

MINUTE OF MEETING OF THE HIGHLAND SENIOR CITIZENS NETWORK HELD IN INSHES CHURCH, INVERNESS ON MONDAY 26 MARCH 2018 AT 10:00

Present: Ian McNamara, Chair
Fiona Angella
Brian Devlin
Pamela Boxx
Isla Cuthbert
Bet McAllister
Lesley McDade
Ann McKay
Donalda Mackenzie
Donald MacLeod
Michelle Manzie
Brenda Nicolson
Irene Robertson
Evelyn Sinclair

In attendance: Anne MacDonald, Coordinator
Fraser Nixon, Group Manager – Service Delivery, Highland West, Scottish Fire & Rescue Service and Chair, Badenoch & Strathspey Community Planning Partnership

Apologies – Jo Cowan, John Furze, David Hannah and Joan Philip

1 WELCOME/APOLOGIES

Welcoming everyone to the meeting, the Chair was pleased to introduce Fraser Nixon who was attending the meeting in his capacity as Chair of the Badenoch & Strathspey Community Partnership.

2 DECLARATION OF INTERESTS

There were none declared.

3 NEW TRUSTEES

There were no new applications.

4 NEW MEMBERS

The following new Member was noted:-

- Sylvia May Innes, Inverness

5 MINUTE OF 26 FEBRUARY 2018

The Minute of 26 February 2018 was approved subject to the following amendment:-

Item 10(a) Coordinators' Report, the second sentence, following the word "accessibility", to read "to identify and address social isolation, and to provide appropriate activities and stimulation."

Proposer: Evelyn Sinclair
Seconder: Isla Cuthbert

6 COMMUNITY PLANNING PARTNERSHIPS

Fraser Nixon, Chair of the Badenoch & Strathspey Community Planning Partnership outlined the establishment of the Community Planning Partnerships (CPP) of which there were nine in Highland. He explained that the Community Empowerment (Scotland) Act required five core public agencies – Police Scotland, The Highland Council, NHS Highland, Highlands & Islands Enterprise and the Scottish Fire and Rescue Service – working in partnership to support and deliver community planning at local level with the aim of reducing inequalities. Various other organisations in addition to the statutory agencies also supported the CPPs. Discussion followed during which the following points were made:-

- Acknowledging the concerns expressed about the operation of the CPPs, Fraser asked the Board to bear in mind that they were still in their infancy and at different stages of development, they would also have different priorities and issues to address.
- There was a need to ensure appropriate representation on the CPPs. It was noted that the structure was still evolving and sub-groups were being established to take forward specific elements. Having appropriate and inclusive representation on these sub-groups was also important.
- Engagement with communities was key to identify what was important to them and to enable them to contribute to the development of the local plans that the CPPs were required to produce. To this end it was felt that the establishment of the CPPs needed to be more widely publicised, their role clearly explained, and information on their activity readily accessible to the public. Fraser advised that the Highland Community Planning Partnership website published dates and locations of CPP meetings along with agendas, papers and minutes. While the website was a useful tool and could be further developed to facilitate communication and engagement, not everyone had access to the internet, therefore other means of disseminating information - newsletters for example, should be considered. The Chair invited Fraser to prepare an article on the CPPs for inclusion in the HSCN newsletter. He also suggested that the newsletter could carry details of future CPP meetings, this information could also be published on the HSCN website.
- A point was raised regarding links between community and Highland-wide plans. Community developed plans while focusing on local issues and priorities would need to reflect the key themes of regional plans.

Thanking Fraser for his comprehensive overview, the Chair said his attendance at today's meeting had been very helpful and he would encourage CPP representatives to attend meetings of other groups to promote the work of the CPPs and encourage engagement with them. Fraser advised that the CPP Chairs met on a regular basis and he would take the opportunity to raise the issues discussed today at their next meeting.

7 SELF DIRECTED SUPPORT (SDS) UPDATE

The video produced by Anne on one person's experience of SDS had now been quite widely seen and well received. It was agreed to include a link to the video on the HSCN website.

Anne reported on the meeting of the SDS Stakeholders Group and NHS Highland which she had attended when there had been discussion on people's experiences of SDS and potential future work to promote SDS and encourage its uptake.

8 EVALUATION OF EFFECTIVENESS

The Trustees were reminded to complete the activity form and send it to Ann for inclusion in the quarterly report.

9 ALCOHOL AWARENESS RAISING MEETINGS

The Chair updated the Board on the position noting the further meetings that had taken place/were being planned.

10 MEETINGS WITH EXTERNAL BODIES

(a) Dementia Strategy Meeting 16 March 2018

The Chair reported that a draft Highland plan had been produced which would be discussed by the Adult Services Commissioning Group at its next meeting in April. He would keep the Board advised of developments.

Reference was made to the "Playlist for life" initiative which was proving effective in helping people living with dementia. It was proposed to include this on a future agenda.

11 REPORTS

(a) Coordinators' Report

Anne gave a verbal report on activity to date highlighting the following:-

- Arrangements had been finalised for the next series of joint Age Scotland/HSCN older people's get togethers. Due to adverse weather conditions the meeting planned for 1 March in Inverness had been cancelled and would now take place on 10 May.
- Anne and Jo would be starting a new round of Outcome Stars.
- With regard to SOPA's visit to Highland it was proposed to hold two meetings, one in Nairn and one in Dingwall, on either 27 or 28 June.

Following the success of the video about SDS which Anne had produced, the Chair asked the Board to consider the purchase of equipment at a cost of £300 which would allow the Coordinators to make more films and do their own editing. The Board approved the purchase.

(b) Membership and Communication

The Board noted the minute of meeting of the Communications Group held on 13 March 2018.

- *Annual Conference:* arrangements were well in hand. It was agreed a reminder about the event be sent to all members.

- *Newsletter*: the Spring issue had been uploaded onto the website.

(c) Black Isle Cares (BIC) Update

In his report Brian gave details of the number of meals delivered under the meals on wheels initiative and the number of care at home hours provided during the past year. Both these initiatives demonstrated the commitment of the volunteers involved and the invaluable contribution they made to ensuring people received the services they needed. It was suggested an article about BIC's achievements be included in the newsletter highlighting the initiatives as good practice and potential service models for roll out to other communities. There was an issue around service sustainability and the need was acknowledged for succession planning and partnership working.

12 TREASURER'S REPORT

(a) Accounts

Evelyn spoke to the circulated accounts for February 2018 which were noted. Anne then left the room while the Board discussed the funding of the Coordinators' posts.

The Board noted that funding for the posts had been confirmed to March 2019. Discussions would require to take place regarding the provision of continuing funding from April 2019 onwards. The Board acknowledged that the Coordinators' role was developing and expanding with a consequent increase in expenditure. With regard to mileage payments the Board, having taken into account the costs incurred in car maintenance, agreed to increase the rate from 25 pence to 45 pence per mile. However, given the finite resources available to the organisation, the Board agreed that a cap be set at 10,000 miles for the higher rate and that mileage travelled over that limit would be reimbursed at 25 pence per mile. It was also recommended that a record of volunteers' mileage be kept for information purposes.

Anne rejoined the meeting

13 CORRESPONDENCE

(a) Highland Region Adult Social Care Expenditure

The Board noted the letter received from The Highland Council in response to the concerns raised about the level of adult social care funding in Highland. The Chair advised that he was also awaiting a briefing paper from the Council's Chief Executive.

14 AOCB

(a) Age Scotland Project – "Speaking Up for Our Age"

Jo was currently looking through the HSCN records with a view to making a recommendation as to whether or not a research proposal should be developed and an application made to Age Scotland for funding to enable the project to be undertaken.

(b) General Data Protection Regulation

The General Data Protection Regulation would be implemented with effect from 25 May 2018. It was agreed to include this topic on the next agenda in order to discuss the requirements and implications for HSCN.

(c) Aberdeen University Students' Project

The Chair had received an approach from a group of students from Aberdeen University who were studying the ageing population of Inverness. The students would be in Inverness from 17 – 20 April and wondered if it would be possible to meet with HSCN Trustees to discuss a range of issues, in particular quality of life and accessibility to various amenities within the city. It was agreed that the Chair, Brenda, Donalda and Isla would meet with the group, the proposed date for the meeting to be 18 April.

(d) Great Wilderness Challenge

Applications were being sought to participate in the event.

(e) Southside Nursing Home

The Board had been concerned and surprised to note the poor rating that the Care Inspectorate had given to Southside Nursing Home following a recent inspection. It was noted that a new manager had just taken up post and would be addressing the issues raised in the inspection report.

15 DATE OF NEXT MEETING

The next meeting will be held on Monday 30 April 2018 at 10:00 in Inshes Church.

The meeting closed at 12:15