

MONDAY

EVENING

Upcycling and Recycling - with Linda Gardner

Combine hand knitting and sewing to upcycle and recycle your stash: Creative ways to use old yarns, fabrics and ribbons and other materials yearning for a new purpose in life. You will learn pattern design, mixing media and innovative ways to make new from old. Be inspired in this fun and informative relaxed class. All abilities welcome. Community School (support building) 7-9 pm.
£40 for 8 weeks starting 14 January 2019

Community Choir - with Sandra Miller

All the research shows that singing is good for your health and wellbeing. So why not come along and sing some songs, meet new people and feel all the better for it? It will help cheer you up on dark winter nights. No experience necessary and you don't need to be able to read music. All you need are your voice and your enthusiasm. Community School (Assembly Hall) 7pm to 8.30pm
£40 for 8 weeks starting 28 January 2019

TUESDAY

DAYTIME

Art Afternoon - with Douglas Matthews

Embracing all media, some experience helpful but not essential, beginners are welcome. This term Douglas will be offering tuition in portraiture to those who are interested.
Aytoun Hall (ground floor) 1.30 - 3.30 pm.
£50 for 10 weeks starting 29 January 2019

EVENING

Scottish Country Dancing - with Jane Rattray

Learn and enjoy the basics in an informal, friendly atmosphere. Suitable for beginners and continuers. Auchterarder Community Church Centre (small hall) 7-9 pm.
£50 for 10 weeks starting 15 January 2019

Tai Chi - with Iain Naylor

An ancient form of exercise from China, slow gentle movements provide a balanced exercise for mind and body. Our tutor is one of Scotlands most experienced teachers having studied tai chi since 1980 and regularly studied in China since 2005. Beginners welcome. Light clothing and soft-soled shoes are required.
Community School 6.30-8 pm.
£50 for 10 weeks starting 15 January 2019

Upholstery - with Bob Farmer

Learn how to re-upholster small to medium pieces of furniture. We will contact new starters prior to the first class to discuss what you need to bring with you.
Community School 7-9 pm.
£50 for 10 weeks starting 15 January 2019

WEDNESDAY

EVENING

Fishing Skills and Fly Tying - with Sandy McIntosh

Improve your fishing with expert advice on casting lures, location etc. Lessons in fly tying.
The Fishing Hut, Kinkell Bridge 7-9 pm
£35 for 7 weeks starting 30 January 2019

THURSDAY

DAYTIME

Art Afternoon - with Douglas Matthews

Embracing all media, some experience helpful but not essential. Beginners welcome.
Aytoun Hall (ground floor) 1.30 - 3.30 pm.
£50 for 10 weeks starting 31 January 2019

Chair Yoga - with Julie Henderson

Are you interested in the many benefits of yoga and meditation but uncomfortable sitting on the floor? Kundalini Chair-led yoga is a gentle series of exercises practised from a chair and focusing on building strength, balance and flexibility. Each class finishes with relaxation and meditation helping to reduce stress and increase overall wellbeing. All welcome. Wear comfortable clothing.
Aytoun Hall (Girnal Hall) 11am to 12noon
£35 for 10 weeks starting 17 January 2019



Auchterarder & District Leisure Classes

Prospectus January - March 2019

Run by volunteers for the people of
Auchterarder and District



Auchterarder Adult Education Association is a charity registered in
Scotland. No. sco20304

All students must be aged 18 or over.
We do not send out acknowledgements, please
assume that the class will run unless you are
notified of a cancellation.
In the event of a class not being run at all, students
will be informed as soon as is practical and fees will
be returned.
There may be a small extra charge for materials for
some classes.
An up to date tetanus injection is advised for all
practical subjects.
Please note that the AAEA is unable to refund class
fees once the class is confirmed as running.

ALL ENROLMENTS:

Please send the enclosed enrolment form with your
cheque, made out to AAEA, to

AAEA Secretary
17 Beech Tree Place
Auchterarder, PH3 1JQ

To assist the administrator please return
enrolments for **Upcycling/Recycling, Dancing, Tai
Chi, Upholstery and Yoga** by 9 January 2019.
Choir, art and fishing with later start dates to be
returned by 21 January.

**CLASSES START WEEK COMMENCING 14TH
JANUARY 2019 unless stated otherwise**

For further information visit our website

www.AAEA.org.uk

find us on Facebook
or call 07887 735597



You can view this brochure and print off an
enrolment form on-line, but we regret we cannot
process your enrolment on-line