

**MINUTE OF MEETING OF THE HIGHLAND SENIOR CITIZENS NETWORK HELD IN INSHES
CHURCH, INVERNESS ON MONDAY 26 JUNE 2017 AT 10:00**

Present: Ian McNamara, Chair
Fiona Angella
Isla Cuthbert
David Hannah
Lesley McDade
Ann McKay
Donalda Mackenzie
Brenda Nicolson
Joan Philip
Irene Robertson

**In
attendance:** Jo Cowan, Coordinator
Anne McDonald, Coordinator

Apologies – Pamela Boxx, Brian Devlin, Donald MacLeod and Evelyn Sinclair

1 WELCOME/APOLOGIES

The Chair welcomed everyone to the meeting. Apologies were as noted above.

2 DECLARATION OF INTERESTS

There were none declared.

3 NEW TRUSTEES

There were no applications.

4 NEW MEMBERS

The following new Members were noted:-

- Rhona Mason, Thurso
- Jane Duncan Rogers, Forres

5 MINUTE OF 30 MAY 2017

The Minute of 30 May 2017 was approved.

Proposer: Isla Cuthbert
Secunder: Joan Philip

6 AUDIO EQUIPMENT

The issue with the loop system in the meeting room had been addressed. The equipment purchased by the Board would not now be required for use in the meeting room but would continue to be used at meetings and events in other venues.

7 REVIEW OF SELF DIRECTED SUPPORT GUIDANCE

The Chair advised that publication of the report on Self Directed Support being produced by Audit Scotland had been delayed. He understood it would now be available in July.

8 EVALUATION OF EFFECTIVENESS

It was agreed that the Sub Group would have a draft operational plan available for discussion by the full Board at its meeting on 25 September 2017.

9 ALCOHOL AWARENESS RAISING MEETINGS

The Chair confirmed the arrangements for the further meetings that had been scheduled.

10 DRAFT HOSPITAL VISITING POLICY

Joan had forwarded the comments she had received on the new hospital visiting policy to be introduced at Raigmore Hospital to NHS Highland. The policy would be piloted in a designated ward in the first instance.

11 MEETINGS WITH EXTERNAL BODIES

(a) Burn Road Garden Residents Meeting 3 June 2017

Explaining the background to this meeting which he had been invited to attend, the Chair outlined a number of issues relating to ownership of, and responsibility for maintaining an area of land by Burn Road, Inverness that needed to be clarified. Discussion had taken place at the meeting as to how the residents might take the matter forward.

(b) Adult Services Commissioning Group Meeting 14 June 2017

The Chair reported on the topics discussed at this meeting; these included the savings NHS Highland was required to make over the next three years and the potential impact on services and patient care, its strategic and sustainability plans, strategic commissioning and the Integrated Care Fund. There was also some discussion on the role of the Improvement Groups.

(c) Highland Third Sector Interface Assembly 23 June 2017

The Board heard from the Chair and David on what had been a very positive event. The main issues discussed were transport, mental health awareness, community engagement and poverty.

(d) COSLA Scam Prevention Meeting 13 June 2017

Jo reported on the meeting that had taken place with representatives from a range of agencies to identify the issues and explore opportunities for maximising the effectiveness of awareness raising campaigns to reach those people most at risk. The need for a coordinated approach to initiatives and activities to prevent scams was acknowledged. Reporting of incidents was important in helping to inform actions and in this regard it was wondered if HSCN might be able

to get feedback from its membership. Meantime Jo would produce an article for the newsletter to raise awareness of the issues.

12 REPORTS

(a) Coordinators

(i) Work Plan

Anne and Jo spoke to their circulated report updating on activity and progress against their work plan as at May 2017. The following points were highlighted: -

- The joint meeting with Age Scotland would take place on 28 June 2017 at the Merkinch Centre, Inverness. The theme of the event was 'Information'.
- A meeting had taken place with NHS Highland representatives to feed back HSCN's comments on the 'Catchball' targets and to discuss engagement with older people to gather their views on the targets.
- Anne and Jo would be using the Outcome Stars tool in various locations across Highland looking at outcomes in terms of new services that people were receiving from NHS Highland and other care providers.

(b) Membership and Communication

The Board noted the minute of meeting of the Communications Group held on 30 May 2017.

- *HSCN Annual Conference 2018*: next year's event would take place on 25 April 2018.
- *Autumn newsletter*: the deadlines for production, printing etc were noted.
- *Website*: consideration was being given to refreshing the website.
- *Mobile phone handling*: the Coordinators would take on responsibility for the mobile phone as of today.
- *Proof Reading*: Jo and Irene would share this task with Isla.
- *Emails*: Isla would continue to be responsible for monitoring emails and taking action as necessary. Cover arrangements to be made as and when required.

(c) Black Isle Cares (BIC) Update

Reporting on Brian's behalf, the Chair noted a further expansion of the meals on wheels service. The work undertaken by the volunteers in delivering services was acknowledged. Intergenerational working with Fortrose Academy was proving a very positive initiative.

(d) SOPA

The Chair gave a brief update on the current position on Donald's behalf.

13 TREASURER'S REPORT

In Evelyn's absence the Chair spoke to the circulated accounts for May 2017 which were noted. Discussion followed on the potential use of the unrestricted fund. It was suggested that some of the available money might be used to facilitate events and meetings with older people's groups. It was also proposed that the fund be used to meet costs incurred in carrying out an annual data protection check which would provide an opportunity to confirm/update the HSCN membership list. It was agreed to include the data protection check as an action in the operational plan and that it should be undertaken prior to next year's annual conference.

14 AOCB

(a) 'Realistic Medicine'

The Scottish Health Council was organising a series of discussion groups and interviews to gather views from patients and members of the public on what realistic medicine means to patients and help to shape future care. Several of the Trustees would be attending the meeting to be held on 12 July 2017.

(b) Housing for Older People

Referring to some recent housing developments, Joan asked the Trustees to keep an eye out for potential opportunities for the provision of appropriate housing for older people with easy access to shops, bus routes and other amenities.

(c) Visit to UHI Campus

Several Trustees having expressed an interest in visiting the Campus, the Chair agreed to contact the relevant person to make the necessary arrangements.

15 DATE OF NEXT MEETING

The next meeting will be held on Monday 28 August 2017 at 10:00 in Inshes Church.

The meeting closed at 11:50