

6. Sockburn Loop 2

- Length 5 miles
- Duration 1 ½ hours – 2 hours
- Start Facing the Millennium Garden with the road behind you
- Terrain Easy pavements, country roads and, public footpaths and bridleway
- Note After wet weather, the public footpath sections of this route can be muddy



- a) Take the gentle slope to your left up onto the flood bank and turn left. You will have a lovely view of the River Tees. This is part of the Teesdale Way. Walk along the bank to the end of the village green until you come to a stile and cross over. Follow the path until another stile crossing over to arrive in Sockburn Lane.
- b) Turn right and follow Sockburn Lane as it gently climbs for about 100 metres where it then flattens out. There is a bench here should you feel the need to rest. At various points from here you will see the North York Moors in the distance to your left and on a clear day Roseberry Topping. Continue on Sockburn Lane for approximately 1 mile and turn left at the public bridleway sign marked Teesdale Way.
- c) Follow the path until approximately 20 metres after the fence on your left ends, and turn right at the waymarked sign and cross over a stile. Walk straight on keeping to the boundary on your left and go through a metal gate next to a double wooden gate. Walk straight on until the route winds to the left to join a metaled road.
- d) Follow the road for approximately 1 mile to the T-junction. Turn right and follow the road for approximately $\frac{1}{4}$ mile until you reach St John the Baptist church at Low Dinsdale. Go through the metal kissing gate directly opposite the church and continue over the small bridge. Veer right to the far right hand corner of the field to enter Dinsdale Wood through the metal kissing gate.
- e) Follow the path until you reach a fork. Ignore the right hand fork downhill and take the left fork uphill to reach a track. Turn left and follow the track to the metaled road.
- f) Turn right and walk towards Neasham passing Neasham Hill Farm on your right. You will see the hills of Teesdale in front of you in the distance. The route continues downhill into the village to the crossroads with the Pump House on your right. Cross over and carry straight on through the village back to the start.