

## **CULBOKIE COMMUNITY TRUST**



# **Culbokie and Glascairn Woods Permanent Orienteering Course**

#### **Travel Directions**

From the A9, at the junction 3.5 km south of the Cromarty Bridge, take the B9169 east towards Culbokie. After 2 km you reach the outskirts of Culbokie.

- For Start 1: Continue through the village until just before you reach the football ground. Turn right into a car park with recycling bins. Start 1 is located at the main entrance to the woods.
- For Start 2: Turn right in the centre of the village just before the Spar Shop towards Munlochy. After just under 1 km, turn right into a forestry car park where Start 2 is located.

#### **Details**

This permanent orienteering course is designed to provide an introduction to the sport and an opportunity to develop navigational skills in a recreational, non-competitive setting. Each numbered control is marked on the map by a red circle and on the ground by a wooden post with a number and a letter on it. The post will be at the feature shown in the centre of the circle. Descriptions of each control feature are given below. For more details visit <a href="https://www.scottish-orienteering.org">https://www.scottish-orienteering.org</a>

#### Safety

Orienteering requires participants to navigate using a map along paths. More difficult courses require navigation off the paths, through vegetation, across ditches and rough ground and on land that is both wet and dry. Suitable clothing and footwear should be worn and it's a good idea to take a whistle with you to attract attention if needed. Check your body for ticks after orienteering through woodland and remove them promptly. Orienteering is undertaken at your own risk. Please do not enter out of bounds (OOB) areas.

#### **Course Difficulty**

- White / Yellow Courses use simple linear features like paths, walls and streams for the orienteer to
  follow. Controls are at obvious features which are on or close to a path and no compass is necessary.
  Controls are a similar distance apart with little route choice in between. These are good starting courses
  that are often undertaken by families and groups.
- Orange Courses progress to basic use of the compass with some control points off the paths and some route choice. They are ideal for novice adults or more experienced youngsters.

#### **Suggested Courses**

There are two different start/finish points in these woods. Each has an associated short-course, both of which are loops. The finish for each short-course is at the same post as the start. Alternatively you could try one of the longer more difficult courses listed below, or make up your own course using the controls. A good approach is to mark your map to show the order of the controls for your route before starting.

**SHORT INTRODUCTION COURSES (WHITE/YELLOW)**: - Each post has a letter on it. Collect the letters and re-order them to make word.

- > S1 101 102 103 104 105 106 107 S1 (about 2 km)
- > S2 111 112 113 114 115 116 S2 (about 2 km)

### LONGER MORE DIFFICULT COURSES (ORANGE):

- > S1 122 127 106 124 105 104 125 102 101 S1 (about 3.2 km)
- ➤ S1 104 106 124 117 ROAD 113 111 115 109 S2 (about 3.8 km. To return to your start point 2 km away, take the small section of single track road and main forestry track. Please take care when crossing road)

**SCORE:** - for those more experienced, looking for a challenge and to hone their orienteering skills, all the controls may be visited in any order starting and finishing at either Start 1 or Start 2 or both. This route is approximately 7.5 km long and involves a road crossing. An experienced orienteer could complete this course in about an hour to an hour and a half.

Collect all the letters of the controls you visit to show that you've been there. If you visit them all, collect the letters and see how many wildlife species you can find.

### **Control Descriptions**

101 Path Crossroads, North edge	
102 Hill, Southeast side	
103 Watercourse Junction	
104 Northern Path Junction	
105 Northeastern Path Junction	
106 Clearing	
107 Path junction	
108 Vegetation boundary, South corner (in	side)
109 Depression	
110 Hill, Northwest side	
111 Path Junction	
112 Fence, Southwest corner	
113 Ditch, Southeast End	
114 Ditch, Northwest End	
115 Re-entrant	
116 Hill, Southeast part	
117 Path Bend	
118 Hill, Northwest side	
119 Vegetation boundary	
120 Wall Bend, Northwest corner (inside)	
121 Shallow Small Depression	
122 Clearing, Southwest edge	
123 Hill, East side	
124 Bridge, West side	
125 Northern Saddle	
126 Vegetation Boundary, East corner (ins	ide)
127 Southeastern Hill, Northwest side	

		_			_	
101		/	/	X	Φ	
102		0			O.	
103		w	ekky.	X		
104	1	/	/	Y		
105	7	/	/	X		
106		ं				
107		/	/	X		
108		$\wedge$			<b>~</b>	
109		€				
110		0 /			Ö	
111		/	/	X		
112		A.			Ļ.	
113		KK.			>	
114		this .			<b>\</b>	
115		Λ Ο /				
116		0			0	
117		/		<		
118		0			Ö	
119						
120		> **		<	Ŀ	
121		)	_			
122		$\bigcirc$			Q	
123		0			O·	
124		1			Ó	
125	1	)(				
126		$\rightarrow$			>	
127	/	0			Ö	

#### Want to do More?

The Local Club, Inverness Orienteering Club, hold regular events in close proximity to Inverness throughout the year. For more details visit http://www.invoc.org.uk

#### **Funders**

The permanent orienteering course in Culbokie Wood has been supported by the BIG Lottery Fund, Highland Council and the Forestry Commission.

RWN 19-Jul-2018