

North Fife Cycling News – 3rd June 2018

www.cycle-north-fife.net Facebook: Cycle North Fife

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Volunteers wanted – Child and Family Cycling events

16 & 17 June Rotary Club Cupar are taking their cycling skills course to Balmullo Fete (16 June) and Cupar Highland Games (17 June). Their usual transport is unavailable They need a towing vehicle, a trailer that can carry lengths up to 16ft with weight total around 1 ton. Also additional volunteers to help during the day very welcome.

Please contact Donald Cameron donaldjcameron@btinternet.com if you can help

23rd June Watestone Crook Sports morning As part of Newport Festival the sports hub are running a series of activities including childrens cycling. One or two additional helpers with this would be much appreciated – Caroline Penny carolinepenny@btopenworld.com

UK Dept of Transport Cycling and Walking consultation

Cycling UK submitted a report which provides a good overview of the key issues – link here https://www.cyclinguk.org/sites/default/files/document/2018/04/1804_cyclinguk_cycle-safety-make-it-simple.pdf

Safer cycling, repairing potholes etc all figure in Cycling UK comments. Transport & cycling policy here is devolved to the Scottish government so it may be that many of the issues raised by this UK consultation will be picked up by policy makers here.

WalkCycleVote is a Scottish campaigning group <http://walkcyclevote.scot/>

We are trying to improve on cycling provision at a local level by following up on the recent Fife Council Active travel meeting.

Events and rides coming up

16 June Balmullo Fete and 17 June Cupar Highland Games – Cupar RC Cycling skills course – for all ages

23rd June Waterstone Crook Sports morning – Childrens cycling sessions – see the sports hub facebook page for details being posted about the events.

1st July Tayport – Loch Leven Cumulative – a 12 mile off road trails ride around Loch Leven and an optional longer day ride for people comfortable cycling on roads. Contact Mark for details m.oreilly@tiscali.co.uk – details next page.

11th August Rotary CycloFun family cycling with Tayport Gala www.cyclofun.co.uk

The Loch Leven Cumulative Sunday 1 July 2018

A bike ride for those who like short easy rides to share with those who like to go a little further.

The core of the ride is a circuit of Loch Leven on the off-road path shared with pedestrians, children and dogs. The pace will be very slow and there are hardly any hills. The views are rewarding, though.

The ride will depart from Loch Leven's Larder at Wester Balgeddie at or slightly after 2 pm.

Early arrival will allow you to have lunch there before setting off. The distance is about twelve miles. We will of course finish at the same place.

The longer ride will actually start in the morning at Tayport Harbour, with further pickup points along the way. **You can join us at any of these points at the times below.** We may be delayed, but we will not leave the pickup points before the time specified. The route is along main roads from Tayport to Cupar. After that it is on minor roads, private roads (bikes permitted) and for one stretch off-road (but you don't need a mountain bike for it – road bikes, hybrids and Bromptons should all cope well). Some of you will be joining us by car. Please let me know if you can offer a lift (with space for a bike of course) or if you'd like a lift, and I will try to match you up. And here's a thought for anyone who's joined us in the past at Loch Leven's Larder: why not join us at Falkland this year? You'll get a wonderful ride through the Falkland Estate and round the north side of the Lomonds. Ladybank is only a little further away, with the advantage of a railway station. Or if you'd like to cycle from another direction, the nearest railway station is Lochgelly, on the Fife Circle line.

We will all be responsible for getting ourselves home, but there will probably be a small group riding back to St Michaels or Tayport, which you will be welcome to join.

This year's ride is being offered as a North Fife Cycling ride (providing trained cycle ride leaders)

Email Mark at m.oreilly@tiscali.co.uk if you would like to join us or if you have any questions. Feel free to pass this message onto friends, family, neighbours and anyone with a bike.

Pickup Points

9.30 Tayport Harbour

9.55 St Michaels Inn

10.30 Cupar Station

11.15 Ladybank Station

12.00 Falkland (in front of the violin shop)

1.20 Loch Leven's Larder

If you would like to join us please email Mark at m.oreilly@tiscali.co.uk .

Trains Back

Lochgelly to Edinburgh

Lochgelly Station is 8.5 miles from Loch Leven's Larder. There are trains at 16.31 (17.23), 17.26 (18.22) and 18.27 (19.21). Times in brackets are arrival times.

Lochgelly to Dundee

To make this journey you need to change trains at Kirkcaldy or Inverkeithing. There are trains at 17.44 (19.29) and 18.44 (19.50). Times in brackets are arrival times.

Ladybank to Leuchars and Dundee

There are trains at 18.27 (18.57) and 19.02 (19.29). Times in brackets are arrival times.

Ladybank to Edinburgh

There are trains at 17.43 (18.42), 17.49 (18.46) [sic] and 19.44 (20.52). Times in brackets are arrival times.

North Fife Cycling Group – become a member/supporter

You can join NFC as a member for £1, or a supporter for free.

Cycling Scotland Cycle Friendly Community Awards

<https://www.cycling.scot/our-programmes/cycle-friendly/community>

Our committee is meeting again on 4th June to work on our application

Contact tturvey1@gmail.com Tony Turvey NFC Chairperson