Capita’s National Conference

Improving Mental Health in Scotland

Tuesday 18th September 2012 – Edinburgh

Chair: Frances Simpson
Chief Executive
Support in Mind Scotland

Speakers Include:

Monica Merson
Head of Health and Wellbeing Team
NHS Health Scotland

Linda Irvine
Strategic Programme Manager for Mental Health and Wellbeing
NHS Lothian

Andreana Adamson
Chief Executive, The State Hospitals Board for Scotland and Chief Executive, The Forensic Network

Alison White
Acting Head of Service
Midlothian Council

Dr David Gerber
Clinical Director
Gartnavel Royal Hospital

Simon Bradstreet
Director
Scottish Recovery Network

Linda Brown
Housing Support Services Manager
Health in Mind

Contributors

Midlothian
NHS Health Scotland
Support in Scotland (for people affected by mental illness)
About the Event

Capita’s Improving Mental Health in Scotland Conference provides delegates with a crucial opportunity to gain insight into the key themes and proposals outlined in the new Mental Health Strategy 2012-2015, due this summer.

Bringing together into a single document their mental health improvement work, measures for mental illness prevention and work to improve mental health services, the forthcoming strategy signals the Scottish Government’s intention to take forward mental health policy in a more joined-up and systematic way.

Timed to coincide with the release of the strategy, this unmissable event will focus on the direction of travel for the next 4 years and provide expert advice and guidance from best practice examples of the work to improve mental health services, including sessions on:

• Implementing early intervention and prevention work
• Delivering person-centred, safe and effective care
• Developing improved community mental health services
• Engaging families and carers in service design and delivery
• Driving forward the anti-stigma agenda
• Embedding an outcomes-focused approach to mental health improvement

Attend this event to develop a strategic approach to promoting mental wellbeing in your community and ensure a culture of continuous improvement of mental health service provision.

Benefits of Attending

• Benefit from an overview by NHS Health Scotland on their work in driving mental health improvement
• Understand the importance of early recognition in improving outcomes for patients to make cost savings to the NHS, local authorities and other services
• Examine the balance between community and inpatient provision and the role of crisis services as a first contact for those in distress
• Ensure service users are placed at the centre of care and treatment and are involved in decisions about service design and planning
• Hear best practice work on improving the mental health of offenders and interventions for reducing reoffending
• Identify strategies for embedding peer support in your provision as part of a recovery-based approach within mental health services
• Learn how to effectively eliminate stigma and tackle discrimination to improve public attitudes towards people with mental illness

Who Should Attend

All Health, Social Care, Local Authority, Housing and Voluntary Sectors including:
• Chief Executives
• Directors of Public Health
• Mental Health Improvement Teams
• Dementia Teams
• Supporting People Teams
• Health and Social Care Leads
• Health Improvement Teams
• Long Term Conditions Teams
• Personalisation Teams
• Commissioners and Joint Commissioning Teams
• Independent Living Teams
• Direct Payment and Personal Health Budget Teams
• Medical Directors and Directors of Nursing
• Community Health Partnerships
• Supported Housing Services
• Advocates, Carers and Mental Health Support Groups

Forthcoming Events

Housing Benefit Scotland – Friday 15th June – Edinburgh
Public Sector Records Scotland – Wednesday 19th September - Edinburgh
Adult Social Care Workforce – Tuesday 25th September – Central London

Sponsorship and Exhibition Opportunities

We offer a range of flexible packages which offer your organisation a platform to network and communicate with key organisations in the public sector.

For further information please contact Matt Turton on 020 7960 7717 or email matt.turton@capita.co.uk
09.20 Registration Tea and Coffee
09.50 Chairman’s Opening Remarks
Frances Simpson, Chief Executive, Support in Mind Scotland

Opening Address

10.00 Improving Mental Health Services
- The place of prevention and promotion in a new integrated Mental Health Strategy 2012-2015
- Improving mental health outcomes
- Indicators for mental health and measuring wellbeing
- Delivering change through better mental health
Monica Merson, Head of Health and Wellbeing Team NHS Health Scotland

10.25 Questions and Discussion

10.35 Moving the Anti-Stigma Agenda Forward
- Tackling stigma and addressing discrimination
- Addressing wider structural elements that can lead to discrimination
- Engaging the community in supporting and preventing mental illness
- Increasing employment opportunities for those with mental health problems and promoting mental wellbeing in the workplace
Charlie McMillan, Director of Operations, Scottish Association for Mental Health

10.55 Questions and Discussion

11.05 Networking Tea and Coffee Break

A Focus on Early Intervention and Prevention Work

11.30 Enabling Early Recognition and Treatment of Mental Illness and Disorder
- Reducing the duration of untreated illness
- Focusing resources on the earliest definable clinical stage of illness
- Adopting an evidence-based approach to providing services
- Improving outcomes for patients and achieving wider cost savings to the NHS, local authorities and other services
Linda Irvine, Strategic Programme Manager for Mental Health and Wellbeing, NHS Lothian

11.50 Transforming Inpatient Care and Community Services
- Meeting the needs of a wide range of service users
- Developing and improving community-based facilities
- Increasing the offer of crisis services and primary care services
- Training NHS frontline, primary care, accident and emergency and substance misuse staff in suicide prevention and awareness
Dr David Gerber, Clinical Director and Tom Mackay, Hospital Manager Gartnavel Royal Hospital

12.10 Session Questions and Discussion

12.20 Providing Health Services for Mentally Disordered Offenders
- Embedding multi-agency working and a joined-up approach
- Ensuring offenders are given the right level of security
- Quality standards in secure care
- Establishing strong links with prisons, local authorities, police, carers and service users
Andreana Adamson, Chief Executive The State Hospitals Board for Scotland and Chief Executive, The Forensic Network

12.40 Questions and Discussion

12.45 Networking Lunch

13.45 Ensuring Patient-Centred Care
- Respecting the individual needs and values of services users, their families and carers
- Demonstrating compassion, clear communication and shared decision making
- Adopting a recovery-based approach
- Involving service users in decisions about their own care and treatment
- Working across organisational boundaries
Alison White, Acting Head of Service Midlothian Council

14.10 A Focus on Suicide Prevention
- Early prevention and intervention
- Responding to immediate crisis
- Longer-term work to provide hope and support recovery
- Promoting greater public awareness and encouraging people to seek help early
Alana Atkinson, Health Improvement Programme Manager NHS Health Scotland

14.35 Session Questions and Discussion

14.55 Assessing the Impact of Peer Support Services
- Training peer support workers to help themselves and other people in recovery
- Approaching recovery using new strategies
- Encouraging service users to take control of their own recovery
- Integrating with existing teams
Simon Bradstreet, Director, Scottish Recovery Network The SRN were involved in developing the Government’s pilot programme to employ peer support workers in a number of Health Board areas across Scotland

15.10 Providing Integrated Care, Support and Housing Services
- Reducing reliance on hospital admission
- Providing additional support for families and carers
- Implementing self directed support
- Embedding dignity and independence in service provision
Linda Brown, Housing Support Services Manager Health in Mind

15.35 Session Questions and Discussion

15.45 Chair’s Closing Remarks and Close of Conference
Booking Form

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Payment Form

1st Delegate
Surname      Title
Forename
Job Title
Organisation
Department
Email
Telephone
Dietary/Access requirements

2nd Delegate
Surname      Title
Forename
Job Title
Organisation
Department
Email
Telephone
Dietary/Access requirements

3rd Delegate
Surname      Title
Forename
Job Title
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