	GREEN TEABAGS FT ORG	20539	50bags	6	2.69	N
	INDIAN CHAI TEABAGS ORG	14069	20bags	6	1.80	N
	TEA BAGS EVERYDAY ORG	18621	40bags	6	2.01	N
	TEABAGS EVERYDAY ORG 80s	10822	80bags	6	3.49	N
	WHITE TEA & VANILLA ORG	17665	26bags	6	1.90	N
	ELEVEN O'CLOCK					
	ROOIBOSCH TEABAGS ORG	5041	40bags	10	2.62	N
	ROOIBOSCH TEABAGS ORG	5040	80bags	5	5.12	N
	QI					
	CHINA GREEN DETOX FT ORG	13971	25bags	6	2.09	N
	CHINA GREEN GINGER TEABAG FT ORG	13972	25bags	6	2.09	N
	CHINA GREEN JASMINE TBAG FT ORG	16053	25bags	6	1.69	N
	CHINA GREEN MINT TEABAG FT ORG	13969	25bags	6	1.69	N
	GREEN TEA TRAD TEABAGS	10135	25bags	6	1.15	N
	GREEN TEABAGS ORG FT ORG	10137	25bags	6	1.69	N
	WHITE & SPICY TEABAGS ORG	23217	25bags	6	1.89	N
	WHITE TEABAGS FT ORG	16054	25bags	6	1.89	N
	RIDGEWAYS					
	TEABAGS ORG 80s	1410	80bags	12	2.85	N
	HAMPSTEAD TEA & COFFEE CO					
	DARJEELING TEABAGS FT ORG	13996	20bags	4	2.49	N
	EARL GREY TEABAGS ENV FT ORG	10704	20bags	4	2.49	N
	GREEN TEABAGS ORG	23964	20bags	4	2.49	N
	KARMA CHAI SPICED TEABAG ORG	23962	20bags	4	2.39	N
	TRAI DCRAFT					
	TEABAGS 1 CUP EVERYDAY FAIRTRADE	13953	440bag	1	11.45	N
	TWININGS					
	EARL GREY TEABAGS 50s	6011	50bags	4	3.74	N
	EARL GREY TEABAGS ORG	12808	50bags	4	5.36	N
	LADY GREY TEABAGS 50s	8013	50bags	4	3.74	N
	SMOKY LAPSANG TEABAGS 20	23389	20bags	4	2.30	N
	DRAGONFLY TEA					
	CAPE MALAY ROOIBOS CHAI ORG	12782	20bags	4	2.05	N
	DRAGONFLY RED RANGE					
	ROOIBOS EARL GREY	16204	40bags	4	2.75	N
	ROOIBOS VANILLA	16206	40bags	4	2.75	N
	TICK TOCK					
	TICK TOCK GREEN TEA ORG	19680	40bags	4	2.39	N
	CAFEDIRECT					
	EVERYDAY TEADIRECT TBAGS FT	10133	80bags	6	3.20	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	TEABAGS CATERING FAIR TRADE	10760	1100	2	34.25	N
	PUKKA					
	ELEGANT ENGLISH BFAST FT ORG	22999	20bags	4	2.99	N
	GORGEOUS EARL GREY FT ORG	22333	20bags	4	2.99	N
TEABAGS HERBAL	CELESTIAL SEASONINGS					
	BENGAL SPICE TEABAGS	24272	20bags	6	2.75	N
	MATCHA GREEN TEABAGS V ORG	24545	20bag	6	2.99	N
	SLEEPYTIME TEABAGS	19744	20bags	6	2.49	N
	HEATH & HEATHER					
	CAMOMILE ORGANIC	10649	20bags	6	2.49	N
	FENNEL	16481	50bags	6	3.09	N
	NETTLE	16478	50bags	6	3.09	N
	NETTLE ORGANIC	13266	20bags	6	2.49	N
	NIGHT TIME TEABAGS ORG	24529	20bag	6	3.00	N
	PEPPERMINT ORGANIC	10650	20bags	6	2.49	N
	PEPPERMINT WELLBEING TEA	210	50bags	6	3.09	N
	ROSEHIP & HIBISCUS	212	50bags	6	3.09	N
	CLIPPER					
	CHAMOMILE FT ORG ENVELOPES	21499	250bag	1	19.60	N
	CHAMOMILE TEABAGS ORG	12876	20bags	6	1.43	N
	DANDELION HERBAL TBAGS ORG	12880	20bags	6	1.43	N
	FENNEL TEABAGS ORGANIC	15104	20bags	6	1.43	N
	LEMON & GINGER TEABAGS ORG	14046	20bags	6	1.79	N
	NETTLE TEABAGS ORG	14047	20bags	6	1.43	N
	ORANGE & COCONUT TEABAGS ORG	14048	20bags	6	1.79	N
	PEPPERMINT HERBAL TEABAGS ORG	12879	20bags	6	1.43	N
	PEPPERMINT TEA FT ORG ENVELOPES	21500	250bag	1	19.60	N
	RASPBERRY LEAF INFUSION ORG	19809	20bags	6	1.79	N
	SLEEPEASY ORG	18258	20bags	6	1.43	N
	SNORE & PEACE INFUSION ORG	21798	20env	6	2.19	N
	PUKKA					
	AFTER DINNER TEABAGS ORG	21488	20bags	4	2.99	N
	BLACKCURRANT BEAUTY	23645	20bags	4	2.99	N
	CHAMOMILE VANILLA & MANUKA ORG	23080	20bags	4	2.99	N
	CLEAN MATCHA GREEN TBAGS FT ORG	23955	20bags	4	2.99	N
	CLEANSE NETTLE FENNEL & PEPP ORG	18690	20bags	4	2.99	N
	DETOX ANISEED FENNEL & CAR ORG	16049	20bags	4	2.99	N
	ELDERBERRY & ECHINACEA ORG	22337	20bags	4	2.99	N
	GINSENG MATCH GREEN TEABAGS ORG	23957	20bags	4	2.99	N
	GREEN COLLECTION PUKKA	24583	20bag	4	3.29	N
	LEMONGRASS & GINGER TEABAGS ORG	21297	20bags	4	2.99	N
	LICORICE & CINNAMON FT ORG	20767	20bags	4	2.99	N
	LOVE ROSE & CHAMOMILE ORG	16052	20bags	4	2.99	N
	MATCHA LEAN GREEN TEA OR V	24727	20bag	4	2.99	N
	MATCHA LEAN GREEN TEA V	24705	20bags	4	2.99	N
	MINT MATCHA GREEN TEABAGS FT ORG	23959	20bags	4	2.99	N
	MINT REFRESH TEABAGS ORG	24379	20bags	4	2.99	N
	MOTHERKIND BABY T BAGS V OR	24587	20bags	4	2.99	N
	MOTHERKIND PREGNANCY T BAGS V O	24588	20bags	4	2.99	N
	NIGHT TIME LAV & LIME TEABAG ORG	21489	20bags	4	2.99	N
	ORIGINAL CHAI T/B FT ORG	21491	20bags	4	2.99	N
	PEPPERMINT & LICORICE WWF FT ORG	21672	20bags	4	2.99	N
	RELAX CHAMOMILE & FENNEL ORG	21121	20bags	4	2.99	N
	REVITALISE CINNAMON CARDAMOM ORG	14723	20bags	4	2.99	N
	SUPREME MATCHA GREEN TBAG FT ORG	22683	20bags	4	2.99	N
	THREE CHAMOMILE TEABAGS ORG	23453	20bags	4	2.99	N
	THREE CINNAMON TEABAGS ORG	22336	20bags	4	2.49	N
	THREE FENNEL TEABAGS ORG	21484	20bags	4	2.99	N
	THREE LICORICE TEABAGS ORG	23454	20bags	4	2.99	N
	THREE MINT TEABAGS ORG	21483	20bags	4	2.99	N
	THREE TULSI TEABAGS ORG	21485	20bags	4	2.99	N
	TURMERIC ACTIVE GREEN TEA O V	24728	20bags	4	2.99	N

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	TURMERIC ACTIVE V	24710	20bags	4	2.99	N
	TURMERIC GOLD TEABAGS ORG	23954	20bags	4	2.99	N
	VANILLA CHAI TEABAGS FT ORG	21492	20bags	4	2.99	N
	WILD APPLE & CINNAMON+GINGER ORG	23573	20bags	4	2.99	N
	WOMANKIND TEABAGS ORG	23465	20bags	4	2.99	N
	WONDERBERRY GREEN TEA	24584	20bags	4	2.99	N
	YOGI					
	BEDTIME ROOIBOS VANILLA TBAG ORG	22233	17bags	6	2.39	N
	BEDTIME TEABAGS ORG	21761	17bags	6	2.39	N
	BREATHE DEEP TEABAGS ORG	21763	17bags	6	2.39	N
	CHOCO CHILLI TEABAGS ORG	21809	17bags	6	2.39	N
	CHOCO MINT TEABAGS ORG	23570	17bags	6	2.39	N
	CHOCO TEABAGS ORG	21766	17bags	6	2.39	N
	CLASSIC TEABAGS ORG	21783	17bags	6	2.39	N
	DETOX TEABAGS ORG	21767	17bags	6	2.39	N
	ECHINACEA TEABAGS ORG	22115	17bags	6	2.39	N
	FINEST SELECTION TEABAGS ORG	23567	18bags	6	2.69	N
	GINGER LEMON TEABAGS ORG	21769	17bags	6	2.39	N
	GINGER TEABAGS ORG	23483	17bags	6	2.39	N
	GREEN BALANCE&KOMBUCHA TBAGS ORG	22509	17bags	6	2.39	N
	GREEN CHAI TEABAGS ORG	21771	17bags	6	2.39	N
	GREEN ENERGY KOMBUCHA GURANA ORG	22510	17bags	6	2.39	N
	GREEN JASMINE TEABAGS ORG	23278	17bags	6	2.39	N
	GREEN TEA GINGER LEMON TBAG ORG	21811	17bags	6	2.39	N
	GREEN TEA MATCHA LEMON ORG	24020	17bags	6	2.39	N
	HIMALAYA TEABAGS ORG	21784	17bags	6	2.39	N
	IMMUNE SUPPORT TEABAGS ORG	24019	17bags	6	2.39	N
	INNER HARMONY TEABAGS ORG	24582	17bags	6	2.39	N
	LICORICE MINT TEABAGS ORG	21772	17bags	6	2.39	N
	LICORICE TEABAGS ORG	21773	17bags	6	2.39	N
	LIME MINT TEABAGS ORG	21774	17bags	6	2.03	N
	MEN'S TEABAGS ORG	21775	17bags	6	2.39	N
	POSITIVE ENERGY CRAN HIBISC ORG	22234	17bags	6	2.39	N
	RELAX TEABAGS ORG	21765	17bags	6	2.39	N
	ROOIBOS TEABAGS ORG /	21776	17bags	6	2.39	N
	STOMACH EASE TEABAGS ORG	21777	17bags	6	2.39	N
	SWEET CHAI TEABAGS ORG	21778	17bags	6	2.39	N
	SWEET CHILI TEABAGS ORG	21779	17bags	6	2.39	N
	THROAT COMFORT TEABAGS ORG	22114	17bags	6	2.39	N
	TURMERIC CHAI ORG TEABAGS	24652	17bags	6	2.39	N
	WELLBEING TEABAGS ORG	22507	17bags	6	2.39	N
	WELLNESS COLLECTION TEABAGS ORG	24381	18bags	6	2.69	N
	WHITE TEA & ALOE TEAB ORG	24581	17bags	6	2.39	N
	WOMEN'S ENERGY TEABAGS ORG	21781	17bags	6	2.39	N
	WOMEN'S TEABAGS ORG	21782	17bags	6	2.39	N
	WOMENS BALANCE TEABAGS ORG	21780	17bags	6	2.39	N
TEAS, HERBAL LOOSE	CHE MATE					
	PURE GREEN MATE WITH STEMS ORG	13790	500g	6	6.85	N
TEAS, LOOSE	CLIPPER					
	ASSAM TEA FT ORG	7406	125g	6	3.40	N
	EARL GREY LOOSE TEA FT ORG	14056	125g	6	3.11	N
	ENGLISH BFAST LOOSE TEA FT ORG	14057	125g	6	2.53	N
	GREEN TEA LOOSE FT ORG	23370	100g	6	2.69	N
	HAMPSTEAD TEA & COFEEE					
	DARJEELING TEA FT ORG	10700	100g	6	6.99	N
	EARL GREY LEAF TEA DEM FT ORG	20956	100g	6	6.99	N
	TWININGS					
	EARL GREY TEA TWININGS	9280	125g	4	3.11	N
	TICK TOCK					
	ROOIBOS TEA ORGANIC	20862	100g	10	2.05	N
VEGETABLE JUICE	BIONA					
	BEETROOT JUICE PRESSED ORG	21649	500ml	12	2.19	Y

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP	VAT
	CARROT JUICE ORG	7338	1lt	6	3.69	Y
	TOMATO JUICE ORG	21834	1lt	6	3.69	Y
	VEGETABLE PRESSED JUICE ORG	21650	500ml	12	1.99	Y
	EDEN					
	CARROT JUICE ORGANIC	12431	750ml	6	4.99	Y
	JAMES WHITE					
	BEET IT SHOT ORGANIC	21943	7cl	15	1.49	N
	BEETROOT JUICE ORG	19254	75cl	6	2.98	Y
	CARROT JUICE ORG	24075	75cl	6	2.82	Y
	CAWSTON PRESS					
	BRILLIANT BEETROOT JUICE	24049	1lt	6	3.15	Y
VEGETABLES: CANNED, JARS	ESSENTIAL					
	GHERKINS SOUR LARGE JARS ORG	13721	680g	6	3.00	N
	GHERKINS SWEET&SOUR LGJARS ORG	13723	680g	6	3.15	N
	GHERKINS SWEET&SOUR SMJARS ORG	13722	350g	6	2.40	N
	SAUERKRAUT LARGE JARS ORG	13726	680g	6	2.00	N
	SAUERKRAUT SMALL JARS ORG	13727	350g	6	1.50	N
	SWEETCORN JARS ORG	13730	330g	6	1.69	N
	ORGANICO					
	ARTICHOKE IN OIL GLASS JAR ORG	15311	190g	6	5.35	N
	SUMA					
	SWEETCORN TINS ORG	22385	340g	12	1.39	N
	HIGHLAND WHOLEFOODS					
	MIXED VEGETABLES DRIED	24691	3kg	4	18.73	N
	AMAIZIN					
	JALAPENO PEPPERS V G ORG	24816	150g	6	2.29	N
	ORGANIC BULK					
	SUN DRIED TOMATO HALVES ORG	19353	10kg	1	85.00	N
	NON ORGANIC BULK					
	MIXED VEGETABLES DRIED 10kg	1269	10kg	1	57.95	N
	TOMATOES SUNDRIED	23706	1kg	6	9.00	N
VITAMINS & SUPPLEMENTS	NATURES OWN					
	ANTI-OXIDANT AND COQ10	8067	30tabs	1	16.71	Y
	MULTIVITAMIN & MINERAL 100	8066	100tab	1	21.66	Y
	VITAMIN C & BIOFLAVONOIDS 50	8087	50tabs	1	15.66	Y
	VITAMIN D3 VEGAN	24080	60tab	1	8.13	Y
	ZINC/COPPER	8072	50tabs	1	13.50	Y
	SALUS HAUS					
	FLORAVITAL YF GF	16602	500ml	12	18.50	Y
	VEGA					
	ACIDOPHILUS & BIFIDUS	20366	60caps	1	9.50	Y
	DIGESTIVE ENZYMES	22089	60caps	1	7.99	Y
	VITAMIN B COMPLEX	16676	30caps	1	6.24	Y
	VITAMIN B12 1000ug	17974	30caps	1	6.45	Y
	LOVE CBD					
	DUTCH CBD OIL 300MG V	24879	20ml	1	18.99	Y
	DUTCH CBD OIL 500MG V	24880	20ml	1	28.99	Y
	DUTCH CBD OIL CAPSULES 400MG V	24881	80caps	1	23.99	Y
WATERS	CAN O WATER					
	SPARKLING SPRING WATER CAN	24663	330ml	24	1.08	Y
	STILL SPRING WATER CAN	24664	330ml	24	1.08	Y
YEAST	DOVES FARM					
	QUICK YEAST	13211	125g	16	1.12	N
	MARIGOLD					
	ENGEVITA YEAST FLAKES	2906	125g	6	2.99	N
	ENGEVITA YEAST FLAKES B12 VITD	24878	100g	6	3.99	N
	ENGEVITA YEAST FLAKES WITH B12	21450	125g	6	3.49	N
	BREAD MATTERS					
	SOURDOUGH STARTER ORG	24034	10g	12	5.93	N