

# Help improve cycling in North Fife

Support our funding bid and complete our survey before midnight 7th July.

Last year over 370 people completed our survey on cycling in North Fife and how they would like to see this improved. Their biggest concern was making cycling safer. We have already submitted a range of ideas to Fife Council Transport officers from improving and fixing potholes on key cycling routes to active travel and how cycling can bring tourism income for local businesses.

North Fife Cycling are submitting a bid to Cycling Scotland's Cycle Fund. The Key points are:

- Newport-Wormit nature trail-replace steps with ramps for easier access to schools etc.
- Warning signs and traffic calming on rural roads.
- Improve existing cycle paths network links
- Cycle training, fun and confidence building events for children and adults.
- Bike fixing with Dr. Bike sessions.

## ***Please give us your views!***

You can find a copy of our draft bid and details of our survey to comment on and give your support at

**[www.cycle-north-fife.net](http://www.cycle-north-fife.net)**

Our survey opens on 17 June and closes 7 July.

All comments will be reviewed by NFC.

Our final application will be submitted by 18 July.

# North Fife Cycling

NFC aim to support and develop all forms of cycling in North Fife.

Started in 2017 as 'Taycoasters' with social group cycle rides in the summer and a series of meetings to discuss how best to improve facilities for cycling in North Fife.

NFC are now a constituted group with planning for cycling, other local and nearby cycling groups, and are a **Cycling UK community group** and are supported in our campaigning by this national organisation.

## **Please help us make cycling better for everyone.**

We are submitting a bid to Cycling Scotland's Cycle Friendly Communities Development Fund.

The following pages outline our bid and we need you to complete our survey to support this bid.

People come from near and far to cycle in North Fife's roads, cycle paths, off road trails and the NCN1 national coastal route. It's important for commuting, shops and schools, health and enjoying our beautiful countryside. This leaflet lists nearby events, groups, organisations, as well as details of how you can join NFC

***Let's get out and enjoy the summer By Bike!***

## Cycling Events in North Fife (and nearby)

**Fife's New Cycle Park Lochgelly.** Open for all, this purpose built circuit hosts open sessions for all ages to cycle (away from traffic) Fife Cycle Park facebook page for details.

### **23 June Newport Festival - Waterstone Crook.**

Sports morning 10-Noon includes fun cycling sessions for all ages with a skills course and also Dr. Bike mechanics on hand for anyone to come along to get your bike checked over, problems fixed and advice available with some refurbished bikes for sale.

### **23 June afternoon 2-4pm Tayport Harbour Cafe.**

Dr. Bike mechanics will be there to drop by and get your bike checked over, minor problems sorted and advice given on all aspects of cycling with some refurbished bikes for sale.

### **21 July (date and times tbc) Bike Curious?**

Morning of play on pedals, cycling fun, a group led ride and chance to see some of the different ways people are getting cycling as well as maybe try out an e-bike. Details coming up on 'Dundee Cycling' facebook page.

### **11 August CycloFun @ Tayport Gala.**

Rotary Clubs 4th year of running their family fun day. With rides through Tenstmuir on a marshalled route and medals for children, cycling skills course and speedway to try out as well as all the music and stalls at the Gala. [www.cyclofun.co.uk](http://www.cyclofun.co.uk) for details.

### **31 Aug-2 Sept-Eliminator MTB mountain and trails.**

Cycling weekend with heaps going on for everyone to enjoy - of all ages. Details on website [www.muckmedden.co.uk](http://www.muckmedden.co.uk)

## Cycling Groups and Information for in and around North Fife.

### **North Fife Cycling**

NFC share local cycling news in a regular email newsletter. You can join us by becoming a member (£1 for adults) or free to supporters, under 18s, and supporting groups. We share news about our ideas, activities and campaign issues for improving cycling here and on our facebook page 'Cycle North Fife' and on our website [www.cycle-north-fife.net](http://www.cycle-north-fife.net) We are a Cycling UK community group.

To find out more about NFC or to join us email [tturvey1@gmail.com](mailto:tturvey1@gmail.com).

**Cyclestart Tay Coast** Are keen to help adults become confident cyclists. Providing group led rides, bike fixing sessions and 1to1 advice they can help you do the cycling you want to.

Facebook page 'Cyclestart Tay Coast' or email Mark at [m.oreilly@tiscali.co.uk](mailto:m.oreilly@tiscali.co.uk)

**Bike n'Blether** starting from Guardbridge and mainly along cyclepaths and trails. 'Guardbridge Community Council' facebook page for details.

### **Local Clubs**

Scottish Cycling [www.britishcycling.org.uk/scotland](http://www.britishcycling.org.uk/scotland) for details of local clubs and more sporting challenges.

**Dundee Discovery Junior CC** for under 18s.

**Dundee Thistle CC** celebrate their 90th year in 2019 they currently have a display of local cycling history in Dundee Transport Museum.

### **Cycle National Organisations**

Cycling UK Scotland [www.cyclinguk.org/scotland](http://www.cyclinguk.org/scotland).

Cycling Scotland [www.cycling.scot](http://www.cycling.scot)

Sustrans (National Cycle Network) [www.sustrans.org.uk](http://www.sustrans.org.uk)

### **Local Campaigning Groups**

St Andrews Space for Cycling [go.wp.st-andrews.ac.uk/cycling](http://go.wp.st-andrews.ac.uk/cycling)

Dundee Cycling Forum [www.dundeecycling.co.uk](http://www.dundeecycling.co.uk)

Sustainable Cupar [www.sustainablecupar.org.uk](http://www.sustainablecupar.org.uk)