

# Living Well in Later Life

Agenda

Monday 26th of October 2015  
Heriot Watt University, Edinburgh EH14 4AS



Time	Item	Speaker
9:00-9:30	Registration with tea and coffee	
9:30-9:40	Welcome and opening remarks	Angiolina Foster, Chief Executive, Healthcare Improvement Scotland
9:40-10:10	<b>Plenary Session 1: Looking back, Looking forward</b> Reshaping care and active and healthy ageing in Scotland. Strengthening Scotland's international profile	Ms Maureen Watt MSP, Minister for Public Health Councillor Peter Johnson, Health and Well-being Spokesperson, CoSLA
10:10-11:00	<b>Plenary Session 2: Stepping up</b> <ul style="list-style-type: none"> <li>• Global examples of integrated care for older people</li> <li>• Successes and challenges ahead for Scotland</li> </ul>	Dr Nick Goodwin, Chief Executive, International Foundation for Integrated Care Dr Anne Hendry, National Clinical Lead for Integrated Care
11:00-11:30	Morning break and networking	
11:30-12:45	<b>Breakout Sessions:</b> <ol style="list-style-type: none"> <li>1. Active and Healthy Ageing: physical activity and falls prevention</li> <li>2. What works in reducing social isolation</li> <li>3. Anticipatory Care Planning – are we realising the potential?</li> <li>4. Nothing about me without me</li> </ol>	<b>Lead Facilitator</b> Ann Murray, National Falls Programme Manager & Edith McIntosh, AHP Consultant, Care Inspectorate Mark McGeachie, National Lead, Co-production and Community Capacity Building, Joint Improvement Team Dr Stuart Cumming & Janette Barrie, co-chairs, National ACP Task and Finish Group Glenda Watt, Strategy Manager and Coordinator Scottish Older People's Assembly
12:45-13:45	Lunch and networking	
13:45-15:00	<b>Breakout Sessions:</b> <ol style="list-style-type: none"> <li>1. Living it up</li> <li>2. Enabling wellbeing at home through intermediate care or reablement</li> <li>3. Focus on Dementia – home is where the heart is</li> <li>4. A Stitch in Time - making the case for investing in prevention in later life</li> </ol>	<b>Lead Facilitator</b> Beth Murphy, Living it Up Service Manager, NHS 24 Marie Curran, Improvement Lead for Intermediate Care, Joint Improvement Team Amanda Britain, Lead on Housing & Douglas Philips, Lead for Dementia, Joint Improvement Team Mark McGeachie, National Lead, Co-production and Community Capacity Building, Joint Improvement Team & Diane Kennedy, Depute Director, Evaluation Support Scotland
15:00-15:10	Afternoon break	
15:10-16:00	<b>Plenary Session 3: Celebrating later life</b>	Dr Margaret Whoriskey, Director, Joint Improvement Team Tom Berney, Chairman, & Glenda Watt, Strategy Manger and Coordinator, Scottish Older People's Assembly
16:00	Close	