

**MINUTE OF MEETING OF THE HIGHLAND SENIOR CITIZENS NETWORK HELD IN INSHES CHURCH, INVERNESS ON MONDAY 30 OCTOBER 2017 AT 10:00**

**Present:** Ian McNamara, Chair  
Fiona Angella  
Pamela Boxx  
Isla Cuthbert  
David Hannah  
Bet McAllister  
Donalda Mackenzie  
Brenda Nicolson  
Joan Philip  
Irene Robertson  
Evelyn Sinclair

**In attendance:** Jo Cowan, Coordinator  
Anne MacDonald, Coordinator

**Apologies** – Brian Devlin, Lesley McDade, Ann McKay, Donald MacLeod and John Furze

**1 WELCOME/APOLOGIES**

The Chair welcomed everyone to the meeting. Apologies were as noted above.

**2 DECLARATION OF INTERESTS**

There were none declared.

**3 NEW TRUSTEES**

There were no applications.

**4 NEW MEMBERS**

The following new Members were noted:-

- Phyllis MacRae, Inverness
- Alison Kirk, Lybster, Caithness
- Ian Kirk, Lybster, Caithness
- Jackie Smith, Lybster, Caithness
- Paul Roberts, Thurso, Caithness
- Heather Cavin, Kinlochleven
- Highview Residents Forum

## **5 MINUTE OF 26 SEPTEMBER 2017**

The Minute of 26 September 2017 was approved.

Proposer: Joan Philip  
Seconder: Isla Cuthbert

## **6 SELF DIRECTED SUPPORT UPDATE**

The Board noted ongoing activity in relation to the implementation of Self Directed Support (SDS). Arrangements were confirmed for the MECOPP Three R's event to be held on 13 November 2017 at Smithton Church, Inverness. Anne referred to the workshop that had taken place in March 2017 focusing on people's experiences of SDS and advised that a follow up meeting had recently taken place, a report of which was awaited. The Board again stressed the importance of clarity around the SDS options and of ensuring that eligible clients were offered the most appropriate option for their needs.

## **7 EVALUATION OF EFFECTIVENESS**

As agreed at the last meeting, Trustees would report relevant activity for collation and inclusion in the operational plan by Ann.

## **8 ALCOHOL AWARENESS RAISING MEETINGS**

The Chair advised that HSCN had now fulfilled the terms of its agreement with NHS Highland regarding delivery of alcohol awareness raising sessions. No further meetings were planned pending discussion with NHS Highland regarding the next steps and HSCN's continuing involvement in this initiative.

## **9 MEETINGS WITH EXTERNAL BODIES**

### **(a) Older People's Improvement Group Meeting 10 October 2017**

The Chair gave a brief report noting that Jo had also attended the meeting and had updated the Group on progress with the Outcome Stars pilot project. The tool was proving to be an effective means of getting feedback on the impact services were having on individuals and it was felt it would be a valuable model for health professionals and other key workers to adopt.

### **(b) Adult Services Commissioning Group Meeting 18 October 2017**

Evelyn had attended this meeting on behalf of the Chair. She advised that discussion on the Integrated Care Fund and consideration of the bid submitted by HSCN for continued funding for the Coordinators' posts had been deferred to the next meeting.

### **(c) Inclusion Scotland**

Evelyn and Jo reported on this meeting at which several interesting presentations had been given. Topics discussed included the Community Engagement Standards and participation requests.

## 10 REPORTS

### (a) Coordinators' Report

The circulated report detailing activity to date was noted. The Board also received reports of the recent joint meetings with Age Scotland held in Caithness and Aviemore. The "Money Matters" topic presented by the Age Scotland Team at the Aviemore event had been particularly well received and it was suggested that HSCN consider organising a session around this topic. Some discussion followed on potential agenda items and speakers for future meetings.

### (b) Membership and Communication

The Board noted the minute of meeting of the Communications Group held on 10 October 2017.

- *Winter Newsletter:* the timetable for finalising and printing the Winter issue was agreed. It was noted that the donation raised through the Cooperative Local Community Fund was being used to meet costs incurred in producing and posting newsletters.
- *Website:* some work required to be done by Jo and Lesley on updating the site.

### (c) Black Isle Cares (BIC) Update

The Board noted that consideration was being given to developing an intergenerational community garden.

## 11 TREASURER'S REPORT

Evelyn spoke to the circulated accounts for September 2017 which the Board noted. She reported on correspondence received regarding pensions and confirmed that we were compliant with the requirements of the Scottish Government pension scheme.

## 12 AOCB

### (a) Concessionary Rail Fares

The Board was concerned to note that there had been no progress with this matter. Bet agreed to raise it again with relevant colleagues in The Highland Council to clarify areas of responsibility and consider how to move things forward with a view to ensuring equity across the whole of the Highland Region.

### (b) Induction for New Trustees

At its meeting on 10 October 2017 the Communications Group had suggested that the Board review the position regarding induction for new Trustees and that it would also be timely for existing Trustees to have a refresher session in relation to their roles and responsibilities and awareness of policies and procedures. After discussion the Board agreed to hold a separate meeting for this purpose immediately following its next scheduled meeting on 27 November 2017 at Inshes Church.

### (c) East Sutherland Update

The Board received a report from David on a range of activities and events held by various groups in the East Sutherland Area. He confirmed that Sutherland Care Forum would be entering into an agreement with Highland Hospice regarding a palliative care befriending service; it would also be launching its voluntary foot care service for the elderly.

**13 DATE OF NEXT MEETING**

The next meeting will be held on Monday 27 November 2017 at 10:00 in Inshes Church.

**The meeting closed at 11:45**