

## Where to find out more

Website - [www.scotopa.org.uk](http://www.scotopa.org.uk)

Also see - [www.facebook.com/scotopa/](https://www.facebook.com/scotopa/)

Contact Glenda Watt

Email: [glenda@scotopa.org.uk](mailto:glenda@scotopa.org.uk)

SOPA Office base: 14 Ashley Place,  
Edinburgh EH6 5PX

t: 0131 555 9112 m: 077 2991 3474

Fill in the form below or email information:

Title (Mr, Mrs, Ms, Dr.) \_\_\_\_\_

First name \_\_\_\_\_

Last name \_\_\_\_\_

Street: \_\_\_\_\_

Town \_\_\_\_\_

County: \_\_\_\_\_

Post Code \_\_\_\_\_

Email: \_\_\_\_\_

Add me to the newsletter email list.

Send me a membership form. (Please tick.)

Any other request? Write below.

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## Which groups are involved in SOPA?

Groups from the community, national campaigns, humanitarian, equality, minority and lifelong learning are involved.

### Planning group members are drawn from:

Action on Elder Abuse: Age Scotland: Alzheimer Scotland: City for All Ages Advisory Group  
Edinburgh: Dumfries & Galloway Seniors Forum:  
Edinburgh Association of Community Councils:  
Generations Working Together: GMB Union  
(Retired Members): Highland Senior Citizens  
Network: Human Development Scotland:  
Interfaith Association: Learning in Later Life  
Students' Association, Strathclyde University:  
LGBTI Age: National Federation of Occupational  
Pensioners: Older People's Reference Group,  
Stirling: Pilmeny Development Project,  
Edinburgh: Renfrewshire Seniors Forum: Retired  
Police Officers Association Scotland: Scottish  
Borders Seniors Networking Forum (SBSNF):  
Scottish Council on Deafness: Seniors Together  
South Lanarkshire: Trust Housing Association  
(Equality Scotland): U3A in Scotland: West  
Lothian Senior People's Forum.

Web person (Facebook and Newsletter) -

Val Bissland: [valbissland@gmail.com](mailto:valbissland@gmail.com)

Contact to report any issues.

The Scottish Older People's Assembly is a Scottish  
Charitable Incorporated Organisation number -  
SC046520.

## Scottish Older People's Assembly



## A voice for older people in Scotland

Follow us on Facebook and Twitter  

## What does SOPA do?

Throughout the year SOPA promotes the voice of older people

- meeting with local groups
- recording and collating concerns
- issuing a newsletter
- meeting government ministers
- connecting with other politicians
- contacting officials and professionals
- using the press and social media
- arranging the annual Assembly



## SOPA's Aims

Ensure recognition of the contributions of Scotland's older people in influencing policies and services

**Improve** opportunities for older people's experience and voice to be heard on matters of concern

**Enable** people to use their experience and skills of a lifetime to develop solutions

**Connect** people in later life to decision-makers in government and to service providers throughout Scotland

**Ensure** people are not excluded from decision-making in older age and are made more aware of their rights

**Increase** people's access to resources and services that enhance quality of life

**Promote** opportunities for active citizenship

**Encourage** involvement in influencing policy decisions affecting later life

**Create** a climate of optimism about the benefits to society of an active older generation

**Aim** for equality and social justice for all in Scotland



Meeting local people in Glasgow



At a Planning Group meeting in Edinburgh

Older people in Scotland set SOPA's priorities



Engaging in debate at the annual Assembly



Kilmarnock participants helping to shape SOPA's priorities.