

Where to find out more

Website - www.scotopa.org.uk

Also see - www.facebook.com/scotopa/

Contact Glenda Watt

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Fill in the form below or email information:

Title (Mr, Mrs, Ms, Dr.) _____

First name _____

Last name _____

Street: _____

Town _____

County: _____

Post Code _____

Email: _____

Add me to the newsletter email list.

Send me a membership form. (Please tick.)

Any other request? Write below.

Which groups are involved in SOPA?

Groups from the community, national campaigns, humanitarian, equality, minority and lifelong learning are involved.

Planning group members are drawn from:

Action on Elder Abuse: Age Scotland: Alzheimer Scotland: City for All Ages Advisory Group
Edinburgh: Dumfries & Galloway Seniors Forum:
Edinburgh Association of Community Councils:
Generations Working Together: GMB Union
(Retired Members): Grey Matters, Argyll and
Bute: Highland Senior Citizens Network: Human
Development Scotland: Interfaith Association:
Learning in Later Life Students' Association,
Strathclyde University: LGBTI Age: Make It
Happen Falkirk: National Federation of
Occupational Pensioners: National Pensioners
Convention: Older People's Reference Group,
Stirling: Pilmeny Development Project,
Edinburgh: Renfrewshire Seniors Forum: Retired
Police Officers Association Scotland: Scottish
Borders Seniors Networking Forum (SBSNF):
Scottish Council on Deafness: Seniors Together
South Lanarkshire: South Kintyre Seniors' Forum:
Trust Housing Association (Equality Scotland):
U3A in Scotland: West Lothian Senior People's
Forum.

Web person (Facebook and Newsletter) - Val

Bissland: valbissland@gmail.com

Contact to report any issues.

The Scottish Older People's Assembly is a Scottish
Charitable Incorporated Organisation number -
SC046520.

Scottish Older People's Assembly



A voice for older people in Scotland

Follow us on Facebook and Twitter  



What does SOPA do?

Throughout the year SOPA promotes the voice of older people

- meeting with local groups
- recording and collating concerns
- issuing a newsletter
- meeting government ministers
- connecting with other politicians
- contacting officials and professionals
- using the press and social media
- arranging the annual Assembly



SOPA's Aims

Ensure recognition of the contributions of Scotland's older people in influencing policies and services

Improve opportunities for older people's experience and voice to be heard on matters of concern

Enable people to use their experience and skills of a lifetime to develop solutions

Connect people in later life to decision-makers in government and to service providers throughout Scotland

Ensure people are not excluded from decision-making in older age and are made more aware of their rights

Increase people's access to resources and services that enhance quality of life

Promote opportunities for active citizenship

Encourage involvement in influencing policy decisions affecting later life

Create a climate of optimism about the benefits to society of an active older generation

Aim for equality and social justice for all in Scotland



Meeting local people in Glasgow



At a Planning Group meeting in Edinburgh

Older people in Scotland set SOPA's priorities



Engaging in debate at the annual Assembly



Kilmarnock participants helping to shape SOPA's priorities.