

## Where to find out more

Website - [www.scotopa.org.uk](http://www.scotopa.org.uk)

Also see - [www.facebook.com/scotopa/](https://www.facebook.com/scotopa/)

Contact Caroline Clark

Email: [caroline@scotopa.org.uk](mailto:caroline@scotopa.org.uk)

SOPA Office: Eric Liddle Centre,  
15 Morningside Road, Edinburgh, EH10 4DP  
Tel: 0131 357 1277

Chair: Diana Findley, Tel: 01835 823374  
Email: [diana.findley@btinternet.com](mailto:diana.findley@btinternet.com)

### Fill in the form below or email information:

First name \_\_\_\_\_

Last name \_\_\_\_\_

Street: \_\_\_\_\_

Town \_\_\_\_\_

County: \_\_\_\_\_

Post Code \_\_\_\_\_

Email: \_\_\_\_\_

Add me to the newsletter email list.

Send me a membership form. (Please tick.)

Any other request? Write below:

## Which groups are involved in SOPA?

Over 25 groups from the community, national campaigns, humanitarian, equality, minority and lifelong learning groups have been reached, involving approximately 40,000 older people in Scotland.

### Planning group members are drawn from:

Action on Elder Abuse: Age Scotland: Alzheimer Scotland: Borders Older People's Forum; City for All Ages Advisory Group Edinburgh: Clackmannanshire Older People's Forum: Dumfries & Galloway Seniors Forum: Deaf Scotland: Edinburgh Association of Community Councils: Generations Working Together: GMB Union (Retired Members): Highland Senior Citizens Network: Human Development Scotland: Interfaith Association: Learning in Later Life Students' Association Strathclyde University: LGBTI Age: National Federation of Occupational Pensioners: Pilmeny Development Project, Edinburgh: Public Patient Partnership, Stirling: Renfrewshire Seniors Forum: Retired Police Officers Association Scotland: Scottish Council on Deafness: Seniors Together South Lanarkshire: Trust Housing Association (Equality Scotland): U3A in Scotland: Unite Retired Members Lanark: West Lothian Senior People's Forum.

The Scottish Older People's Assembly is a Scottish Charitable Incorporated Organisation number - SC046520.

## Scottish Older People's Assembly



## A voice for older people in Scotland

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## What does SOPA do?

Throughout the year SOPA promotes the voice of older people

- meeting with local groups
- recording and collating concerns
- issuing a newsletter
- meeting government ministers
- connecting with other politicians
- contacting officials and professionals
- using the press and social media
- arranging the annual Assembly



## SOPA's Aims

Ensure recognition of the contributions of Scotland's older people in influencing policies and services

**Improve** opportunities for older people's experience and voice to be heard on matters of concern

**Enable** people to use their experience and skills of a lifetime to develop solutions

**Connect** people in later life to decision-makers in government and to service providers throughout Scotland

**Ensure** people are not excluded from decision-making in older age and are made more aware of their rights

**Increase** people's access to resources and services that enhance quality of life

**Promote** opportunities for active citizenship

**Encourage** involvement in influencing policy decisions affecting later life

**Create** a climate of optimism about the benefits to society of an active older generation

**Aim** for equality and social justice for all in Scotland



Meeting local people in Glasgow



At a Planning Group meeting in Edinburgh

Older people in Scotland set SOPA's priorities



Engaging in debate at the annual Assembly



Kilmarnock participants helping to shape SOPA's priorities.