

HIGHLAND WHOLEFOODS WORKERS' CO-OPERATIVE

GLUTEN FREE PRICELIST

December 2017



CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
FESTIVE SEASON	VILLAGE BAKERY				
	CHRISTMAS PUDDING GF ORG /8	19982	200g	8	4.25
	INFINITY				
	MINCEMEAT NAS GF V ORG /6	15874	400g	6	4.60
	MONTEZUMA'S CHOCOLATE				
	ADVENT CALENDAR DARK CHOC GF SO /5	24173	240g	5	9.99
	THE ORGANIC COLLECTION				
	FRENCH CHESTNUT PUREE ORG /12	23590	300g	12	4.39
	FRENCH CHESTNUTS COOKED BOX ORG /12	17477	200g	12	5.49
	MERIDIAN				
	CRANBERRY SAUCE ORGANIC /6	20749	284g	6	2.60
	MOO FREE				
	ADVENT CALENDAR VGN GF ORG /6	23120	120g	6	5.15
	HAMMY'S SELECTION BOX V GF /10	23121	135g	10	4.29
	MILK ALT CHOC SANTA GF ORG /20	23122	32g	20	1.05
	WE LOVE CAKE				
	MINCE PIES (4) GLUTEN FREE /5	22247	4pies	5	2.49
	DENISE'S DELICIOUS GF				
	LUXURY CHRISTMAS PUDDING GF /6	23694	350g	6	8.28
	MINCE PIES HANDMADE 4PK GF /6	23693	220g	6	4.09
	RICH CHRISTMAS CAKE GF /6	23695	500g	6	8.18
	PROBIOS				
	PANETTONE ORG GF /6	24116	500g	6	12.35
	SIESTA CHOCS				
	CAROB XMAS SHAPES GF V SO /3	24121	120g	3	7.82
	SO FREE				
	SO FREE ADVENT CALENDAR GF V /6	24605	110g	6	4.95
	SO FREE SNOWMEN GF V /12	24606	30g	12	1.99
BABYFOOD	ELLAS KITCHEN				
	APPLES & BANANA BABYFOOD ORG /7	18284	120g	7	1.25
	BROCCOLI PEAR&PEA BABYFOOD ORG /7	18285	120g	7	1.25
	CAR.APPLE & PARSNIP BABYFOOD ORG /7	18286	120g	7	1.25
	STRAWBERRIES & APPLE ORG /7	19391	120g	7	1.25
SUPERFOODS	THE RAW CHOCOLATE CO				
	COCONUT PALM SUGAR ORG V /6	22743	230g	6	3.63
	GOJI&ORNGE RAW CHOC FT ORG V /18	23239	22g	18	1.29
	HEMP PROTEIN POWDER ORG V /6	22744	230g	6	7.99
	LUCUMA FRUIT POWDER GF ORG V /6	21205	180g	6	8.49
	RAW CACAO POWDER FT GF ORG V /6	21204	180g	6	4.99
	RAW CHOC GOJI BERRIES FT ORG V /12	23243	28g	12	1.49
	RAW CHOC MULBERRIES FT ORG V /12	23765	28g	12	1.49
	RAW CHOC RAISINS SNACKP ORG V /12	23245	28g	12	1.49
	VANOFFE RAW CHOC BAR FT ORG V /18	23240	22g	18	1.29
	VANOFFE RAW CHOC FT GF ORG V /12	23792	44g	12	2.29
	VIRGIN CACAO BUTTER ORG V /6	22742	240g	6	7.99
	INSPIRAL				
	RAW WASABI&WHEATGR CHIPS ORG V /7	22571	30g	7	2.19
	NATURYA				
	CHIA SEEDS ORG V /6	23418	300g	6	7.62
	SPIRULINA POWDER ORG V /6	23350	200g	6	11.40
	WHEATGRASS POWDER ORG V /6	24000	200g	6	12.38
	PREWETT'S				
	GROUND FLAXSEED ORG V /6	21752	175g	6	2.19
	ARTISAN GRAINS				
	CHIA SEEDS GF V /6	21994	125g	6	2.99

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	LINWOODS				
	FLAXSEED MILLED GF ORG V /12	24209	425g	12	5.60
BISCUITS & COOKIES	DOVES FARM				
	CHOC CHIP COOKIE GF FT ORG V /12	23466	180g	12	2.25
	DOUBLE CHOC COOKIES GF FT ORGV /12	23467	180g	12	2.25
	LEMON ZEST COOKIES GF FT ORGV /12	20950	150g	12	1.59
	STEM GINGER COOKIES GF FT ORGV /12	21543	150g	12	1.59
	PREWETT'S				
	MILK CHOCOLATE DIGESTIVES GF /8	22026	155g	8	1.75
	NAIRNS				
	BISCUIT BREAKS CHOC CHIP GF /12	22466	160g	12	2.25
	WHOLEGRAIN CRACKERS GF /12	23712	114g	12	1.99
	LAZY DAY				
	BELGIAN CHOC ROCKY ROAD GF /8	23698	5pack	8	2.75
	BELGIAN DARK CHOC TIFFIN V GF /8	19446	5pack	8	2.85
	CHOCOLATE ORANGE SLICE GF V /8	22130	5pack	8	2.79
	DARK CHOCO GINGER BISCS V GF /8	19437	8biscs	8	3.09
	MILLIONAIRES SHORTBREAD V GF /8	19445	5pack	8	2.79
	SCOTTISH SHORTBREAD GF V /8	19439	8biscs	8	2.59
	ANGELIC GLUTEN FREE				
	ANGELIC MIXED CASE TPACK GF V /48	22004	40g	48	1.20
	CRANBERRY CRUNCH GF COOKIES V /8	21105	125g	8	2.60
	DOUBLE CHOC GF COOKIES V /8	21109	125g	8	2.60
	GINGER CRUNCH GF COOKIES V /8	21110	125g	8	2.60
	ORANGE CHOC COOKIES GF V /8	21108	125g	8	2.60
	ROSEMARY & SALT BISCUITS GF V /8	22297	150g	8	2.60
	SEA SALT BISCUITS GF V /8	22821	150g	8	2.60
	SWEET CHILLI BISCUITS GF V /8	22299	150g	8	2.60
	PULSETTA				
	LEMON OAT THINS GF V /8	22923	150g	8	2.70
	VANILLA OAT THINS GF V /8	22925	150g	8	2.70
BREADS & CRISPREADS	BIONA				
	MILLET BREAD GF ORG /6	24009	250g	6	3.80
	GLUTAMEL				
	PIZZA BASES GLUTEN FREE /4	23886	2x150g	4	3.50
	KALLO				
	CORN CAKE SALT THIN SLCE GF ORG /12	14839	130g	12	1.79
	ANGELIC GLUTEN FREE				
	MULTI SEED CRACKERS GF V /8	23576	150g	8	2.60
	AMISA				
	CRISPREAD BUCKWHEAT GF V /12	24408	120g	12	2.58
	STRATHPEFFER ARTISAN				
	CHESTNUT & CORN BREAD GF /1	22936	400g	1	3.80
	EVERFRESH				
	RYE SOURDOUGH BREAD ORG V /8	78	400g	8	1.53
CAKES	ANGELIC GLUTEN FREE				
	CHOC COCONUT & OAT SLICE GF V /6	23990	185g	6	2.80
	CHOCOLATE BROWNIE SQUARE V /6	23993	200g	6	2.80
	STICKY DATE & OAT SLICES GF V /6	23991	185g	6	2.80
	STICKY GINGER SLICE GF V /6	23992	200g	6	2.80
CHILLED - MARGARINES	SUMA				
	SOYA SPREAD NO GMO V /8	917	500g	8	1.99
	SOYA SPREAD ORG V /8	23773	500g	8	3.92
	SUNFLOWER SPREAD NO GMO V /6	924	2kg	6	7.55
	SUNFLOWER SPREAD V /8	23796	500g	8	1.98

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	PURE				
	OLIVE SPREAD GF V /16	22676	500g	16	3.09
	SUNFLOWER SPREAD-DAIRY FREE V /16	20606	500g	16	2.49
CHILLED CHEESE SUBSTITUTE	BUTE ISLAND				
	MATURE CHEDDAR STYLE SLICES V /6	24185	200g	6	2.39
	RED CHEDDAR STYLE MELTY GF V /6	22384	227g	6	2.85
	SHEESE MELTY BLUE STYLE GF V /6	24411	227g	6	2.81
	SHEESE STRNG CHEDDAR STYLE MELTY /6	24344	227g	6	2.83
	SHEESE WENSLEYDALE & CRANBERRY /6	24176	200g	6	2.65
	VBITES				
	WHITE CHEDD STYLE CHEEZLY GF V /6	24295	190g	6	2.47
	VIOLIFE				
	CHEESE SUB GF SOYA FREE CHEDDAR /7	23443	400g	7	5.80
	CHEESE SUB GF SOYA FREE PIZZA /7	23500	400g	7	5.55
	CHEESE SUB ORIG GF SOYA FREE V /7	23375	400g	7	5.60
	CREAM CHEESE SUB ORIG GF V /8	23616	200g	8	3.26
	MEDITERRANEAN/HALLOUMI STYLE V /12	24576	200g	12	4.35
	PROSOCIANO PARMESAN SUB GF V /8	23726	235g	8	8.28
	SMOKED CHEESE SUB GF VGN /7	24296	400g	7	5.56
	TOMATO & BASIL CHEESE SLICES GF /12	23715	220g	12	3.59
	NUTCRAFTER				
	INDULGENT AIR AGE FRESH CHIVE /6	24269	200g	6	8.59
CHILLED CONVENIENCE FOOD	CLEAR SPOT				
	TOFU PLAIN ORG GF CLEARSPOT V /8	23123	280g	8	2.25
	TOFU PLAIN ORG GF LARGE V /6	24093	450g	6	3.53
	TOFU SMOKED ORG GF CLEARSPOT /8	23124	225g	8	3.09
	RAW HEALTH				
	SAUERKRAUT FRESH ORG GF V /6	24017	410g	6	4.94
	LAURIE'S TUMMY LOVING				
	BEETKRAUT JUNIPER&BLCK PEPPER /8	24207	410g	8	6.15
	SAUERKRAUT KIMCHI ORG V /8	24124	410g	8	6.15
	FOLLOW YOUR HEART				
	ORIGINAL VEGENAISE V GF /6	24649	340g	6	3.35
	TIDEFORD ORGANIC				
	FRESH WHITE MISO ORG GF V /8	24579	350g	8	5.99
CHOC & CAROB SNACKS	GREEN & BLACKS				
	MILK CHOC WITH SEA SALT FT ORG /15	21703	100g	15	2.29
	PLAMIL				
	NO ADDED SUGAR ALT TO MILK CHOC /12	17963	100g	12	2.95
	NO ADDED SUGAR CHOC+HEMP SEEDS /12	17481	100g	12	2.95
	BOOJA BOOJA				
	CHAMPAGNE TRUFFLES ORG V /6	15359	138g	6	9.50
	MIDNIGHT ESPRESSO TRUFFLES ORG /8	14231	105g	8	6.99
	STEM GINGER WINE TRUFFLES ORG /8	14229	105g	8	6.99
	LYME REGIS				
	MARZIPAN ORANGE BAR ORG V /24	16666	40g	24	1.04
	ORGANICA				
	CREAMY MARZIPAN DREAM ORG V /24	22143	40g	24	0.99
	HAZELNUT NOUGAT DELIGHT ORG V /24	16180	40g	24	0.99
	MONTEZUMA'S				
	DARK CHOC ABSOLUTE BLACK 100% /12	24150	100g	12	2.59
	DARK CHOC.ORANGE & GERANIUM ORG /12	17742	100g	12	2.59
	DARK CHOCOLATE CHILLI ORG V /12	17743	100g	12	2.59
	GIANT BUTTONS DARK CHOC ORG V /8	21684	180g	8	3.75
	GIANT BUTTONS MILK CHOC ORG /8	19971	180g	8	3.75
	GIANT BUTTONS WHITE CHOC. ORG /8	21685	180g	8	3.75

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	MILK CHOC CHILLI & LIME ORG /12	21686	100g	12	2.59
	MILK CHOCOLATE DARK SIDE ORG /12	17740	100g	12	2.59
	SMOOTH MILK CHOC 37% COCOA ORG /12	17748	100g	12	2.59
	VERY DARK CHOC 73% ORG V /12	17754	100g	12	2.59
	MOO FREE				
	MINI MOOS BUNNYCOMB BAR GF V /15	23266	25g	15	0.93
	ORIGINAL MOO FREE CHOC GF ORG V /12	24063	100g	12	2.89
	EQUAL EXCHANGE				
	DARK CHOC CARAMEL CR GF FT ORG /12	23009	100g	12	2.79
	DARK CHOC LEM GING GF FT V ORG /12	23013	100g	12	2.79
	DARK CHOC ORNGE 65% GF FT V ORG /12	23011	100g	12	2.79
	ECUADOR DARK CHOC 65% FT GF ORG /12	23012	100g	12	2.79
	MILK CHOC HAZEL FT ORG GF /12	23014	100g	12	2.79
	VERY DARK CHOC FT GF V ORG /12	23010	100g	12	2.79
	VEGO GOOD FOOD				
	HAZEL CHOC GF FT ORG V /30	24018	150g	30	4.16
	VEGO PRALINES FT GF ORG V /16	24112	180g	16	5.85
	SO FREE				
	60% DARK CHOC MINT V GF ORG /12	24556	80g	12	2.74
	67% DARK CHOC COCO SUG V G OR /12	24558	80g	12	2.74
	72% DARK CHOC NO SUGAR V GF /12	24559	80g	12	2.74
	87% DK CHOC G V ORG /12	24549	80g	12	2.74
	DARK HEMP CHOC NO SUGAR V GF /12	24561	80g	12	2.74
	DARK MINT CHOC NO SUGAR V GF /12	24562	80g	12	2.74
	ESPRESSO CHOC NO SUGAR V GF /12	24560	80g	12	2.74
	MILK CHOC ALT 45% V GF ORG /12	24557	80g	12	2.74
	WHITE CHOC ALT GF V ORG /12	24528	70g	12	2.74
BEVERAGES	PREWETT'S				
	CHICORY DRINK GF ORG V /6	21751	100g	6	2.85
	BARLEYCUP				
	CHICORY CUP GF ORG V /6	24100	100g	6	4.05
	DIVINE				
	DIVINE COCOA FT GF V /12	16690	125g	12	3.15
	SWEET FREEDOM				
	CHOC SHOT COCONUT GF V /6	23524	320G	6	4.48
	CHOC SHOT LIQUID HOT CHOC GF V /6	23522	320G	6	4.48
	CHOC SHOT ORANGE SPICE GF V /6	23523	320g	6	4.48
CONDIMENTS	BIONA				
	WORCESTER SAUCE V GF ORG /6	20906	140ml	6	3.49
	MERIDIAN				
	TOMATO KETCHUP ORG GF V /6	10368	285g	6	1.99
	GRANOVITA				
	BROWN SAUCE GF ORG V /6	12050	275g	6	2.15
	MAYOLA EGG FREE MAYO (SQZ) GF /6	19841	280g	6	2.25
	GEO ORGANICS				
	ATLANTIC SEA SALT ORG /6	13496	250g	6	1.35
	A.VOGEL				
	HERBAMARE HERB SALT GF ORG V /6	20871	125g	6	2.55
	HERBAMARE HERB SALT GF ORG V /6	16081	250g	6	3.55
	HERBAMARE SPICY GF ORG V /6	24178	125g	6	2.55
	THE SALT SELLER				
	HIMALAYAN PINK SALT COARSE /6	21427	300g	6	3.08
	HIMALAYAN PINK SALT FINE /6	21428	300g	6	3.08
	THAI TASTE				
	TAMARIND PASTE GF V /6	23446	130g	6	2.05

CATEGORGY	DESCRIPTION	CODE	UNIT	CASE	RRP
CONVENIENCE FOOD AMBIENT	JUST WHOLEFOODS				
	FALAFEL MIX ORG V /6	1580	120g	6	1.39
	HUMMUS MIX ORG V /6	13770	125g	6	1.39
	ORGRAN				
	FALAFEL MIX GF V /8	19952	200g	8	2.59
	WHOLE EARTH				
	BAKED BEANS CANS ORG V /12	8789	420g	12	1.19
	ESSENTIAL				
	ONION GRAVY POWDER GF ORG V /6	23366	125g	6	2.49
	MARIGOLD				
	INSTANT GRAVY GRANULES GF V /6	24372	170g	6	1.59
	ST DALFOUR				
	3 BEAN SALAD RING PULL+FORK V /6	14979	175g	6	2.60
	HIGHLAND WHOLEFOODS				
	TVP MINCE PLAIN ORG V /6	17652	250g	6	2.62
	FREE & EASY				
	CHEESE FLAVOUR SAUCE MIX V GF /6	16551	130g	6	1.79
	CHICKPEA & VEG CURRY ORG V /6	16656	400g	6	2.09
	GRAVY SAUCE MIX GF V /6	16552	130g	6	1.65
	THREE BEAN CHILLI CANS ORG V /6	16657	400g	6	2.09
	VEG BALTI TIN READY MEAL GF ORG /6	24183	400g	6	2.09
	GEO ORGANIC				
	MILD SPICE VEG STEW CAN ORG GF /6	20047	400ml	6	1.65
	CLEARSPRING				
	BROWN & WILD RICE 90SECS GF ORG /5	23553	250g	5	2.99
	QUINOA TRIO 90 SECS GF ORG V /5	23554	250g	5	3.45
	ARTISAN GRAINS				
	CASHEW & CRANBERRY NUT ROAST GF /6	23280	200g	6	2.54
DESSERTS PUDDINGS YOGHURT	PROVAMEL				
	CARAMEL DESSERT POTS ORG V /6	19059	4x125g	6	1.95
	CHOCOLATE DESSERT POTS V /6	21006	4x125g	6	1.95
	VANILLA DESSERT POTS V /6	21010	4x125g	6	1.95
	CLEARSPRING				
	AMAZAKE MILLET GF ORG V /6	22696	370g	6	3.89
	APPLE & MANGO PUREE GF ORG V /12	23512	2x100g	12	1.39
	ALPRO				
	DARK CHOC DESSERT N POTS V /6	18627	4x125g	6	1.95
DESSERTS - TO PREPARE	JUST WHOLEFOODS				
	CUSTARD POWDER V /12	1111	100g	12	1.20
DRINKS ALCOHOLIC	BLACK ISLE BREWERY				
	GOLDFINCH GF V /24	24294	330ml	24	2.26
	WESTONS				
	WYLD WOOD CIDER ORG 6% V /12	13059	500ml	12	3.20
	FENTIMANS				
	HOLLOWS ALC 4% GINGER BEER GF /12	24205	330ml	12	1.88
	HOLLOWS ALC 4% GINGER BEER GF /8	21731	500ml	8	2.99
	HOLLOWS SPICE GING BEER 4% GF /12	24206	330ml	12	1.88
	DAAS				
	DAAS BLONDE LAGER GF V /12	22171	330ml	12	2.99
	THISTLY CROSS CIDER				
	TRAD THISTLY CROSS CIDER /12	24216	500ml	12	2.82
FLOURS & MEALS - OTHERS	DOVES FARM				
	BROWN BREAD FLOUR GF /5	15298	1kg	5	2.50
	GLUTEN FREE PLAIN WHITE FLOUR /5	10229	1kg	5	2.35
	GLUTEN FREE WHITE SR FLOUR WF /5	20168	1kg	5	2.35
	GRAM FLOUR GF /5	5736	1kg	5	2.49

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	PIZZA BASE MIX GF V /5	24526	350g	5	2.43
	RICE FLOUR GF /5	5737	1kg	5	1.85
	SELF RAISING WHITE GF /1	19792	16kg	1	29.50
	WHITE BREAD FLOUR GF /5	15213	1kg	5	2.35
	SHIPTON MILL				
	CHESTNUT FLOUR GF ORG /6	20427	500g	6	6.73
	ORGRAN				
	GLUTEN FREE GLUTEN SUBSTITUTE /8	23201	200g	8	3.19
	SELF RAISING GF FLOUR /7	19973	500g	7	3.05
	INFINITY				
	BUCKWHEAT FLOUR GF ORG /6	22144	500g	6	3.64
	POLENTA FLOUR GF ORG /6	24246	500g	6	2.97
	TAPIOCA FLOUR GF ORG /6	19770	500g	6	2.83
	THE COCONUT COMPANY				
	COCONUT FLOUR GF ORG /8	23801	400g	8	3.99
	QUINOLA				
	QUINOA FLOUR GF ORG /6	23842	250g	6	3.49
FOOD FLAVOURINGS & BAKING	CERTO				
	LIQUID PECTIN 250ml V /6	2436	250ml	6	2.45
	JUST WHOLEFOODS				
	VEGESET (SETTING AGENT) GF V /10	20883	25g	10	1.90
	ORGRAN				
	NO EGG REPLACER GF V /8	9809	200g	8	2.69
	SUNITA				
	LEMON JUICE ORG V /12	10887	250ml	12	2.49
	LEMON JUICE ORG V /6	13866	1lt	6	6.59
	LIME JUICE LIME SHAPED V /12	8106	200ml	12	0.99
	LIME JUICE ORG V /12	17147	250ml	12	2.21
	GREEN & BLACKS				
	DARK COOKING CHOC FT ORG /15	13198	150g	15	2.49
	MILK COOKING CHOC FT ORG /15	19622	150g	15	2.49
	HIGHLAND WHOLEFOODS				
	BAKING POWDER GF 500g V /1	878	500g	1	3.28
	ESSENTIAL				
	CREAMED COCONUT ESSENTIAL ORG /6	21967	200g	6	1.79
	MONTEZUMA'S				
	COUVERTURE MILK CHOC COOK ORG /1	19801	2kg	1	26.65
	DARK COUVERTURE 73% CHOC ORG /1	17470	2kg	1	26.65
	BARKAT				
	BAKING POWDER GF V /6	18941	100g	6	1.69
	DOVES FARM				
	BAKING POWDER GF ORG V /3	20854	1kg	3	4.89
	BAKING POWDER GF ORG V /5	22962	130g	5	1.50
	BICARBONATE OF SODA GF V /3	20855	1kg	3	3.60
	BICARBONATE OF SODA GF V /5	22961	200g	5	1.60
	CORNFLOUR GF ORG V /5	22963	110g	5	1.75
	VITAMIN C GF V /6	22964	120g	6	4.40
	XANTHAN GUM 1kg GF V /3	20856	1kg	3	14.69
	XANTHAN GUM GF V /5	22965	100g	5	3.15
	STEENBERGS ORGANIC				
	PEPPERMINT EXTRACT ORG V /6	21593	100ml	6	5.05
	COMMUNITY				
	VEGE SUET NON HYDROGENATED /6	17954	250g	6	1.97
	ISABELS				
	BATTER MIX GLUTEN FREE V /8	22516	125g	8	2.40

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	NATURE'S CHARM				
	EVAPORATED COCONUT MILK V GF /24	24541	360ml	24	2.14
	HI-HO ORGANIC 1KG				
	COCOA POWDER ORG V 1KG /6	24548	1kg	6	7.98
	HI-HO ORGANIC 3KG				
	COCOA POWDER ORG V 3KG /4	12150	3kg	4	20.99
	BULK				
	BAKING POWDER GF (3kg) /1	495	3kg	1	13.35
FROZEN] CONVENIENCE FOOD	FRYS				
	QUINOA FALAFEL BURGER GF FRZN /6	23889	260g	6	3.75
	NATURAL COOL				
	BERRY MIX FROZEN ORG V /10	18905	300g	10	3.93
	CLIVE'S				
	MINTY CHICKPEA PIE GF ORG V /6	22397	250g	6	3.39
	VEGETABLE CHILLI PIE GF V ORG /6	24516	235g	6	3.39
	AMY'S KITCHEN				
	BEAN & RICE BURRITO GF V /12	21556	156g	12	2.20
	INDIAN MATTAR PANEER GF /6	21558	238g	6	4.00
	MAC CHEESE DAIRY & GLUTEN FREE /6	21555	255g	6	3.05
	RICE MACARONI CHEESE GF /6	21559	255g	6	3.38
	VEGETABLE LASAGNE GF /6	21557	269g	6	3.07
FRUIT & CARBONATED DRINKS	KARMA COLA				
	GINGERELLA GINGER ALE FT ORG /12	23233	330ml	12	1.65
	KARMA COLA FT ORG /12	23234	330ml	12	1.65
	LEMMY LEMONADE FT ORG /12	23235	330ml	12	1.65
FRUIT JUICES	VITALIA				
	PRUNE JUICE ORG GF /6	20512	75cl	6	7.99
GRAIN & GRAIN PRODUCTS	BIONA				
	POLENTA GLUTEN FREE ORGANIC /12	7071	500g	12	2.09
	LA TERRA E IL CIELO				
	PEARLED SPELT GRAIN ORG /12	22146	500g	12	2.55
HONEYS	TROPICAL FOREST				
	FOREST HONEY CLEAR FT ORG /6	1682	340g	6	3.88
	FOREST HONEY CLEAR TUB FT ORG /1	15347	3.18kg	1	29.35
	FOREST HONEY SET FT ORGANIC /6	1681	340g	6	3.88
	FOREST HONEY SET TUB FT ORG /1	3456	3.18kg	1	29.35
	RAW HEALTH				
	RAW ACACIA HONEY SQUEEZY ORG /6	24152	350g	6	4.99
	RAW MAYA HONEY SQUEEZY ORG /6	22239	350g	6	4.89
	RAW PURE BLOSSOM SQUEEZY ORG /6	22240	340g	6	5.69
	RAW TROP FOREST HONEY SQUEEZ ORG /6	24153	350g	6	4.99
JAPANESE FOODS	CLEARSPRING				
	KUZU MOUNTAIN STARCH ORG V /6	2263	125g	6	6.49
	MISO SWEET WHITE RICE ORG V /6	2222	250g	6	4.49
	SUSHI GINGER V /10	7007	50g	10	2.99
	TAMARI ORGANIC V /6	7013	500ml	6	9.49
	UMEBOSHI PLUMS ORG V /6	23799	200g	6	8.99
	WASABI POWDER ORGANIC V /6	22894	25g	6	3.79
	SANCHI				
	TAMARI ORG SANCHI V /6	12905	150ml	6	3.49
	TAMARI ORGANIC V 2.5LT /1	12902	2.5lt	1	31.52
	TAMARI SAUCE 5LT V /2	732	5lt	2	45.00
	TAMARI V /6	15107	300ml	6	3.59
	ESSENTIAL				
	TAMARI ORGANIC V /6	12897	250ml	6	4.59

CATEGORGY	DESCRIPTION	CODE	UNIT	CASE	RRP
	MERIDIAN				
	TAMARI SOYA SAUCE V /12	7740	150ml	12	2.59
	TAMARI SOYA SAUCE V /6	8857	500ml	6	5.49
LENTILS	HI-HO PRE-PACK				
	BROWN LENTILS /6	6140	500g	6	1.99
	GREEN LENTILS /6	6173	500g	6	2.20
	PUY STYLE LENTILS /6	6242	500g	6	2.25
	RED LENTILS /6	6246	500g	6	1.81
	HI-HO 1KG PACKS				
	BROWN LENTILS /6	4919	1kg	6	3.39
	GREEN LENTILS /6	4920	1kg	6	3.70
	PUY STYLE LENTILS /6	4921	1kg	6	3.92
	RED LENTILS /6	4922	1kg	6	3.02
	OSPRIO				
	GREEN LENTILS /4	20	3kg	4	7.99
	PUY STYLE LENTILS /4	1656	3kg	4	8.50
	RED LENTILS /4	23	3kg	4	6.95
	GREENCITY				
	BROWN LENTILS /1	18	3kg	1	8.55
	HI-HO ORGANIC PRE-PACK				
	BROWN LENTILS ORG /6	10966	500g	6	2.55
	GREEN LENTILS ORG /6	6312	500g	6	3.15
	RED LENTILS ORG 500g /6	6334	500g	6	2.55
	HI-HO ORGANIC 1KG				
	RED LENTILS ORG /6	4892	1kg	6	5.00
	HI-HO ORGANIC 3KG				
	BROWN LENTILS ORG /4	7635	3kg	4	12.25
	GREEN LENTILS ORG 3KG /4	22	3kg	4	15.67
	PUY STYLE LENTILS ORG 3KG /1	10000	3kg	4	15.68
	RED LENTILS ORG 3KG /4	639	3kg	4	11.95
	ORGANIC BULK				
	BROWN LENTILS ORG 25KG /1	7635B	25kg	1	90.55
	GREEN LENTILS ORG 25KG /1	22B	25kg	1	119.07
	PUY STYLE LENTILS ORG 25KG /1	10000B	25kg	1	119.15
	RED LENTILS ORG 25KG /1	639B	25kg	1	88.07
MUESLIS & B'FAST CEREALS	DOVES FARM				
	CEREAL FLAKES GLUTEN FREE ORG /8	21091	375g	8	3.54
	CHOCO STARS BREAKFAST GF ORG /8	15969	375g	8	3.15
	COCOA RICE CEREAL GF ORG /5	20988	375g	5	3.53
	CORNFLAKES ORG /8	322	375g	8	2.79
	FIBRE FLAKES GF ORG /5	20987	300g	5	3.33
	KALLO				
	PUFFED RICE CEREAL ORG V /8	600	225g	8	2.99
	NATURES PATH				
	CRISPY RICE GF ORG V /4	19644	284g	4	3.75
	GRANOLA STRAWB RASP BLUE GF ORG /8	22033	312g	8	4.76
	HONEY SUNRISE GF ORG /4	23363	300g	4	4.05
	MAPLE SUNRISE GF V /4	21124	300g	4	4.05
	MESA SUNRISE GF ORG V /4	9803	300g	4	4.21
	MUNCH GLUTEN FREE CEREAL ORG V /4	21125	284g	4	3.88
	O's CEREAL GF V /4	21126	325g	4	3.76
	WHOLE EARTH				
	CORNFLAKES ORG GF V /12	8611	375g	12	2.49
	MAPLE FROSTED FLAKES ORG GF /10	15362	375g	10	3.33
	ALARA				
	ACTIVE MUESLI GF ORG V /5	18908	400g	5	5.89

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	DELIGHT MUESLI GLUTEN FREE ORG /6	14108	250g	6	2.99
	MUESLI GOJI & CRANBERRY GF ORG /5	22300	650g	5	5.39
	MUESLI SCOTTISH OATS GF ORG /6	23056	500g	6	4.45
	TILQUHILLIE				
	100% OAT MUESLI CRANBERRY GF /5	20873	425g	5	4.32
	OAT MUESLI WITH PRUNES GF /5	20874	425g	5	4.30
	PURE OAT MUESLI&VINEFRUIT+ALM GF /5	20875	425g	5	4.32
	NAIRNS				
	GLUTEN FREE OAT MUESLI V /5	20925	450g	5	2.80
	HI-HO ORGANIC PRE-PACK				
	MILLET FLAKE GF ORG V /6	10784	500g	6	4.24
OATCAKES	NAIRNS				
	CHEESE OATCKES EXTRA FILL GF /8	24144	180g	8	2.15
	OATCAKES EXTRA FILL GF /8	24142	213g	8	2.15
	SEEDED OATCAKES GLUTEN FREE /8	24470	180g	8	2.15
	ANGELIC GLUTEN FREE				
	COCKTAIL OATCAKES GF V /8	22820	150g	8	2.60
OATS & OAT PRODUCTS	MORNFLAKE				
	GLUTEN FREE JUMBO OATS V /6	23625	500g	6	3.19
	GLUTEN FREE PORRIDGE OATS V /6	23626	500g	6	3.19
	TILQUHILLIE				
	100% OAT FLAKES GF V /5	20894	425g	5	3.80
	NAIRNS				
	SCOTTISH PORRIDGE OATS GF V /5	20924	450g	5	2.59
	ALARA				
	PORRIDGE SCOTTISH OATS GF ORG /6	23058	500g	6	3.95
OILS UNREFINED	EMILE NOEL				
	AVOCADO OIL COLD PRESS ORG /6	23151	250ml	6	8.81
	CLEARSPRING				
	HAZELNUT OIL ORGANIC /8	21832	250ml	8	12.99
	WALNUT OIL ORGANIC /8	21833	250ml	8	10.49
ORAL HYGIENE	PEPPERSMITH				
	PEPPERMINT DENTAL CHEWING GUM /12	23931	50g	12	2.99
	SPEARMINT DENTAL CHEWING GUM /12	23932	50g	12	2.99
PASTA & NOODLES	ORGRAN				
	BUCKWHEAT SPIRALS GF V /7	7399	250g	7	2.19
	CORN AND VEGETABLE SHELLS GF /7	7403	250g	7	1.99
	CORN SPIRALS GLUTEN FREE V /7	14820	250g	7	1.99
	RICE & MILLET SPIRALS GF V /7	6880	250g	7	2.09
	VEGETABLE RICE SPIRALS GF V /7	7405	250g	7	2.09
	KING SOBA				
	100% BROWN RICE NOODLES GF ORG /12	15780	250g	12	2.20
	BLACK RICE NOODLES ORG GF /12	18309	250g	12	2.35
	BRWN RICE WAKAME NOODLES GF ORG /12	24155	250g	12	2.20
	BUCKWHEAT NOODLES GF ORG V /12	15782	250g	12	2.34
	SWEET POT BCKWHT NOOD ORG GF/12	18311	250g	12	2.35
	THAI RICE NOODLES ORG V /12	15786	250g	12	2.20
	CLEARSPRING				
	GREEN PEA & QUINOA FUSILLI GF ORG /8	24007	250g	8	2.89
	RIZOPIA GLUTEN FREE				
	BROWN RICE ELBOWS GF ORG V /12	17732	500g	12	3.95
	BROWN RICE FUSILLI GF ORG /12	17734	500g	12	3.95
	BROWN RICE LASAGNE GF ORG V /12	22162	375g	12	3.95
	BROWN RICE SPAGHETTI GF ORG /12	17736	500g	12	3.95
	DOVES FARM				
	BROWN RICE FUSILLI GF ORG V /8	20208	500g	8	2.99

CATEGORGY	DESCRIPTION	CODE	UNIT	CASE	RRP
	BROWN RICE PENNE GF ORG V /8	20209	500g	8	2.99
	BROWN RICE SPAGHETTI GF ORG V /12	20210	500g	12	2.99
	BUCKWHEAT PENNE PASTA GF ORG V /8	23841	500g	8	3.99
	MAIZE & RICE FUSILLI GF ORG V /8	20211	500g	8	2.49
	MAIZE & RICE PENNE GF ORG V /8	20212	500g	8	2.49
	MAIZE & RICE SPAGHETTI GF ORG /12	20214	500g	12	2.49
	MULTIGRAIN PENNE PASTA GF ORG /8	23994	500g	8	2.99
	REALLY HEALTHY PASTA				
	RED LENTIL FUSILLI GF ORG V /6	24362	250g	6	2.99
TOMATO PRODUCTS & PASTE SAUCES	MERIDIAN				
	CHUNKY VEG PASTA SAUCE ORG /6	17879	350g	6	2.49
	GREEN PESTO FREE FROM V /6	15654	170g	6	2.29
	PASTA SAUCE MUSHROOM GF ORG V /6	9876	440g	6	2.79
	PASTA SAUCE TOM & PEPP GF ORG /6	12376	440g	6	2.79
	PASTA SAUCE TOMATO & HERB GF ORG /6	1999	440g	6	2.79
	TOMATO & CHILLI PASTA SAUCE ORG /6	17880	350g	6	2.49
	TOMATO & BASIL PASTA SAUCE GF ORG /6	17877	350g	6	2.49
	ZEST				
	PASTA SAUCE BASIL & OREGANO /6	5538	355g	6	2.12
	PASTA SAUCE MUSH SMOKE GARLIC /6	1668	340g	6	2.12
	PESTO VEGAN 165g /6	715	165g	6	2.35
	PESTO VEGAN 340g /6	714	340g	6	3.99
	PESTO VEGETARIAN 165g /6	713	165g	6	2.35
	PESTO VEGETARIAN 340g /6	712	340g	6	3.99
	SACLA				
	BASIL PESTO FREE FROM GF V /6	23919	190g	6	3.30
	FIERY CHILLI PESTO GF /6	20593	190g	6	3.05
	OLIVE&TOM STIRTHRO PASTA SAUCE /6	18217	190g	6	3.05
	SDTOM&GARLIC STIRIN PASTA SAUCE /6	18218	190g	6	3.05
	SUN DRIED TOM PEST FREE FROM /6	23920	190g	6	3.30
	TOMATO & BASIL PASTA SAUCE /6	18219	350g	6	3.05
	TOMATO & CHILLI PASTA SAUCE GF /6	18220	350g	6	3.05
PASTES & PUREES	PATAKS				
	BALTI CURRY PASTE /6	14996	283g	6	2.45
	BHUNA PASTE /6	1773	283g	6	2.45
	BIRYANI PASTE /6	2302	283g	6	2.45
	JALFREZI CURRY PASTE /6	14999	283g	6	2.45
	KASHMIRI MASALA PASTE /6	6362	283g	6	2.45
	KORMA CURRY PASTE /6	2723	283g	6	2.45
	MADRAS CURRY PASTE V /6	2283	283g	6	2.45
	ROGAN JOSH PASTE V /6	2721	283g	6	2.45
	TIKKA MASALA PASTE /6	8385	293g	6	2.45
	VINDALOO CURRY PASTE /6	2287	283g	6	2.45
	GEO ORGANICS				
	BALTI CURRY PASTE ORG V /6	14003	180g	6	2.19
	BHUNA PASTE ORG V /6	22283	180g	6	2.19
	KORMA PASTE ORG V /6	13799	180g	6	2.19
	MADRAS CURRY PASTE ORG V /6	13801	180g	6	2.19
	THAI GREEN CURRY PASTE ORG V /6	13862	180g	6	2.49
	THAI RED CURRY PASTE ORG V /6	13863	180g	6	2.49
	THAI YELLOW CURRY PASTE ORG V /6	13864	180g	6	2.49
	TIKKA MASALA PASTE ORG V /6	13802	180g	6	2.19
	HARRY BRAND				
	HARISSA CHILLI SAUCE JAR GF /6	23538	210g	6	3.50
	HARISSA CHILLI SAUCE SQZY GF /6	23539	195g	6	3.50

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
PICKLES & CHUTNEYS	PATAKS				
	AUBERGINE PICKLE /6	2718	312g	6	2.25
	CHILLI PICKLE /6	2280	283g	6	2.25
	GARLIC PICKLE /6	2279	300g	6	2.25
	HOT LIME PICKLE (HOT) /6	2281	283g	6	2.25
	LIME PICKLE (MEDIUM) /6	2278	283g	6	2.25
	MANGO PICKLE MEDIUM/MILD /6	2717	283g	6	2.25
	MIXED PICKLE /6	2720	283g	6	2.25
	SWEET MANGO CHUTNEY /6	16840	340g	6	1.79
	HUNTLY HERBS				
	BEETROOT & APPLE CHUTNEY GF ORG /6	19627	286g	6	3.99
	CORIANDER CHUTNEY GF ORG /6	19629	300g	6	3.99
	GREEN TOMATO CHUTNEY GF ORG /6	20768	300g	6	3.99
	HOT LEMON RELISH GF ORG /6	20145	290g	6	3.99
	HOT PUMPKIN CHUTNEY GF ORG /6	20510	300g	6	3.99
	STRATHBOGIE SIZZLE CHUT GF ORG /6	19624	300g	6	3.99
RICE	BIONA				
	RISOTTO RICE MIX ORG /6	23941	500g	6	3.50
	TILDA				
	BROWN BASMATI & QUINOA RICE /6	23871	250g	6	1.59
RICE CAKES	KALLO				
	RICE CAKE BUCKWHEAT & SEED GF /6	23059	130g	6	1.49
	RICE CAKE MINI MILK CHOC ORG /12	23229	40g	12	0.99
	RICE CAKE SESAME SALT NO.7 ORG /6	94	130g	6	1.48
	RICE CAKES DARK CHOC ORG /16	10246	90g	16	2.39
	RICE CAKES MILK CHOC ORG /16	15450	90g	16	2.38
	RICE CAKES NO SALT NO.2 ORG /12	93	130g	12	1.69
	RICE CAKES SALT NO.1 ORG /12	92	130g	12	1.69
	RICE CAKES SAVOURY GF /12	8151	110g	12	2.05
	RICE CAKES THIN NO SALT ORG /12	2776	130g	12	1.59
	CLEARSPRING				
	RICE CAKES BLACK SESAME /6	2191	150g	6	3.19
SALAD DRESSINGS & DIPS	SALADWORX				
	RASPBERRY & BALSAMIC DRESSING /6	23442	250ml	6	6.25
SAUCES HEAT & SERVE	MERIDIAN				
	CREAMY SUND TOM.SAUCE FREE FROM /6	15650	350g	6	2.49
	KORMA SAUCE FREE FROM V /6	15653	350g	6	2.49
	TIKKA MASALA SAUCE FREE FROM /6	15652	350g	6	2.49
	WHITE WINE&MUSH SAUCE FREE FROM /6	15651	350g	6	2.49
	GEO ORGANICS				
	THAI SWEET CHILLI SAUCE ORG /6	22282	180g	6	2.49
SEAWEED PRODUCTS	CLEARSPRING				
	AGAR AGAR FLAKES /8	2225	28g	8	4.99
	SEAVEG CRISPIES CHILLI GF ORG /16	24188	5g	16	0.89
	SEAVEG CRISPIES ORIGINAL GF ORG /16	24189	5g	16	0.89
	SEAVEG				
	IRISH CARRAGHEEN /4	21820	50g	4	3.80
	IRISH DULSE /4	21821	50g	4	3.80
	KOMBU /4	21822	50g	4	3.80
	MIXED SEAVEG /4	21823	50g	4	3.80
	SEA SPAGHETTI /4	21824	50g	4	3.80
	WAKAME (DABBERLOCKS) /4	21825	50g	4	3.80
	ATLANTIC KITCHEN				
	ATLANTIC SEA SPAGHETTI ORG /6	24073	50g	6	5.95
	ATLANTIC WAKAME ORG /6	24074	40g	6	7.49

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
SNACKS - SAVOURY	AMAIZIN'				
	TORTILLA CHIPS NATURAL GF ORG /16	12777	75g	16	1.25
	TORTILLA CHIPS PAPRIKA GF ORG /16	12778	75g	16	1.25
	TYRRELLS				
	LIGHTLY SEA SALTED CHIPS /12	19026	150g	12	2.24
	EAT REAL				
	HUMMUS CHIPS CHILLI & LEM GF /10	24285	135g	10	1.49
	HUMMUS CHIPS CHILLI & LEM GF /12	22519	45g	12	0.71
	HUMMUS CHIPS CREAMY DILL GF /10	24287	135g	10	1.49
	HUMMUS CHIPS CREAMY DILL GF /12	22518	45g	12	0.71
	HUMMUS CHIPS SEA SALT GF /10	24284	135g	10	1.49
	HUMMUS CHIPS TOM & BASIL GF /10	24286	135g	10	1.49
	HUMMUS CHIPS TOMATO & BASIL GF /12	22521	45g	12	0.71
	LENTIL CHIPS CHILLI & LEM GF /10	24280	113g	10	1.49
	LENTIL CHIPS CREAMY DILL GF /10	24282	113g	10	1.49
	LENTIL CHIPS SALT GF /12	22524	40g	12	0.69
	LENTIL CHIPS SEA SALT GF /10	24279	113g	10	1.49
	LENTIL CHIPS TOM & BASIL GF /10	24281	113g	10	1.49
	LENTIL CHIPS TOMATO & BASIL GF /12	22525	40g	12	0.75
	VEGGIE & KALE STRAWS GF /10	24283	113g	10	1.81
	ARTISAN GRAINS				
	ROAST EDAMAME BEANS S&P F /12	24005	32g	12	1.20
SNACKS - SWEET	AGROS				
	SESAME SNAPS /24	845	30g	24	0.34
	YUMEARTH				
	ANTI OXIFRUIT VITC DROPS GF ORG /6	24052	93.5g	6	3.49
	FRUIT FLAVOUR LOLIPOPS GF ORG /6	24057	85g	6	3.49
	SOUR LOLLIPOPS GF ORG /6	24058	85g	6	3.49
	WILD PEPPERMINT CANDIES GF ORG /6	24380	93.5g	6	3.49
	NAKD				
	APPLE CRUNCH BAR GF /18	22204	35g	18	0.89
	BANANA CRUNCH BAR GF /18	22205	35g	18	0.89
	COCOA CRUNCH BAR GF /18	22206	35g	18	0.89
	COCOA MINT BAR GF /18	22054	35g	18	0.89
	MOCHA BAR GF /18	21755	30g	18	0.89
	PECAN PIE BAR GF /18	22055	35g	18	0.89
	RHUBARB & CUSTARD F & N BAR GF /18	21756	35g	18	0.89
	STRAWBERRY CRUNCH BAR GF /18	22207	35g	18	0.89
	BIONA				
	COOL COLA BOTTLES GF ORG /10	24350	75g	10	1.79
	JELLY DINOS GF ORG /10	24351	75g	10	1.79
	POMEGRANATE HEARTS GF ORG /10	24352	75g	10	1.79
	SOUR SNAKES GF ORG /12	24353	75g	12	1.99
	TUTTI FRUTTI GUMS GF ORG /10	24354	75g	10	1.79
	FREEDOM MALLOWS				
	MARSHMALLOWS STRAWBERRY VEG GF /10	23859	75g	10	3.20
	MARSHMALLOWS VANILLA VEGAN GF /10	22172	75g	10	3.10
	TREK				
	BANANA BREAD FLAPJACK /16	22678	50g	16	1.01
	COCOA COCONUT FLAPJACK /16	22679	50g	16	1.01
	COCOA OAT FLAPJACK /16	22680	50g	16	1.01
	TREK COCOA CHAOS GF /16	23484	55g	16	1.23
	MIGHTY BEE				
	CHOC & HAZEL COCONUT JERKY /12	24371	30g	12	3.25
	FRUTINA				
	SUNSHINE KIDS VARIETY BARS /60	2661	15g	60	0.44

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	SUNITA				
	SESAME BAR WITH HONEY ORG /24	6974	30g	24	0.89
	NINE				
	NINE ALMOND SES BAR GF V /20	24521	40g	20	0.88
	NINE CAROB HEMP BAR GF V /20	24512	40g	20	0.88
	NINE CAROB RASP CHIA GF V /20	24546	40g	20	0.88
	NINE PUMPKIN SUN SEED BAR GF V /20	24520	40g	20	0.88
	NINE SUN SEED BAR ORG GF V /20	24522	40g	20	0.99
	WHOLEBAKE				
	APPLE & RASPBERRY FLAPJACK GF /20	22537	80g	20	0.70
	APRICOT & ALMOND FLAPJACK GF /20	22539	80g	20	0.65
	CARAMEL FUDGE FLAPJACK GF /20	22361	80g	20	0.75
	CASHEW & COCONUT FLAPJACK GF /20	22353	80g	20	0.70
	CHOCOLATE FLAPJACK GF /20	22360	80g	20	0.75
	CRANBERRY FLAPJACK GF /20	22354	80g	20	0.65
	DARK CHOC &GINGER FLAPJACK GF /20	22362	80g	20	0.70
	PECAN FLAPJACK GF /20	22355	80g	20	0.70
	PISTACHIO FLAPJACK GF /20	22356	80g	20	0.70
	SUMMER BERRY FLAPJACK GF /20	22352	80g	20	0.65
	BOUNCE				
	ALMOND PROTEIN BALL GF /12	20308	49g	12	1.85
	ALMOND SPIRULINA SNACK GF V /12	24492	40g	12	1.85
	CACAO MINT PROTEIN BOMB GF /12	23026	42g	12	1.85
	CACAO ORANGE PROTEIN BITE SHARE /6	24221	90g	6	2.69
	CASHEW PECAN VITALITY LIFT GF /12	23027	42g	12	1.85
	COCONUT CRANBERRY PROTBITES SHARE /6	24222	90g	6	2.69
	COCONUT MACAD PROTEIN BLISS GF /12	21944	40g	12	1.85
	SPIRULINA GINSENG SNACK GF /12	18889	40g	12	1.85
	SWEET&SALTY ALM PROT BITE SHARE /6	24223	90g	6	2.69
	PEPPERSMITH				
	EXTRA STRONG EUC & PEPPERMINT /12	21788	15g	12	1.59
	LEMON & PEPPERMINT FRESH MINTS /12	21195	15g	12	1.48
	PEPPERMINT CHEWING GUM /12	21192	15g	12	1.29
	PEPPERMINT FRESH MINTS /12	21194	15g	12	1.59
	SPEARMINT CHEWING GUM /12	21193	15g	12	1.39
	VEGEBEAR'S				
	VEGEBEAR'S COLA KOALA'S ORG /8	22235	100g	8	1.53
	VEGEBEAR'S FROOTY FRUITS ORG /8	14032	100g	8	1.53
	DOVES FARM				
	AGAVE NECTAR FJACK FREE FROM GF /18	23198	35g	18	0.69
	AGAVE NECTAR FJACK FREE FROM GF /7	23192	4x35g	7	2.49
	APPLE & SULT FJACK FREE FROM GF /18	23195	35g	18	0.69
	APPLE & SULT FJACK FREE FROM GF /7	23189	4x35g	7	2.49
	APRICOT &CHIA FJACK FREE FROM GF /7	23191	4x35g	7	2.49
	APRICOT CHIA FJACK FREE FROM GF /18	23197	35g	18	0.69
	BANANA & HEMP FJACK FREE FROM GF /7	23190	4x35g	7	2.49
	BANANA &HEMP FJACK FREE FROM GF /18	23196	35g	18	0.69
	CHOC CHIP FJACK FREE FROM GF /18	23200	35g	18	0.69
	CHOC CHIP FJACK FREE FROM GF /7	23194	4x35g	7	2.49
	FIG & LINSEED FJACK FREE FROM GF /7	23193	4x35g	7	2.49
	FIG &LINSEED FJACK FREE FROM GF /18	23199	35g	18	0.69
	9 BAR				
	9 BAR SUPER SEEDS PEANUT GF /16	21753	50g	16	0.85
	EAT NATURAL				
	FRUIT & NUT ASSORTED 1 BARS /28	14809	50g	28	0.97
	GOODY GOOD STUFF				
	BERRY MIX GF /12	24187	100g	12	1.35
	COLA BREEZE /12	21972	100g	12	1.35

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	KOALA GUMMY BEARS /12	21973	100g	12	1.35
	SOUR MIX & MATCH /12	21975	100g	12	1.35
	SUMMER PEACHES /12	21977	100g	12	1.35
	RICOLA				
	HONEY HERB SWISS HERB DROPS /12	23983	70g	12	1.75
ALTERNATIVES TO MILK	PROVAMEL				
	ALMOND DRINK UNSWEETENED ORG /12	21614	1lt	12	2.85
	CHOCOLATE DRINK GF ORG /8	19049	1lt	8	1.95
	COCONUT & RICE DRINK GF ORG /12	22559	1lt	12	2.45
	ECOMIL				
	ALMOND DRINK AGAVE SYR GF ORG /6	14164	1lt	6	3.93
	HEMP MILK SUGAR FREE ORG GF /6	23462	1lt	6	3.93
	NAT ALMOND DRINK NAS GF ORG /6	20948	1lt	6	3.93
	KARA				
	COCONUT DRINK&CALCIUM VEGAN /8	21963	3x250	8	1.99
	GOOD				
	HEMP MILK GF /12	20688	1lt	12	1.99
	BLUE DIAMOND				
	ALMOND MILK ORIGINAL /8	21968	1lt	8	1.79
	ALMOND MILK UNSWEETENED /8	21969	1lt	8	1.79
	KOKO				
	COCONUT DRINK & CALCIUM /12	22780	1lt	12	1.79
	RUDE HEALTH				
	ALMOND DRINK ORG /6	23485	1lt	6	2.49
	BROWN RICE DRINK /6	23986	1lt	6	2.30
	BIONA				
	COCONUT MILK POWDER ORG V /12	24543	150g	12	3.99
SPREADS - SAVOURY	GRANOVITA				
	BUCKWHEAT & CHIA PATE GF ORG /12	24325	125g	12	1.95
	CHICKPEA & SESAME PATE GF ORG /12	24326	125g	12	1.95
	GRILLED AUBERGINE PATE GF ORG /12	24327	125g	12	1.95
	READY SPREADY HERB PATE ORG /12	13633	200g	12	2.89
	RED PEPPER & ALMOND PATE GF ORG /12	24329	125g	12	1.95
	TANGY TOMATO PATE YF GF ORG /12	19089	200g	12	2.89
	TOFU PATE SPICY MEX GF ORG /12	5777	200g	12	2.89
	TOMATO & ROCKET PATE GF ORG /12	24324	125g	12	1.95
	WALNUT & BASIL PATE GF ORG /12	24328	125g	12	1.95
	TARTEX				
	CLASSIC PATE TUBES ORG /12	18914	200g	12	2.79
	GARLIC & HERB PATE TUBES ORG /12	18915	200g	12	2.79
	HERB PATE TUBES ORG /12	18916	200g	12	2.79
	MUSHROOM PATE TUBES ORG /12	18917	200g	12	2.79
	OLIVE PATE TUBES ORG /12	18918	200g	12	2.79
SPREADS - SWEET & JAMS	HUNTLY HERBS				
	GOOSEBERRY JAM GF ORG /6	22379	300g	6	3.99
	SO FREE				
	CHOCOLATE SPREAD PLAIN ORG /6	16165	275g	6	3.15
STOCKS & SOUPS	KALLO				
	LOW SALT VEG STOCK CUBES ORG /15	12537	6x11g	15	1.59
	STOCK CUBES FRENCH ONION ORG /15	9087	6cubes	15	1.59
	STOCK CUBES GARLIC & HERB ORG /15	9089	6cubes	15	1.59
	STOCK CUBES MUSHROOM ORG /15	9091	6cubes	15	1.59
	STOCK CUBES TOM & HERB ORG /15	9088	6cubes	15	1.59
	STOCK CUBES VEG YEAST FREE /15	6050	6cubes	15	1.59
	STOCK CUBES VEGETABLE ORG /15	5350	6cubes	15	1.59
	MARIGOLD				
	BOUILLION VEGAN (RED) ORGANIC /1	12033	900g	1	11.99

CATEGORY	DESCRIPTION	CODE	UNIT	CASE	RRP
	BOUILLON 500G (GREEN) /6	2383	500g	6	6.35
	BOUILLON LO SALT VEGAN (PURPLE) /1	5537	1kg	1	11.65
	BOUILLON REDUCE SALT GF V ORG /6	21066	140g	6	2.49
	BOUILLON REDUCE SALT VEGAN PURPL /6	16452	500g	6	6.35
	BOUILLON STOCK (GREEN) BIG TUB /1	880	1kg	1	11.65
	BOUILLON STOCK POWDER (GREEN) /12	899	150g	12	2.09
	BOUILLON VEGAN (RED) ORG /6	8491	150g	6	2.39
	BOUILLON VEGAN (RED) ORGANIC /6	16451	500g	6	7.15
	BOUILLON VEGAN LO SALT (PURPLE) /12	1680	150g	12	2.09
	LIQUID AMINOS SEASONING GF /6	20870	250ml	6	3.59
	MODERN HEALTH				
	VECON VEGETABLE EXTRACT /1	962	1kg	1	14.62
	SANCHI				
	MISO SOUP INSTANT /6	247	6x8g	6	2.90
	ESSENTIAL				
	LENTIL & PUMPKIN SOUP GF V ORG /6	17314	680g	6	2.43
	LENTIL SOUP GF V ORG /6	17315	680g	6	2.43
	MUSHROOM SOUP GF ORG /6	17316	680g	6	2.43
	PEA SOUP GF V ORG /6	17317	680g	6	2.43
	TOMATO SOUP GF ORG V /6	17318	680g	6	2.43
	VEGETABLE & TOMATO SOUP V GF ORG /6	17319	680g	6	2.43
	FREE & EASY				
	BROCCOLI & KALE SOUP GF ORG /6	24373	400g	6	1.65
	BUTTERNUT SQUASH & GINGER GF ORG /6	24374	400g	6	1.55
	CARROT & COCONUT SOUP GF ORG /6	24375	400g	6	1.55
	LENTIL & RED PEPPER SOUP GF ORG /6	12714	400g	6	1.55
	PEA & MINT SOUP GF ORG /6	24377	400g	6	1.55
	SWEET POTATO & CHIA SOUP GF ORG /6	24376	400g	6	1.55
	TOMATO SOUP GF ORG /6	24378	400g	6	1.55
	AMY'S KITCHEN				
	CHUNKY TOMATO SOUP GF ORG /6	22575	400g	6	2.09
	RUSTIC ITALIAN VEG SOUP GF ORG /6	22576	397g	6	2.62
SUGARS & SWEETENERS	MERIDIAN				
	DATE SYRUP /6	403	330g	6	2.99
	SHADY MAPLE				
	MAPLE SYRUP POUCH ORG GF /8	23392	125ml	8	4.15
	GEO ORGANICS				
	DARK AGAVE SYRUP GF ORG /6	22284	250g	6	3.09
	LIGHT AGAVE SYRUP GF ORG /6	23826	250g	6	3.49
	ACADIAN				
	CANADIAN MAPLE SYRUP MEDIUM ORG /6	23156	1lt	6	26.98
VEGETABLE JUICE	BIONA				
	BEETROOT JUICE PRESSED ORG /12	21649	500ml	12	1.99
	VEGETABLE PRESSED JUICE ORG /12	21650	500ml	12	1.99
	CAWSTON PRESS				
	BRILLIANT BEETROOT JUICE /6	24049	1lt	6	2.79
VITAMINS & SUPPLEMENTS	NATURES OWN				
	BREWERS YEAST 300mg (BPC) /1	8074	500tab	1	8.40
	SALUS HAUS				
	FLORAVITAL YF GF /12	16602	500ml	12	18.50
YEAST	ALLINSONS				
	YEAST DRIED /10	9810	125g	10	1.95
	YEAST EASYBAKE SACHETS BOX /12	38	6x7g	12	1.80
	YEAST EASYBAKE SACHETS TWIN /48	1118	2x7g	48	0.75
	DOVES FARM				
	QUICK YEAST /16	13211	125g	16	1.12